

SCHOOL LUNCHESES

Method to Make This Disagreeable Task Light for Both

You remember when you went to school and had to carry your lunch, how, after you had disposed of the contents of your lunch basket or box, you wished you could dispose of that burdensome receptacle? We all did, and the temptation became so great that we sometimes lost it. If you have little angels doing the same thing now, just bear in mind your experience, and make it as pleasant for them as you have wished your parents would make it for you. Prepare lunches they can carry in a package; make it as palatable as possible; don't forget it until the last minute, and than just "put up any old thing," remember it stands three hours, and if it is made of thickly sliced bread, poorly spread butter, tough, and a ringy meat, it is not very palatable—you would not like to eat it, so don't ask your child to do it, for he needs nourishment for his lunch just the same as you do.

Below is printed a few recipes for lunches which are palatable, easily prepared and can be carried without the use of that much hated and troublesome lunch box.

Meat Sandwiches.—Trim off the crusts neatly, spread the slices with butter (if the butter is too cold to go on evenly heat the knife blade, and lay between the slices any cold meat cut thin and sprinkled with salt and a little pepper. If the meat is dry, moisten slightly with Worcestershire sauce or French dressing. Add to this luncheon three or four pieces of celery and a currant bun or two cookies. Wrap the cookies separately in paraffine paper to keep them from becoming softened by the bread and tie up the whole carefully, not forgetting to put in a paper napkin.

Egg sandwiches.—White or golden bread, generously spread with butter; hard boiled eggs chopped fine and mixed with French dressing. Radishes sliced thin and spread over this are a nice addition. Ginge bread or ginger cookies are appetizing with this luncheon. An orange goes particularly well with this combination.

Celery sandwiches.—Spread slices of bread first with butter, then with celery chopped fine and well mixed with French dressing. If an apple can be carried with these sandwiches it will taste especially well, for apples and celery are delicious together. Fig sandwiches, made by spreading crackers, thinly buttered, with mashed figs would complete this luncheon.

Sardine sandwiches.—Use boneless sardines, if possible, if not, remove the bones and scrape off most of the oil; then crush the sardines, spread on thinly buttered bread and squeeze lemon juice over them. Four or five olives, wrapped in paraffine may be easily tied up with these sandwiches. For the inevitable sweet, which every child craves, add spice-cake or ginger cookies.

Nut and Cheese sandwiches.—These are delicious, made of either brown or

white bread; the very best of all is the Boston brown bread. Cut the slices thin and spread lightly with butter; this helps the cheese to stick to the bread. Then spread with cream cheese and lay nuts thickly over this, either in whole kernels or chopped fine, and dust over with salt. Celery or olives should accompany these, and raisin cakes make a nice dessert.

Lettuce Sandwiches.—These are daintily and keep moist very well, but they are hardly substantial enough for a whole luncheon. A meat sandwich should be put up with them. The slices of bread should be spread with butter, the lettuce leaves laid on, and then covered with mayonnaise dressing. The white, firm part of the lettuce leaf should not wilt as quickly as the green part. Any fruit goes well with this luncheon.

If your boy or girl prefers a box let him carry one, and each week it should be sealed with cold water—not salt-water—and placed in the sun. For these boxes the following are very good: collapsible boxes a tin box such as wafers come in or preserved ginger—in short, any box of the right size may be carried to and from school with but little trouble.

Into such a receptacle may be put such lunches as the following:

Mixed Ham Sandwiches.—The little pieces left from cold boiled ham, too small to be used as slices, may be run through the meat-grinder or chopped fine with the meat from the less desirable pieces of the chicken. Moisten this mixed meat with French dressing and spread on buttered slices of bread. Put into the box a small cup of custard, three sugar cookies and an apple, and you have a wholesome and tempting luncheon.

Oyster sandwiches.—Use white bread, buttered and spread on chopped stewed oysters and season with salt and pepper. Add several sweet pickles and gingerbread.

Whole Wheat Sandwiches.—Spread slices of whole wheat bread with butter and place in a lunch box a small cup of jam or orange marmalade; put in also a silver fruit knife for spreading on the jam, a little roll of cream cheese and an apple. The sand is, freshly spread with the jam, is a pleasing change from the one made in the morning.

Olive Sandwiches.—Chop olives and sweet red peppers together and spread on either white or brown bread which has been buttered or spread with cream cheese. To this luncheon some thin slices of cold meat should be added. Put in also an orange or a banana and a sweet cake.

Beefsteak Sandwiches.—Slice cold steak into very thin slices. Lay these on buttered slices of bread and season them with salt; then spread over with a mayonnaise dressing to which finely chopped sweet pickle and olives have been added. If steak so much the better. This makes a toothsome and wholesome sandwich. With these any kind of fruit is good, and for the sweet a little piece of preserved ginger and sugar cookies.

It is not difficult to keep these supplies

on hand. A little care and foresight is all that is necessary. A small jar of chopped nuts may be prepared by the children themselves, and will keep for days; the mayonnaise can be kept on hand in a covered jar; cream cheese may be bought or made from sour milk; cookies may be varied by having raisins in some and not in others in the same and of course, the cookie jar is never empty in any well-regulated household.

FROM EXCHANGES.

(Lakeview Herald)
Dist. Atty. W. J. Moore left for Klamath Falls, Friday last. Mr. Moore will be away from Lakeview for about two weeks, attending to legal matters and before returning will visit his family at Ashland.

(Ashland Tidings)
Mr. and Mrs. A. Alford of Talent, have gone on a visit to their son, Russell A. Alford, of Klamath county.

Howard Cunningham came in from Fort Klamath Wednesday, and together with his brother Burton, went on the same day to Corvallis to attend the O. A. C.

(Merrill Record)
The Opera House is being remodeled.

Fred Belfor of Marysville is visiting his uncle, W. J. Jory.

School opened Monday with an enrollment of 103, and a first day attendance of 70. This will be increased rapidly.

H. B. Wakefield, the sugar beet expert who speaks in the opera house here last April on the growing of beets, was in town Tuesday. Mr. Wakefield says his beet experiments have proven a success beyond his most sanguine expectations and he is more than ever convinced that sugar beets will grow to success here. He has some growing near the Falls which are as fine, he says, as any ever seen in the famous beet fields of Colorado.

A great deal of complaint is being heard about the condition of some of the bridges across the county road between Merrill and the Falls. The stage driver has brought in two lame horses on two different occasions as a result of them going through the bridge at the Henley place. This bridge is said to be in very bad condition and if reports are true it should be looked after before some one gets a horse's leg broken and the county has to pay for it.

Contractors Howe and Childers have the foundation completed for the new bank building. It is being erected on the southeast corner of Main and Front and will be a modern brick structure, 20x50, two stories high. The Merrill branch of the Klamath County Bank will occupy the first floor where a large steel and brick safety deposit vault is being built in which to keep all valuables. The second floor will be made into office rooms.

For rent, an eight-room house near the high school. Hot and cold water, bath and toilet, coal storage, etc. Inquire of Mrs. M. L. Beebe.

PHENOMENAL YIELD

Three Hundred and Twenty-three Tons Cut From 80 Acres

Best Barrows is the man who cut this crop from land lying a half mile up Lost River from Merrill. Best had 80 acres in alfalfa on his place. He cut the first crop and put it in the stack a little over a month ago. Thirty days after it was stacked and the hay had thoroughly settled it measured exactly 223 tons. This was just four and sixty-three one hundredths tons to the acre. And mind you, this is only the first crop. Mr. Barrows is now cutting the second crop and he says the 80 acres will make at least 300 tons more. That will make eight and eighty-six one hundredths tons to the acre for the entire 80 acres for one year's crop.

Alfalfa hay is now selling at \$5. Mr. Barrows 80 acres brought him nearly \$45 to the acre. If this isn't making money with little outlay what would you call it? The alfalfa to put it in the stack, did not cost its owner over \$4 an acre, leaving a net profit of \$40 or better.—Merrill Record

Ice cream at A. J. Manning's every day. Will guarantee it to be good.

Laps and Laps.
"That I, a penniless youth, should have won the love of you, brought up as you have been in the lap of luxury!" he exclaimed with heaving bosom.
"Oh, one tree of the same lap all the time!" protested she, archly.—Town Topics

There Are Exceptions.

Mrs. Manning—Do you know I hate a liar?

Aunt Hannah—And yet, Mary, how sweetly you smiled when Mr. Soper declared you didn't look a day older than 35.—Boston Transcript

Needed a Bracer.

Patient—Doctor, will you kindly prescribe a good nerve-tonic for me?

Doctor—Why my dear man, you've entirely recovered from your sickness.

Patient—Yes, but I want you to send in your bill.—Judge

An Embryo Statesman.

Mrs. Crimsonbeak—What makes you think that boy next door was born to be a congressman?

Mr. Crimsonbeak—Why, he inherits his father's lungs and his mother's tongue.—Yonkers Statesman

Such Forethought.

Hewitt—Is your life insured for the benefit of your wife?

Jewett—No, I don't believe in doing business in a roundabout way, and so I had the policy made payable to her second husband.—N. Y. Herald

There Is, Indeed.

Miss Gusch—Am I fond of Paderewski? Indeed I am. Why there's a fascination in his very name.

Mr. Grabbe—I don't know about that, but there's certainly a queer spell about it.—Philadelphia Press

Well Stocked.

"Flinders makes a regular laughing stock of himself, doesn't he?"

"Yes; his supply of funny stories never runs short."—Philadelphia Bulletin

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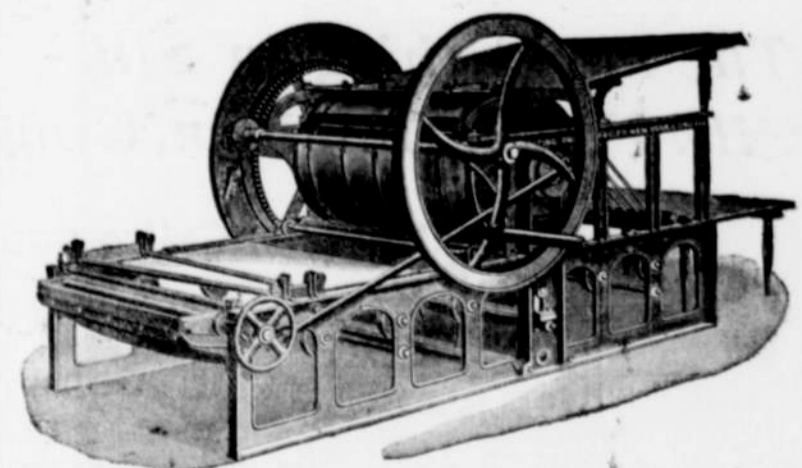
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