

# Color Dash: Kids celebrate health, fitness in Gearhart

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“Even us parents get to act like little kids,” Michelle Lee agreed.

She also expressed the importance of parents being actively involved in their students’ schools, as well as the surrounding communities.

“If you sit at home and do nothing, your kids will copy you,” she said, adding on the flip side, by participating and volunteering for community events, “You’re setting an example to be giving of your time and your service.”

The money raised by the fundraiser goes toward supporting a variety of activities, including assemblies, special projects, free swim lessons for third-graders, and field trips, as well as providing professional development opportunities and grants for teachers.

“It goes straight back to the kids, or to the teachers who use it to help our kids,” Davis said.

This year, the PTOs also used some of the donation and sponsorship money they raised to bring the Seaside High School Culinary Arts program to serve pancakes and sausages to participants for free.

When it comes to fostering the kind of participation necessary to keep the PTOs thriving and in a position to fundraise for the schools, Davis said it comes down to outreach and enthusiasm.

“The big thing is when one parent invites another parent, it kind of grows,” she said. “If you make a place where everyone feels welcome, then there are people who are willing to come, and it kind of becomes more of a party than work in a way.”



**CLOCKWISE, FROM ABOVE** The third annual Coast Color Dash fundraiser started at the Gearhart Ocean State Park and wrapped around adjacent neighborhoods. Along the way, runners and walkers were pelted with bright, colorful powder. \* Coast Color Dash felt like a big community party. \* Gearhart Elementary School student Chantrell Lee (right) and her father, Barry, throw powder on 5k race runners during the Coast Color Dash. \* Volunteers stationed at locations along the 3K and 5K routes add more color to the event. \* Young participants in the Coast Color Dash race prepare themselves with pastel colored-corn starch before starting.

Photos by Katherine Lacaze/For Seaside Signal



## Community Calendar

### Friday, June 7

#### Coffee and CASA

10 a.m., learn to be a court-appointed special advocate, Seaside Coffee House, 5 North Hollanday, Seaside.

#### Karaoke

8 p.m., Seaside American Legion #99, 1315 Broadway, Seaside; 503-738-5111.

#### NBA Finals

6 p.m., Warriors versus Raptors, Times Theatre and Public House, 133 Broadway.

#### Goonies

9 p.m., Times Theatre & Public House, 133 Broadway.

### Saturday, June 8

#### Sandcastle Contest

9:30 a.m., Cannon Beach Sand-

castle Contest, teams participate to create artworks in the sand. Judging begins at 5:30 p.m.; cannonbeach.org.

#### Qi Gong

10 a.m., a mind-body-spirit practice that improves one's mental and physical health; Bob Chisholm Community Center, 1225 Avenue A; sunsetempire.com.

#### Seaside Duplicate Bridge

9:30 a.m. to 1 p.m., Mary Blake Playhouse, across from 1225 Avenue A, Seaside. Come with a partner or call ahead for one; 503-791-9745.

#### Heart to Start

10-11 a.m., walk or run a 5K, family-friendly; Seaside High School track, presented by Seaside Providence; hearttostart.org.

### Live Lobster Fest

Dinner served between 4 and 8 p.m., New England lobster; Seaside American Legion, 503-738-5111.

### Alena

7 p.m., live music, country-rock, Seaside American Legion, 503-738-5111.

### Monday, June 10

#### Texas Hold'em

6:30 p.m., Poker, Seaside American Legion #99, 1315 Broadway, Seaside; 503-738-5111.

### Tuesday, June 11

#### Pickleball

10 a.m., free drop-in game on the courts located behind the Seaside Youth Center at 1140 Broadway in Seaside.

### Tai Chi

1 p.m., improve flexibility and strength with relaxation; Bob Chisholm Community Center, 1225 Avenue A; sunsetempire.com.

### Taco Tuesday

5-7:30 p.m., Seaside American Legion #99, 1315 Broadway, Seaside; 503-738-5111.

### Wednesday, June 12

#### Good Morning Seaside

8 a.m., Weekly coffee and networking; Seaside Chamber of Commerce; contact for details, www.seasidechamber.com.

#### Preschool storytime

10 a.m., Seaside Library, 1131 Broadway; 503-738-6742.

### Seaside Duplicate Bridge

1-4:30 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Come with a partner or call ahead for one; 503-738-7817.

### Bingo

5-7:30 p.m., Seaside American Legion #99, 1315 Broadway, Seaside; 503-738-5111.

### Thursday, June 13

#### SDDA Breakfast

8:30 a.m., Pig 'N' Pancake, 323 Broadway, Seaside, 503-717-1914, www.seasidedowntown.com. Weekly speakers, discussions and a no-host breakfast.

#### Pickleball

10 a.m., free drop-in game on the courts located behind the Seaside Youth Center at 1140 Broadway in Seaside.

### Seaside Rotary Club

Noon, meets Thursdays, Angelina's Pizzeria, 1815 S Roosevelt Drive, Seaside. Lunch \$15 for nonmembers.

### Tai Chi

1 p.m., improve flexibility and strength with relaxation; Bob Chisholm Community Center, 1225 Avenue A; sunsetempire.com.

### Dance showcase

5 p.m., contemporary dance group, "The Company," with solo members of the Encore Performance Team; Seaside Civic and Convention Center, 415 First Ave., Seaside. Seaside Civic and Convention Center, 415 First Ave.; www.getyou-dancing.com for ticket information.

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**the Astorian**

Letters to the Editor

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