

Recreation district offers a little ‘extra’



SKY BOX
SKYLER ARCHIBALD

The word extra has gotten a bit of a bad reputation over the past few years. Extra used to mean, “adding to an existing amount,” or, for the purpose of this conversation, “in addition to what is usual or strictly necessary.”

Recently though, the word has become almost negative in some of its connotation. Urban Dictionary, the online expert that should be used with a strong amount of caution, says that extra is, “when you are being over the top, excessive, dramatic and it’s mostly over nothing!”

Well, I’d like to take us back to the traditional definition and share some examples of how “extra” is happening at Sunset Empire Park and Rec.

A few weeks ago I was in the Sunset Pool for a quick swimming workout.

I don’t swim particularly far or well but love the water and environment at the pool. One of our lifeguards (not on duty) was in the pool as well, staying fit to be able



Swimmers at the Sunset Pool.

Sunset Empire Park and Recreation District

to perform the functions of their position.

A patron came in and was ready to go for their daily swim, but they had forgotten their goggles and indicated that they would have to leave. Without even thinking, the lifeguard took off their goggles, and passed them to the patron so that they could continue and get their swim in.

It was not necessarily the action that took me by surprise, but it was the speed by which the offer was made. That was extra and I know that effort was appreciated.

In recent months our district youth programs team have been adapting to numerous challenges: weather has wreaked havoc on the traditional schedule with snow, flooding and power outages impacting our programs at time. There’s also been the ongoing challenge of responding to the pandemic — seeking balance between keeping our doors open and staff and patrons safe.

These are responsibilities that none of our incredible staff signed up for — they are literally extra duties! And, they have fulfilled them all with optimism and compassion.

The district board has had a year of extra work: they knowingly have committed themselves

to a thorough strategic planning process for the future of the Sunset Recreation Center and have dedicated countless hours to that and the other efforts the district is involved in.

Right around the first of the year the district facilities were overwhelmed with several unexpected challenges. Multiple boiler systems integrity was challenged, weather was creating some challenges both inside and outside some of our facilities and a fecal accidental contamination crippled all three bodies of water in the Sunset Pool for a time.

Our maintenance and aquatic staff rose to the occasion in an extra impressive fashion. They worked extended hours to make the necessary repairs and improvements as quickly as possible, with almost all of their efforts going on behind the scenes. Their work enabled the heat to come back on, the pools and spa to be reopened and our goal of serving our community to be fulfilled.

There have certainly been countless other “extra” performances in our community of late. I will not predict what 2022 will bring — but I know that life is much more enjoyable and inspiring when those around me rise to an extra-ordinary level.

BRIEFS

Rebecca Coplin is chief executive at Providence Seaside Hospital

Rebecca Coplin has been named chief executive at Providence Seaside Hospital and the North Coast service area.



Coplin

Coplin has been serving as the interim chief executive since July of last year and has been with Providence more than 20 years. Prior to serving as interim chief executive, Coplin led clinical programs for Providence and spent several years in strategic management services focusing on clinical transformation.

Coplin has a bachelor’s degree in biology from the University of Delaware and a master’s degree in health care administration from Washington University School of Medicine in St. Louis.

Outside of work, Rebecca and her husband, Mark, and two teenage sons, enjoy camping and exploring the northwest.

February events at the Seaside Library

The Seaside Public Library presents live and virtual events throughout February.

Live adult trivia will be held Wednesday, Feb. 9 beginning at 6 p.m. This month’s quiz will be a general knowledge competition.

Teen Tuesday, for teens in grades six through 12, takes place at the Seaside Public Library.

On Feb. 8, at 4 p.m., Teen Tuesday will gather for “Lunar New Year Celebration.” On Feb. 15, at 4 p.m., there will be tasty fun at “Cupcake Wars!” On Feb. 22, at 4 p.m., we’ll all have fun with a “Video Scavenger Hunt.”

Virtual Storytime on Zoom takes place for children up to age 3.

Virtual Storytime on Thursday, Feb. 10, at 10:30 a.m. will feature the theme “Trains!”

Virtual Storytime on Thursday, Feb. 17, at 10:30 a.m. will feature the theme “Bears, bears, bears!”

A benefit for Seaside Museum set for Feb. 8

Both Seaside and Astoria locations of Thai Me Up will donate all food and beverage receipts for Feb. 8 to the Seaside Museum.

The museum will use the donation to make repairs to preserve the Butterfield Cottage, as well as add new exhibits and upgrade current exhibits.

Thai Me Up is located at 1575



Katherine Lacaze

Rachael Wolford collected numerous antique ornaments that are part of the Christmas tree decorations at the Butterfield Cottage. A benefit for the museum is set for Feb. 8.

Roosevelt Dr., Seaside; 175 14th St., Astoria.

Eastern Oregon University names 2021 fall term dean’s list

Kyle Harrington of Gearhart, Hillary Dochow and Victoria Dochow of Seaside were among 565 Eastern Oregon University students named to the dean’s list for the 2021 fall term.

Qualifying students achieve and maintain a grade point average of 3.5 or higher on a 4.0 scale while completing a minimum of 12 hours of graded EOU coursework.

Master gardeners offer scholarships

The Clatsop County Master Gardener Association is seeking applicants for its annual scholarship program for graduating seniors who are residents of Clatsop County.

The CCMGA scholarship program is open to all graduating seniors from the county, those attending public or private high schools and those who are home-schooled as well, whose further education-at college, university, vocational school, or training program-will help them develop skills that contribute to the advancement of sound gardening practices while leading to an advanced degree, license, or certification. This year’s scholarship fund totals \$2,000, which can be granted in its entirety to one student or distributed among several students should there be more than one applicant be selected.

Awards are made based on a student’s academic standing and interest in horticulture or a related field. Applicants must submit a completed application and essay, along with high school transcripts

and two letters of recommendation, and may undergo an interview with members of the CCMGA Scholarship Committee. Applications must be postmarked by Friday, April 29.

Applications can be obtained by contacting high school counselors’ offices, downloaded along with instructions at www.clatsopmastergardeners.org/CCMGA-Scholarship, or requested at 503-325-8573.

World of Haystack Rock Library Lecture Series 2022

On Feb. 9 at 7 p.m., Friends of Haystack Rock presents Taylor Chapple, “The Science of Sharks: Meeting the Predator Next Door,” presented on Facebook Live, @Friends of Haystack Rock.

Have you ever wondered what species of sharks are swimming in the waters off Oregon or how much a white shark has to eat to fill its belly? Did you know that salmon sharks, a cousin to white sharks, swim down from Alaska to exploit our salmon runs?

The Big Fish Lab at Oregon State University studies the movements, behaviors, and energetics of large marine fish, notably sharks, mantas and tunas. Using a mix of electronic tags and hands-on field experiments, the lab works to gain insights into where they go, when they go, and why they go.

The lab uses a suite of sensors and cameras to get inside their lives.

Chapple is currently an assistant professor at Oregon State University where he develops and deploys cutting edge technologies to understand some of the oceans’ most enigmatic animals.

The program is part of the Haystack Rock lecture series. For more information contact: Tiffany

Boothe, Friends of Haystack Rock board member or seasideaquarium@gmail.com.

‘A Knight Out’ family dance set March 12

The Sunset Empire Park and Recreation District hosts “A Knight Out with Your Prince or Princess.” will be held March 12 from 6 to 8 p.m. at the Sunset Recreation Center at 1120 Broadway.

Sponsored by Runkle Consulting Group and Pacific Power, the family dance includes a photo booth with Justin Grafton Studios, light refreshments, raffle prizes, a craft for children, and a live DJ.

Masks are required. Cost is \$25 for two and \$5 for each additional child. Register by calling 503-738-3311 or visiting the program registration page at sunsetempire.com.

Columbia Memorial Hospital welcomes two new providers

Two new providers have joined Columbia Memorial Hospital.

Stephanie Parmley, NP-C began work as a hospitalist last week.

She most recently worked at Peace Health Medical Center-St. Johns in Longview, Washington, as an ambulatory care nurse. She specialized in gastrointestinal, radiology and cardiac catheterization nursing.

During her career, Stephanie has also taught nursing at Lower Columbia College and worked as a nurse for Columbia Memorial Hospital.

Lea See, DNP, CRNA, began working in anesthesia in late January.

She most recently worked at Willamette Valley Medical Center in McMinnville, as a nurse anesthetist. Lea has also worked at William Beaumont Hospital in Southfield, Michigan, as well as Kaiser Foundation Hospital and Saint Francis Hospital in Honolulu, Hawaii. She served in the U.S. Coast Guard as a machinery technician.

Lea earned a doctorate in nursing practice degree from Grand Canyon University in Phoenix, Arizona. She also holds a master’s degree in science nursing from Oakland University William Beaumont School of Medicine in Rochester, Michigan.

Lea is a member of the American Association of Nurse Anesthetists, Oregon Association of Nurse Anesthetists, Michigan Association of Nurse Anesthetists, Hawaii Nurses Association, and Sigma Theta Tau International Honor Society of Nursing. She is board-certified and holds credentials for basic life support, advanced cardiac life support, pediatric advanced life support and neonatal resuscitation.

MEETINGS

Contact local agencies for latest meeting information and attendance guidelines.

MONDAY, Feb. 7
Seaside Housing Task Force, 6 p.m. 989 Broadway.

THURSDAY, Feb. 10
Seaside Convention Center Commission, 5 p.m., 415 First Ave., Seaside.

Gearhart Planning Commission, 6 p.m., cityofgearhart.com.

MONDAY, Feb. 14
Seaside City Council, 7 p.m., 989 Broadway.

TUESDAY, Feb. 15
Seaside Planning Commission, work session, 6 p.m., 989 Broadway.

Seaside School District, 6 p.m., <https://www.seaside.k12.or.us/>.

TUESDAY, Feb. 22
Sunset Empire Park and Recreation District Board of Directors, 5:15 p.m., 1225 Ave. A.

MONDAY, Feb. 28
Seaside City Council, 7 p.m., 989 Broadway.

TUESDAY, March 1
Seaside Community Center Commission, 10 a.m., Bob Chisholm Community Center, 1225 Avenue A.

Seaside Planning Commission, 6 p.m., 989 Broadway.

WEDNESDAY, March 2
Gearhart City Council, 7 p.m., www.cityofgearhart.com.

THURSDAY, March 3
Seaside Parks Advisory Committee, 6 p.m., 989 Broadway.

THURSDAY, March 10
Seaside Convention Center Commission, 5 p.m., 415 First Ave., Seaside.

MONDAY, March 14
Seaside City Council, 7 p.m., 989 Broadway.

TUESDAY, March 15
Seaside Planning Commission, work session, 6 p.m., 989 Broadway.

Seaside School District, 6 p.m., <https://www.seaside.k12.or.us/>.

TUESDAY, March 22
Seaside Airport Advisory Committee, 6 p.m., 989 Broadway.

MONDAY, March 28
Seaside City Council, 7 p.m., 989 Broadway.



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