

Open House events scheduled at Columbia County Public Health

The community is invited to an open house at Columbia County Public Health from 12:30 to 3:00 p.m. on Thursday, April 26, at 2370 Gable Road in St. Helens, across from St. Helens High School.

The open house is one of several events celebrating Public Health Week to highlight Columbia County Public Health's contributions to the community.

"All our staff will be on hand

to talk to people about their programs," said Karen Ladd, Public Health Administrator. She said directors from the Columbia Health District Board will also be available.

The Women, Infants and Children program (WIC) will prepare plenty of healthy snacks for the open house and there will be balloons, coloring books and stickers for kids. Adults can pick up literature on Public Health programs and disease prevention programs.

Literature on a variety of health issues will be available free at the open house, and the public is invited to ask questions about specific public health programs. Nurses will be on hand to answer questions, do free blood pressure checks or discuss information or make referrals.

Anyone can come into the Public Health offices April 23 to 27 for a free walk-in blood pressure check. Hepatitis and HIV testing and counseling is also offered throughout the week by appointment at no charge.

Public Health will provide free childhood immunizations for children age 5 during certain times as part of Public Health Week activities. Free childhood immunizations will be available at the Public Health clinic at 2370 Gable Road in St. Helens on Tuesday, April 24 from 1:00 to 3:30

p.m. and 4:30 to 7:00 p.m.

The free immunization clinic is part of a statewide campaign sponsored by the Oregon Preschool Immunization Consortium. No appointments are necessary for the clinic. Par-

ents must bring immunizations records to the clinics.

For more information, call Patty Barker, immunization coordinator, Columbia County Public Health at 503-397-4651 or 1-800-244-4870.

Free well water testing available

Columbia County Public Health will offer free water testing as part of Public Health Week activities, April 23 to 26, waiving the usual \$20 fee.

Water tests are available to anyone who uses a private well as a water source. Tests will reveal the presence of coliform bacteria which could indicate contamination of the well.

Those wishing to have their well water tested must pick up a container from Public Health. After collecting the water sample according to instructions with the container, the sample

must be returned to Public Health by 2:00 p.m. on the same day that it is taken.

If the water tested is clean, results will be returned by mail in about a week. If a sample shows contamination, Public Health will make contact by phone and mail to advise households on setting up corrective action.

Water test kits can be picked up at the Public Health offices, 2370 Gable Road, St. Helens, 8:00 a.m. to 4:30 p.m. Questions can be directed to Sanitarian Mark Edington at 503-366-3828.

Amateur photo contest underway

Over \$60,000 in prizes will be awarded this year in the International Open Amateur Photography Contest. The contest is open to everyone and entry is free. The deadline for entries is May 31, 2001.

"Everyone has at least one memorable photo that captures a special moment in time," stated Pamela Roberts, Contest Director. "When people learn about our free photography

contest, they suddenly realize that their own favorite photos can win cash prizes, as well as gain national exposure," continued Roberts.

To enter, send one photograph in only one of the following categories: people, travel, pets, children, sports, nature, action, humor, portraiture or other. The photo must be a color or black and white print (unmounted), 8" x 10" or smaller. All entries must include the photographer's name and address on the back, as well as the category and the title of the photo. Photographs should be sent to: The International Library of Photography, Suite 101-2611, 3600 Crondall Lane, Owings Mills, MD 21117. Entries must be postmarked by May 31, 2001, or submit your photo directly online at www.picture.com

"Your Yoga"

Beginning Level Hatha Yoga classes will start in Vernonia April 30th & May 2nd!

9 Week Sessions:
1 class per week \$80.00
2 classes per week \$135.00
Drop-in / per class
(as class size permits)

Mondays & Wednesdays
7-8:15 PM
Equipment provided
\$10.00 Pre-registration advised
503-429-0159

LOW CO\$T CAR LOANS

Vernonia Federal Credit Union • 503-429-8031

Leonetti's
Pizza & Grill



Bring this ad in for
\$2⁰⁰ Off Lg Combo Pizza

OFFER VALID THROUGH APRIL 30, 2001

WE DELIVER • PARTY PLATTERS AVAILABLE

OPEN MON-SAT 11 - 9 • SUNDAY 12 - 7
721 Madison Ave., Vernonia • 503-429-5018

Serenity Gardens Herbs



A Unique Shop Celebrating Our Spirit Within

Full Size Batiks ♦ Crystals ♦ Dream Pillows

New Selection of Beaded Curtains

Beautiful Amber Jewelry ♦ Handmade Pillows

Candles ♦ Evening Bags for Prom ♦ Rune Sets

Custom Cloaks ♦ Tye-Dye Clothing ♦ Sarongs

Custom Blended Bath Salts
Essential Oils ♦ Soothing Herbal Balms
New: Faerie Flowers Herbal Facial Scrub
Large Variety of Incense & Burners

Teas and Herbs

Garden Statuary and Fountains

Oil Paintings by Christine ♦ More Unique Items

Just Arrived: Handmade Glass Beads

Mon - Fri 8 am - 4 pm • Sat 10 am - 6 pm
998 Bridge Street, Vernonia • 503-429-4064

Community Calendar

APRIL						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
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29	30					

MAY						
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JUNE						
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JULY						
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22	23	24	25	26	27	28
29	30	31				

VERNONIA

Al-Anon	Mondays	6:30 p.m., Head Start Bldg.
Alcoholics Anonymous	Mondays	6:30 p.m., Head Start Bldg.
Alcoholics Anonymous	Saturdays	7:00 p.m., Head Start Bldg.
Arts & Crafts Society	2nd Thursday	2:00 p.m., City Library
Boosters	2nd Wednesday	7:30 p.m., VHS Library
Boy Scout Troop 201	Tuesdays	7:00 p.m., Head Start Bldg.
Boy Scout Troop 860	Wednesdays	7:00 p.m., LDS Church
Cemetery Beautification Comm.	2nd Thursday	7:00 p.m., City Library
Chamber of Commerce	2nd Wednesday	Noon, Lew's Place
Doll Club	4th Tuesday	1:00 p.m., Senior Center
Girl Scouts	Thursdays	6:30-8 p.m., Christian Church
Izaak Walton League	3rd Thursday	For location call 429-7193
Lions Club	1st & 3rd Tuesdays	6:30 p.m., Lew's Place
Narcotics Anonymous	Wednesdays	6:00 p.m., Head Start Bldg.
Nehalem Valley Car Club		For Info Call 429-4074
Preschool Story Hour	Mondays	10:30 a.m., City Library
Upr Nehalem Watershed Council	4th Thursday	For location call 429-2401
Vernonia Airport Committee	3rd Wednesday	7:00 p.m., City Library
Vernonia Cares Directors	1st Thursday	For location call 429-1414
Vernonia City Council	1st & 3rd Mondays	6:30 p.m., City Hall
Vernonia Comm. Dev. Corp.	2nd Tuesday	Noon, City Hall
Vernonia Grange	2nd Friday	7:00 p.m., Grange Hall
Vernonia Health Center	2nd Thursday	6:00 p.m., 510 Bridge St.
Vernonia Planning Comm.	1st Thursday	7:00 p.m., City Hall
Vernonia Pride		For Info Call, 429-5201
Vernonia Ridge Riders	Last Thursday	7:00 p.m., City Library
Vernonia RFPD Board	2nd Tuesday	7:00 p.m., Fire Station
Vernonia School Board	2nd Thursday	8:00 p.m., District Office
Vernonia Sr. Center Board	1st Friday	1:00 p.m., Senior Center
Vernonia Volunteer Firefighters	2nd Monday	7:00 p.m., Fire Station
WOEC Directors	3rd Tuesday	7:00 p.m., WOEC

MIST-BIRKENFELD

M-BRFPD Board	2nd & 4th Tuesday	7:30 p.m., Main Fire Station
M-B Ambulance Assoc.	1st & 2nd Thurs.	7:00 p.m., Main Fire Station
M-B Firefighters Assoc.	1st & 2nd Wed.	7:00 p.m., Main Fire Station
M-B Rescue	3rd Wednesday	7:00 p.m., Main Fire Station
M-B Helping Circle	2nd Wednesday	10:00 am, 755-2346 for info.
Natal Grange	2nd Wednesday	7:30 p.m., Grange Hall
T.O.P.S.	Sundays	7:00 p.m., Main Fire Station

BANKS

Alcoholics Anonymous	Fridays	8:00 p.m., Methodist Church
Banks City Council	2nd Tuesday	7:30 p.m., City Hall
Banks Planning Commission	Last Tuesday	7:00 p.m., City Hall
Banks School Board	2nd Monday	7:30 p.m., Jr. High Library
Banks Youth Group	Sundays, Wednesdays	7:00 p.m., UMC Youth Bldg.
Chamber of Commerce	1st Thursday	12:30 p.m., Brown Derby
Citizen Participation Org.	3rd Monday, odd months	7:15 p.m., City Hall
Friends of the Library	1st Saturday	10:00 a.m., City Library
Lions Club	1st & 3rd Wednesdays	7:00 p.m., Methodist Church
Sunset Park Assoc.	3rd Wednesday	8:00 p.m., Gun Club
T.O.P.S.	Wednesdays	7:00 p.m., Administration Bldg.
Tri-City RFPD Board	2nd Wednesday	7:00 p.m., Station 13

COLUMBIA COUNTY (All meet in St. Helens unless otherwise noted.)

Board of Commissioners	Wednesdays	10 a.m., Courthouse
Citizens for Senior Justice	2nd Tuesday	7:00 p.m., Sunset Park Church
COLCO Transportation	2nd Friday	10:30 a.m., Courthouse
County Council of Seniors	2nd Friday	1:00 p.m., Courthouse
County Fair Board	2nd Monday	7:00 p.m., Fairgrounds 4-H Bldg.
County Parks Commission	3rd Monday	6:00 p.m., 1054 Oregon St.
Emergency Comm. Dist. (9-1-1)	3rd Tuesday	7:00 p.m., Courthouse
Historical Society	4th Wednesday	Noon, location call 429-3713

Organizations and meeting dates not listed may be included by calling 429-9410