

Synchro swimming demonstration at Cedar Ridge

A demonstration of synchro-nized swimming will be presented on Saturday night at Cedar Ridge Sports Camp, beginning at 6:00 p.m. Directed by Vernonia High School valedictorian Alex Hayes, the demonstration is a benefit for

Vernonia Cares Food Bank.

With extensive experience in synchro swimming, including competition at the national level, Hayes is now in her second year as head coach of St. Helens Synchro Fire, a team she started in November of

2000 with one swimmer. Now there are 10 swimmers (ages six to 40+) and an assistant coach, Charlene Zuver.

Admission is free, however donations of food or \$\$ to benefit Vernonia cares will gladly be accepted.

Country Jubilee with Bob Manning, Nashville West and Aces High

A Country Jubilee will be held at Cedar Ridge, featuring Bob Manning, Nashville West and Aces High, on Saturday, August 3, from 7:00 to 10:00 p.m. Gates open at 6:00 p.m.

Admission for adults is \$7, kids from seven to 12 are \$4. There is no charge for children under six.

Food and beverages will be available on site. Swimming, volleyball and children's play area will also be available.

Cedar Ridge is located at 18062 Keasey Road, about two miles north of Vernonia. To get there, take State Avenue from Bridge Street (at Napa Auto Parts store); State Ave. becomes Keasey Road.

For more information, see visitcedaridge.com

Students schedule Taekwon Do demo

A demonstration by students from a local Taekwon Do school will be held on Sunday, August 4, in front of Vernonia High School at 11:30 a.m.

Water games for kids

Kids Water Games will begin at 1:00 p.m. Sunday, at the Hawkins Park swimming pool.

Book sale, raffle by Friends of the Library

There will be many books to choose from at the Friends of the Vernonia Public Library one day book sale on Saturday, August 3, from 9:00 a.m. to 5:00 p.m. at the Purvee building on Bridge Street.

A raffle will be held to win new books. Donations will be accepted.

For more information, call Nancy Burch at 503-429-1818.

Vernonia Pride will sell book on local history

The history book *Vernonia, A Pocket in the Woods*, by Dr. Ann Fulton, will be on sale for \$15.95 a copy at the Vernonia Pride information booth at Shay Park in downtown Vernonia during Jamboree.

Vernonia Pride will also be accepting application for new members.

On Saturday only, Fred Bass of Bass Memorials/Stone Art will engrave bricks on site at the Shay Park memorial walkway. Bricks may be purchased at that time for \$25 each.

For more information, call Enid Parrow at 503-429-8134.



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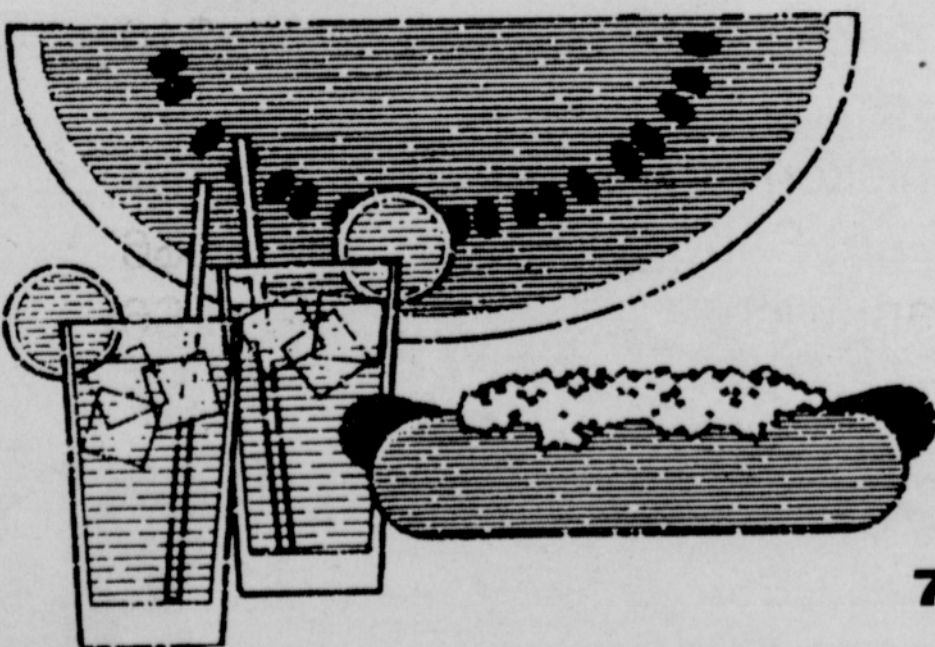
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JAMBOREE HOURS

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OPEN 7:00 AM - 10 PM

OPEN EVERY DAY 8 A.M. - 9 P.M.

IN CONVENIENT DOWNTOWN VERNONIA

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