

SEASIDE Sports

10A
FRIDAY
May 12, 2017
SeasideSignal.com



TRACK & FIELD

JANUIK WINS 800 AT BAKER INVITE

By Gary Henley
Seaside Signal

GLADSTONE — With the Cowapa League championships coming up later this week, the Astoria girls track team is primed and ready for another state title run.

The Lady Fishermen warmed up for the postseason by closing out their regular season schedule with another team championship, at the annual Dick Baker Invitational, hosted by Gladstone May 6.

Astoria scored 164 points to far out-distance the runner-up (Class 5A Corvallis, with 106.5 points) in the girls' team standings.

The Seaside and Astoria boys were third and fourth, respectively, behind Central and Molalla.

It was a banner day in general for the North Coast, with Astoria or Seaside athletes winning 13 of the combined 34 events, against some of the top competition in the state. The Gulls and Fishermen also combined for 11 second-place and six third-place showings.

The Astoria girls were led by quadruple winner Darian Hageman, with wins in the high jump (5-2), long jump (17-3¼) triple jump (37-2) and pole vault (10-0). Teammate Shrida Sharma was second in the pole vault.

On the track, the Lady Fish won or placed in the top three in everything from the sprints (sisters Natalie and Gracie Cummings, first and second, respectively, in the 100 meters and Gracie won the 200 meters), the hurdles (Nara Van de Grift second in both hurdle races), to the relays (first in the 400-meter relay, second in the 1,600).

On the boys' side, the Fishermen and Gulls showed that the race for the league title could be a two-team battle between Astoria and Seaside.

With junior Tim Barnett leading the way, the Astoria boys will have a shot.

Barnett won the javelin with a throw of 159-feet, 1 inch (teammate Donald Dieffenbach was third, 148-0), and took second in the shot put and discus behind Molalla senior Mont Child.

Lucas Caruana added a win in the 3,000 meters, in a personal best 9:25.37.

For Seaside, senior Jackson Januik — the back-to-back state champion in the 800 meters — is looking at No. 3, following his win Saturday in a personal best 1:57.80, the



One week before winning the 800 meters in a track meet at Gladstone, Seaside senior Jackson Januik, seated, signed a letter-of-intent to play basketball at George Fox University. Behind Jackson are his brother, Chase, and parents Kerri and Frank Januik.

fourth-fastest individual in school history. Caruana was third.

The Gulls' Bradley Rzewnicki won the 1,500 meters in 4:15.01; Will Garvin took first in the 300 hurdles in 42.07; Juneau Meyer was second in the 100 (11.65), and the Gulls' 1,600 relay of Levi Card, Hunter Thompson, Jackson Januik and Meyer took second in 3:31.97.

In the field events, Seaside's Phoenix Johnson cleared a personal best 6-0 to win the high jump, and also took second in the triple jump and long jump.

Scappoose will be the host team for the Cowapa League Championships, Thursday and Friday.

Cowapa 4-Way

BEAVERTON — The Seaside track team took part in a four-way Cowapa League dual meet May 3 at Valley Catholic, with the Valiants, Banks and Tillamook.

And the Gulls scored some big wins on

the track and in the field.

Victories for the Seaside boys included senior Juneau Meyer in the 100 meters (in a personal best 11.54 seconds) and the 200 meters (23.54, another PR).

Valley Catholic freshman Nate Hicken edged Seaside's Bradley Rzewnicki in the 800 meters, with Rzewnicki still running a personal best 2:07.17.

Seaside junior Rafi Sibony won the 1,500 meters in 4:14.76, ahead of two Valley Catholic runners; Will Garvin placed second in both hurdle races; and Gulls' senior Phoenix Johnson cleared a personal best 5-feet, 10 inches to win the high jump, and soared a PR 40-11½ to take the triple jump.

On the girls' side, Seaside's Gretchen Hoekstre highlighted Seaside's day with wins in the shot put (39-6) and discus (106-3), and took third in the javelin with a PR toss of 100-6.

Seaside's Lizzy Barnes took second in the long jump and triple jump.

Athletes OF THE WEEK

SPONSORED BY:
LUM'S AUTO CENTER



SUBMITTED PHOTO

CAROLINE KOTSON Girls Golf

Kotson earned Cowapa All-League honors by finishing in a fifth place tie at the District 1 girls golf championships, held May 2 at the Astoria Golf & Country Club.

A senior, Kotson shot a 52 on the front nine and 54 on the back, for a final round score of 106, tied with Astoria's Jenna Travers.



EO MEDIA GROUP FILE PHOTO

SCOTT PLAMPIN Baseball

The senior right-hander pitched a complete-game May 5 at Broadway Field, leading the Gulls to a 4-2 win over Tillamook.

Plampin went the seven-inning distance on the mound for the Gulls, allowing five hits with five strikeouts and no walks. He threw just 71 pitches, 54 for strikes.

Plampin had the lone RBI for the Gulls, who swept all three games from the Cheesemakers this season.

SEAGULLS VARSITY SCOREBOARD

BASEBALL

Seaside 4, Tillamook 2
Tillamook 000 011 0—2 5 6
Seaside 000 310 x—4 5 1
Witthoft and Wagner; Plampin and Walsh. W: Plampin. L: Witthoft. RBI: Til, Witthoft, McRae; Sea, Plampin. 2B: Til, Witthoft, McRae. 3B: Sea, Thompson. LOB: Tillamook 3, Seaside 5. DP: Tillamook.

Scappoose 7, Seaside 3

Seaside 100 002 0—3 12 3
Scappoose 040 102 x—7 7 2
Thompson and Walsh; Gross, Knight (7) and Gill. W: Gross. L: Thompson. RBI: Sea, Thompson 2, Blanchard; Scp, Rieman 2, Holmason, Teeter, Mizee. 2B: Scp, Holmason. HBP: Scp, Teeter. LOB: Seaside 8, Scappoose 3. DP: Scappoose.

GIRLS GOLF

Cowapa League Championships at Astoria G&CC
Team: Valley Catholic 419, Astoria 464, Scappoose 507; Seaside, Rainier, Tillamook, inc.
Medalist: Caroline Hobson, Valley Catholic, 92



Seaside
Caroline Kotson, 52-54—106
Maddy Brown, 65-60—125
Caitlin Hillman, 69-69—138

BOYS GOLF

Cowapa League Championships at Astoria G&CC
Team: Scappoose 339, Valley Catholic 355, Seaside 359, Tillamook 365, Astoria 397, Banks 421.
Medalist: Carter Lee, Tillamook (70)
Seaside (359)
Jackson Kunde, 43-39—82
Mason Shamion, 45-42—87
Samson Sibony, 48-46—94

Connor Merrell, 46-50—96
Colby Lupfer, 49-51—100

SOFTBALL

Softball roster
1 Mica Paranal 3B/2B 12 6-4
2 Alyssa Goin CF/2B 11
3 Jetta Ideue RHP/INF 11
4 Sequoia Shand U/C 9
5 Bri Hill RF/2B 10
6 Lucy Bodner SS/U 12
7 Emma Meyer RHP/2B 9
8 Jessica Angulo-Joli OF/1B 9
9 GeriAnn Klaffke 3B/SS 11
10 Hailey Smith LF/2B 9
11 Viola Soprano OF/RHP 11

12 Candice Kerr C/U 9
13 Sidney Owsley C/U 9
14 Ruby Davis RHP/INF 9
15 Jenna Logan RF/3B 10

Softball season (4-18)

| Date | Opponent | Result |
|------|------------------------|---------|
| 3/16 | vs. Molalla | L 2-8 |
| 3/21 | @ Estacada | L 4-17 |
| 3/23 | vs. Corbett | L 1-11 |
| 3/24 | vs. Cascade | W 15-14 |
| 3/27 | vs. Cottage Grove | W 11-6 |
| 3/28 | @ Jefferson | L 7-16 |
| 3/28 | vs. Valley Catholic | L 10-11 |
| 4/4 | vs. Clatskanie | L 2-12 |
| 4/11 | vs. Banks | L 2-28 |
| 4/13 | @ Valley Catholic | W 10-7 |
| 4/13 | @ Valley Catholic | L 8-10 |
| 4/18 | vs. Astoria | L 2-3 |
| 4/21 | vs. Tillamook | L 2-3 |
| 4/21 | vs. Tillamook | L 0-11 |
| 4/26 | vs. Warrenton / Jewell | L 0-13 |
| 4/28 | @ Banks | L 1-15 |
| 4/28 | @ Banks | L 1-11 |
| 5/1 | @ Scappoose | L 2-14 |
| 5/2 | vs. Valley Catholic | W 16-6 |
| 5/4 | @ Astoria | L 0-10 |
| 5/4 | @ Astoria | L 3-15 |
| 5/9 | @ Tillamook | L 2-12t |

SOFTBALL

Fishermen defeat Gulls

By Gary Henley
Seaside Signal

ASTORIA — After scoring a 10-0 win in Game 1, the Astoria softball team actually had to rally from behind in Game 2, as the Fishermen overcame an early 2-1 deficit to win 15-3, to complete a Clatsop Clash doubleheader sweep over Seaside, late Thursday night, May 4 at CMH Field.

Astoria freshman Julia Norris picked up both victories in the circle, as she pitched all five innings of Game 1, allowing just one hit with six strikeouts and three walks. Seaside's Jetta Ideue took the loss, despite striking out seven. Norris also

had two hits, including a two-run double in the third inning.

The Gulls committed four errors in the first game and multiple errors and miscues in Game 2. Still, Seaside scored first on a bunt single by Ideue, with GeriAnn Klaffke scoring on an Astoria error in the top of the first. Klaffke singled to left field in the second, scoring Mica Paranal to give the Gulls a 2-1 lead. But Astoria answered with 13 runs in the bottom of the third, highlighted by a two-run single up the middle by Hailey O'Brien.

Ideue had two of Seaside's hits in Game 2, while Norris came on in relief of McKailyn Rogers in the third inning.

SEASIDE SPORTS SUPERREANS

Carpet Corner
Flooring Installation
Carpet Cleaning
3470 Hwy 101 Suite 102
Gearhart, Oregon
503.739.7577 • carpetcornergearhart.com

FULFANT'S PIZZA GEARHART BOWL
3518 Hwy 101 N., GEARHART
503.738.5333

FER HAR'S
GO GULLS!
OPEN DAILY
SEASIDE • CANNON BEACH

SEASIDE Signal

SEASIDE WELLNESS CENTER
Mental Health Therapy
Children, Adolescents,
and Adults
503.717.5284
seasidewellnesscenter.net

Hughes-Ransom Mortuary & Crematory
Caring Professional Service
Local, Family Owned Company
ASTORIA: 576 12th Street • 503.325.2535
SEASIDE: 220 N Holladay • 503.738.6622

TEEVIN & FISCHER QUARRY
SERVING THE NORTH OREGON COAST.
TEEVIN FISCHER QUARRY
IS MORE THAN CRUSHED ROCK!
WE DELIVER!
CALL FOR A QUOTE!
85029 HWY 101, SEASIDE
503-738-7328

SEASIDE Signal

PIGN PANCAKE
ASTORIA SEASIDE CANNON BEACH
LINCOLN CITY NEWPORT
OPEN DAILY
www.pignpancake.com

Randall Lee's Flooring America
where friends send friends
2311 N. ROOSEVELT, SEASIDE
503-738-5729
RANDALLLEESFLOORING.COM

Seaside Aquarium
200 N Prom, Seaside
503.738.6211
www.seasideaquarium.com

SEASIDE Signal