

# My Hair is Extra Long

Feed your hair; nourish it; give it something to live on. Then it will stop falling, and will grow long and heavy. Ayer's Hair Vigor is the only hair-food you can buy. For 60 years it has been doing just what we claim it will do. It will not disappoint you.

"My hair used to be very short. But after using Ayer's Hair Vigor a short time it began to grow, and soon I had long, thick hair. This seems a special result to me after being bald for six weeks."—Mrs. J. H. FRENCH, Altoona, Pa.

Made by J. C. Ayer & Co., Lowell, Mass.  
Solely and exclusively by  
**Ayer's**  
SARSAPARILLA,  
PILLS,  
CHERRY PECTORAL,  
etc.

### GREAT TUNNEL PLANNED.

**Central Pacific to Pierce the Sierra Nevada Mountains.**

"The boring of what will be the longest tunnel in the United States, and one of the longest in the world, has very recently been determined upon by the Central Pacific Railroad Company," says J. Mayne, Baltimore, in the Technical World Magazine.

"Chief Engineer William Hood has finished plans and reports for the proposed gigantic six-mile hole to be bored through the Sierra Nevada Mountains in California, a short distance west of the town of Truckee, Ariz.

The object of this great tunnel is to cut down the present mountain climb of 7,017 feet by fully 2,000 feet, and thus eliminate many of the present curves and much of the grade. Chief Engineer Hood's reports contain some modifications of his first series of surveys, made some years ago, and these will doubtless be approved by President Harriman; and work, it is expected, will very soon be commenced on this great tunnel.

"It is estimated that the tunnel will cost not less than \$10,000,000 and that among other things it will chasen the annual expenses of operating trains over the mountain division by fully \$100,000. Being over 25,000 feet in length, the tunnel will be one of the longest in the world and certainly the longest in the United States. The long est now in existence on this continent is the 10,000-foot bore in the Cascade range in Washington, on the Great Northern Railroad."

### Protection of American Birds.

The movement for the protection of birds in America has long since assumed formidable proportions, says American Homes and Gardens. Much of the credit for the work accomplished is due to the Audubon societies, which exist in thirty-five States, and which for a number of years have carried on an active work for the conservation of bird life. The results accomplished are considerable. A "model law" drawn up by the American Ornithologists' union is now in force in thirty States and the District of Columbia. The Lacey law excludes from interstate commerce all birds killed illegally in any State, and makes those illegitimately killed subject to the law of the State in which they are bought. Laws prohibiting the sale of game out of season, even when killed in season, look toward the same end of conserving bird life. Public attention has been aroused on the subject, and even the manufacturer of air rifles no longer calls attention to the fact that they will kill small game within short distances. Absolute protection has not yet been given the birds everywhere, but a great and important work has been well begun and is being carried forward.

**Clear as Thick Ink.**

On the South Side is a Chinaman who has not been in Chicago long enough to master the English language, save that he has grasped the meaning of a few words. The other day he went into the store of a tradesman, but was unable to make any one in the store understand what he wanted.

To the clerk he kept saying "ting, ting." After all had given up in despair and when John was about to make his departure, the proprietor happened to make his appearance. At once "ting" to him was string and he produced a section of rope the size of a clothesline.

John looked at it for a moment, took it in his yellow fingers and then said "young ting." Then the merchant went to a cabinet, pulled out a drawer and came back with a spool of thread. The Mongolian's face was at once wreathed with smiles. He handed over his nickel and went about his business with the air of a man who had accomplished a great undertaking.—Chicago News.

**A Habit with Him.**

There was a business man in a little Western town who never had a good word for anybody. Every one held him in more or less fear and many disliked him strongly. He made no effort to cultivate friendships, and at one time or another almost every inhabitant of the village had had a quarrel with him. One day the old lion tried to board a train which did not stop. He was thrown a great distance and fell in a heap on the track in the rear of the departing train. The group of villagers on the depot platform thought that their hereditary enemy had been killed before their eyes and were ready to drop all their bitter prejudices at the graves.

One ran up to where the fallen monarch lay, and, seeing signs of returning life, anxiously asked: "Are you badly hurt, captain?"

With the first short breath the fallen man was able to draw he gasped: "No, you d—d old fool! That's the way I always got off a train."—Kansas City Times.

**Engaged in a Noble Work.**

Employer—Jimmy, I let you off yesterday afternoon because you said you had some necessary work to do and one of my clerks says he saw you an hour or two later at the ball game.

Office Boy—Yes, sir; I was rootin' for the home team.



### The Farm Labor Question.

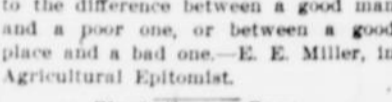
Much is being said just now about labor on the farm. The farmers complain that labor is both scarce and inefficient, while the farm hands grumble about poor pay and long hours. As to the matter of wages, I believe the hired man is right; while the farmer is often correct as to the poor quality of the help to be had. The reason for this is got far to seek. Other occupations have offered greater inducements to the man without capital, and the best men have left the farm and gone to them. There is, it must be confessed, little inducement for a strong, willing, energetic young man to work on a farm at \$12 or \$15 per month and board. He can usually do better elsewhere, and elsewhere he goes. This is true of all grades of service; and not until the farm can offer the man of muscle and the man of brain as much for their services as he can get elsewhere can the farm hold them. Higher wages for farm hands are, to my mind, inevitable; and this means that many farmers will have to learn how to better handle their men. What is needed is not cheap labor, and lots of it, but good labor and skillful management for it. While this is true of the labor problem as a whole, it is equally true that the main question is that of individuality. A farmer who treats his hired man as he would wish to be treated if he were the wage earner can usually get men, and the laborer who looks after his employer's interests as his own can always find employment. You can no more leave out the individuality in considering the "servant question." What is in greatest demand is mutual confidence and a mutual desire to do the best that can be done. A difference in wages of a dollar or two a month is a small thing to the difference between a good man and a poor one, or between a good place and a bad one.—E. E. Miller, in Agricultural Epitome.

**Plank-Frame Barns.**

The evolution of the plank frame barn is the natural result of the scarcity of timber for building. A considerable saving in lumber and ease of building is effected in the plank frame. Less time and fewer men are required in the erection, and there is little or nothing sacrificed in strength since the excellent method of bracing enables them to stand the pressure of hay and grain within or strong winds without. A solid frame foundation

may be used or the entire structure may be of plank. A good, firmly built stone and cement foundation is advisable. With this to rest the plank upon the frame is raised.

No stiles are used and the upright studs take the place of posts. Two for each post are set on the foundation on each side. Between these the cross-plank is placed and spiked so that it will extend the width of the barn and tie the two sides together. The scantlings on each side of the barn floor, forming center posts, are then raised and spiked in place. Upon the outside of each upright is spiked a plank of the same size as and parallel with the first cross plank. This gives three 2x8 inches for cross stiles through the center of the barn, each joint or hard being fixed in this way. End joints, using boards instead of plank on outside, give the bedwork of the barn. At the sides, between uprights in place of sill, a plank is firmly spiked; this holds the uprights firmly in place and prevents working sideways while the thoroughly spiked cross planks prevent all movement in other directions. Throughout



**Collar and Saddle Galls.**

Galls on horses are due to several causes, but frequently to saddles and harness that press unevenly on the body. The collar should fit the horse perfectly, and it cannot be too good. A loose girth to a saddle may allow it to shift. When a gall is noticed there is something wrong with the saddle or harness, and no remedy will be available until the cause of the gall is removed. An examination of the harness should be made whenever the horse is brought up from work at night, and it should be kept in good condition or the horse will suffer.

### Bean Poles.

As soon as the lima beans start up the pole, be sure to tie them up with raffia. If you are trying to use last year's white bean poles, you are going to have them rot off and fall down and cause no end of trouble. There is nothing better than cedar bean poles.

### Testing Soils.

All soils are formed from disintegrated rocks and organic matter. Of the latter, soils contain from 1 to 2 per cent; it is, however, only in bogs or beds of peat that the amount named is ever present. The best wheat lands contain only from 4 to 6 per cent of organic matter; oats and rye will grow in soils containing only 1 or 2. The intelligent farmer should endeavor to ascertain what is wanting in the soil and supply it, remembering that he can make no possible mistake with barnyard manure.

## RHEUMATISM

ALMOST AS COMMON IN SUMMER AS IN WINTER.

While the damp, cold, changing weather of Winter intensifies the pains and other disagreeable symptoms of Rheumatism, it is by no means a winter disease exclusively. Through the long months of Summer its wandering pains and twitching nerves are felt by those in whose blood the uric acid, which produces the disease, has accumulated.

Rheumatism is a disease that involves the entire system. Its primary cause results from the failure of the eliminative organs, the Liver, Kidneys and Bowels, to carry out of the system the urea, or natural refuse matter. This coming in contact with the different acids of the body forms uric acid which is taken up and absorbed by the blood. This acid causes fermentation of the blood, making it sour and unfit for properly nourishing the body, and as this vital stream goes to every nook and corner of the body, the poison is distributed to all parts. The nervous system weakens from lack of rich, pure blood, the skin becomes feverish and swollen, the stomach and digestion are affected, the appetite fails and a general diseased condition of the entire system is the result.

Not only is Rheumatism the most painful of all diseases, with its swollen, stiff joints, throbbing muscles and stinging nerves, but it is a formidable and dangerous trouble. If the uric acid is allowed to remain in the blood, and the disease becomes chronic, chalky deposits form at the joints, and they are rendered immovable and stiff, and the patient left a helpless cripple for life. Every day the poison remains in the system the disease gets a firmer hold. The best time to get rid of Rheumatism is in warm weather; because then the blood takes on new life and the skin is more active and can better assist in the elimination of the poisons. With the proper remedy to force the acid out of the blood, and at the same time build up and strengthen the Liver, Kidneys, Bowels and other organs of the body, Rheumatism can be permanently cured. External applications relieve the pain and temporarily reduce the inflammation, and for this reason are desirable, but they cannot have any effect on the disease. The blood is poisoned and the blood must be treated before a cure can be effected.

S. S. S., a remedy made from roots, herbs and barks, is the best treatment for Rheumatism. It goes into the blood and attacks the disease at its head, and by neutralizing the acid and driving it out, and building up the sour blood so it can supply nourishment and strength to every part of the body, it cures Rheumatism permanently. S. S. S. is the only safe cure for the disease; being purely vegetable, it will not injure the system in the least, as do those medicines which contain Potash or some other mineral ingredient. S. S. S. tones up every part of the body by its fine tonic properties. While cleansing the blood of all poisons it builds up the appetite and digestion, soothes the excited nerves, reduces all inflammation, relieves pain and completely cures Rheumatism in every form—Muscular, Inflammatory, Articular or Sciatic. If you are worried with the nagging pains of Rheumatism, do not wait for it to become chronic, but begin the use of S. S. S. and purge the blood of every particle of the poison. Write for our book on Rheumatism, and ask our physicians for any advice you wish. We make no charge for either.

THE SWIFT SPECIFIC COMPANY, ATLANTA, GA.

### Retort Courteous.

"Aw—captain, you used to be a whal'er, didn't you?"

"Yes."

"Would you mind telling me—aw—what kind of bait you used in catching a whaler?"

"Dudee, when we could get 'em, youse fellah."—Chicago Tribune.

### Encouraging Him.

The Young Man (arrogant, but bashful)—Miss Hope, I shall try to show you that I am not—as big a fool as I seem. You mustn't judge me by appearances.

The Young Woman—Certainly not, Mr. Wightworth. You don't make your appearances here often enough for that.

### Mother Will Find Mr. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Getting Direct Action.

Beryl (at the phone)—The idea of sending a kiss by telephone! Do you suppose I want to be kissed on my ear?

Jasper (at the other end of the wire)—Well, can't you put the receiver to your lips for a moment? ••••

There!—Chicago Tribune.

### State of Ohio, City of Toledo, Lucas County, vs. Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, Ohio, and State of Ohio, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE.

### Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1906.

A. W. GILKINSON, Notary Public.

### Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O., Sold by Druggists, etc.

### Hall's Family Pills are the best.

### Decidedly Improved.

Mr. Snagby (rummaging in closet)—Martha, this is a new hat, isn't it? Why don't you wear it? It looks better than anything you have worn this season.

Mrs. Snagby—That's my old hat. It blew off my head the other day and was run over by a street car, and I think you are just as mean as you can be!—Chicago Tribune.

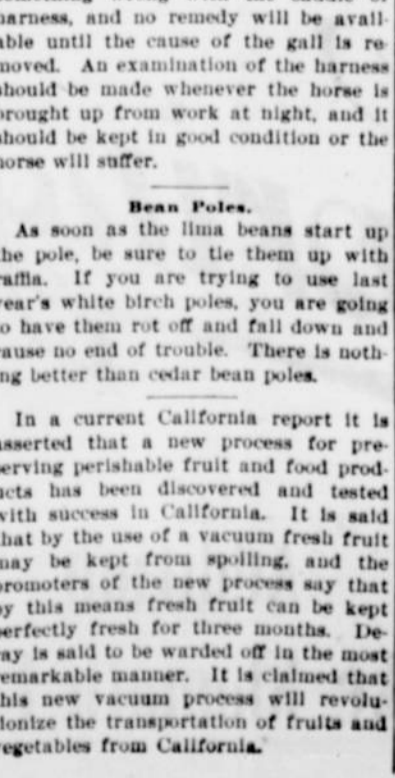
### Utterly Worn Out.

### Vitality Sapped by Years of Suffering With Kidney Trouble.

Capt. J. W. Hognan, former post-master of Indiana, now living at Austin, Texas, writes:

"I was afflicted for years with pains across the loins and in the hips and shoulders. I had headache also and neuralgia. My right eye, from pain, was of little use to me for years. The constant flow of urine kept my system depleted, causing nervous chills and night sweats. After trying seven different kinds of climate and using all kinds of medicine, I had the good fortune to hear of Doan's Kidney Pills. This remedy has cured me. I am as well today as I was twenty years ago, and my eyes 'g'it' perfect."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.



Divorce seems to be growing more prevalent every succeeding year. In 1886 there were 202 divorces in New York City. In 1904 there were 843. The same increase in the number of divorces, where in 1885 there were 1,145 divorces, and in 1904 there were 2,350, in Philadelphia in 1904 614 divorces on record, against 204 in 1885. In Boston there were 289 cases of divorce in 1885, and 512 in 1904.

Nearly all the larger cities show a corresponding increase.

### CASH

I am prepared to purchase first or second Mortgage or Equities in Connecticut, etc.

Send for circulars.

THE DANIEL FLY KILLER

destroys all flies and other annoying insects in the house and out of doors.

It is safe and effective.

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Last Summer I had a severe attack of Inflammatory Rheumatism in the knee, from which I was unable to leave my room for several months. I was treated by two doctors and also tried different kinds of liniments and medicines which seemed to relieve me from pain for awhile, but at the same time I was not any nearer getting well. One day while reading a paper I saw an advertisement of S. S. S. for Rheumatism. I decided to give it a trial, which I did at once. After I had taken three bottles I felt a great deal better, and I continued to take it regularly until I was entirely cured. I now feel older than I have for years.

CHAS. E. BILDERSLLEEVE,  
615 32nd Street, Newport News, Va.

Dr. C. Gee Wo  
WONDERFUL HOME  
TREATMENT

The wonderful Chinese Doctor I called great because he cured my rheumatism, sciatica, neuritis, and all my ailments without operation. He cured my rheumatism in three weeks, my sciatica in two weeks, and my neuritis in one week. He cured my rheumatism in three weeks, my sciatica in two weeks, and my neuritis in one week. He cured my rheumatism in three weeks, my sciatica in two weeks, and my neuritis in one week.

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