



KATHERINE LACAZE PHOTO

**Berkley Possalski, 16, front left, helps install a dead-lift apparatus at Cartwright Park on May 2. For his Eagle Scout Service Project, Possalski, who is a member of Warrenton's Venturing Crew 330 and Beaverton's Troop 124, designed and built three fitness stations to be the start of an outdoor gym at the park.**

## Local Scout installs outdoor gym equipment at Cartwright Park

By Katherine Lacaze  
Seaside Signal

Boy Scout Venturer Berkley Possalski believes he's benefited from having access to a weight room at Seaside High School and other venues to improve his strength and overall fitness, but he knows not everyone has the same opportunities.

Tasked with the criteria of helping the community, 16-year-old Possalski helped to expand the public's free exercise opportunities by installing three workout stations at Cartwright Park for his Eagle Scout Service Project.

"I go to the weight room at the high school, and I thought it would be great for the public to have something similar," said Possalski, who is a member of Venturing Crew 330, a co-ed Boy Scouts of America program headquartered in Warrenton, and Troop 124 of Beaverton.

He designed and drafted plans for the stations, which include balance beams, a dead-lift apparatus and three box jumps. Combined they are the start of a small outdoor gym at the park.

Along with a volunteer crew of about 20 people including friends, families and members of his Boy Scout groups, Possalski installed the workout equipment at the park May 2. After placing gravel and wood fibers and letting it set for a few days, the equipment was ready for use this week.

### Showing leadership

The criteria for an Eagle Scout Service Project is the scout must "plan, develop and give leadership to others in a service project help-

ful to any religious institution, any school or your community," according to the organization's website. The project can't benefit the Boy Scouts of America, an individual or a business and it can't be commercial.

Before starting the project, the scout must have his plans approved by the benefiting organization or group, in this case the city of Seaside; the scout leader; the unit committee; and a district representative. After completing the project, the scout must file a final review before the deadline, which is his 18th birthday.

In addition to designing the equipment, Possalski had to fundraise for the materials, which consisted mostly of lumber. He started a GoFundMe account and raised about \$745 through that. He also received donations from Home Depot, ProBuild, All Rents Tools & Equipment, Sunset Empire Park & Recreation District, Tsunami Sandwich Company, Teevin & Fischer Quarry and numerous family members. Joe Sopko and his company did welding on the equipment.

Possalski presented his ideas to the Parks Advisory Committee on two separate occasions and also presented to Seaside City Council in February. Seaside Public Works Director Neal Wallace and the Public Works Department reviewed his designs, the materials he planned to use and where the stations should be placed at the park and offered feedback. Possalski selected a site for his project and had his design drafts approved after incorporating the alterations. Public Works dug the holes for the equipments' support posts,

which would have been hard to do without the right equipment since the area contains round-rock, Wallace said. Lastly, they delivered the wood fiber and laid concrete curbing around the stations.

### A long time coming

The specific process of designing and building the workout stations took about a year, but Possalski said he has planned to be an Eagle Scout since he was about 7.

"It's great, the fact I was able to do it," he said.

His family members also remember Boy Scouts becoming an integral part of Possalski's life and him setting the goal to become an Eagle Scout.

Cindy Payne, Possalski's "grammie," described him as her "true red-white-and-blue boy."

"He's such an honorable young man," she said.

Between participating in numerous extracurricular activities and sports, scouting and school, Possalski is very active and works hard, Payne said. His mom, Britnie Possalski agreed.

"We didn't know if this was going to happen, because life get in the way," she said, but "it's been something he wanted to do since he was 6 years old."

He was able to garner a lot of support from his friends, family and the community.

This summer, Berkley Possalski will conduct classes at 7 a.m. Tuesdays and Thursdays at Cartwright Park using the equipment. For his senior Pacifica Project, he also intends to design and install another two or three stations.

## News in Brief

### Inter-generational dance open to public

The Sunset Empire Park & Recreation District is hosting an inaugural inter-generational dance that is free and open to the public.

The dance will be from 6 to 8 p.m., June 6, at the Bob Chisholm Community Center, 1225 Ave. A.

The idea, Fitness and Events Coordinator Grace Smith said, was suggested by several seniors who participate in activities at the senior center.

"They were all super excited about engaging the youth more and having more activities to bring the different generations together," Smith said. "We thought it would be really cool to have some sort of fun activity where they could invite someone in their family that's younger."

For the past two years, the district has held a spring Daddy Daughter Dance, which grew so much this year it had to be held at the Seaside Civic and Convention Center instead of the community center. The district has received requests to host a similar Mother Son Dance.

"We thought this could be paired into that, too," Smith said.

It's possible the district will hold a Mother Son Dance, but it's not something that will happen this year.

"I'd like to see how (the inter-generational dance) goes first and see if it's something people would be interested in," Smith said.

She hopes the inter-generational dance will become an annual event. The district will provide snacks, a DJ and photographer to take posed photos at a station, as well as candid shots. The music will be varied to appeal to people of all ages. Everyone is welcome to attend.

For more information, visit [www.sunsetempire.com](http://www.sunsetempire.com) or call (503) 738-3311.

### Special needs art camp in Gearhart

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### Nature journaling workshop coming

Explore the beauty and mystery of the coastal landscape through nature journaling. Learn how to capture observations and impressions in word and art. Strengthen a connection with the natural world by careful observation and recording of things seen, felt, heard or taste — a great way to start or continue a nature journal in a workshop led by local botanical artist Dorothea Haber-Lehigh from 10 a.m. to 12:30 p.m. Sunday, June 7 at the Circle Creek Habitat Reserve, off Highway 101 south of Seaside. The workshop is ideal for artists, naturalists, hikers or birders. All levels welcomed. Children under 12 years old should be accompanied by an adult. Cost for the workshop is \$30.

There will be a short discussion on why to use nature journaling and how to go about creating a nature journal. Attendees will explore the habitat reserve and have time for hands on journaling. Everyone will receive a copy of Haber-Lehigh's coloring and reading book "Native Berries of the Coastal Pacific Northwest" for future reference.

This event is in conjunction with the Cannon Beach Arts Association's June juried show "Terra Nova." For more information, call Cannon Beach Gallery at 503-436-0744, or visit the website at [www.cannonbeacharts.org](http://www.cannonbeacharts.org).

# Signal MARKETPLACE

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### 70 HELP WANTED

**BioOregon Protein is hiring seasonal production workers for our Whiting Season. Competitive wages.**  
Apply in person at 1935 NW Warrenton Drive in Warrenton. 503-861-2256. Pre-Employment screening required. EEO Company.

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