

S.T.A.R.S. train to help younger students



"Students Today Aren't Ready for Sex" is the message these Vernonia High School students will be taking to sixth graders in Vernonia schools. Working in teams, the teen leaders will help the younger students learn how to recognize and deal with peer pressure, and how to say "no" without losing

friends. Training for the state abstinence-based program are, front row l-r, Shawn Robertson, Kortni Hyde, Kendall Graham, Jessica Thornburg and Marcus Kintz. Back row l-r are Jaki King, Alex Moeller, Katy Taylor and Jessica Sook. School Nurse Cathy Ramsdell leads the local program.

Variety of PCC classes in St. Helens and Scappoose

Several Portland Community College classes will begin in April at St. Helens High School and Scappoose High School.

Spanish Conversation Beginning: Term I, a non-credit course, will meet from 7:15 to 9:15 p.m. on Tuesdays, April 2 through June 11, in Room B56 of St. Helens High School. Cost is \$68.50.

Introduction to Poetry, a non-credit course, will be held from 6:30 to 9:20 p.m. on Wednesdays, April 3 through June 12 at St. Helens High School. Cost is \$120.

Beginning Word for Windows will meet from 6:30 to 8:50 p.m. each Tuesday and Thursday, from April 2 through June 13, in Room B43 at St. Helens High School. Cost is \$123, with a \$12.50 fee payable at the first class to the high school.

Beginning Digital Photography will meet from 7:00 to 9:00 p.m. every Monday, April 15 through June 3, in Room B46 at St. Helens High School. Cost is \$56.50.

Flyfishing 101, a non-credit course, will meet from 7:00 to 9:00 p.m. on Tuesday, April 9

and from 9:00 a.m. to 1:00 p.m. on Saturday, April 13 and 20, in Room C3 of Scappoose High School, 33700 SE High School Way in Scappoose.

For more information on any of the above classes, contact PCC Community Education at 503-978-5753.

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VHS Equestrian Team doing well in district-wide competitions

The Vernonia High School Equestrian Team competed in their second of three district meets in McMinnville. The 14 high school teams in the district, in addition to Vernonia, are Amity, Banks, Century, Forest Grove, Gaston, Glencoe, Hillsboro, Newberg, Rainier, Scappoose, Sherwood, St. Helens and Tualatin. The VHS team competed well in both team and individual events, according to coach Barb Carr.

The eight-person drill team – Sarah Sook, Jessica Allison, Adelaide Schmitt, Torie Clement, Gina Cropp, Sasha Mack, Kendell Nelson and Megan Jennings – placed first, as did the In Hand Obstacle Relay (IHOR) team of Sook, Clement, Cropp and Nelson. The IHOR team showed great improvement, rebounding from a seventh place finish at the first competition.

Other team placings include the Canadian Flag team of Brandi Abney, Clement, Cropp and Jennings, placing third. Vernonia had two Team Penning teams in the top 10, with

Cropp, Jennings and Mack placing third, while Sook, Allison and Nelson came in fourth. Clement and Jennings placed fifth in Birangle, and the Working Pairs team of Cropp and Nelson placed tenth.

Individual placings include the following: Allison – second in Figure 8, second in Barrels, seventh in Poles; Mack – fifth in Individual Flags, ninth in Keyhole; Nelson – eighth in Keyhole; Clement – fifth in Steer Daubing; Sook – ninth in Individual Flags; Jennings – seventh in Reining.

The VHS team also works hard on team spirit and sportsmanship. At the first meet, they gave homemade cookies to each team and wished them good luck; at the last meet, the team delivered goodie bags to all other teams, filled with carrots for the horses.

The final regular competition will be April 19, 20 and 21 in McMinnville. The team has already qualified for state competition that will be held in Salem at the State Fairgrounds on May 10, 11 and 12.

Bellingham will lead Ridge Riders

The first meeting of Vernonia Ridge Riders for the year 2002 will be March 28 at 7:00 p.m. at the Vernonia Library. Members are urged to attend because the 2002 calendar of events for the club will be arranged.

Elections were held for the 2002 officers at the 2001 year-end banquet held January 19 at Cedar Ridge. Officers for the coming year are President

George Bellingham, Vice-president John Ogden, Secretary Beth Weaver, Treasurer Jeri Cropp, and Publicity Secretary Liz Bellingham.

The trophy for the 2001 All Around Ridge Rider was awarded to George and Deloris Bellingham.

For more information or to become a member, call George Bellingham at 503-429-9523.

COMPUTER CLASSES in Vernonia

Washington Grade School
April 3–June 5 • 6:30–9:30 p.m.

To register, call Portland Community College, 503-978-5753 or at WGS Library, 6:15 p.m., on night of class.

ALL THREE CLASSES...\$80

BEGINNING WINDOWS (4/03–4/24) \$36

Learn basic mouse, navigation and file management techniques and how to easily apply these skills to most computer applications. Prereq: None.

BEGINNING WORD (5/01–5/22) \$36

Create, save, edit, format and print documents. Work with tables and graphics to create professional looking letters, memos, envelopes, reports. Prereq: Basic typing skills, Windows familiarity.

BEGINNING INTERNET (5/29–6/05) \$18

Tap into the endless opportunities of the web! Learn how to access, search and research topics for education and entertainment. Recommended: Windows Skills