

Mist run has large field



The littlest runner at the Michael Busch Memorial Run made up in enthusiasm what she lacked in technique.

Eighty-four people participated in the Michael Busch Memorial Road Run at Mist on June 13th. The annual benefit for the Mist-Birkenfeld Firefighters Association featured a 2 mile walk, a 2 mile run and a 10 kilometer (6.2 mile) run.

Outpacing the competition in the 10K run was Gary Purpura who went the distance in 34 min. 16 sec. in the 30-39 age group. Leader in the women's division was Janice Boyer with 47:10 in the Over 40 age group. Following, by age group, are the others placing in the 10K run, with their times.

Men's Division, 13-19: Rob Margraf, 36:22; Stephen Smith, 36:44; Age 30-39: Purpura, 34:16; Gary Romansky, 35:57; Rick Langdon, 37:58; Over 40: Doug Eyer, 39:12; Melvin Nice, 40:01; Bob Smith, 42:25.

Women's Division, 20-29: Sandra Windus, 61:47; 30-39: Laura Eyer, 47:59; Janice Hall, 53:35; Sandy Brinkman, 54:32; Over 40: Boyer, 47:10; Sue Purpura, 55:15; Millie Hindley, 61:47.

Two mile run, Men's Division, Under 13: Bob Busch, 16:01; Bill Busch, 17:01; Jim Achen, 17:02; 13-19: Gary

LaChance, 17:31; 20-29: Robert Nesbit, 13:20; Bruce Fleming, 14:53; David Osaki, 16:10; 30-39: Paul Fleming, 16:20; Over 40: Frank Cristofolo, 14:13; Russ Hunter, 16:06; Dave Smith, 17:41.

Women's Division, Under 13: Bethany Achen, 20:26; Heather Schaub, 20:28; Amy Stith, 20:42; 13-19: Alissa Hunter, 15:56; 20-29: Melody Shetler, 17:03; Kelly Arnaldue, 18:31; Christie Skinner, 20:02; 30-39: Mary Schaub, 19:48; Over 40: Mary Hewson, 18:49; Marguerite Nice, 20:53.



Eighty-four runners and walkers leave the starting line at the Mist-Birkenfeld fire hall during the Michael Busch Memorial Run.



Three runners near the end of the two mile event during the Michael Busch Memorial Run at Mist.

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THE ULTIMATE IN FROZEN YOGURTSM

July, 1987

The Ultimate Calendar for The Ultimate in Frozen Yogurt

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
1		2		3		4		5		6	
CHOCOLATE		RED RASPBERRY		BURGUNDY CHERRY		CLOSED					
6		7		8		9		10		11	
MANDARIN ORANGE		BLUEBERRY		CHOCOLATE		LEMON		GERMAN CHOC CAKE		VANILLA	
13		14		15		16		17		18	
BLACKBERRY		PEACH		CHOCOLATE		ROOT BEER FLOAT		HAWAIIAN DELIGHT		STRAWBERRY	
20		21		22		23		24		25	
RED RASPBERRY		PEANUT BUTTER		CHOCOLATE		PECAN PRALINE		MANDARIN ORANGE		STRAWBERRY CHEESECAKE	
27		28		29		30		31			
PINA COLADA		COCONUT		CHOCOLATE		HAZELNUT AMARETTO		BLUEBERRY CHEESECAKE		PINTS - \$1.50 CONES - .50¢ NEW	

FLAVOR	GRAMS PROTEIN 3.5 WT. OZ.	CARBO- HYDRATE 3.5 WT. OZ.	GRAMS FAT 3.5 WT. OZ.	CALORIES 3.5 WT. OZ.	CALORIES FROZEN 3.5 FL. OZ.
Strawberry	3.5	18.6	3.5	117.6	91.1
Vanilla	3.5	18.6	3.5	117.3	90.9
Cappuccino	3.6	18.6	3.6	119.8	92.5
Boysenberry	3.5	18.6	3.5	117.6	91.1
Coconut	3.6	18.7	3.5	118.5	92.2
Pina Colada	3.5	18.7	3.5	118.1	91.5
Mandarin Orange	3.5	18.6	3.5	117.6	91.1
Hawaiian Delight	3.6	18.7	3.5	118.5	92.2
Blueberry Chalk	3.5	18.7	3.6	118.9	92.2
Strawberry Chalk	3.5	18.7	3.6	118.9	92.2
Peanut Butter	3.7	18.8	3.7	121.1	93.8
Dutch Chocolate	3.6	18.8	3.7	120.7	93.5
German Choc Cake	3.6	18.8	3.7	120.7	93.5
Mint-Choc	3.6	18.8	3.7	120.7	93.5
Burgundy Cherry	3.5	18.6	3.5	117.6	91.1
White Pistachio	3.6	18.7	3.5	118.5	92.2
Pecan Pralines	3.6	18.7	3.5	118.5	92.2
Egg Nog	3.6	18.7	3.5	118.5	92.2
Pumpkin	3.6	18.8	3.5	118.9	92.2
Banana	3.6	18.6	3.5	118.1	91.5
Blueberry	3.5	18.7	3.5	118.1	91.5
Lemon	3.5	18.5	3.5	117.3	90.9
Red Raspberry	3.5	18.6	3.5	117.6	91.1
Pineapple	3.5	18.5	3.5	117.3	90.9
Peach	3.5	18.5	3.5	117.3	90.9
Root Beer	3.5	18.6	3.5	117.6	91.1
Apricot	3.5	18.5	3.5	117.3	90.9
Blackberry	3.5	18.6	3.5	117.6	91.9

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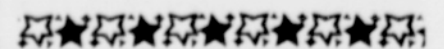
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