

# First Responder course will be offered by Vernonia Fire Dep't.

Vernonia Fire Department will be offering a First Responder-level medical course January 12 to February 25, 1995. Classes will be held on Monday and Thursday nights.

The course is approximately 44 hours long. Students will be trained in the ar-

reas of human anatomy, patient assessment, CPR, medical emergencies and trauma care.

Cost for the course is \$100, which includes text book and workbook. There are a limited number of schol-

arships for those who are interested, but for whom funding is a problem, if they are willing to volunteer for Ambulance Service.

Volunteers are vitally necessary to keep Ambulance coverage available to the

community 24-hours a day, 365 days a year. If you think you might be interested in volunteer emergency medical service, this course is a great beginning, said Cyndy Hayes, the department's only salaried emergency medical

technician.

There are also two \$300 scholarships available for EMT-Basic education opportunities; they are provided through Oregon Pacific AHEC. For more information contact Hayes at 429-4600.

## Women's Resource Center seeks help

Columbia County Women's Resource Center needs your help.

Since 1978, the Women's Resource Center has dedicated itself to serving people in crisis in Columbia County. Our goal is to assist in meeting the immediate physical, emotional and legal needs of the victims, and to educate the community to eradicate future violence.

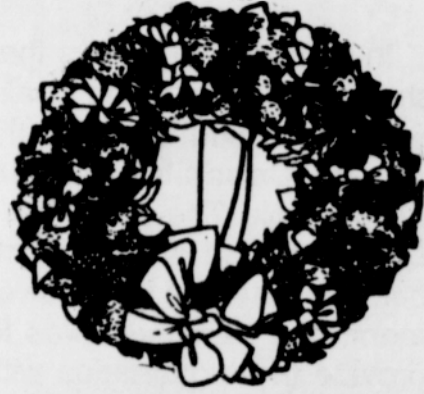
During this season of giving, the Women's Resource Center is asking people to think of the victims of domestic and sexual assault by helping meet the organization's goals. A cash donation would be greatly appreciated, but if anyone is upgrading of-

fice equipment, old equipment would be appreciated. Such kindness would affect many people and would give the donor or the donor's business a tax break, too!

For more information about what you can do to help, call

397-6161, Monday through Friday, from 8:00 a.m. until 4:00 p.m.

All of the volunteers at the Columbia County Women's Resource Center wish you and yours a safe and joyous holiday season!



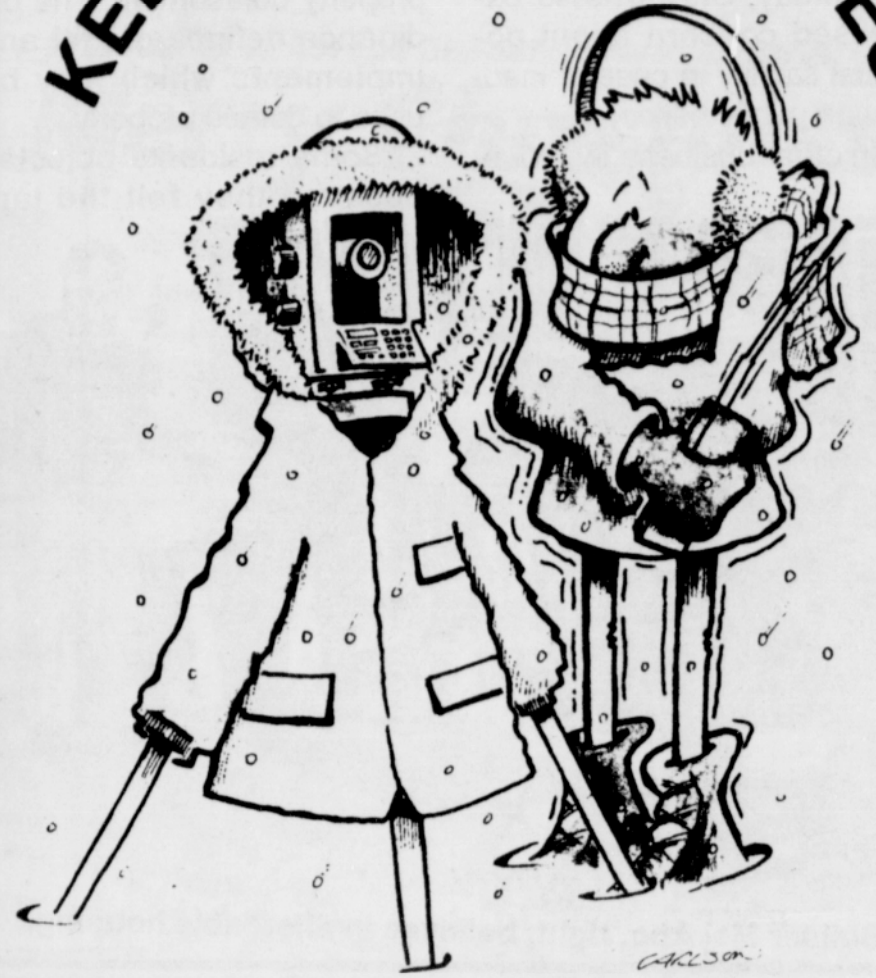
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and a  
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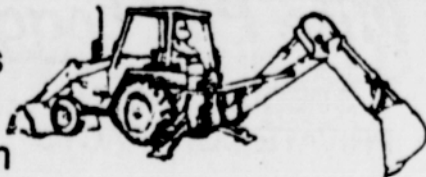
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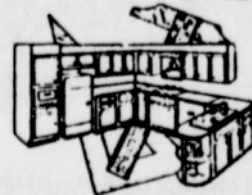


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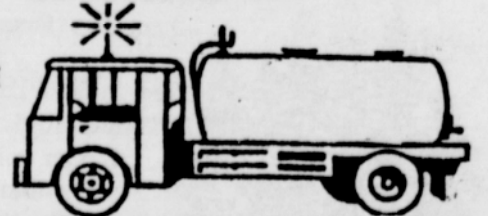
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