

SOME OF THE USES OF SALT

Salt is such a common article in the household that many of us do not sufficiently appreciate it as being of high medicinal value. Many and various the remedial uses to which it may be put, and the free use of salt goes far toward preserving health in the home. As a dentifrice, common salt may be relied on. By its judicious use the teeth are kept white, the gums hard and the breath sweet. When the gums are spongy, the mouth should be washed out twice a day with salt and water. Warm salt and water, held in the mouth, will sometimes banish toothache and at least make the affliction lighter, while it is both safe and easy to try. Again equal parts of alum and salt, or even salt alone, placed on a piece of cotton wool, and inserted in the hollow of an aching tooth will often give relief when other means have failed. To allay neuralgic pains in the head and face, take a small bag of flannel, fill with salt, heat thoroughly, and apply to the affected part. A bag of salt placed hot to the feet or any portion of the body is better for giving and keeping warmth than is the conventional brick or hot-water bottle. Salt placed on the gums when a tooth has been extracted will prevent profuse bleeding at such a time. An excellent gargle for the throat is simple salt and water. Many serious cases of throat affliction might be cured by the use of this alone, if only taken in time, gargling every hour or every half hour, as the need warrants. A flannel cloth, wrung out of salt water, is also an excellent remedy for simple sore throat. Salt in tepid water is a handy emetic, as an antidote to the poison, silver nitrate or lunar caustic, give salt and water freely. For poisoning by alcohol, an emetic of warm salt and water should be given and repeated often. Salt heated and applied to the outer surface over the seat of inflammation will give almost instant relief. For a sore throat a spray of warm water and salt is one of the standard prescriptions of the "nose and throat" specialists. A pinch of salt in hot water, taken either just before or after a meal, is a valuable aid to digestion; and a cupful of very hot salt water will sometimes quiet the most persistent nausea.

HEALTH HINTS

Salt is good for children, and you should make your little people eat a certain amount of it with their food, salt helps to keep the blood pure and to prevent constipation. It is also good for the digestion.

Those suffering from tired eyes should bathe them in lukewarm water, to which a few drops of a solution of boracic acid have been added. Buy an ounce of the acid, dissolve it in half a pint of hot water and bottle it for use in this way.

To remove a wart, pour on it a drop of vinegar and then cover it with as much carbonate of soda as the vinegar will absorb. Keep it on ten minutes, and repeat the application twice or thrice daily. In a few days the wart generally drops off, leaving a tiny white mark.

Never enter a sick room in a state of preparation; to remain for any time; for when the body becomes cold it is in a state likely to absorb the infection; nor visit a sick person—if the complaint be of a contagious nature—with an empty stomach. In attending a sick person, do not stand between the sick person and any fire that may be in the room, as the heat of the fire will draw the infectious vapor in that direction.

For a Cold.—To relieve a cold in the head, throat or chest, have plenty of boiling water in a basin to which have been added a few drops of benzoin. Place a towel over the head and enclose the basin of water in such a way that no steam escapes. Inhale the steam deeply through the nostrils. After two minutes' inhalation let the face be thoroughly dried before exposing to the air, and immediately thereafter let the face be well rubbed over with glycerine or olive oil, preferably glycerine. The above should take place in a warm atmosphere, and the patient should not leave the room that evening.

How to Avoid Sleepless Nights.—Here is a simple recipe—a medicinal bath for the nervously worn and those who cannot sleep at night. It was the prescription of an old physician. Take of sea salt four ounces, spirits of ammonia two ounces, spirits of camphor two ounces, of pure alcohol eight ounces, and sufficient hot water to make a full quart of the liquid. Dissolve the sea salt in the hot water and let stand until

cool. Pour into the alcohol the spirits of ammonia and camphor. Add the salt water, shake well and bottle for use. With a soft sponge dipped in this mixture wet over the surface of the whole body. Rub vigorously until the skin glows. When nervous or "blue" or wakeful do not omit this bath. The rest and refreshing that follow will amply repay the effort required to prepare it.

Medicine for Baby.—In giving medicine in liquid form to a baby, place the point of the spoon containing the medicine against the roof of the mouth. Administered in this way it will be impossible for the child to choke or eject the medicine.

Troublesome Cough.—Put a lemon in a cool oven, leave it until warmed through, then squeeze out the juice, and add sufficient honey to make a thick syrup. Keep it warm, and take a teaspoonful when the cough is troublesome.

Thirst in Teething.—When babies are teething they suffer very much from thirst, which is caused by feverishness. To allay the thirst it is a good plan to give a teaspoonful or two of pure cold water several times during the day. It is wonderful how this will soothe and quiet a fretful baby when everything else has failed.

Puffy Eyes.—Puffy places under the eyes are generally due to some sort of kidney ailment. Cold water should be taken very freely. Make it a practice to drink a glassful half an hour before each meal, and another one or two hours after, and the puffy places will not only vanish, but the complexion will be clearer and the general health much improved.

A Good Cure-All.—Mustard is the nearest approach to a universal cure-all. Few pains will not give way before a mustard plaster, and a wide range of internal inflammations from colds and other causes may be stopped by its timely application. It is the first and best resort in threatened pneumonia, congestion of the lungs, or determined colds on the chest.

For business locations near the S. P. R. R. Depot, the coming business center of Klamath Falls, see Campbell & Burns, Agts. for Hot Springs Improvement Co.

Newsom & Underwood have the exclusive agency for the Eastman Kodak

TO CLEAN RIBBONS, ETC.

Take a quarter of a pound of honey, a quarter of a pound of soft soap, a quarter of a pint of soft water, and mix all well together. Apply it to the material to be cleaned as it lies on a table or board, and brush it well, more especially over the soiled parts, with a nail-brush. Rinse it then by dipping it in cold hard water, having provided two or three basins for the purpose, and dipping in each, one after the other, so as to cleanse it thoroughly; then hang to drain.

As soon as the dipping has ceased, iron on the wrong side. And if this treatment has been carefully carried out the silk will not look greasy or become stiff after ironing.

To Clean Black Material.—Buy five cents worth of lump ammonia, and dissolve in a pint of boiling water. When cold, sponge well every portion of the material, and set in the air till nearly dry, then put it through the mangle, or iron with a cloth over it.

White Lace.—Wash white cotton laces in a warm lather, rinse them, then boil if not clean, and pin them down on the ironing board to dry.

White Silk Laces.—I am told that to wash these in milk for twelve hours, then treat like cotton laces, will recover old laces that have become yellow. You must pin them out when drying.

If an ink stain gets on your frock, remove it with salts of lemon, if the color will not run.

If milk is spilt over it, wash at once with soap and water.

If candle or other grease falls on it, take out with an iron and blotting paper, French chalk or benzine.

If it is rain-spotted, iron on the wrong side with a piece of muslin between the cloth and the iron.

If mud-stained, wait till it is dry, then brush off lightly and sponge the marks afterward.

Darn any tears as soon as seen.

If paint falls on the cloth, remove with turpentine; coal-tar is removed with butter, and tea stains with plain water.

For analysis of the Hot Springs water read the Hot Springs Improvement Co.'s ad in this week's paper.

Blue vitrol at the Star Drug Store.

CONTEST NOTICE

Department of the Interior, United States Land Office, Lakeview, Oregon, September 17th, 1906. A sufficient contest affidavit having been filed in this office by Fred L. Newsom, contestant, against homestead entry No. 3214 made July 11th, 1906, for SW 1/4 of Section 10, T. 38 S., Range 9 E., W. 11., by Mary J. Creech, contestee, in which it is alleged that the said entryman Mary J. Creech, has ever since the said date of her said entry, to-wit: July 11th, 1906, wholly failed to reside thereon, or improve or cultivate any part thereof, that ever since said date, and for more than six months preceding the date hereof, namely: September 1st, 1906, said entrywoman has wholly abandoned said lands and failed to reside thereon, and now still wholly abandons and failed to reside upon the same or improve or cultivate any part thereof, and that such alleged absence from said land was not, or is not due to her employment in the army, navy or marine corps of the United States as a private soldier, officer, seaman or marine, during the war with Spain or during any other war in which the United States may be engaged, said parties are hereby notified to appear, respond and offer evidence touching said allegations at 10 o'clock a. m. on November 10th, 1906, before George Chastain, county clerk of Klamath county, at Klamath Falls, Oregon, and that final hearing will be held at 10 o'clock a. m. on November 17th, 1906, before the Register and Receiver at the United States Land Office in Lakeview, Oregon.

The said contestant having, in a proper affidavit, filed September 17th, 1906, set forth facts which show that after due diligence personal service of this notice can not be made, it is hereby ordered and directed that such notice be given by due and proper publication.

9-27-104 J. N. Watson, Register.

CONTEST NOTICE

Department of the Interior, United States Land Office, Lakeview, Oregon, September 17th, 1906. A sufficient contest affidavit having been filed in this office by Fred L. Newsom, contestant, against the homestead entry No. 3245 of Sarah M. Reasoner, contestee, made August 10th, 1906, for the S E 1/4 of Sec. 12, T. 38 S., R. 9 E., W. 11., in which it is alleged that said Sarah M. Reasoner died about the month of August, 1904, that the only heirs at law, and successors in interest of said deceased known to this office, are F. K. Reasoner, A. E. Reasoner, J. H. Reasoner, J. C. Reasoner, Mrs. Bertha Baumgard, and Myrtle Reasoner; that said Sarah M. Reasoner never during her lifetime, resided upon, or cultivated or improved said described land, nor any portion thereof, that none of the heirs at law, successors in interest, legal or personal representatives or said deceased, has at any time resided upon said land, or any portion thereof, or improved or cultivated the same, or any portion thereof; that said Sarah M. Reasoner, wholly abandoned said land for more than six months prior to her death, and that all the heirs at law, successors in interest and legal or personal representatives of said deceased, have since her death wholly abandoned said land and have failed to reside upon or cultivate the same, or any portion thereof, and have wholly failed at all times since the death of said Sarah M. Reasoner to improve said land in any manner, and that all of such failures and abandonments still continue, and that said alleged abandonment and failure to cultivate and improve said land, was not due, and is not due, to the employment in the army, navy, or marine corps of the United States, or any of the persons above named or mentioned, as a private soldier, officer, seaman or marine, during the war with Spain or during any other war in which the United States may be engaged.

Therefore, the said parties are hereby notified to appear, respond and offer evidence touching said allegations at 10 o'clock a. m. on November 10th, 1906, before George Chastain, county clerk, at Klamath Falls, Oregon, and that final hearing will be held at 10 o'clock a. m. on November 17th, 1906, before the Register and Receiver at the United States Land Office at Lakeview, Oregon.

The said contestant having, in a proper affidavit, filed September 17, 1906, set forth facts which show that after due diligence personal service of this notice can not be made upon the above named F. K. Reasoner, C. H. Reasoner and Mrs. Bertha Baumgard; it is hereby ordered and directed that such notice be given said F. K. Reasoner, C. H. Reasoner and Mrs. Bertha Baumgard, by due and proper publication.

9-27-104 J. N. Watson, Register.

Are You Going to Build?

If so I want an opportunity to figure on your work. I am prepared to make prices on all classes of buildings and will furnish plans whenever necessary. All work guaranteed.

A. M. Taylor, Contractor and Builder.

HOT SPRINGS WATER

Why not have your home in the Hot Springs tract, where you can have use of the splendid mineral water? Study the following analysis made by the University of Oregon:

Grains per U. S. Gallon.	
Sodium chloride	5.98
Calcium sulphate	6.52
Magnesium sulphate	.32
Sodium sulphate	28.94
Iron and aluminum oxides	.13
Sodium silicate	4.15
Silica	3.22

49.00

Read what Dr. G. F. Hanson of San Francisco says of this water:

"A careful examination of the water convinces me that it is unsurpassed in the nature of its mineral content, and should prove of the greatest possible utility in the treatment of congested conditions and for the general flushing of the tissues. Dyspepsia, sluggish bowels, habitual constipation, so-called biliousness and bilious headaches, indefinite rheumatic pains due to the accumulation of uric acid or retention of other waste products in the system, faulty elimination by the kidneys, and a long train of ailments dependent upon above states of bodily ill-health are benefited by the free drinking of and bathing in such waters."

For prices, see or write to the Hot Springs Improvement Co., Klamath Falls, Oregon.

Petition for Liquor License

To the Hon. County Court for the County of Klamath, State of Oregon. We, the undersigned, residents and legal voters of Wood River precinct in the County of Klamath, State of Oregon, would respectfully ask that a license to sell spirituous, malt and vinous liquors in less quantities than one gallon, at Fort Klamath, Klamath County, Oregon, for the period of three months from the 8th day of November, 1906, be granted to James M. Emery, of Fort Klamath, Or, and your petitioners will ever pray.

J. H. Wheeler, H. B. Losler, C. E. Hoyt, L. Hessig, John E. Sellers, William Skeen, H. L. Scott, J. B. C. Taylor, C. G. Copeland, M. F. Parker, M. P. Morgan, G. Westloton, J. Ardell, L. C. Sisemore, Daniel Ryan, Sr., John H. Smart. This petition will be presented to said Court on the 8th day of November, 1906. James M. Emery, Petitioner.

TIME TABLE

Klamath Lake Railroad, Oregon Stage Company, Southern Pacific Company.

DAILY			
4:30 a. m.	Lv Klamath Falls	Ar 4 p. m.	
6:00 a. m.	Keno	2:30 p. m.	
10:30 a. m.	Pokegama	8:05 a. m.	
1:00 p. m.	Thral	1:17 p. m.	
7:35 a. m.	Portland	8:45 p. m.	
8:30 a. m.	Ar 8 Francisco	Lv 8:20 p. m.	

Local Markets.

Following are the quotations of prices of the local dealers:

Wheat, B. 10.	
Oats, B. 75.	
Barley (old), \$1.50 per 55.	
Barley (new), \$1.25 per 55.	
Hay—Timothy and alfalfa, \$1.00.	
Butter, 5c.	
Eggs, 15c.	
Butter, 60c per 100.	
Chickens, \$1.50 per doz.	
Poatoes, 25c.	
Beans, 4c.	
Pork, 4c.	
Turnips, 15c.	
Cabbage, 3c.	
Corn, 3c.	
Squash, 25c.	
Beets, 2c.	
Cucumbers, 25c per doz.	
Flour, \$1.15 per sack.	



KKK STORE



Complete Stocks Fall and Winter Wear, Rubber Goods, Underwear, Sweaters, Ladies and Gents Furnishings, Coats of all kinds, Blankets, Quilts, Trunks, Valices, Crockery, Etc., Etc.



RUBBER GOODS
We carry complete lines of Rubber Footwear



MEN'S OVERCOATS
Leather, Rubber, Corduroy and Mackinaw Coats



Fashionable Coats, Skirts, Sweaters and Shirt Waists
Get our Prices ON THESE GOODS

SHOES! SHOES!!

We have the largest and best stocked Shoe Department in Klamath Falls. Good dependable shoes for every occasion. Walkover, Dress and Business styles. Nap-a-tan, heavy and high top shoes. Ladies dress shoes in all styles. Rubber heel comfort shoes. Juliets and lined shoes of all styles

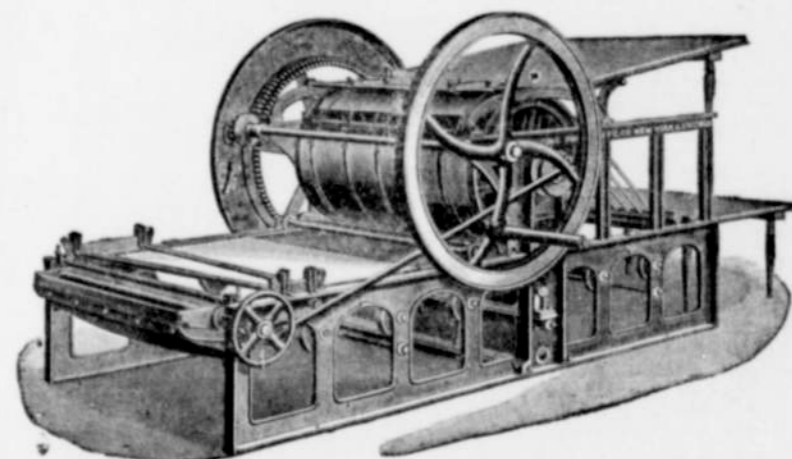
LET US DRESS YOUR FEET

Come in and inspect our goods. Let us figure on your winter order. We will save you money

KKK STORE
Klamath Falls Best Store



Most Completely Equipped Printery in Southern Oregon.



GOOD PRINTING is a work of art. At this stage, when good printing is obtainable, a business house is often times judged by its stationery. Good clothes may not make men but it creates a favorable impression. So it is with good printing it creates a most favorable impression for the business man, firm or corporation.

Send in your Printing, or ask for estimates. We have the Equipment then we KNOW HOW.