Farmers Market creates community vitality

That if I told you that there was an opportunity for you to increase your health, stimulate the local economy, have important social interactions and save money? I'd like to think that the clear majority of us would choose to participate!

If you've driven by the parking lot in between Broadway Middle School and the Seaside Visitors Bureau adjacent to Highway 101, you have probably observed the blossoming Seaside Farmer's Market. The market, a program of the Sunset Empire Park & Recreation District, is in its fourth year and has grown each season.

With the change to a new location in 2016 and an investment **SKY BOX** SKYLER ARCHIBALD



by SEPRD and many wonderful community partners, the market has grown tremendously and now features roughly 40 vendors with visits eclipsing 1,000 each week.

Farmers Markets offer the unique occasion to perform both selfish and altruistically with the same decision. Selfishly, shoppers get access to fresh fruits, veggies and produce that is locally, sustainably and responsibly grown and perfectly in season. Due to proximity, market

vendors keep costs low for shoppers and many vendors will provide suggestions about how to enjoy your purchase.

Walking up and down the market 'aisles" you have a chance to connect with the vendors, inquire about their products and get helpful tips about growing your own healthy produce for example. Those who shop at farmers markets were found to have 15-20 social interactions per visit a number far higher than that found at a grocery store.

Nobly though, that local food you buy means that you can protect the environment and reduce pollution, packaging and trash. Did you know that food travels an average of 1,500 miles to get to your plate?

Head to the market and you'll see vendors from northwest sites like Molalla, Sherwood and Grays River, Washington, You can even see produce from Clatsop County with vendors from Astoria and even Gearhart.

Purchasing food at the market not only supports these local and regional farmers though. The United States Department of Agriculture has conducted research that shows that for every \$10 that is spent at a farmer's market nearly 80 percent of that is re-spent in the community! For those that choose to shop local, your money far more often stays in the community and creates vitality

The Seaside Farmers Market is

proud to double S.N.A.P. purchases at the market, meaning that individuals and families who qualify for this federally funded program, get twice the value that they would shopping elsewhere and at the market, they're guaranteed healthy and locally grown food!

We're proud of the Seaside Farmer's Market and hope that you'll swing by and take advantage of this local treasure.

The Seaside Farmer's Market will continue Wednesdays from 3-7 p.m. in the Broadway Middle School parking lot. The market concludes on Sept. 27.

Skyler Archibald is the Executive Director of the Sunset Empire Park & Recreation District

I OBITUARIES I

Donald Eugene Laird

Jan. 3, 1958 — June 24 2017

Donald Eugene Laird, 59, died June 24, 2017, of natural causes, at his home in War-

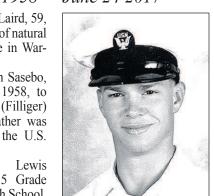
Don was born in Sasebo, Japan, on Jan. 3, 1958, to Charles and Mary (Filliger) Laird, while his father was on active duty in the U.S.

attended Lewis Don & Clark District 5 Grade School, Astoria High School, and graduated from Warrenton High School in 1977. While in grade school he joined the school circus, under the direction of Max Bigby, as a fire-ater. Don was active in horsemanship in both 4-H and the Future Farmers of America. His talent of fire-eating earned him a trip to the FFA National Talent competition in 1973.

After high school, Don joined the U.S. Navy Seabees, and spent seven years in the service before being honorably discharged. Upon leaving the Navy, he had various jobs working with heavy equipment and driving truck, and he loved the work. He was most recently employed by Trails End Recovery, until he was forced to stop for medical reasons. His love for animals led him to spend some time volunteering at the Clatsop County Animal

Don loved to dance, sing karaoke and was a talented photographer. He was married to Ruthetta Staulcup Torrez in the summer of 1986. They had no children, and later divorced.

Don was the fifth of six children, and leaves his siblings to mourn his death: Mary Briggs (Charles) of Tigard, Oregon, Richard Laird (Janne) of Vancouver, Washington, Liz O'Brien



Donald Laird



(Tim) of Portland, Oregon, Patty Hawk (Steve) of Big Lake, Alaska, and Mike Laird (Margi) of Seaside, Oregon. Cousins include Bill Fuller (Julie) of Seattle, Washington, Father John Fuller of Boston, Massachusetts, Jeffrey Fuller of Boulder, Colorado, Greg Filliger (Sue) of Seaside, Oregon, Jan Morrison of Warrenton, Oregon, Kelly Filliger of Ashland, Oregon, Scott Filliger of Warrenton, Oregon, Stu Laird (Cindy) of Bend, Oregon and Julie Laird of Fresno, California. He is also survived by numerous nieces, nephews and friends, and his little dog, Julie.

A funeral service will be held at Our Lady of Victory Catholic Church, 120 Oceanway in Seaside, on Saturday, Aug. 12 at 10 a.m. Following the service, there will be a reception at the church hall.

In lieu of flowers, memorial contributions can be made to the Clatsop County Animal Shelter.

Robert Adrian Malo

Aug. 3, 1949 — July 17, 2017

Robert Adrian Malo passed away July 17, 2017. Bob was born on Aug. 3, 1949, in Portland, Oregon, to Robert and Violet Malo. Growing up, he enjoyed working on the family farm and playing baseball.

After graduating from Tigard High School in 1968, he followed his dream and moved to Hawaii to surf. Returning to Oregon, he divided his time working for the family seafood restaurant and business, doing construction and surfing. He worked to create the North Shore Surf Club, and helped open a Cannon Beach surf spot "The Needles." Bob purchased the F/V Bobby, which he operated for commercial fishing and crabbing out of Garibaldi.

He married Pam Sowa in 1981, welcoming a son, Matthew, in 1983. After the passing of his father, the family relocated to the family farm outside Sheridan in 1987. A daughter, Katelin, was born in 1988. At the farm, a small herd of cows, chickens and geese could always be found, as well as Bob and Matthew working on haying chores. Bob was a hard worker, operating the farm and being employed with Yamhill County Public Works.

Surfing remained a passion of Bob's, splitting his time between Cannon Beach and the valley. Bob permanently relocated to Cannon Beach, renovating a small beach cabin into his home and working for the city of Cannon Beach and then Tillamook County Public Works. After he retired in 2011, Bob spent his time fishing, hunting, clam digging and surfing.



Robert Malo

Bob is survived by his children, Matthew (Becca Bostwick) and Katelin Malo; his brother, James Malo (Kathleen); his niece, Angela Royer (Glenn) and their children, Malia, Krystopher and Mathew; his nephew, James Malo (Jennifer) and their children, Summer, Emily and Casey; as well as many lifetime friends who were like family.

He is preceded in death by his parents, Robert and Violet Malo; his baby brother, Raymond Malo; and his grandparents, Roy and Bessie Malo, Raymond Robertson and Leonard and Viola Hespack.

Bob's passing leaves a void that will never be filled. His infectious smile, willingness to help anyone and his constant "good job" words of encouragement will forever be missed. He never met anyone he didn't like, and was often seen driving around waving at people he knew, and those he didn't.

A celebration of life potluck barbecue will be held on Saturday, Aug. 5, 2017, at 1 p.m. at Les Shirley Park in Cannon Beach.

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Judith Harper

June 24, 1949 — June 10, 2017

MEETINGS

Judy was in a Navy family, and she moved around a lot, but settled in Seaside, Oregon, where she graduated in 1967.

She moved to Orville, Washington, where she married and was blessed with a son. She lived in Oregon, Washington, South Carolina, Guam and Germany, but mostly in the Portland, Oregon area. She moved to South Carolina to be closer

Thursday, Aug. 10

415 First Ave.

Monday, Aug. 14

Monday, Aug. 28

Tuesday, Sept. 5

Broadway.

Seaside Convention Center

Commission, 5 p.m., Seaside

Civic and Convention Center,

Seaside City Council, 7 p.m., City Hall, 989 Broadway.

Seaside City Council, 7 p.m.

Seaside Planning Commis-

sion, 6 p.m., City Hall, 989

Wednesday, Sept. 6 **Gearhart City Council,** 7 p.m., City Hall, 698 Pacific Way.

Monday, Sept. 11

Seaside City Council, 7 p.m.,

City Hall, 989 Broadway.

to her son and grandchildren. Besides her family, she loved hockey, especially the Portland Winterhawks.

She is survived by her son, John (Angela) Harper; grandchildren, Amberlyn, Austin and Jayden; and her brother, Jim. She was preceded in death by her parents, Art and Ruby Faust; and her brother, Gene.

At her request, there will be no service.

City Hall, 989 Broadway.

City Hall, 989 Broadway.

Seaside City Council, 7 p.m.,

Monday, Sept. 25

Gerald Michael Harrington

Aug. 20, 1949 — July 25, 2017

Gerald Harrington of Astoria, Oregon, passed away July 25, 2017.

Born in Portland, Oregon, on Aug. 20, 1949, Jerry was the son of Dennis and Clare Jean Corkrey Harrington. He was a student at St. Stephen Grade School and, after moving to the coast, attended Seaside High School. Jerry surfed the cove, and enjoyed a number of years in Hawaii making boards.

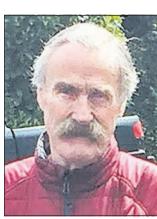
Returning to Astoria, he worked in the fishing industry his entire career. Retirement allowed time for cycling, which he took up with a passion, as well as enjoying a good cup of coffee along his many routes.

Jerry is survived by his brothers Tim of Portland and Dennis of San Diego; a sister, Colleen, and a brother-in-



law, Peter, of Cape Elizabeth, Maine; an aunt and uncle, Dr. John and Roni Corkrey of Seaside; nephews Patrick and Emmet; a niece, Clare; and many, many Harrington and Corkrey

will be private.



Gerald Harrington

A celebration of Jerry's life



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