

Bicycle safety program to be initiated with community bike ride

Recent bicycle accidents in Vernonia have stimulated a multi-faceted program to teach the elements of safe bicycle use.

Awareness of bicycle safety regulations and the benefits of bike riding will both be addressed in Vernonia's first Community Bike Ride on Saturday, May 5, during Bicycle Week.

Participants may gather in Washington Grade School parking lot for the starting time of 2 p.m., or meet the riders at Vernonia Lake parking lot at 2:30 p.m.

All participants must sign waivers, said organizers Bob Ragsdale and Schann Nelson. Minors must have the waivers signed by their parents or guardians. Helmets are suggested for all riders.

On May 10, Ragsdale and Nelson, with the assistance of Pat Hall, Police Chief Phil Jacobus and Oregon Bicycle Safety Coordinator Walt McAllister will present a special assembly at Washington Grade School about bicycle rules and regulations.

The presentation will include a description of a safe bike, how and why to license a bike, the rules of the road

and why it's important to follow them.

Films about bike riding will be shown at the Community Health & Fitness Fair, May 12 in the Vernonia High School gym. The films will be for different age groups, from adults to small children.

To continue the promotion of safe and knowledgeable bike riding by children, a Safe Cycling course will be presented during summer vacation. The date hasn't yet been selected, but it will be posted at the Health Fair and students will be able to sign up at that time.

All participants in the course will be required to wear helmets, have their bikes licensed, and have a bike safety inspection.

Twenty-four children died at the site of bike accidents in

Oregon during 1988, and 60-67% of the state's bike accidents involve head injuries. A Seattle study indicated that

85% of the injuries could have been avoided if the bicyclists had been wearing helmets.

Vernonia's efforts will be used as a pilot project for future state-wide bike safety education programs.

Welcome Additions

John Henry Dotter

John Henry Dotter was born April 18, 1990 at Bess Kaiser Hospital in Portland. The first child of Ed and Shannon Dotter, he weighed 7 pounds, 13 ounces and was 20 1/4" long.

Grandparents are Wayne and Barbara Erwin, and John and Joan Dotter, all of Vernonia.

Great-grandparents are John Henry and Lynn Campbell of Tillamook, and Louise Ryan of Los Angeles.

You'll always score with an INDEPENDENT classified ad.

Barber Shop Vernonian

RAY PELSTER - OPEN 9-5:30 TUES.-SAT.

For Appointment call 429-4000

Best wishes to all mothers on Mothers' Day

429-8031



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Community Calendar

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APRIL	MAY	JUNE
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

VERNONIA

Adult Volleyball

Aerobics

AFS

Al-Anon

Alcoholics Anonymous

American Cancer Society

Arts & Crafts Society

Boosters

Chamber of Commerce

C of C Directors

Friends for Weight Loss

GE Job Service

Izaak Walton League

Jamboree Committee

Ladies Golf Club

Lions Club

Masons

Men's Golf Club

Narcotics Anonymous

Preschool Story Hour

Ridge Riders

Senior Center Directors

T.O.P.S.

Vernonia Cares Directors

Vernonia City Council

Vernonia Doll Club

Vernonia Grange

Tuesdays
Mondays, Wednesdays & Thursdays

1st Wednesday

Wednesdays

Fridays

Sundays

2nd Wednesday

1st Tuesday

2nd Wednesday

2nd Wednesday

1st Thursday

Tuesdays

2nd & 4th Wednesdays

3rd Thursday

2nd Monday

Tuesdays

1st & 3rd Tuesdays

1st Thursday

Wednesdays

Tuesdays

Wednesdays

4th Tuesday

1st Friday

Wednesdays

2nd Thursday

1st & 3rd Mondays

4th Tuesday

2nd Saturday

7-9 p.m., WGS Gym

7 p.m., WGS Gym

7:30 p.m., VHS Library

8 p.m., Baptist Church

8 p.m., WOEC

8 p.m., St. Mary's Church

12:30 p.m., Golf Course

7 p.m., WOEC

7:30 p.m., VHS Library

7:30 a.m., City Library

9 a.m., U.S. Bank

10:30 a.m., WOEC

1 p.m., WOEC

7:30 p.m., WOEC

7:30 p.m., WOEC

5 p.m., Golf Course

6:30 p.m., Darcy's Coffee Cup

8 p.m., Masonic Hall

5 p.m., Golf Course

8 p.m., Vernonia Baptist Church

10:30 a.m., City Library

7:30 p.m., City Library

1 p.m., Senior Center

6:30 p.m., WOEC

7:30 p.m., American Legion Hall

7:30 p.m., City Library

1 p.m., WOEC

7:30 p.m., Grange Hall

Vernonia Health Center

Vernonia Park/Rec Committee

Vernonia Planning Commission

Vernonia Preschool Directors

Vernonia Recycles (Plastics)

Vernonia Rural Fire District

Vernonia School District

Vernonia Volunteer Firefighters

WOEC Directors

MIST-BIRKENFELD

Alcoholics Anonymous

Best T.O.P.S.

Mist-Birkenfeld Fire Board

M-B Fire Drill & Association

M-B Ambulance

Natal Grange

COLUMBIA COUNTY (All meet in St. Helens unless otherwise noted.)

Board of Commissioners

County Fair Board

Education Service District

Emergency Communication Dist.

Historical Society

Traffic Safety Commission

*Jan., Apr., July & Oct. only.

**Call 429-3713 for information

Organizations and meeting dates not listed may be included by calling 429-9410, or by mail to The INDEPENDENT, 1206 State Ave., Vernonia, OR 97064

2nd Thursday

1st Thursday

1st Wednesday

1st Tuesday

1st Saturday

2nd Tuesday

2nd Thursday

2nd Monday

3rd Tuesday

Mondays

Thursdays

1st Tuesday

1st, 2nd & 3rd Wednesdays

1st, 2nd & 3rd Thursdays

2nd Wednesday

7:30 p.m., Health Center*

7 p.m., City Library

7:30 p.m., City Library

7 p.m., WGS Preschool Room

10 a.m.-2p.m. Anderson Park

7:30 p.m., Fire Station

7 p.m., School District Office

7 p.m., Fire Station

7 p.m., WOEC

8 p.m., M-B Fire Station

9:30 a.m. Fire Station

7:30 p.m., Fire Station

7 p.m., Fire Station

7 p.m., Fire Station

7:30 p.m., Grange Hall

10 a.m., Courthouse

7:30 p.m., Fairgrounds Ofc.

7:30 p.m., 800 Port Ave.

7:30 p.m., Rainier City Hall

Noon, varied sites**

7 a.m., Village Inn