

## Local ACS chapter sets goals for coming year

The Vernonia chapter of the American Cancer Society has set ambitious goals for the 1987-88 season, according to Rose Dettmers, public information officer.

Among the activities planned is a one day crusade, scheduled for Saturday, October 24. The crusade will consist of door to door visits by teams, disseminating information and welcoming contributions.

Special events, chaired by Carolyn Keasey, will include a style show and luncheon in March, a golf tournament in May, a Jail and Bail fund-

raiser during Jamboree, some teen activities and possible participation in the Christmas Bazaar.

Lesle Ruby will direct the service activities of the group, overseeing the distribution of the "At Your Service" brochures, organizing a centralized loan closet and developing a patient referral system through the nurse practitioner.

A public education program is being developed by Barbara Fulmer, involving grade school, high school and adult programs, with possible co-sponsorship of the spring Health Fair.

## Sheriffs offer scholarships to law enforcement students

The Oregon State Sheriffs' Association is giving thirty-four \$500 scholarships to second year students in Law Enforcement and Corrections in Oregon, Columbia County Sheriff Bruce Oester announced.

Students interested in the scholarship should apply through the financial aid office of their community college or university. All community colleges in Oregon, except Central Oregon, have

programs in Law Enforcement and Corrections. In addition, Southern Oregon State College, Western Oregon State College, Portland State University and the University of Portland have qualifying programs. Two scholarships will also be available at Lower Columbia College in Longview, Washington, for Oregon students.

## 4H seeks young adult for exchange

Each year Oregon State University Extension Service sponsors the International 4-H Youth Exchange (IFYE) program. Through this program Oregonians between the ages of 19 and 25 are able to live in a foreign country for about six months. When they return to Oregon they will spend a couple of months traveling around sharing their experiences with school children, businesses, service and grange groups.

"Living among the people of another country gives a better insight into that culture than just passing through as a tourist," explains Jeanne Brandt, Oregon State

University Home Economist in Columbia County. "IFYE's are placed with families they can become a part of - a family farm or business, in community activities."

OSU is seeking applications now. They are due by

October 16. Most exchanges begin late in spring. For an application or more information contact the Columbia County office of Oregon State University Extension Service in the courthouse by calling 397-3462.

## Coronary health topic at OHSU

The public is invited to attend a conference on Heart Attack and Stroke Prevention to be held October 14 at the Oregon Health Sciences University Library auditorium at 6:25 p.m.

Advance tickets are \$10 and pre-registration is strongly urged. After Oct. 5, the ticket price will be \$15. For more information call Bertha Cochran at 291-2366 or 253-3548, or Ellenor Watkins at 588-0637.

# HELLO

## I'm your neighbor,

### TOM STRAND



See me for a professional analysis of all your personal insurance needs—Disability Income, Major Medical, Universal Life, Retirement Income. No cost or obligation. Call me today.

**TOM STRAND**  
715 Bridge Street  
Vernonia, Oregon 97064  
503/429-5360

UNDERWRITTEN BY  
**Mutual of Omaha**  
People you can count on...  
Life Insurance Affiliate  
United of Omaha  
MUTUAL OF OMAHA INSURANCE COMPANY  
HOME OFFICE: OMAHA, NEBRASKA



## SUNDAY SCOTCHBALL

September - April  
2 p.m.

**Mixed Doubles  
Open to All Skill Levels**

429-6811  
Vernonia Golf Club  
15961 Timber Road E.



## Paintball Pursuit

2 Hour Sessions starting at Noon

Saturdays and Sundays

1 Mile north of blinking light on Rose Ave.

Equipment available. For information call

429-9029

Observers welcome



## Help!

Low income families with their energy costs:

1. Add to your WOEK payment.
2. Provide firewood—standing or down.
3. Buy our cordwood.

Contact Senior Citizens Center for info. 429-3912.

**ALUMNI DAY**  
October 17th

1:30 Football Game  
9 p.m. Dance, VHS Gym

**VERNONIA  
LOGGER  
PRIDE**  
Be a Booster  
429-6811 or 429-3105

| MONDAY                                                   | TUESDAY                                                                | WEDNESDAY                                           | THURSDAY                                                                            | FRIDAY                                    | SATURDAY                                                                                                    |
|----------------------------------------------------------|------------------------------------------------------------------------|-----------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------|-------------------------------------------------------------------------------------------------------------|
| <b>OCTOBER 1987</b><br><small>Home Games in Bold</small> |                                                                        |                                                     | 1<br>5 pm Cross Country<br>Invitational<br>5 pm Volleyball<br>at Portland Christian | 2<br>7:30 Football<br>at Corbett          | 3                                                                                                           |
| 5<br>5 pm JV Football<br>at Neah-Kah-Nie                 | 6<br>5 pm Volleyball<br>at Lutheran                                    | 7<br>TBA Cross Country<br>at N. Marion Invitational | 8<br>7:30 Football<br>at Warrenton                                                  | 9<br>5 pm Volleyball<br>at Cor. Christian | 10<br>9 am Volleyball<br>at Banks<br>TBA Cross Country<br>at Gladstone                                      |
| 12<br>4 pm JV Football<br>vs. Portland Christian         | 13<br>5 pm Volleyball<br>vs. DES<br>5 pm Cross Country<br>at Cathlamet | 14                                                  | 15<br>5 pm Volleyball<br>at Warrenton                                               | 16                                        | 17<br>1:30 Football<br>vs. Knappa<br>TBA Cross Country<br>at Wahkonka                                       |
| 19<br>4 pm JV Football<br>vs. Knappa                     | 20<br>5 pm Volleyball<br>vs. Knappa                                    | 21                                                  | 22<br>5 pm Volleyball<br>vs. Clatskanie                                             | 23                                        | 24<br>11 am Cross Country<br>at Blue Lake<br>1:30 Football<br>at Lutheran                                   |
| 26<br>4 pm JV Football<br>vs. Warrenton                  | 27<br>5 pm Volleyball<br>at Neah-Kah-Nie                               | 28                                                  | 29                                                                                  | 30                                        | 31<br>12 noon Cross Country<br>at Pier Park<br>1:30 Football<br>vs. Neah-Kah-Nie<br>TBA Volleyball Playoffs |

**BOOSTER RAFFLE**  
Raise \$'s to  
**RAISE THE LIGHTS**  
at Greenman Stadium  
\$1 per ticket  
Win a cord of split maple

**HOMECOMING**  
October 31st  
1:30 Football Game