

THE LOVE OF SAND.

Man's Unconscious Harking Back to Primitive Times.

The love of sand is universal, felt by all and at all ages. The child finds in it a ready and a plentiful material for giving something of definiteness to the world of his childish imagination, and when experience shall have proved the real world to be less pleasant and not expressible in sand he nevertheless as a grown man tacitly admits the attraction of the old time medium and spends his holidays upon it. No watering place need trouble as to its prosperity if it has a broad forefront of sand.

Probably so general and ingrained a love is only to be accounted for as the result of a sympathetic and unconscious "harking back" to the feel of the life on the dry sandy soils of the east, upon which man first wandered and in which he first delved. He can sit or lie with greater comfort and ease—as he originally sat, without a chair, or lay, without a couch—upon sand than upon any other kind of earth, and upon sand he reverts readily and without fear of convention to primal barefootedness. Fossilly even the charm of the "sanded floor" in the concrete to our forefathers, the comfort and coziness of cherry-lin parlors and kitchens, warm with the ruddy heat of glowing logs, on snowy nights—may also be due to vaguely assertive instinct.

In proof it may be readily concluded that far distant man would not have been long in finding out the advantages of a dry cave as a dwelling place. It would be found most readily in soft, friable rocks. The natural and further easy expansion of the cave to meet growing demands for house room by strapping down of rock and sides would result in a sanded floor. Litter of rock cave living and housekeeping could be more easily swept out with the leafy bough or bunch of sedges acting as the original broom when mixed with sand than without its aid. The sanded floor which swept its cave out efficient and most thoroughly would certainly be the healthiest and strongest.—London Spectator.

ST. ANTHONY.

The Temptations of the Father of Monks.

What were the temptations of St. Anthony? St. Anthony was one of the earliest names placed on the calendar. He is called the father of monasticism because his life and teachings were really the foundation of the many monkish orders of a medieval times. He was born in a city of Egypt in 251 A. D. of parents who were both wealthy and pious, and he early decided to give his life up to religious contemplation. He went into the wilderness, taking up his solitary abode in an old ruin on a high hill, where he disciplined himself in austerity. But his devotions were interrupted by a protracted series of sadly irrelevant hallucinations, believed to be sent by the devil to tempt him aside from a holy life. He was visited successively by visions of all the idoletries of the early world, by the princes and potentates of history and their wives and daughters, by Solomon and the queens of Sheba, by the gods and goddesses of Greece and Rome, especially by Diana and Venus, and other interesting characters. According to the legend, his devoutness at last breaks the power of the visions, and they leave him forever. He remained twenty years in his lonely ruin, then, yielding to the wishes of other anchorites, went to Memphis and there founded the first monastery, which was little more than a group of cells. After six years of teaching he returned to his desert home and at last died there at the age of 105 years. The French novelist Gustave Flaubert has written an entire volume on "The Temptations of St. Anthony," giving all his visions with most elaborate description. A decidedly flippant, not to say profane, poem bearing the same title and in the style of the "Ingoldsby Legends" is sometimes included with these humorous ballads. But Barham did not write it. It was the work of one Tom Sellers, a much inferior scribbler.—Housekeeper.

Ignorant of Legal Terms.

Tarantula Tom—Why did Bill plug the tenderfoot?
Lava Bed Pete—It all come o' Bill's distresst' ignorance o' legal terms.
T. T.—How 'uz that?
L. B. P.—Well, Bill owed the short-horn some money an' was sorter slow about payin'. So the stranger writ him a letter sayin', "I will draw on you at sight." An' Bill thought that meant a gun play, so when he meets up with the stranger he draws first. It was a misunderstanding.—Cleveland Leader.

How Sponges Are Propagated.

There are a great many things which the scientists of today are not able to explain and a great many others over which they have frequent discussions owing to a difference of opinion. The method by which sponges are propagated when left to themselves is one of these mooted scientific questions. Some declare that they are reproduced from true eggs; others are equally positive that they are propagated from buds.

Your Heart.

The heart of man resembles a secret chamber wherein stands, like the block of white unheven marble set in the studio of a sculptor, a veiled figure. Though the man may not so much as lift the corner of the veil, yet must he pry and in secret work to fashion and to form the figure that lies beneath.

Many a man who thinks he was born command marries a woman who born to countermand.

OBESITY A DISEASE.

It Is Not, as a Rule, the Result of Laziness or Gluttony.

It is a mistake and an injustice to many abstemious folk to assume that all fat persons are gluttons or large eaters. Very many excessively corpulent people, especially women, are small eaters, while some of the most gouty trenchermen are gaunt and thin.

It is not the quantity so much as the quality of the food one eats which determines the putting on of flesh. Yet it is not always the kind of food that makes the obese, for some stout people eat very sparingly of sugars and starches, while there are large consumers of sweets who never put on flesh. In such cases it is a question of constitution, often of heredity and not at all, or very little, one of diet.

Another prevalent error in regard to fat people is that they are inert or lazy and never exercise. Of course exercise does increase the processes of nutrition and so leads to the burning up of superfluous fat, but at the same time it causes an increase in the appetite and thus tempts to the consumption of a greater quantity of food. So no single balance the other, and want of exercise alone is not a very potent cause of obesity. Many very fat persons are, it is true, sluggish, but they have become so since putting on their flesh, for it makes a great difference whether one carries 120 pounds about when one walks or whether it is necessary to propel half as much again or even double the weight. It is a treacherous handicap, and there is small wonder that the lightweights do the most exercising.

Obesity, indeed, is usually a disease and not merely the result of laziness or gluttony. Its cause lies deep down in the animal economy, in among those mysterious chemical changes by which the food we take into the mouth is converted into blood and bones and muscles, skin, hair and brain cells. It can often be warded off by a proper diet and mode of living, especially if taken in hand from the very first and not allowed to get the upper hand, but the tendency to stoutness will generally persist through life and can only be modified, but never removed. Any treatment for the radical removal of flesh should be carried out under the advice of a physician, as violent measures directed to this end may be productive of terrible harm to the constitution.—Youth's Companion.

Time and Trouble.

Ten minutes would get rid of lots of trouble that it takes hours to tell.—New York Times.

Cigars and tobacco of all grades at A. J. Manning's.

For Mother Earth in the Hot Springs Addition, see Campbell and Burns.

Don't be a dreamer, but get busy. The time is now close at hand when the Southern Pacific Railway will be running trains into Klamath Falls, and now is the time to make your selection for a business location. CAMPBELL & BURNS, Agents for Hot Springs Improvement Co.

TRY US

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ASK THEM

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Notice for Publication.

United States Land office at Lakeview, Oregon, Oct. 24, 1906.
Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892, William J. Broderick, of Klamath Falls, county of Klamath, state of Oregon, has filed in this office his claim statement No. 3, in Township 30, 31 S. Range No. 9 E. W. M. and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before County Clerk of Klamath County, at his office at place of business at Klamath Falls, Oregon, on Thursday, the 3rd day of January, 1907.

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Large well furnished Rooms

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HOLLADAY
WHISKEY
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ANNOUNCEMENT

L. Jacobs & Co., proprietors of the Busy Boston Store, wish to announce to the wearers of men's fine clothes, that they are the sole representatives of Kuh, Nathan & Fisher Company, the Sincerity Tailors, and that they have just received a large shipment of this clothing so justly renowned for its fit, finish and quality. They will be always pleased to have any one call and examine this line; and, also, the famous Acorn Brand, that has given so much satisfaction in this county.

Notice for Publication.

United States Land office, Lakeview, Oregon, Oct. 24, 1906.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892, Arabella Glendening, of Klamath Falls, Oregon, county of Klamath, state of Oregon, has filed in this office her sworn statement No. 3036, for the purchase of the SW 1/4, NW 1/4, Sec. 7, Tp. 37 S. R. 10 E. and SW 1/4, NE 1/4, SW 1/4, Sec. 12, in Tp. No. 37 S. Range No. 9 E. W. M. and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish her claim to said land before County Clerk of Klamath County, at his office at place of business at Klamath Falls, Oregon, on Thursday, the 3rd day of January, 1907.

She names as witnesses:
J. C. Smith, of Klamath Falls, Oregon.
Harry Deane, of Klamath Falls, Oregon.
W. J. Broderick, of Klamath Falls, Oregon.
W. J. Phillips, of Klamath Falls, Oregon.
Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said day of January, 1907.

Notice of Final Account.

Notice is hereby given that J. C. Rutenic, Administrator of the estate of Lillian Hall, deceased, has filed his final account of the administration of said estate with the Clerk of the County Court for Klamath County, Oregon, and that said court has appointed ten o'clock a. m. of 3rd day of December, 1906, as the time for the hearing of objections to such final account, and the settlement thereof. This notice is published by order of said county court, entered November 15, 1906.

J. C. RUTENIC,
Administrator of the Estate of Lillian Hall, deceased.

Mr. and Mrs. W. A. DeCordova left for California Tuesday morning, where they expect to make their future home.

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C. E. Hoyt, Fort Klamath, Or.



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