

Community

Aldrich reigns as "Fair Lady"

Tessie Aldrich will represent Vernonia Senior Citizens Center in the "My Fair Lady" pageant at the Columbia County Fair this month. Princess Tessie will join princesses from other senior citizen centers in Columbia County, as they vie for the title of Queen.

Others on the court include Princess Betty Lou Stickler, St. Helens; Princess Velma Richardson, Scappoose; and Princess Thelma Thomas, Rainier.

The pageant will be held Wednesday, July 23 at 1:00 p.m., during Senior Day at the Columbia County Fair.

Nelson/Littleton engagement told

Kory Jean Nelson and Timothy Allen Littleton, both of Mist, have announced their engagement. An August 23 wedding is planned.

The future bride is the daughter of Jan and Cindy Nelson of Mist. A graduate of Vernonia High School, she graduated in June from Lower Columbia College in Longview with an associate degree in early childhood education.

Littleton, the son of Richard and Kathleen Littleton of Banks, graduated from Marshfield High School in Coos Bay in 1987. He is employed as a faller with Holce Logging Company in Vernonia.

Se habla health care? Instruction available

An interactive teleconference course is available for healthcare providers who want to improve their communication with Spanish speaking clients. Students will attend ten hours of broadcast instruction, with an additional two hours of practice with a Spanish speaking facilitator.

The class is designed for beginners, and concentrates on the vocabulary needed in a healthcare setting while including an overview of basic Spanish grammar. Topics included are *The Registration Desk*, *The Doctor's Office*, *The Emergency Room* and *Having a Baby*. Students will be introduced to phrases and health related questions which can be used in a hospital or clinic setting. Many of the questions will require only a yes or no answer.

The instructor is Patricia Morrissey, Spanish instructor at Clatsop Community College, who taught the class last year and does special classes for professionals throughout Clatsop County. Students will be able to ask questions during the broadcasts, and Morrissey will have remote sites

participate in class exercises using phone line connections. Join your colleagues for this Spanish class and save money. Until August 15 there is a group price of \$40 per person if five or more people register from the same organization.

Classes are scheduled from 1:00 to 2:00 p.m. on Tuesdays and Thursdays, starting October 7 and ending November 6. Local practice sessions will be on Tuesdays from 12:30 to 1:00 p.m. Cost is \$50 per person, and registration should be completed by September 1. Workbooks are included for all students.

The class is offered by Oregon Pacific Area Health Education Center (AHEC) in cooperation with Portland Community College, and will be held at the state Department of Human Resources building in St. Helens.

Contact Pat Lewis, Oregon Pacific AHEC, 541-867-0286, for more details, registration materials or to discuss alternate class locations.



Tessie Aldrich

Parrows celebrate Golden Wedding

Art and Enid Parrow celebrated their 50th Wedding Anniversary on Saturday, June 28, in Hillsboro. The celebration was hosted by their children and families, Doug, Darlene, Randy and Sharon, Karen, Melodie and Brad Eckland.

More than 150 guests joined in celebrating the special day, including all of their grandchildren, Karl Parrow, Wendy and Chris Mannen, Bryce and Jenny Parrow, Katie and Julie Parrow, Kyle and Trista Eckland, and a great-grandson, Ben Parrow.

Health Center open hours are extended

Vernonia Health Center has expanded its hours and now stays open until 6:00 p.m. on Friday evenings. To make an appointment, call 429-9191 between 9:00 a.m. and 6:00 p.m. Monday through Friday.

Jamboree Art and Craft Show readied

The Vernonia Society of Arts & Crafts will accept items for the Vernonia Jamboree Art Show at the former drug store building, corner of Grant and

Bridge, on Monday, July 28, 1 to 5 p.m. and Tuesday, July 29, 1-8 p.m.

Painting and all flat work is limited to a maximum of eight

entries per person, with no more than three pieces 18" x 24" or larger, including matting and frames. All work must be ready to hang, including eyes and wire only.

Crafts and other artwork will be subject to space available.

Youth work must be matted; frames acceptable but not necessary. Shrink wrap or cellophane that has been neatly applied will be accepted.

Entry forms will be available at the time of entry; each item must have an entry form. No early or late entries will be accepted.

"People's Choice" awards will be given to one Art and one Craft entry. Selection will be by viewer vote. "Citizen Choice" Awards will be given as in the past. All exhibitors in the youth division will receive Merit Awards.

Two awards, one Art and one Craft, to be given for "Best of Show" will be selected by a committee designated by the Vernonia Society of Arts and Crafts.

For more information call Barbara at 429-6696, Bev at 429-6300, Irene at 429-7605, or Arletta at 429-2991.

Helping Circle planning session

The Mist-Birkenfeld Helping Circle, now beginning plans for their annual fall auction, meets on the second Wednesday of each month at 10:00 a.m. in the Fishhawk Lake Community Center. Following the business meeting is a potluck luncheon at noon.

The auction is the primary fund raiser for the Helping Circle, which pays for street lighting, Mist Cemetery care and scholarships for local students.

For additional information, call Lynn Kyser at 755-2346.

Local speaker featured at Women's Aglow

BJ Dwyer, Vernonia, is the featured speaker at the July 28 gathering of Women's Aglow.

The author of four cookbooks, Dwyer will prepare and serve a delicious and nutritious meal with samples for all. This low-cost and easy-to-make lasagna soup and garlic bread meal is one of many recipes she will distribute.

Aglow women reach out to and support other women in need. And, since most women "need" to prepare a meal or two, this month's demonstration of a low cost, delicious meal should put smiles on a few faces.

All women are invited to attend, bring a friend, enjoy wonderful food and be refreshed! Aglow meets at the Vernonia Senior Center at 7:00 p.m., Monday, July 28.

For more information, call Pam Greene at 429-2310.

Tuality mammogram van sets local visit

The mammogram van from Tuality Medical Center will be in Vernonia on Thursday, July 24. For more information, or to make an appointment, call the Vernonia Health Center at 429-9191.

LARGEST SALE OF THE YEAR

FOREST GROVE'S TOWNWIDE SIDEWALK SALE

Starts Thursday, July 31st

Enjoy huge savings from the Forest Grove Merchants