

Banks council arranges special water rate for fire district usage

Following up on his appearance before the Banks City Council in September, when he asked the council for relief from water user fees because the fire department had not been charged for inside water use (Water used for fire fighting is provided without charge) until April of this year, Tri-City Fire District Chief Brian Coussens wrote to thank Mayor Bob Orłowski and Councilor Katie Murdoch for meeting with the fire department and to request a variance in water rate. Coussens proposed that the Fire District pay \$350 annually for water use inside the fire department buildings. In addition, the department offered to pay for use in excess of 4000 cubic feet in any one-month period.

After considerable discussion council approved the offer for the 2001-2002 fiscal year, adding that the agreement would be renegotiated for the next fiscal year.

City Planner K.J. Won invited council to the November 27 Planning Commission meeting, when preliminary engineering work for the extension of the Banks-Vernonia Linear Trail from its present end to the Banks Depot will be discussed.

The council reviewed the annual Needs and Issues Inventory, which is both a planning and a funding process, determining that its top two priorities are preliminary engineering for the BV trail and Main Street Planning assistance. According to Won, Main Street Planning is

one of the issues being addressed by the Resource Assistant for Rural Environments (RARE) volunteer currently working with Banks and Gaston to improve community capacity. Council placed the Sellers Road realignment project third on the Needs and Issues Inventory.

After learning, last month, that termites had invaded the Scout Cabin, City engineer Dale Merrell recommended a

tenting and extermination treatment while the building is covered until the contractor's warranty. Council instructed Merrell to require the contractor to proceed with the extermination process.

Merrell also told the council that West Hills Development Company has requested a reduction in the amount of the Offsite Bond. Won and Merrell agree that the bond should remain in place until all offsite

projects are resolved. Council agreed that the bond should be left in place.

Council approved the following ordinances to:

- Annex the Banks Lumber Company property
- Add Banks Lumber Company property and Quail Valley Golf Course property to the city's unincorporated urban planning area.
- Establish public safety regulations in public parks.

Sleep disorders are topic at Tuality

A program on Exploring Sleeping Disorders will be held Saturday, December 8, from 9:00 to noon at Tuality Health Education Center, 334 SE Eighth Avenue in Hillsboro.

Sherry Duwe, RN, M.A., a health education services staff member with Kaiser Permanente, has developed a sleep education and consultation program for people who experi-

ence sleep disorders.

At 9:00 a.m., Duwe will explain the historical and theoretical roles of sleep in maintaining health and well-being, and describe the prevalence of insomnia, its common symptoms, and its effects on mood and cognitive function.

Some of the factors that lead to insomnia will be discussed starting at 10:15 a.m. Duwe will help participants discern between medical and psychiatric disorders that cause insomnia, as opposed to external influences like stress, personal belief systems, personality traits and medications.

The final segment, at 11:15 a.m., will provide an overview of effective interventions and available resources in the treatment of insomnia.

This special event is presented free as part of the DeMar Batchelor Memorial Health Education Lecture Series, sponsored by the Tuality Healthcare Foundation and made possible through charitable contributions. No registration is required.

BHS hosts teams of Cheerleaders for competition

Cheerleading Competition will be held December 1 at Banks High School. The gymnasiums at BHS, Banks Junior High and Banks Elementary Schools will all be used for the day-long competition.

Following up, on December 2, the Dance & Drill Fashion Show will be held in the BHS cafeteria.

Blanket, sock drive underway at BHS

A Blanket and Sock drive is again being sponsored by Banks High School to help people in need this winter.

The effort started November 16 and will continue through Winter Break. Donations may be delivered to the high school office.

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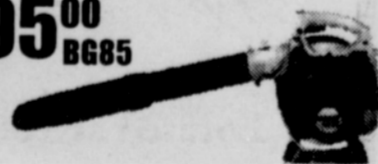
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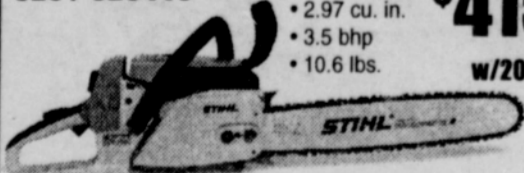


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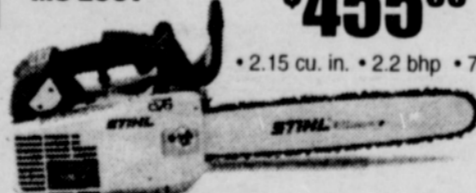
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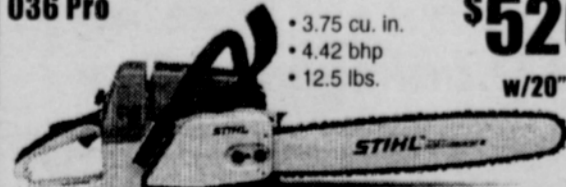
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