

# Lady Gulls fall to Vikings, 44-31

Girls from Page 15A

jump shots. I think if we would've had a little more time, we might've been able to come back and win the game. ... We definitely didn't give up. We're looking forward to hopefully winning our next game because we want to come home with a trophy."

Mazama build a 19-4 lead after the first quarter and the Vikings momentum continued in the second. Mazama started the second quarter exactly the same way they began the game, with a 10-0 run and were 29-4 midway through the second. The Vikings utilized a big advantage in free-throw shooting to also help them get a lead. Mazama shot 13-for-23 (56.5 percent from the line, while Seaside shot just 2-for-4 (50 percent) at the line. Mazama

outrebounded Seaside 38-23 to, which also proved to be a key factor to help them gain the advantage.

"We played with them tough and we made a strong effort the last couple of minutes in the second quarter," said Hamer. "We began playing more physical and aggressively and we started utilizing our strengths. We just didn't have a very good offensive game though. We hustled well on defense and the kids didn't quit at all, so I'm proud of the effort they made. We'll have to bounce back and play better on Friday (versus Banks)."

The Seagulls fought back with their own 10-0 rally on baskets by junior guard Madi Utti (9 points, four assists), sophomore backup guard Jetta Ideue (3 points) and a her sister, senior guard Paige Ideue (6

points, three steals), who fired in a three-pointer to make the score 29-14 at halftime.

"We just had a slow start and we couldn't really get into any kind of offensive rhythm early in the game," said Utti. "We definitely started working together better in the second half and then we kind of got things going pretty well with our offense. We just couldn't pull through though to get the win at the end. They (Mazama) were hitting a lot of their shots though to help them build a lead. I definitely think we'll bounce back and play better on Friday. We're just hoping to play for trophy on Saturday and that's our goal."

Seaside climbed back to get nearly within single digits in the third. A 6-2 Seagull run, fueled by baskets by Paige Ideue, junior forward Sydney Villegas (6 points, seven rebounds)



ALEX PAJUNAS/EO MEDIA GROUP

Seaside's Whitney Westerholm stretches to reach around a Mazama defender and bounce a pass to an open teammate in the post.

and a three-pointer by senior post Brittany West, trimmed the margin to 31-20, forcing

a Mazama timeout with 5:19 remaining in the third quarter. Mazama responded with a 7-0

run though to build a 38-20 advantage after three.

"We kept playing well and fighting hard on defense to help us stay in the game," said Paige Ideue. "For about one and half quarters, we just didn't play very good, but we fought back."

The resilient Seagulls never gave up though and played tough for the entire contest to try to overcome the large deficit. A 9-2 Seaside run, capped by Whitney Westerholm's three-point play, trimmed the margin to just 40-29 with 2:44 remaining in the game. At that point, the Seagulls definitely had a chance, but it just proved to be too much of an uphill battle for them to overcome. A jumper in the lane by Villegas, narrowed it to 42-31 late in the game as the Seagulls fought back to make it a respectable margin at the end.

## Seaside comes up short in final

### Warriors ground Gulls

By Gary Henley  
EO Media Group

HILLSBORO — Seaside endured another pretty good-sized storm over the weekend.

It came in the form of the Philomath Warriors, who indeed caused a little power outage for the Seaside boys basketball team late Saturday night, in the championship game of the Class 4A state tournament.

In front of a standing-room-only, packed house at Liberty High School, the normally high-energy, high-scoring Gulls were grounded for much of the night, and had trouble mounting their normally potent offensive attack.

The Warriors — the No. 1 seed in the tournament — led from start to finish, but had to hold off a furious fourth-quarter rally by the No. 2 seed Gulls in a 55-45 win.

Philomath finishes 24-3 overall, while the Gulls conclude their history-making season at 23-4.

The mood inside the Seaside locker room after the game was a

bit dark and somber — but power was quickly restored, and the lights are still burning bright for the Seaside program, despite the loss.



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## Playing safe at the beach

### Be beach smart. Even though the beach is fun, you need to play safe.

The Oregon Coast is a great place to visit. Whether you are looking for seashells, building sand castles or exploring tide pools, the beach can be a lot of fun.

Remember, the ocean has dangerous waves, logs, rocks and cliffs. Talk to your family and friends about how to play safe on the beach.

### Beware of rip currents.

Rip currents are strong currents of water that rush out to sea. They can form on any beach that has breaking waves. If you look closely, you can see a rip current. It will have dark muddy water and be very choppy. You might see foam and other debris floating out to sea. If you see a rip current, stay away! They are very dangerous.

If you are ever caught in a rip current, don't panic. Try to relax and swim parallel to the beach. Don't try to fight the current. If you have trouble swimming, tread water and call for help.

Parents: Be sure always to watch your children closely when they are playing in and around water.

### Don't climb on drift logs.

Logs on wet sand or in the water are especially dangerous. The ocean is strong enough to pick up even the biggest log and drop it on top of you. If you see a log on wet sand, stay off of it.

### Be aware of incoming tides.

Tide pools can be so interesting that you might lose track of time. Make sure you know when the tide is coming in so that you don't get stranded. Free tide tables, available at state park offices, information centers and many shops and motels, list the times of high and low tides.

### Be careful on cliffs and rocks.

Ocean spray and heavy rains can make rocks and trails slippery and unsafe. Stay on marked trails and behind all fences. They are there for your safety. When hiking, make sure you wear the right type of shoes. Stay away from cliff edges. Don't stand under overhanging cliffs, which can be dangerous.

### Beware of sneaker waves.

Watch out for "sneaker waves." These are waves that appear suddenly and are unusually large. They rush up on the shore with enough force to knock you down and drag you out to sea. Keep your eyes on the ocean.

### Understand tsunamis.

There are two types of tsunami warnings that you need to be aware of: a distant event and a local event.

With a distant event, you will be alerted by sirens located throughout the city. Proceed by foot and follow the posted evacuation route signs to higher ground.

With a local event, you will feel a powerful earthquake. Take immediate cover until the earthquake subsides, then go immediately to higher ground on foot, following the posted evacuation routes.



### Know who to call when you need help. In an emergency, call 911.

- **Providence Seaside Hospital**  
725 S. Wahanna Road, Seaside, OR 97138  
503-717-7000
- **Providence Medical Group-Seaside**  
with walk-in availability  
727 S. Wahanna Road, Seaside, OR 97138  
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- **Providence Medical Group-Cannon Beach**  
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171 N. Larch, Suite 16, Cannon Beach, OR 97110  
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