



SUNDAY MARKET

Gearhart artist Cindy Bricca of CS Bricca Design exhibits her work at the Astoria Sunday Market.

R.J. Marx

The Stand: Same great food, with credit cards

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minimal, with some longer hours and more days, and “lots of employees at some point,” she said.

The Stand pivoted during the pandemic, staying open for to-go orders throughout and with outdoor seating.

Their weekday hours have been in place since the beginning by design, as the family wanted their weekends reserved for time together.

Eric Saucedo currently runs the Street 14 Cafe in Astoria, and before that, the Times Theatre kitchen in Seaside.

Bird, from Spokane, Washington, met Eric Saucedo when they both worked on a landscaping job seven years ago.

Bird will be working in front and Eric Saucedo in the kitchen.

“We’ll just slowly see what we feel we can change

and what we can improve,” he said. “But like my mom said, it’s been an amazingly successful business here for the last 30 years. So there’s not much that needs to be changed.”

Tami and Jose Saucedo will remain in Seaside, with possible future destinations unknown.

“We’re going to be here, we’re going to be available to help our son,” Jose Saucedo said. “And then we’re going to travel the country, perhaps camping to some of the places we haven’t been.”

“We wish our son the best,” Tami Saucedo said. “You know, it’s very successful as it is. We’ve only been open 24 hours a week and we’ve been able to make a living.”

Regulators will be shocked and perhaps relieved by one change. The famously cash-only restaurant will be bringing in credit cards, Eric Saucedo said. “And Square.”

Outcomes: Connecting with ‘the whole person’

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people in the community and get them connected to resources.

“Our BOB program is really about getting to take a look at the whole person and connecting with them as a whole person, not just a patient, not just an encounter,” Smith said.

According to regional behavioral health outreach program manager Becky Wilkinson, the social work manager at Providence Seaside advocated a few years ago for the program to expand to Seaside.

In other locations across Oregon, the program has consistently coincided with a roughly 45% reduction in behavioral health patients utilizing the emergency department.

Instead, they receive access to the services they need to help address the root causes of their problems and work toward long-term health and well-being. Peer support specialists employ their own lived experience to mentor and help people build their own resilience and natural support systems.

“Since we have a unique model of care, we are often able to help folks access care and services they otherwise normally wouldn’t have been able to access,” Wilkinson said.

As part of the implementation of Better Outcomes Thru Bridges, Providence



Becky Wilkinson

BOB team members sorting through clothes to distribute in the community.

Seaside brought on two new outreach specialists to work directly with individuals struggling with things like mental health issues, substance use and chronic pain and connect them with the appropriate care.

Smith said Dean Louder, the new emergency department outreach specialist, and Christina Little, the peer support outreach specialist, “have jumped right in,” building relationships with hospital staff and community partners while also meeting and working with clients.

Seaside Fire and Rescue is a critical community ally as they frequently interact with individuals when they are in an emergency situation, Little said.

Other community part-

ners include Clatsop Behavioral Healthcare, Clatsop Community Action and NorthWest Senior and Disability Services. However, the program can and will receive referrals from a number of different sources, Smith said.

“The greatest role I play is offering individuals supportive listening and presence to navigate whatever experience they’re going through,” she said.

She guides them in identifying their unmet needs, motivations and goals. As such, she is frequently out in the community, meeting people at their homes or other sites to provide immediate support.

“One thing I really enjoy is seeing the light in people’s eyes when they feel

seen and heard,” she said. “Experiencing that is such a great feeling.”

Louder oversees care control and case management for individuals to help guide them toward cultivating their own long-term care. That could include navigating complex institutional structures and processes, like signing up for Medicaid, finding a counselor, or getting shelter.

“Once you’ve identified the need, you’re actually assisting them and connecting them with resources that address that need,” he said. “The ultimate goal is to get them in a better spot than they were before.”

The hospital has identified individuals who will utilize the emergency system because they are lonely or isolated. That’s where Better Outcomes Thru Bridges comes in. According to Louder, they can figure out more effective ways to prevent people from being isolated and connect them with resources so they don’t rely on the emergency department.

There is also a strong community focus to the program.

“A community is made of people, and it’s kind of accepting people where they are at,” Louder said. “It’s a matter of getting different professionals and partners involved to provide care. Each person can be impactful on the outcome you’re pursuing.”

NEWS NOTES

Sou’Wester Garden Club plant sale

The Seaside Sou’Wester Garden Club will hold its 25th annual plant sale on Saturday from 9 a.m. to noon. The sale will be at the Seaside Civic and Convention Center.

Hundreds of reasonably priced plants grown by club members are for sale at the highly anticipated annual event. Unique planters, gifts and garden art are available, as are popular baked items and preserves. Club members are on hand to identify plants and give advice on planting and growing selections. Buyers are encouraged to come early for the best selection.

Proceeds from the sale of all goods are used to support community initiatives in keeping with the mission of the nonprofit club. Financial and in-kind support is given to the downtown Seaside flower basket project and the Butterfield Cottage Garden and grounds maintenance.

A raffle and silent auction fund the garden club Grant Project introduced in 2018. Through an application process, grants of from \$100 to \$500 are awarded to worthy projects that benefit the local community and support the club’s educational mission to become caretakers of the environment. The club provides grants to summer campers, school gardens and the community gardens managed by the Sunset Empire Park and Recreation District, among other organizations and projects. Grant applications are available from club members and there is no deadline for submission.

Tickets for the three raffle items are available for \$1 each, six for \$5 or 15 for \$10. The raffle drawing will be held at 11:30 a.m. on the day of the sale, May 28; raffle entrants not need to be present to win.

The Sou’wester Garden Club meets the fourth Wednesday of the month, September through June at the Bob Chisholm Community Center. For further information call Victoria Fuller,

503-880-3927 or email gardenclub.sw@yahoo.com. Credit and debit cards will be accepted.

An overview of Oregon’s Black history at Seaside Library

On June 11 at 2 p.m., the Friends of Seaside Public Library present “Oregon’s Black History: 450 Years in 45 Minutes,” featuring Zachary Stocks, public historian and the executive director of Oregon Black Pioneers.

Stocks will trace the history of people of African descent who have lived and worked in Oregon since before the founding of the earliest English-speaking settlements in the Americas. While popular history seeks to exclude the presence of African Americans in Oregon before the mid-20th century, this presentation will bring new light to the historic legal and social marginalization of African Americans in Oregon. This disparity has influences still today in housing access, community investment, and policing.

Stock’s presentation will showcase key individuals and events that characterize Oregon’s history and centuries-old Black history including individuals who have lived and worked right here on the Oregon Coast.

Stocks previously served as program director of Historical Seaport and visitor services manager of Northwest African American Museum. He is currently a seasonal park ranger at Lewis and Clark National Historical Park. He holds a bachelor’s degree in history from the College of William & Mary. He lives in Astoria.

The author will hold a Q&A afterwards.

The Seaside Public Library is located at 1131 Broadway. For more information call 503-738-6742 or visit www.seasidelibrary.org.

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