



BASKETBALL

SEASIDE BOYS RAMP UP THEIR GAME

By Gary Henley
Seaside Signal

The Seaside Gulls rallied from a 17-point halftime deficit Jan. 12, and escaped their own court with a 58-55 win over North Marion in a nonleague boys basketball game.

Seaside “didn’t show up in the first half,” said Gulls’ coach Bill Westerholm. “Hopefully we learned a lesson.”

The Gulls finished 8-of-19 at the free throw line, which kept the Huskies in the game.

Seaside finished 22-of-61 from the field, including 6-of-17 from the 3-point line.

Ryan Hague paced the scoring with 22 points, followed by Duncan Thompson with 15 points and nine rebounds. Chase Januik dished out five assists and Payton Westerholm had five steals.

Gulls 71, Cascade 50

The Cascade Cougars have seen enough of the Cowapa League, thank you very much.

Fortunately for the Cougs, the 71-50 non-league boys basketball loss to Seaside Jan. 9 was the last Cascade will see of the Cowapa, barring a playoff meeting.

Against the Cowapa’s top three teams — any one of which could win the state title — the Cougars haven’t had a chance.

Cascade has lost five games, and that list includes losses to No. 1-ranked Banks (74-38), fourth-ranked Valley Catholic (60-33) and now the 21-point loss to the No. 3-ranked Gulls. (The Cougars did manage to beat Scappoose last week, the Cowapa team that will compete at the 5A level next season).

Seaside trailed Cascade 13-8 early, but by late second quarter, the Gulls were running circles around the taller Cougars.

A 3-pointer by Chase Januik and a three-point play by Payton Westerholm gave Seaside a 33-22 lead at the break.

Januik and Ryan Hague both drained 3-pointers early in the second half. Duncan Thompson and Rafi Sibony added baskets, and the Gulls had secured another win by the middle of the third quarter.

Januik led all scorers with 20 points, followed by Hague with 14 and Westerholm with 13.

Gulls 64, Newport 63

NEWPORT — Vengeance was Seaside’s Jan. 5 at Newport, where the Gulls reminded



JEFF TER HAR/FOR SEASIDE SIGNAL

Chase Januik heads to the basket. Seaside boys outlasted Cascade 71-50 at home Tuesday, Jan. 9.

the Cubs that Seaside is still the defending state champion in Class 4A boys basketball.

After a 70-59 loss to Newport Dec. 16 at Seaside, the Gulls won the rematch Friday on the Cubs’ home floor, 64-63.

In a potential state championship match-up, Seaside led by as much as 10 points in the fourth, and the No. 5-ranked Gulls made just enough free throws down the stretch to hold off the No. 2-ranked Cubs.

Chase Januik scored 20 points to lead Seaside, and the Gulls had three other players in double figures to counter the 38 points by Newport’s Kye Blaser.

Newport had three 3-pointers in the first quarter, but the Gulls still led after one period, 15-13.

Back-to-back scores by Januik helped Seaside open up a 23-15 lead early in the third quarter.

Baskets by Ryan Hague and Payton Westerholm kept the Gulls in front throughout the first half, which ended with Seaside ahead, 36-31.

The Gulls maintained their lead in the third period, highlighted by consecutive scores from Januik, Duncan Thompson and Westerholm, as Seaside’s lead reached 43-35.

Blaser kept the Cubs close, but Seaside made just enough free throws in the final quarter — Westerholm making 4-of-6 in the final 1:02 — to clinch the win.

Lady Gulls search for points

Seaside Signal

North Marion held Seaside to a season-low in points, and the Huskies scored in double figures in every single quarter, in a 42-21 win Jan. 12 over the Gulls in a nonleague game at Seaside.

The Gulls lost their fifth in a row, which was also their fifth straight game with under 30 points.

“Ready or not, here comes league,” said Seaside coach Mike Hawes. “We are in a painful process of trying to figure out how to score. But there are signs of life.”

Seaside was 8-for-49 from the field, 2-of-15 from the 3-point line.

Annaka Garhofer led the Gulls with six points and three steals, and teammate Gretchen Hoekstre had seven rebounds.

Cascade 56, Gulls 24

A hot-shooting Cascade team left Seaside with a 56-24 win Jan. 9, in a nonleague girls basketball game at the Gulls’ Nest.

The No. 6-ranked Cougars led from start to finish, scoring the first eight points of the game and building a 34-12 halftime lead.

Athletes OF THE WEEK



FACEBOOK PHOTO

ANNA HUDDLESTON Swimming

In a meet Jan. 11 against Taft and Valley Catholic, the Seaside junior won the 50-yard free style in a personal best time.

“I really liked Anna’s win in the 50,” said Seaside coach Shane Spell. “She did all the things at the finish that we’ve been talking about and it got a PR (personal record) and the win.” And in the Clatsop Splash dual meet Jan. 4 with Astoria, Huddleston had the best time out of 25 entries in the 50, winning the event in 30.05 seconds.



KATHY MORGAN/FOR SEASIDE SIGNAL

LUKE NELSON Wrestling

Competing at 220 pounds, the Gulls’ sophomore wrestler finished third out of 13 athletes in his weight bracket at the annual Pac Rim Tournament, Jan. 5-6. He won a first round match against Stayton’s Elliott Anundi with a 58-second pin. Following a loss in the quarterfinals, Nelson bounced back three four wins in consolation, including a pin over Ilwaco’s Cahlin McNabb; a 5-2 decision over Nick Miller of Class 6A Tigard; a 1-0 decision against Quincy Cleveland of Scappoose; and an 8-1 victory over Zackary Rodriguez of Yamhill-Carlton in the third place match.

SWIMMING

Seaside back in the home pool

Seaside Signal

The Seaside swim team hosted a three-way dual meet in their newly-renovated pool Jan. 11, with Taft and Valley Catholic visiting at the Sunset Recreation pool.

Taft left as the big winner, posting dual victories over Valley Catholic and Seaside, while the Gulls’ boys and girls both defeated the Valiants.

Seaside had individual wins by Anna Huddleston, Kendy Lin and Josh Shipley.

“I really liked Anna’s win in the 50,” said Seaside coach Shane Spell.



JEFF TER HAR/FOR SEASIDE SIGNAL

Swimmers came to Seaside for a tournament at the Sunset Rec pool.

“She did all the things at the finish that we’ve been talking about and it got a PR (personal record) and the win.”

Elsewhere, “Bella Samuelson pushed herself today, taking on a new event in the 200 and finished up with 4 x 100 free relay,” Spell said.

WRESTLING

Gull wrestlers host Pac Rim Tourney

Seaside Signal

The high school wrestling powers of Northwest Oregon met at Seaside Jan. 5-6, in the annual Pacific Rim Armed Forces Tournament.

Competing in their last “Pac Rim” as a member of the Cowapa League, Scappoose powered its way to the team championship, ahead of a few other big wrestling powers, Tigard and Estacada.

Meanwhile, wrestlers from the Lower Columbia had their of suc-

cess on an individual level — just not as much in the team standings.

After a second place showing in last year’s meet, Ilwaco slipped to sixth, while Knappa, Seaside, Warrenton and Astoria all finished in the bottom six of the team standings.

The highlight for the home team was a third place finish for Seaside’s Luke Nelson, who went 5-1 and scored an 8-1 decision over Yamhill-Carlton’s Zackary Rodriguez in the consolation final.

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