

## Erica Hobart awarded scholarship by Multiple Sclerosis Society

Erica Hobart of Vernonia is one of four students recently awarded a onetime, \$500 college scholarship from the National MS Society, Oregon Chapter.

Hobart is the daughter of Cindy Smejkal of Vernonia and Rick Hobart of Mist; she graduated from Vernonia High School in 2000. She attended Clackamas Community College last year and plans to return there in the fall to complete her Oregon Associate Transfer degree, then go on to study dentistry.

Scholarship applicants were asked to submit essays on the subject, "What multiple sclerosis has meant to me and my family." The essays were reviewed by a panel of National MS Society staff members and

volunteers.

In her essay, Hobart wrote that while MS has undeniably presented many obstacles for her family, it has also influenced her in some positive ways. For example, Hobart chose to do her high school senior project on reflexology, as she had heard that this form of massage therapy sometimes helps ease symptoms caused by MS. She spent many hours with massage therapist Marie Krahn of Vernonia, learning techniques that might help her mother. As a result, Hobart earned an award for most outstanding senior project and became interested in pursuing a degree in the health sciences. In addition, what has been most important to her is that she felt she learned a new skill

that would help her mother.

"...I feel I played an important part in the recovery my mom has made," Hobart wrote.



Erika Hobart

"Every day we are hopeful that something will be discovered to repair the myelin sheath (the nerve casing damaged in peo-

ple with MS) and turn MS around for everyone. We no longer take any day for granted," she added.

The National Multiple Sclerosis Society aims to end the devastating effects of MS. It is the largest voluntary health organization in the United States supporting international MS research and providing services and education for Americans with MS and their families.

### Multiple sclerosis is a chronic disease that randomly attacks the central nervous system. VHS 4th quarter Honor Roll

The following Vernonia High School students were named to the fourth quarter academic Honor Roll:

Seniors, 4.0 – Elisabeth Brookins, Melissa Devlaeminck, Myriam Gendron, Hitomi Kimura, Eric Patterson and Tiffany Sexton.

3.5-3.99 – Genevieve Blais, Beth Green, Kayla Hennessey, Colin Plews, Pernille Rasmussen and Amy Spry.

Juniors, 4.0 – Jennifer Bernardi, Alex Hayes, Alisha Jundt, Megan Pattison, Brass Sears and Melissa Templin.

3.5-3.99 – Nicole Gwin, Corey Kennedy, Katie Prpich and Chris Serafin.

Sophomores, 4.0 – Stephanie Hein, Shawn Hillyer, Emilee Suess and Eric Weller.

3.5-3.99 – Aaron Beethe, Rachael Bentsen, Heather Forster, Michael Jenkins, Matt Kelly, Brittany Kerns, Jaki King and Jessica Thornburg.

Freshmen, 4.0 – Benjamin Brookins.

3.5-3.99 – Taryn Braseth, Andrew Brookins, Carrick Flynn, Melissa Grebenc, Marshall King, Maryl Kunkel, Alex Moeller, Katherine Taylor and Elisabeth Warthen.

tem. It typically strikes young adults between 20 and 40. Its progress, severity and specific symptoms cannot be predicted; symptoms may vary from mild alteration of sensation to paralysis of limbs and interference with vision, speech, walking and other basic functions.

For more information, call 1-800-FIGHT-MS, or visit the website at [www.nmss.org](http://www.nmss.org)

### In the Service

#### Jennifer R. Wiseman

Jennifer R. Wiseman has graduated from the U.S. Air Force Academy in Colorado Springs, Colorado, and was commissioned as a second lieutenant.

She served as an academy cadet senior officer who provided leadership, motivation and direction for the cadet wing and demonstrated effective officership in support of unit mission objectives.

The academy is a four-year military college which develops and inspires new air and space leaders with a vision for the future. It provides cadets with a balanced program of military training, academics, athletics, character and ethical development, and allows cadets to acquire a broad education in the basic and engineering sciences, social sciences, the humanities, and a choice of 30 academic majors.

The new lieutenants go on to serve as pilots, navigators, engineers, maintenance officers, professionals in various technical fields, and some attend medical or graduate school with special scholarships while others go directly to non-rated Air Force-wide assignments.

Wiseman is the daughter of Monty and Jill Wiseman of Vernonia.

## VHS Principal's Awards recognize many students

The following Vernonia High School students were recognized for achievement at the year-end Principal's Awards Assembly:

Alternative Education (LEAP) – Integrity, Helena Shafer; Most Improved, Melissa Cole and Corey Kennedy; Best Attendance and Presidential Student Service, Kody Watts

LRC Classes – Good Citizenship, Eric Patterson  
Youth Corps – Consistent Hard Worker, Phil Elliott

Family Living – Beth Green  
Health – Nicole Swayze, Paul Orlando

Student Council – President Jessica Soderback, Vice President Colin Plews, Secretary Heather Forster, Treasurer Alisha Buffum, Student Body Manager Megan Peura; Foreign Exchange Representative Christi Benes; Public Relations, Myriam Gendron; Fire Marshall, Jennifer Bernardi

Outstanding Leadership, Myriam Gendron  
Personal Finance, Beth Green  
Achievement in Stock Market Game, Dan Ruby

Outstanding Office Aide, Carrick Flynn  
Media Aide, Alex Moeller

Tech Crew – Outstanding Worker, Nicole Potter, Billy Leach  
Print Shop – Outstanding Team Member, Rachel Lee

Mathematics – Pre-Calculus, Elisabeth Brookins, Myriam Gendron, Melissa Devlaeminck; Geometry, Carrick Flynn; Algebra I, Melissa Grebenc; Algebra II, Alisha Jundt; Trigonometry, Shawn Hillyer; McEntire Math, Elisabeth Brookins

Drama – Student Director, Britany Kerns  
Stage Manager, Jessica Sook

Brookins, Myles Brock  
Best Supporting Actress, Melissa Devlaeminck

Best Actress, Rachael Benston  
Best Supporting Actor, Casey

Waltz

Best Actor, Jake Brock  
Tony Dettmer Memorial, Kayla Hennessey, Elisabeth Brookins

Science – Biology, Jennifer Kinney, Ben Brookins; Advanced Biology, Megan Peura; Chemistry, Elisabeth Brookins; Physical Science, Carrick Flynn; Physics, Shawn Hillyer

Social Studies –

U.S. History, Jennifer Bernardi  
Government, Myriam Gendron  
Psychology, Alex Hayes; Modern Problems, Blaine Vandehey; Global Studies, Paul Orlando; CIM Prep Social Studies, Carrick Flynn  
Band – Best Director, Christina Benes; Most Valuable Band Member, Cassian Flynn; John Philip Sousa Award, Jessica Soderback

4-Year Band Members, Christina Benes, Elisabeth Brookins, Blaine Vandehey, John Vaughn, Doug Hillyer, April Iman, Colin Plews, Jessica Soderback, Amy Spry

Chorus – Megan Serra-Marshall; 4-Year Choral Student, Lynn Becker

Journalism – Geny Blais; Senior Journalism, Myriam Gendron  
Ranee Parker Editorial; Jaki King  
Yearbook Editor; Jaki King

English – Introduction to Literature, Carrick Flynn, Maryl Kunkel; American Literature, Shawn Hillyer, Megan Peura; Language Arts, Michael Jenkins; Alvilda Hearing English, Tiffany Sexton

Senior Project – Best Oral Presentation, Colin Plews; Best Research Paper, Elisabeth Brookins; Best Physical Project, Luc Cescon; Best Physical Project Honorable Mention, Bonnie Buchan, Meghan Dougherty, April Iman, Kelly Roberts, Hitomi Kimura, Phil Elliott, Jessica Soderback

Over-all Best Senior Project, Abby Pont; Over-all Best Senior Project Honorable Mention, Eric Patterson, Colin Plews, Elisabeth

Brookins, Kayla Hennessey, Tiffany Sexton, Myriam Gendron, Genevieve Blais, Marilyn Schmidlin, Steffen Schulze, John Vaughn

Physical Education – Female Weightlifter of the Year, Karmen Colby; Male Weightlifter of the Year, Bobby Lokken, Alex Dinger, Matt Kelly; Physical Education, Elisabeth Warthen, Emily Suess, Michael Jenkins, James Maller

Foreign Language – Spanish I, Jennifer Bernardi, Eric Weller; Spanish II, Rachael Bentsen, Shawn Hillyer

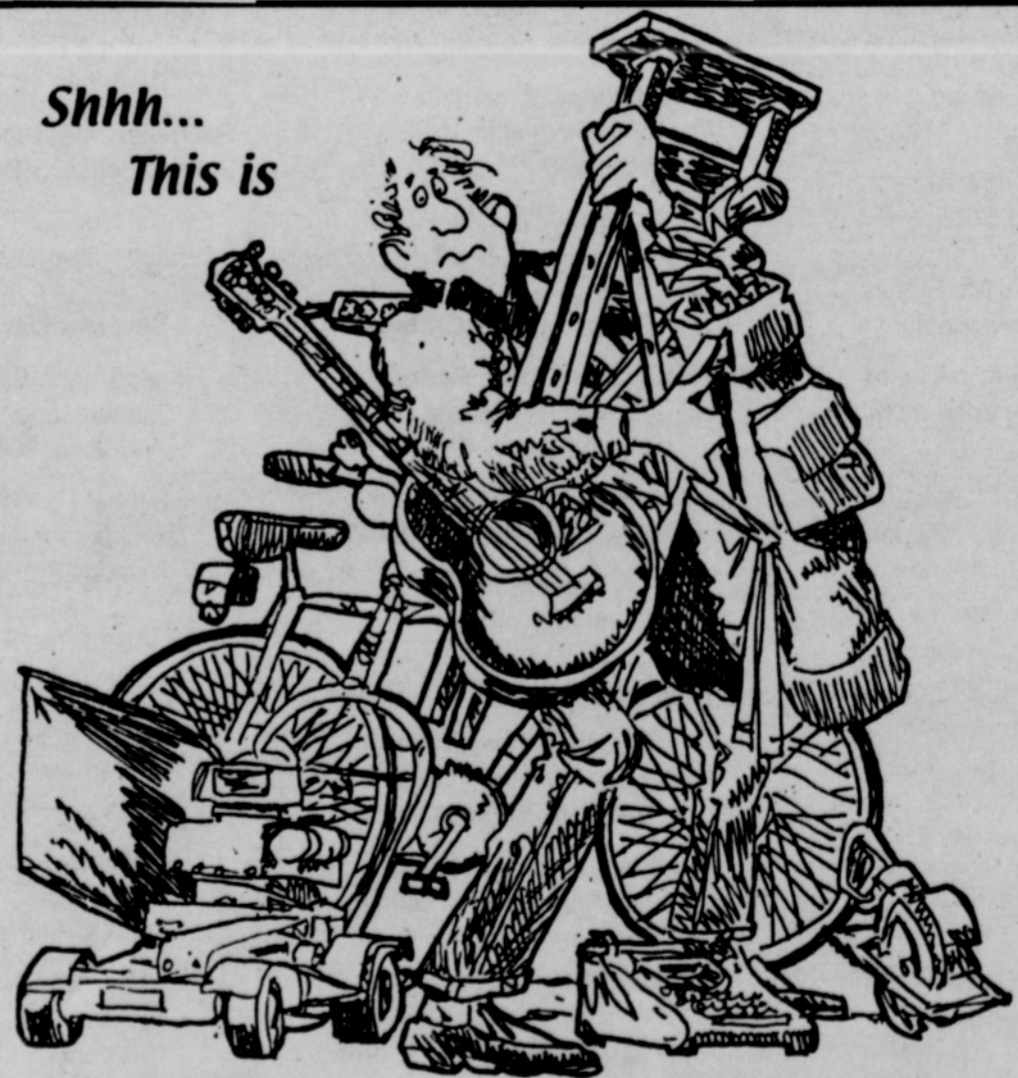
Photography – Luc Cescon, Josh Ward, Geny Blais, Jack Murphy

Art – Art I, Krystyn Brucken; Advanced Art, Jennifer Kinney, Doug Hillyer; Computer Graphics, Jennifer Bernardi, Jennifer Gritman  
Tae-Kwon Do – Evva Smith, Carrick Flynn

Service Awards – Freshman, Maryl Kunkel; Sophomore, Jaki King; Junior, Alisha Jundt

P.E.O. – Jessica Soderback  
Army Reserve Scholar-Athlete – Beth Green, Colin Plews

Shhh...  
This is



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