

## Benefit dance for local man

Many friends and supporters attended a benefit dance on January 16, at Lew's Place in Vernonia, that was organized to help meet the medical expenses of Vernonia resident Merle Everett, who is undergoing treatment at St. Vincent's Hospital in Portland.

Anyone wishing to make a donation may do so by mail to Everett, c/o Lew's Place, 934 Bridge Street, or may deliver it there if they wish, according to Darlene Knight.

Betty Everett has expressed her appreciation for the support extended. Merle is in room 546 at St. Vincent's.

## Invitation to McMillen for London trip



Furl McMillen

Furl McMillen, standout wide receiver on the Vernonia Loggers football squad, who was named recently to the 1986 Class A All-State Football Team, has now been invited to participate with 35 of his peers in an international contest between the All-Staters and a London, England, team.

The seven-day trip scheduled for March 20-28, which will include sight-seeing and tickets to a professional soccer match, will cost each participant \$1200.

A fund raising campaign has been instituted to raise the needed money, and businesses and individuals are being asked to contribute to the fund. Contributions may be made to the Vernonia Student Body Account, c/o Vernonia High School.



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## Drug prevention program

A drug and alcohol abuse prevention program has been added to the curriculum for Washington Grade School seventh and eighth graders. Called "Well and Good," the program will be taught several times per week during health class.

The Philosophy behind "Well and Good" is that good habits contribute to good health, according to WGS

Principal Gary Wilson, so the focus of the program is on the prevention of tobacco, alcohol and drug use.

Students will be taught techniques to help them recognize and resist pressures related to drug use, and learn how to say "no" to such pressures.

Questions about the program may be directed to Wilson at 429-7941.

## Blood drive, health fair plans are in the works for spring

The annual Red Cross Blood Drive, sponsored by Vernonia High School, will be held in March. Arrangements were not complete at press time so look for details in the February 26 issue of The INDEPENDENT.

"Good Health Shines" will be the theme of the 1987 Health Fair sponsored by VHS health education classes. Scheduled for April 4, 1987 at the VHS gym, the fair will again offer free health screenings plus free tetanus and rubella im-

munizations.

More complete information will be available soon, said fair organizer Marsha King, VHS health education teacher.

## Golfer gets first ace

After fifty years of golfing, local golfer Bob King got his first Hole-in-One on Saturday, January 17, 1987.

The first ace of 1987 at the Vernonia Golf Course came at the par 3, 115 yard, hole number 4.

## Adults needed for volleyball

An adult volley ball group, formed by Sandy Welch, meets every Tuesday night from 7-9 p.m. at the Washington Grade School gym. The group, according to Welch, is co-educational in composition and is in need of more participants. The only requisites, she said, are to show up and bring tennis shoes. Welch may be reached by phone for further information at 429-9602.

## Balloon release is set at Mist School

100 balloons will be released at Mist School at 2:30 p.m. Wednesday, February 4, in their annual celebration signifying learning the number concept of "100."

There will also be student displays of various items showing 100 of each item, photographs of previous years' balloon releases, and letters received from people who found last year's balloons.

The public is invited to enjoy the colorful display, Mist School teacher Marguerite Nice said.

## Women golfers set first meeting date

The Vernonia Ladies Golf Club will hold their first meeting of 1987 with a potluck dinner at the Vernonia Golf Course on Monday, February 2, at 6:30 p.m.

All women golfers are invited to attend the meeting. For more information call Barb Fulmer at 429-6811.

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