

ANGER IS DANGEROUS

Death Liable to Follow a Sudden Outburst of Temper.

FRENZY MAY SPELL SUICIDE

A Chemical Poison is Created in the System When One Indulges in a Fit of Rage—Famous Men Who Have Died in a Moment of Passion.

Death frequently follows a sudden fit of anger. Persons who are otherwise sensible and even philosophical indulge at times in this suicidal and profitless pastime. The Emperor Nerva died at the age of sixty-six from fever resulting from a fit of anger. Paul III, who occupied the papal throne from 1534 to 1549 and who was considered one of the most intelligent and liberal as well as just of popes, died from a sudden fit of anger while upbraiding Cardinal Alessandro Farnese, who had proved false to his friends and benefactor.

The emperor of Valentianian while addressing a deputation of backsliding Germans allowed his angry emotions to get the upper hand of his common sense and fell dead ere he had finished speaking. The celebrated English surgeon John Hunter indulged in angry dispute with one of his colleagues at St. George's hospital and dropped dead at the feet of him who had been the cause of the resentful and bitter remarks. The Russian surgeon Baddawski, being angered at the awkwardness of an assistant during a surgical operation, gave free vent to a fit of anger and expired without a moment's warning.

The milk as well as the flesh of animals that have died while in a rage has been found upon analysis to contain elements of poison, and many an innocent babe has been made dangerously ill by nursing at the mother's breast immediately after that mother had indulged in a fit of frenzy or anger. Neither the chemist nor bacteriologist has yet been able to demonstrate the particular poison or germ that renders the milk toxic under the conditions, but that a poison and a very active and energetic one exists is unquestionable.

Death during a fit of anger may be produced by a toxic product developed by the undue excitement as much as to the play of the emotions upon the nerve centers of the heart. Little children should be taught in earliest infancy to control their angry passions. A parent smiling approvingly at what he is pleased to term the "spunkiness" of his offspring without making any effort to reprove or to correct the outburst of ill temper is guilty of wanton neglect and is storing up much unpleasantness for both himself and the child in future.

"Anger is a stone cast into a wasp's nest," reads the Malabar proverb, and how often the angry word stirs up strife and discord and contentions that keep up a continual unpleasant buzzing until, like wasps disturbed in their nests, they alight upon the disturber, bringing a sting that wounds his own personality.

"Be slow to wrath" might be a cherished guide at any and every period of life. But as years run their course, particularly if accompanied by a feeble condition of body, a conscious tendency to fits of anger should induce habits of strenuous self control. This control, however, is not acquired in a day. The imprisoned fire of anger but waits for the kindling breath of provocation, and each time it is courted by the latter a calm exterior, even though the spirit be at white heat, will win a victory without either party to the strife being a loser.

A bright three-year-old child who was given to passionate outbursts of resentful anger each time her wishes were thwarted was one morning suddenly lifted to the mirror with the mother's admonition, "Look at yourself!" Immediately the child's resentful face changed, and, nestling to her mother, who wisely refrained from saying another word regarding the bullition of temper, she, with an apologetic hug, softly sobbed away the resentment.

Some weeks afterward, during which time there was a marked change for the better in the temperament of the child, the mother had occasion to reprove the little one for an act of disobedience, using perhaps unnecessary warmth of temper at the time. Without hesitation the little one seized her by the hand and took her to the mirror. "Look at yourself!" she exclaimed, her childish voice as severe as her strength permitted, at the same time struggling desperately to keep the angry lines from her own tiny face by puckering her lips into a form from which issued a succession of soft, nonchalant oos.

The lesson had been taught, learned and retought, and who shall say how far reaching its influence? If one can only be brought to understand the toxic effect of anger upon the whole sensuous system of the individual, resulting, it frequently does, in sickness and even death, each would be more at peace with his neighbor, with the community and with the world at large.—Marion Ainsworth White in Chicago Tribune.

Not Her Sort.
Gabriel was blowing the last trump. "Hurry up!" shouted Mr. De Style. "I won't!" retorted Mrs. De Style. "Think I'm going in with the crush!"—Washington Herald.

Behavior is a mirror in which every one displays his image.—Goethe.

Notice for Publication.
United States Land Office, Lakeview, Oregon, March 13, 1907.
Notice is hereby given that Asariah F. Wilson of Clatsop County, Oregon, has filed notice of his intention to make final five year proof in support of his claim, viz: Homestead Entry No. 2873 made March 2, 1903, for the w^{1/2}, n^{1/2}, s^{1/2}, e^{1/2}, s^{1/2}, Sec. 25, Lot 7, Sec. 14, and Lot 2 Section 15, Township 39 S, Range 10 E W M, and that said proof will be made before the Clerk of Klamath County, Ore., at his office at Klamath Falls, Oregon, on the 3rd day of May, 1907.
He names the following witnesses to prove his continuous residence upon, and cultivation of the land, viz:
Samuel Dixon, C. J. Andrews, E. J. Poole and N. Snow, all of Clatsop County, Oregon.
J. N. WATSON, Register.

Contest Notice
Department of the Interior, United States Land Office, Lakeview, Oregon, March 13, 1907.

A sufficient contest affidavit having been filed in this office by Eugene D. Taylor, contestant, against homestead entry No. 3358, made January 9, 1905, for n^{1/2} Sec. 15, Tp 37 S, R 11 1/2 E, by Jean Marie LeBeux, contestee, in which it is alleged that said Jean Marie LeBeux has wholly abandoned said tract; that he has changed his residence therefrom for more than six months since making said entry; that said tract is not settled upon and cultivated by said party as required by law, and that said abandonment and absence was not due to entryman's employment in the Army, Navy or Marine Corps of the United States as a private soldier, officer, seaman or marine during the war with Spain or during any other war in which the United States may be engaged, said parties are hereby notified to appear, respond and offer evidence touching said allegation at 10 o'clock a. m. on April 29, 1907, before Geo. Chastain, County Clerk, Klamath Falls, Oregon, and that final hearing will be held at 10 o'clock a. m. on May 10, 1907, before the Register and Receiver at the United States Land Office in Lakeview, Oregon.

The said contestant having, in a proper affidavit, filed February 21, 1907, set forth facts which show that after due diligence personal service of this notice cannot be made, it is hereby ordered and directed that such notice be given by due and proper publication.
3-28-4-25 J. N. WATSON, Register.

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