

TRACK & FIELD

HOEKSTRE IS STATE CHAMPION

By David Ball
Seaside Signal

EUGENE — Seaside junior Gretchen Hoekstre won the shot put with a throw of 42-3.75 in the first round of throws. She would land the metal ball past the 40-foot line three more times during the competition.

"I felt good right from my first throw," Hoekstre said. "It just shows the work from hundreds of hours in the weight room and working on my form."

Runner-up Kenna Woodward out of Crook County was the only other thrower to pass that line. She did it once.

Hoekstre took second in the discus later in the day.

• On the boys side, Seaside senior Rafi Sibony left it all on the track in his 800-meter final, surging into the lead halfway around the final turn. He would hold onto first place for a few strides before Gladstone's Konnor Hathaway responded with a burst of his own to run away with the win.



SEASIDE HIGH SCHOOL PHOTO

Senior Rafi Sibony collects the last medal of his high school sports career, following a fourth place finish in the 800-meter final in the state track meet.

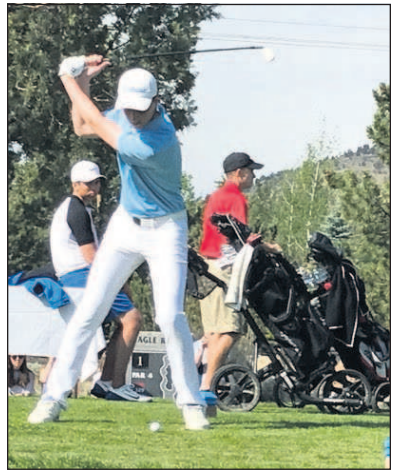
"I'd rather race for first place and leave it all out there, than to shoot for second or third and know I had more in me," Sibony said. "I wasn't close enough to the finish to think about winning — we were stride-for-stride on the corner."

Sibony came through the finish line in fourth place and tumbled into the arms of a meet official — who happened to be his former coach, Neil Branson — who offered physical and spiritual support while pointing to his personal-best time showing on the Hayward scoreboard.



Seaside's Gretchen Hoekstra stares into the pit before making an attempt in the shot put. She won the event with four throws over 40 feet.

'I FELT GOOD RIGHT FROM MY FIRST THROW.'
Gretchen Hoekstre



JIM POETSCH/FOR THE SEASIDE SIGNAL

Senior Jackson Kunde had Seaside's best score, in his final round of golf at the high school level.

Seaside finishes fifth at state

Seaside Signal

REDMOND — For the fourth time in the last five years, a team from the Cowapa League grabbed the top spot in the Class 4A boys golf state tournament.

And it was a different team, as Valley Catholic became the third Cowapa school to win a state title since 2014.

Seaside won state championships in 2014 and '15, and Scappoose won last year's title.

The Valiants improved their first round score by four strokes May 15, to finish with a 630 team score, as final round action wrapped up at the Eagle Crest Ridge Course in Redmond.

Valley Catholic shot a 317 Monday, followed by a 313 score Tuesday to finish 20 strokes ahead of second-place Scappoose (650).

Klamath Union (659) was third, and Mazama (668) jumped Seaside in the team standings to finish fourth, while the Gulls took fifth with a 671, two strokes ahead of sixth-place La Grande.

Klamath Union senior Craig Ronne maintained his lead from Monday to finish as the tournament medalist with a 10-under-par 134.

Senior Jackson Kunde was Seaside's top golfer, finishing in a tie for 14th with a 164.

Teammate Connor Merrell dropped three strokes off his Monday round (85 to 82) for a 167, 18th overall.

Seaside's other two counting scores came from Samson Sibony (169, tied for 20th overall) and Curtis Kunde (171, 23rd). Mason Shamion rounded out the Gulls' day with a 197.

Jackson Kunde is Seaside's lone senior, as Merrell, Sibony and Shamion are all juniors, and Curtis Kunde is a freshman — one of two freshmen to finish in the top 23 of this year's tournament.

"We made it into the final group on the final day of the tournament," said Seaside coach Jim Poetsch. "That is what every golfer at every level strives for. It would have been nice to bring home a trophy, but to be in contention with five guys that have never played in a state tournament is still quite a feat."

"The experience of playing in a state tournament is a huge advantage as the teams that beat us all had most of their players back from last year's tournament, where they finished first, second, third and sixth," he said.

SEAGULLS VARSITY SCOREBOARD

BOYS GOLF

4A State Championships
at Eagle Crest Ridge, Redmond
(final round scores)

Team: Valley Catholic 630, Scappoose 650, Klamath Union 659, Mazama 668, Seaside 671, La Grande 673, Stayton 686, Baker/Powder Valley 710, Marshfield 712, Cascade 734, Sweet Home 769.

Medalist: Craig Ronne, Klamath Union, 134

Pars

- Valley Catholic, 91
- Scappoose, 81
- La Grande, 68
- Seaside, 67
- Klamath Union, 66
- Mazama, 64
- Stayton, 60
- Baker/Powder Valley, 47
- Marshfield, 42
- Cascade, 36
- Sweet Home, 34

Birdies

- Valley Catholic, 16
- Klamath Union, 13
- Mazama, 11
- Scappoose, 9
- Stayton, 8
- Baker/Powder Valley, 7
- La Grande, 7
- Marshfield, 7
- Seaside, 7
- Cascade, 4

Eagles

- La Grande, 1

Individual top 10

1. Craig Ronne, Klamath U., 134
2. Carter Lee, Tillamook, 146

BASEBALL

Scappoose 13, Seaside 5

Seaside 000 050 0-5 7 3
Scappoose 240 070 x-13 13 2

Westerholm, McFadden (5) and Teubner; Gross and Gill. W: Gross. L: Westerholm. RBI: Sea, Jantes 2, Landwehr, McFadden, Thompson; Scp, Travis 4, Gill 3, Verbout 2, Lewis 2, Gross. 2B: Sea, Blanchard. 3B: Scp, Toman. HR: Scp, Lewis, Travis. HBP: Sea, Teubner; Scp, Cleveland, Travis, Gill. LOB: Seaside 7, Scappoose 6.

SOFTBALL

Scappoose 16, Seaside 4

Scappoose 45412-16 17 2
Seaside 00040-4 5 8

W: Nicole Dougherty (7 Ks, 2 walks). L: Jetta Ideue (2 Ks, 0 walks). RBI: Scp, Fisher 3, Johnson 2, Enos 2, Krueger 2, Dougherty, Fry, Dewes, Galey; Sea, Rhodes 2, n17. 2B: Scp, Johnson, Mills, Krueger, Galey; Sea, Soprano, Rhodes. HBP: Scp, Enos; Sea, Ideue. LOB: Scappoose 8, Seaside 5.

Season comes to an end for Seaside softballers

Seaside Signal

Scappoose scored 13 runs over the first three innings, on its way to a 16-4 win May 11 over Seaside at Broadway Field, in a Cowapa League softball finale.

Gracie Rhodes drove in two runs with a double, and team-

mate Viola Soprano had two hits, including a double, to lead the Gulls.

Gabie Krueger was 4-for-5, with two RBIs, a double and three runs scored for Scappoose, which had 17 hits. Seaside finished with five hits and committed eight errors in the field.

BASEBALL

Scappoose tops Seaside, 13-5

Seaside Signal

SCAPPOOSE — Playing their last regular season game as a member of the Cowapa League, Scappoose posted a 13-5 win May 11 over visiting Seaside.

The Indians led 6-0 after two innings, before the Gulls rallied with five runs in the top of the

fifth. Scappoose answered with seven runs in the bottom of the fifth.

Astor Landwehr had two of Seaside's seven hits, while Isaias Jantes drove in two runs. Terrence Lewis and Logan Travis each had a home run for Scappoose.

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