Cheerleaders excel in driving school spirit

Putting the 'C-H-E-E-R' in cheer

By Rebecca Herren

Seaside Signal

Now that the Seaside High School cheerleading squad is an official Oregon School Activities Association team, coach Kimmbrly Mount is looking forward to another season of supporting school spirit, and competing in cheer competitions in January and February 2019.

"We're really thankful to the Seaside School District for giving us the opportunity to be competitive, it's a big deal," Mount said.

Before becoming OSAA certified, cheer was a school club and cheerleaders could only cheer for the football team. "Now that we are certified, this will be our third season cheering for basketball."

Though football and basketball are the only two athletic teams the squad cheers for, they do provide support to other sports and activities throughout the high school.

"We make locker decorations, we help every year at the three-course challenge for cross country which is out at Camp Rilea, we always go to one home soccer game for the girls team and for the boys team, and we try to make it to a swim meet," Mount said. "We try to make it to all activities, but official cheering is only allowed at football and basketball."

The tryouts

To be part of the cheer squad, students must try out every year and follow the same OSAA academic rules that govern high school sports. Students must keep their grades up and be passing at least two classes depending on their class load.

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The 2018-2019 Seaside High School cheer squad practices their routines before the start of



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