

Journey of an Olympian

The Friends of the Seaside Library will host Carolyn Wood, author of “Tough Girl: An Olympian’s Journey.” The event will take place Saturday, Feb. 4, at 7 p.m. with book sales and signings by Beach Books.

Wood was born in Portland and swam for the Multnomah Athletic Club and Beaverton High School, where she won seven individual state championships in butterfly, freestyle and the individual medley. At the 1960 U.S. Olympic Trials, at the age of 14, she finished first in the 100-meter butterfly and was favored to win the gold medal in Rome. At the Olympics, during the women’s 100-meter butterfly final, Carolyn swallowed water during the turn and did not finish the race. She did win a gold medal as a member of the women’s 4 x 100-meter freestyle relay team, together with Joan Spillane, Shirley Stobs, and Chris von Saltza.

The U.S. relay team set a new world record in the event final — nine seconds faster than the previous record. At 14, Wood was the youngest member of the 1960 U.S. Olympic team to win a medal.

Wood’s story in “Tough Girl” details the training and commitment it took to become an Olympian at just 14 years old. She also tells of growing up in mid-century Portland, of being a closeted athlete, and of coming out and fighting for gay rights. It is the account of youthful dreams and exuberance, of struggle and the will to overcome obstacles in sport as well as in life.

Following the Olympics, Wood returned to her hometown of Portland and completed her studies at Beaverton High School. She attended the University of Oregon, became an English teacher and taught at both Beaverton and Wilson high schools. She



Carolyn Wood interviewed during her Olympic bid.

was inducted into the Oregon Sports Hall of Fame in 1992. “Tough Girl” is her first book. Seaside Public Library is

located at 1131 Broadway. For more information call 503-738-6742 or visit seasidelibrary.org.

Enjoy trivia night at the Seaside Public Library

Seaside Public Library will host its monthly Team Trivia Tournament 6 p.m., Wednesday, Feb. 8. Teams can consist of one person or have as many as six people.

Trivia nights are infor-

mal, fun, competitions where teams battle to see who has the greatest knowledge of all matters trivial. General questions will be asked by our trivia host and the winners are the team which, at the end of the

night, has correctly answered the most questions. Prizes will be awarded, but the main prize is knowing you have the smartest trivia team in Clatsop County.

The library is located at

1131 Broadway, across from the youth center and swimming pool. For more information on this event or other library activities call 503-738-6742 or visit www.seasidelibrary.org.

Conversation Project speaker

Understanding the ocean and its bounty

On Thursday, Feb. 16, the Friends of the Seaside Library host Jennifer Burns Bright speaking about “Fish Tales: Traditions and Challenges of Seafood in Oregon.” The event is part of Oregon Humanities’ statewide Conversation Project and will take place at 7 p.m.

In this conversation, food writer Jenifer Burns Bright helps participants explore our relationship with the products of the sea and cultural traditions involving fishing, eating seafood, and understanding the ocean’s bounty and challenges.

Bright is a food and travel writer based in Port Orford. She recently retired from teaching at the University of Oregon, where she led a faculty research group in the emerging discipline of food studies. She holds



Jennifer Burns Bright

a Ph.D. from the University of California at Irvine and a master food preserver certification. Her writing appears in Gastronomica, Oregon Quarterly, NPRs The Salt and Eugene Magazine, among others.

Through the Conversation Project, Oregon Humanities offers this program to engage community members in thoughtful, challenging conversations about ideas critical to our daily lives and our state’s future.

The Seaside Public Library is located at 1131 Broadway. For more information call 503-738-6742 or visit seasidelibrary.org.

Degree programs for women

The AAUW of Seaside and Astoria, in collaboration with Clatsop Community College, present a WINGS conference for women interested in going to school. For those women who have thought about

getting a GED or an associate’s degree, changing careers or updating job skills, the conference takes place Feb. 11.

For more information, visit www.wings-clatsop.com or call Pat at 503-717-1852.

Friday, Feb. 3

Chamber Breakfast

8:15 a.m., Finn’s Fish House, 227 Broadway, Seaside, 503-738-6391, www.seasidechamber.com. Open to the public, weekly speakers, discussions and a no-host breakfast.

Low Impact Walk

9:30 a.m., 503-738-7751. This low-impact walking group meets weekly at different locations. Sponsored by the Seaside Branch of American Association of University Women (AAUW).

Bo Porter

7 p.m., McMenamins Sand Trap, 1157 Marion Ave., Gearhart, 503-717-8150, www.mcmamenamins.com, no cover. Bo Porter plays traditional country music, Texas blues, swing, honky tonk, Americana and rockabilly.

Canna-Veda Retreat

7 p.m., North Fork 53 Retreat Center, 77282 Hwy. 53, Nehalem, 503-310-9650, www.joannematson.com, \$420. Facilitated by Joanne Matson, the three-day Canna-Veda retreat offers farm-to-table organic food, yoga, Ayurveda and medicinal cannabis workshops.

Open Mic & Jam

7 p.m., Pacific Pearl Bistro, 111 Broadway, Seaside. All styles welcome at this jam session hosted by the Tim Kelly Blues Band.

RJ Marx Trio

7 p.m., WineKraft, 80 10th St., Astoria, 503-468-0206, no cover, 21+. Saxophonist RJ Marx leads the trio in a repertoire of jazz music with John Orr (guitar) and Dave Gager (drums).

Saturday, Feb. 4

Beach Clean Up

9 a.m., Seaside Beach, meet at Seashore Inn on the Beach, 60 Promenade, Seaside, all ages. Join local volunteers for the monthly “Treasure the Beach” community beach clean up.

Grow Your Business

9 a.m., CCC Seaside Campus, 1455 Roosevelt Drive, Seaside, 503-338-2402, www.clatsopcc.edu/schedule, \$49. Gideon For-Mukwai will lead a “Grow Your Business with Storytelling” course for merchants to understand how to win the hearts and minds of their customers; registration required.

Author Reading

1 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-738-6742, www.seasidelibrary.org, free. Carolyn Wood, author of “Tough Girl: An Olympian’s Journey” will be featured, followed by book sales and signings.

Art Exhibit

2 p.m., Trail’s End Art Gallery, 656 A St., Gearhart, 503-717-9458, www.trailsendart.org. The community is welcome to meet the artists at a wine and cheese reception offered as part of the opening art exhibit by TEAA members.

First Saturday Art Walk

5 p.m., enjoy original artwork, live music and refreshments during

Seaside’s monthly First Saturday Art Walk, includes artists receptions and demonstrations. Look for the art walk signs at participating merchants.

Daddy Daughter Dance

6 p.m., Seaside Convention Center, 415 First Ave., Seaside, 503-738-3311, www.sunsetempire.com, \$25 per couple, \$5 each additional child. Fathers, grandfathers, uncles and father figures are invited to this memory-making event with a special little lady (or ladies), includes live DJ, refreshments, photo booth and raffle prizes.

Karaoke

8 p.m., American Legion, 1315 Broadway, Seaside, 503-738-5111, www.seasidepost99.org, 21+. Try out a new song or sing an old standard; all are welcome at American Legion’s karaoke night.

Sunday, Feb. 5

NAMI Meeting

2 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-738-6165, www.nami.org. The National Alliance on Mental Illness welcomes individuals and caregivers of anyone who suffers from a mental illness.

Monday, Feb. 6

Knochlers Pinochle

1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-7393, www.sunsetempire.com, all ages, \$1 per session per person. This is a weekly, regular play card game.

Tuesday, Feb. 7

TOPS Meeting

9:15 a.m., North Coast Family Fellowship, 2245 Wahanna Road, Seaside, 509-910-0354. Take Pounds Off Sensibly (TOPS) focuses on healthy lifestyle changes for weight loss.

Senior Karaoke

12:30 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-3311, www.sunsetempire.com, free. Senior karaoke follows the senior lunch program on the first Tuesday of the month. Time is approximate.

Wednesday, Feb. 8

Bingo!

12:30 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-3311, www.sunsetempire.com, 10 cents per card, \$2.40 all games. For an afternoon of Bingo fun, bring some friends, add a few lucky charms, grab a stamper and play Bingo!

Overeaters Meeting

3:30 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-440-4390. Overeaters Anonymous groups seek recovery and support through the Twelve Steps program.

Night of Trivia

6 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-738-6742, www.seasidelibrary.org, free. Trivia tournament nights are informal, fun

Learn to draw natural objects

“Drawing Natural Objects Workshop” features local artist and illustrator, Dorota Haber-Lehigh on Saturday, Feb. 11, at 1 p.m., sponsored by the Seaside Library. The class is free and all materials will be provided; sign-up is required.

Haber-Lehigh received a bachelor of arts degree from Pacific University with a focus on printmaking and art history. She designed, illustrated and published a children’s book titled “ABC of Native Plants of the Coastal Pacific Northwest” and is currently at work on books about native berries and wildflowers of the Pacific Northwest. She is a member of the Oregon Botanical Artists and the Native

FILE PHOTO

Dorota Lehigh-Haber presents a “Drawing Natural Objects” workshop.

Plant Society of Oregon. The Seaside Public Library is located at 1131 Broadway. For more information call 503-738-6742 or visit seasidelibrary.org.

competitions. Prizes awarded.

HRAP Lecture Series

7 p.m., Cannon Beach Library, 131 Hemlock St., Cannon Beach, 503-436-1391, www.friendsofthaystackrock.org, free. Bob Van Dyk will give a presentation on “How to Help Protect Over 50,000 Acres of Forest in Clatsop County.”

Thursday, Feb. 9

Ham Radio Breakfast

8 a.m., Finn’s Fish House, 227 Broadway, Seaside, 503-738-9692. Ham radio operators meet every Thursday, venues change the first Thursday of the month.

SDDA Breakfast

8:30 a.m., Pig ‘N’ Pancake, 323 Broadway, Seaside, 503-717-1914, www.seasidedowntown.com. Weekly speakers, discussions and a no-host breakfast.

Kiwanis Club Meeting

Noon, Pig ‘N’ Pancake, 323 Broadway, Seaside, open to the public, www.facebook.com/pages/Kiwanis-Club-of-Seaside-Ore. Features weekly speakers, discussions and a no-host lunch.

Matinee Thursdays

1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-7393, www.sunsetempire.com, free. Enjoy popcorn and a movie on senior matinee Thursdays.

Community Discussion

7 p.m., Cannon Beach History Center, 1387 S. Spruce St., Cannon Beach, 503-436-9301, www.cbhistory.org. Oregon Humanities presents a free conversation with Jennifer Roberts who will talk about how recipes connect and create communities across time, distance and culture.

Drawing Workshop

1 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-738-6742, www.seasidelibrary.org. Dorota Haber-Lehigh will lead a free “Drawing Natural Objects” workshop covering light and shadow affects, shade and texture; sign up required, all materials provided.

Northwest Author Series

2 p.m., Cannon Beach Library, 131 Hemlock St., Cannon Beach, 503-436-1391, www.cannonbeachlibrary.org, free. Barbara Drake, author of “Morning Light” will be featured.

Gooding Memorial Concert

8 p.m., Elks Lodge, 324 Avenue A, Seaside, 503-738-6651. The first annual Jason Gooding Memorial Concert will have live music by Texas Tribute, a ZZ Top tribute band featuring Bruce Smith; donations go to the Oregon Fallen Badge Foundation.

Theory of Relativity

8 p.m., American Legion, 1315 Broadway, Seaside, 503-738-5111, www.seasidepost99.org, no cover, 21+. American Legion is hosting a Sweetheart Dinner & Dance (\$15 tickets) with music by Theory of Relativity playing classic rock-n-roll, blues, country, jazz and folk.

Sunday, Feb. 12

NAMI Meeting

2 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-738-6165, www.nami.org. The National Alliance on Mental Illness welcomes individuals and caregivers of anyone who suffers from mental illness.

A Sweet Affaire

4 p.m., Seaside Convention Center, 415 First Ave., Seaside, 503-738-3311, www.sunsetempire.com, \$35, 21+. Wines from the northwest, appetizers from local restaurants and an assortment of treats are highlights of A Sweet Affaire, a fundraiser for scholarships and Seaside Rotary Foundation projects; includes silent and live auctions.

PBL Tournaments

7 p.m., Seaside, Warrenton, Astoria, 503-717-4308, www.seasidebasketball-tournaments.com.

Monday, Feb. 13

Knochlers Pinochle

1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-7393, all ages, \$1 per session per person.

City Council Meeting

7 p.m., City Hall, 989 Broadway, Seaside, 503-738-5511, www.cityofseaside.us. The Seaside City Council meets on the second and fourth Mondays of the month.

Tuesday, Feb. 14

TOPS Meeting

9:15 a.m., North Coast Family Fellowship, 2245 Wahanna Road, Seaside, 509-910-0354.

Wednesday, Feb. 15

Bingo!

12:30 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-7393.

Overeaters Meeting

3:30 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-440-4390.

Listen to the Land

6 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-738-9126, www.ncctrust.org, free. Derek Wiley will discuss “Life in the River” documenting native salmon of the region.

Thursday, Feb. 16

Ham Radio Breakfast

8 a.m., Finn’s Fish House, 227 Broadway, Seaside, 503-738-9692.

SDDA Breakfast

8:30 a.m., Pig ‘N’ Pancake, 323 Broadway, Seaside, 503-717-1914.

Senior Craft Fair

10:30 a.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-9323, www.sunsetempire.com, \$3 to \$6.75, all ages. Local artisans highlight their creative talents during the third Thursday Craft Fair, includes handmade crafts, jewelry and more.

Kiwanis Club Meeting

Noon, Pig ‘N’ Pancake, 323 Broadway, Seaside, open to the public.

Matinee Thursdays

1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-7393, free.

Writers at Work

6 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-738-6742, www.seasidelibrary.org. This group is designed for writers to meet and share ideas with local authors.

Fish Tales

7 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-738-6742, www.seasidelibrary.org, free. Food writer Jennifer Burns Bright helps participants explore the relationship with the products of the sea, understanding the ocean’s bounty and challenges.

Friday, Feb. 17

Chamber Breakfast

8:15 a.m., Finn’s Fish House, 227 Broadway, Seaside, 503-738-6391, www.seasidechamber.com.

Low Impact Walking

9:30 a.m., 503-738-7751, locations vary.

2:AM Pacific

7 p.m., McMenamins Sand Trap, 1157 Marion Ave., Gearhart, 503-717-8150, www.mcmamenamins.com, no cover. 2:AM Pacific plays a variety of genres from soul and rock to jazz and pop music.

Open Mic & Jam

7 p.m., Pacific Pearl Bistro, 111 Broadway, Seaside.