



Tracy Waters will staff the Vernonia branch of Family Health Center.

Center initiates counseling service

Family Counseling Center has started regular hours in Vernonia at the school district boardroom, 475 Bridge Street, every Tuesday from 1 to 9 p.m.

Tracy Waters, M.S.W., will be in charge of the com-

prehensive mental health center, and will be available for alcohol evaluations and ongoing counseling for alcohol and drug problems as well as mental and emotional health evaluation and counseling.

The Center is a non-profit organization that provides

mental health care for Columbia County, and fees charged for services are dependant of family income. The phone, 429-9494, may be called any week day and will be answered by staff in the Center's St. Helens office when Waters isn't in Vernonia.

Support group being formed

Women who are alone or isolated, having problems with spouses or children, who want to talk with other women with similar experiences, are urged to consider a women's support group being formed by Columbia County Women's Resource Center.

Applications are currently being taken for the group, but space is limited and the group will be starting soon. For more information call WRC at 397-6161.

Fisher's baking takes the cake

Janice Fisher, of Vernonia, who is a full-time nurse aid in a special care unit at Robison Jewish Center in Portland, spends her working days with victims of Alzheimer's disease.

In her spare time, she bakes and bakes and bakes, taking her culinary creations to Columbia County Fair.

She came home with the Sweepstakes Ribbon for her cherry cheesecake, and three 1st place ribbons for her chiffon cake, oatmeal cookies and apple pie. She also earned a 2nd place honor for her baking powder biscuits and a 3rd place ribbon for her zucchini bread.



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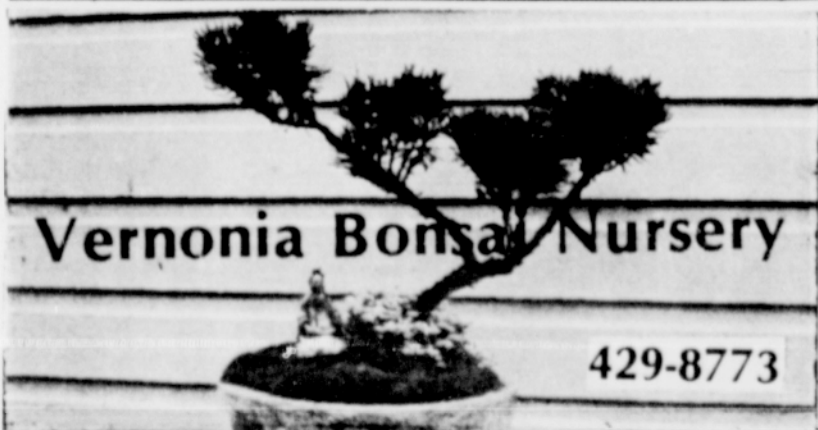
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