# No Appetite Means loss of vitality, vigor or tone, and is often a precursor of prostrating sick-

ness. This is why it is serious. The best thing you can do is to take the great alterative and tonic Hood's Sarsaparilla Which has cured thousands.

### Cornmeal Is Heating.

Corn meal prepared in any one of a half dozen palatable and digestible ways has been demonstrated to be richer in heat units than almost any other food that comes to the ordinary table. In a bulletin issued by the Michigan Agricultural College the fuel value of corn meal scarcely can find space on a page of the pamphlet for its expression in a long black line that has to double back upon itself twice in order to show the 9,000 calories that are in five pounds of the substance.

Eggs, sirioin steak, beef ribs, milk, cheese, and even the vaunted bean take place far back from the side of corn meal in nutritive value when the cost the house in the art of taking and reis considered. A table from this demonstration is particularly interesting. based upon the expenditure of 10 cents at the market prices of the commodities. This 10 cents value, with corn

																nds fe
Corn n	neal															3
Entire	when	at.	1	10	12	r										
High g	rade	P	81	e	a	t.	1	le	R	11						4
Beans																2.5
Potatos	80															10
																2
Salt pe																.7
Butter																.4
																8.3
Cheese																6
Round																
Beef ri																.6
Birloin					-						~	~	π.	~		.5

## Doing Great Work.

8.80X 2.80X

1,600

Florisant, Mo., Dec. 19 .- (Special) -That Dood's Kidney Pills are doing a great work in curing the more terrible forms of Kidney Disease, such as Bright's Disease, Dropsy and Diabetes, everybody knows. But it must also be noted that they are doing a still greater work in wiping out theousands of cases of the earlier stages of Kidney Disease. Take for instance Mrs. Peter Barteau, of this place. She says:

"I have been subject to pains in my back and knees for about three years. He was unfortunate enough to receive but since I have been taking Dodd's a counterfeit five-dollar bill, the worth-Kidney Pills I have been entirely lessness of which he discovered when cured.

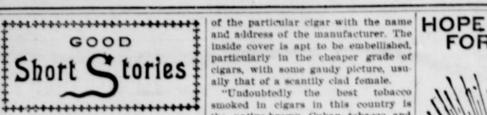
Others here tell similar stories. In fact, in this part of Missouri there are that he remembered the man who had scores of people who have cured the handed it to him, and would watch early symptoms of Kidney Disease with for him. Some time later the secre-Dodd's Kidney Pills. The use of the Great American Kidney Remedy thus saved not only the lives of Kidney Disease victims, but thousands of other Americans from years of sufferings.

#### Splitting Hairs.

A somewhat elderly gentleman, with a merry twinkle in his eye, went into a hairdresser's the other day to have his hair cut.

"Excuse me, sir," said the hairdress er, as he began operations, "but your hair is very coarse." "Of course," ejaculated the gentle-

man. The hairdresser looked rather



······ Miss Mary Manning, the author, while seeing Rome for the first time. was anxious to include a visit to the omb of Caesar. Meeting a citizen on the street she inquired, in her best Italian, the location of the tomb. The man looked greatly embarrassed. "I am desolated, signorina," he apologized, speaking in excellent English; "I do not know. Caesar has been

dead so long!" "Will you kindly tell us," a New York reporter asked of Mrs. Patrick Campbell, the actress, "why you are so frequently cold and unresponsiveto our profession, don't you know? Have you any grouch against newspapers?" "Not a thing-except one," she replied; "they will, now and again, call me 'Mrs. Pat.' I can't stand that 'Pat.' It is the last straw that breaks the Campbell's back."

A Scotch doctor, who was attending laird, had instructed the butler of cording his master's temperature with a thermometer. On repairing to the ouse one morning he was met by the utler, to whom he said: "Well, John, hope the laird's temperature is not determine.

any higher to-day." The man looked plied: "Weel, I was just wonderin' that mysel'. Ye see, he died at twal o'clock."

9,000 7,400 7,200 4,400 4,000 Lord Roberts once found himself in the center of new friends in a London club. There was a very tall gentle- $1,200 \\ 1,200$ man present, who, evidently believing himself to shine as a wit, seized every opportunity of raising a laugh at other people's expense. On being introduced to Lord Roberts, the wit bent down patronizingly to his lordship, and remarked: "I have often heard of you, out-" shading his eyes with one and as though the famous general, being so small, could be seen only

with difficulty-"I have never seen you." To this Lord Roberts promptly replied: "I have often seen you, sir, but I have never heard of you." That there are conscientious janitors is proved by the case of one who

works at Johns Hopkins University. resenting it to the secretary. He was cast down over the discovery, but said

tary asked him if he had yet seen the man who victimized him. "Ach," said the janitor, "dot man vot gif me dot bill he dit not come around alretty. But vot is de difference? Some days, you see, I tink de bill vas goot und some days I tink it vas bad; so I vait for one of dem days ven I tink de bill

vas goot und I pass him out." One of the delegates to the Republian National Convention from the Philippines told a story about Captain Andrew Rowan, whose exploit in car-rying the President's message to Gar-cia won for him a place among the heroes of the Spansh war. Rowan was heroes of the Spansh war. Rowan was

and address of the manufacturer. The inside cover is apt to be embellished, particularly in the cheaper grade of cigars, with some gaudy picture, usually that of a scantily clad female.

"Undoubtedly the best tobacco smoked in cigars in this country is the native-brown Cuban tobacco and the cigar is further improved if it is made in Cuba, particularly in the province of Havana. For this reason many so-called Havana cigars are in reality cigars made in this country and shipped to the island, whence they are reshipped to the United States, and the revenue stamp is duly pasted on the boxes to deceive the uninitiated.

'Many smokers who prefer a light wrapper enjoy the flavor of the Manilla wrapper with the Havana filler. To satisfy the taste the Havana tobacco frequently is wrapped in Connecticut wrapper, which is colored to look like a Manila wrapper.

"Inferior grades of cigars frequentare made of colored tobacco, acid ing used to stain the wrappers a light straw color in spots. The best leaf of the tobacco plant is that which grows nearest to the ground, and when the rain splashes mud on the leaf these little straw-colored spots appear when the tobacco is cured. When these spots are genuine the wrapper will be a good tobacco of its grade, but whether it is acid stain or not only the expert will be able to

# \*\*\*\*\*\*\*\* KOREAN SOUVENIRS.

\*\*\*\*\* The latest thing in bonnets for Korean women dates back into antiquity. cured the right medicine and I kept It consists of a small, bright green steadily improving. Within three dress waist, thrown over the head, weeks I was fully restored, and I am The collar band hangs down across the glad that I gave that truly great rembrow and mouth, and the brilliant red edy a trial. I will never be without sleeves fall upon each side. The fash- it again." ion is supposed by some persons to

ing their husbands' war-coats. from time immemorial, so that when work. Much of it is being used here though, the warrior wipes his bloody sword also."-Henrietta A. S. Marsh.

as souvenirs by almost every traveler Ohio. in Korea. Another popular reminder of the

is the small brass bell, from the cross- when they appear en masse. This was shaped clapper of which hangs a fish demonstrated at an uptown theater the the open air, the slightest breeze stir- drama was being enacted, says the ring the pendent fish, which in turn Philadelphia Record. A group of ten trude her maternal rights into the new

The Korean cash box is also begin- balcony. Just below them sat a party ican dollar, Korean pockecbooks take world that tragedy was turned into headed or unkind. on the size of an English hall chest. The chests are generally decorated plates, cut in stencil with the design that tears began to flow. There was a

comedy. True to feminine emotional nature, the feelings of the group of

pleasant for the worker. Every day, the one handkerchief were spared fur-

for example, the postoffices are closed ther mortification.

apparent to even the least symbolically

from 3 to 5 o'clock and during that

The state interferes litle with the

# THE MOTHER-IN-LAW FACT. SICK She Is Unlike the Carlcatures and by a dog near Romans is reported

THE

FOR

The American mother-in-law never has been treated with the consider- Angelin Descombes, at the village of ation to which her distinguished serv- Chatuzandes. The eagle swooped down ices to the country have entitled her, on the dog to carry it off, but the ani says the New York Telegram. She mal, on feeling the bird's claws in his has borne with uncomplaining diguity back, turned sharply and bit the eagle's and repose the slurs cast upon her; claws. The bird rolled over on the listened with well-bred indifference to ground, and the dog immediately the jeers of the unthinking and the pounced on it, and held it down until quips of sad-eyed, soggy-brains. She the arrival of his master, who cap

own worth and her proper relation to From wing point to wing point the and enlightenment.

Shall the mere ceremony which binds two young and immature per-

sons make a mother less than a mother, abate one jot of devotion and love she bears her child, or temper the degree of her sacrifice which she is will-

ng at all times to make? No. Heaven help the race were it

It is the maternal instinct and its reciprocal that make for all that is queried Mr. Walker Ties. beautiful and humanizing. From them

rich and the poor-a sentiment as worth fully that amount." broad as humanity. It is humanity tsolf.

Who among us, man or woman, of ten when sore beset by misfortune,

disaster, pain or anguish, would not be a child again and find comfort on A VICTIM OF LA GRIPPE. the breast of mother, whose cool hand and gentle volce would soothe you to

Mrs. Henrietta A. S. Marsh, 769 W. sleep? 6th St., Los Angeles, Cal., President Now, if you were married, this same Woman's Benevolent Ass'n, writes : gentle woman would be your wife's or

"I suffered with la grippe for seven your husband's mother-in-law. Of weeks, and nothing I could do or take course he or she could not be expected to view her in exactly the same "I felt at once that I had at last selight. Yet, on the other hand, there would be no reason for regarding her as something between an attack of smallpox and a flery-eyed dragon. Naturally, it is all in the point of view. And that generally decides our success or failure in life.

In a letter dated August 31, 1904, Mrs. commemorate the defense of the cap- Marsh says: "I have never yet heard Nearly all of the unthinking ap ital, in a long-ago war, by women who the efficacy of Peruna questioned. We proach the mother-in-law question in disguised themselves as men by wear- still use it. I traveled through Ken- such an intemperate or frivolous state tucky and Tennessee three years ago, of mind that it would be well to call The sleeves have been lined with red where I found Peruna doing its good a pause and suggest a little serious

Remember that the mother-in-law is

She is prompted solely by love for her child. To avoid disagreement love her child even more devotedly than

she does. Love her also, because she is now coveted by Russia and Japan, cape the notice of college students is the mother of the one you love. Try to regard her as you would your own mother and give her all the of sheet brass. These bells hang in other evening when a stirring melo- respect due to her. She is not your enemy, though she is liable to ob-

students occupied the front row of the order of things. Be a little philosophic. That never ning to ornament American homes. of young women. It was when the is a bad scheme. It gives you a think-Since some three thousand Korean beautiful heroine was about to be ing period. And when you have time that he could twist the tall of a duncash are required to equal the Amer- thrust out on the mercy of a pitiless to think you are not apt to be hot- colored mule and escape unscathed. In

sense and forbearance that you dis- the with brass corners and ornamental women aforesaid were so wrought up play to the rest of the world in your Post. dealings with it.

Meet mother-in-law half way in r known symbols of the world, which deep dive into pockets and bags and peaceful, conciliatory spirit. Be her at least twenty-five hundred years ago then a pause. Only one of the six friend and you'll find she'll be as

Eagle Caught by a Dog. A remarkable capture of an eagle

The dog belonged to a farmer named

has been conscious all along of her tured the bird alive.

the great questions of human progress eagle measured four feet nine inches -London Express.

Piso's Cure h a remedy for coughs, colds and consumption. Try it. Price 25 cents, at druggists

Nothing But the Truth. "Yes," said Mr. Stormington Barns.

we did well in the West. At a onenight stand in Arizona we played to a \$10,000 house."

"Say, what are you giving me? "Facts," answered the great footsory arise a truth and sentiment that have tragedian. "The one man who coman appeal to the high and the low, the prised the audience was said to be

A GUARANTEED CURE FOR PILES

ne, Blind, Bleeding or Protruding Pile ruggist will refund money if PAZO OINT fails to cure you in 6 to 14 days. 500

She'd Looked It Up All Right. Teacher-Have you looked up the eaning of the word "imbibes," Fanny?

Fanny-Yes, ma'am. Teacher-Well, what does it mean? Fanny-To take in. Teacher-Yes. Now give a sentence

ising the word. Fanny-My aunt imbibes boarders.-Woman's Home Companion.

> Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Clerical Jolt. She was wealthy and consequently a target for much flattery.

"Is it a sin," she asked her spiritual adviser, "to take pleasure in having people call me beautiful?"

"Of course it is, my child," replied the good old parson. "It is always wicked to encourage falsehood."

> Permanently Cured. No fits or nerv FITS Permanently Cured. No fits or nervousnes Restorer, Send for Free \$2 trial bottle and treatise, Dr. R. H. Kline, Ltd., 931 Arch St., Philadelphia, Pa.

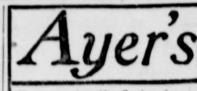
His Sphere.' Friend-Do you never take a vaca-

on, doctor? Doctor-Very seldom. I'm kept busy all summer doctoring people who have been taking vacations .- Puck.

TO CURE A COLD IN ONE DAY Take Laxative Bromo Quinter Tablets. All drug gists refund the money if it fails to cure. K. W. Grove's signature is on each box. 250.

## No Flowers.

A Ray County, Missouri, man bet \$2 reply to a telegram from the coroner At least, exercise the same common his father, in the East, wired: "Bury fool where he lit."-Denver



You can hardly find a home without its Ayer's Cherry Pectoral. Parents know what it does for children: breaks

# Cherry Pectoral

up a cold in a single night, wards off bronchitis, prevents pneumonia. Physicians advise parents to keep it on hand. "The best cough medicine money can buy Ayor's Cherry Pectoral. For the coughs of

JACOB SHULL, Saratoga, Ind J. C. AYER C.

Throat, Lungs

Ayer's Pills greatly aid the Cherry Pectoral in breaking up a cold

# FIRE PROTECTION I

- OLDEST HOUSE IN NORTHWEST e and complete stock of Fire Apparatus, Mose Department Supplies. Our goods are in use in is every Fire Department.

HEAVY COP. ER. BRAZED JOINTS, RELI-ABLE FIRE EXTINGUISHERS ABLE FIGURE A HIGH STREET, These are the handard Extinguishers, Common Extinguishers, (th riveted joints, fi2 each. A. G. LONG, Partland, Or



Wites writing to advertisers please mention this paper.



upon them it might leave no stain. These little jackets are brought home Address Dr. Hartman, President of actuated by the best of motives, ac-cording to her view.

helped me until I tried Peruna.

Students Broke Them Up.

"Hermit Nation," the control of which There are very few things that es-

tinkles the bell,

of the swastika, one of the earliest hasty struggle for handkerchiefs, a

zled, and said: "I mean it won't lie stationed at a post in one of the restraight, sir."

talk," smiled the gentleman.

felt mad, and said, abruptly: "Bear's gling. Rowan put the Mongols at grease ?" "Oh, yes!" exclaimed the gentleman; forth a protest that finally found its

"it bears grease, or oil, or fat of any way to the chief authorities at description: in fact - I should say it Manila. In due course of time the folwould bear anything, or it wouldn't lowing telegram reached Rowan: have borne your remarks about it."

New Uses for Roller Skates. Little Johnny-Say, pa, will you buy me a pair of roller skates?

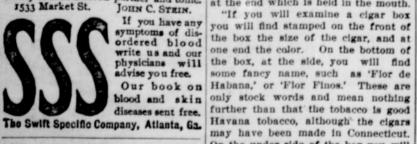
Pa-What in the name of common sense do you want with a pair of roller skates?

Little Johnny-Why, pa, I want to use them for mowing the lawn in summer and shoveling snow in winter. What else could I use them for, pa -Cincinnati Enquirer.



from impure blood and a general run-down condition of the system. I had no appetite, was losing flesh, and had an all, gone tired feeling that made me misera-ble. I began the use of S. S. S., and after taking seven or eight bottles myskin was cleared of all cruptions and took on a ruddy, healthy glow that assured me that my blood had been restored to its ror-mal health condition. How is dark, medium and suddy, healthy glow that assured me that my blood had been restored to its ror-mal health condition. The grade of tobacco used in a mal, healthy condition. My appetite was restored, as I could eat anything put be-fore me, and as I regained my appetite I increased in weight, and that "tired feel-ing" which worried me so much disappeared, and I was once again my oldself, I heartily recommend S.S. S. as the best blood purifier and tonic made, and strongly advise its use to all those in need of such medicine. VICTOR STUBBINS, of such medicine. VICTOR STUBBINS. Cor. Barthman and Washington Aves.

Wheeling, W. V., May 28, 1903. taken several bottles and the aches and 'breva' is finished off short at both pains are gone, my blood has been cleas-ed and my general health built up. I can testify to it as a blood purifier and tonic. Is a Market St. Jonn C. Sarar 1533 Market St.





minded. mote provinces of the islands. A back-"No; 79u see it can't lie straight, or ward season had been disastrous to LIFE IN SWEDEN IS SIMPLE. even tell the truth, because it can't crops, and the prices of provender had Husbands and Brothers Enjoy.

gone skyward as a result. About this The halrdresser, who began to sus- time several wealthy Chinese merpect that he was being played with, chants had been arrested for smugwork cutting grass. This brought shut in their faces. "Why are you compelling wealthy Chinese merchants to cut grass?" "Because grass is high," was Rowan's la-

> conic response. SECRETS OF THE CIGAR TRADE

time the clerks may rest or take part in some of the many outdoor games Ordinary Smokers Imagine They Ar-

Expert Judges of the Weed. that are popular there. "Nine men out of ten when you hand them a cigar will roll it tenderly between the fingers and smell it are so arranged that the poorest man omy." knowingly before attempting to smoke can hope for justice at a small cost, it," said an avenue cigar man to-day, Arbitration is held in high favor. according to the Washington Post. "After puffing on it a minute or two, more serious crimes are almost unif you ask his opinion, he will tell you known. The street cars have no conall about the cigar, its make, grade ductors to collect fare; each passenand price, and inform you in a con- ger puts the money in a little box by fidential way that he knows all about the door. In places of amusement tobacco, and cigars in particular. In people hang their hats and coats in a ninety-nine cases out of a hundred his large hall and there is no attendant information will be wrong, as only the in charge of valuable furs, often left tobacco expert can quickly judge of to the mercy of the passer-by.

Columbus, Ohio, May 19, 1903. Some four years ago I was suffering rom impure blood and a general run-lown condition of the system. I had no to bacco expert can quickly judge of the intrinsic merits of a cigar and fre-quently he will be at fault. "For commercial purposes all cigars

chas,' which are divided into 'boudaughters trades. quet' and 'special,' 'regalia bouquet' Sweden is a profoundly religious and 'puritanos,' the 'breva' and 'pancountry. The Bible is read aloud

On the under side of the box you will

announcing that the maker of the cig-

She Was Too Busy. Otherwise-And you actually ap-

prove of gossiping women? "If you will examine a cigar box the box the size of the cigar, and at talking about her neighbors never has one end the color. On the bottom of time to complain of her husband.-Detroit Free Press.

The Retort Courteous Miss Passay-You may sneer at pe further than that the tobacco is good dogs, but they're faithful, anyway. I Havana tobacco, although the cigars had rather kiss a good dog than some may have been made in Connecticut.

Mr. Sharpe-Well, well, some me find only the factory stamp and label are born lucky .- Philadelphia Ledger.

announcing that the maker of the cig-ar has filled all the requirements of the law, if it be a domestic cigar, pretty girls and marries a homely girl while the top is devoted to the name who can cook.

prehension she wined the tears from York newspapers once her own eyes and then passed the bit ding humorist who had handed him i of linen along. One by one the weep- cleverly satiric verse on the mother ing maidens dabbed their eyes with the in-law:

Women Accorded All Privileges Their handkerchief and then it was smug- "You are wasting your talent, young gled back to the owner and the game man, in writing such stuff. It is not Sweden is called a woman's para- of progressive handkerchief was begun a bit funny. I never could see the dise. Women share every privilege again. The students saw all this, and humor of such nonsense."

offered to their husbands and brothers one of them took a handkerchief from That editor was a great man, a and those who have to earn their liv- his pocket to wipe away imaginary broad man and one who saw at once ing find the doors of no profession tears and passed it along the line. Loud the heart beats in the subject. Though "sobs" drew attention to them. In a unmarried at the time, the ill-consid-The fair sex invades every public moment the house was convulsed with ered jest seemed to him profanation. department. Women are the bank laughter, and it was only after mana- When he did marry, of course, he clerks as well as the postoffice clerks gerial interference that the by-play naturally had the best mother-in-law and life in a Swedish town is made was stopped and the six maidens with in the world.

Ottar of Roses.

According to the commercial statis tics there has not been so good a year "Did you ever attend a cooking as 1903 for the production of ottar of roses in Bulgaria for thirty years "No," replied her Boston cousin, "but It is calculated that 13,770 pounds of

liberty of the subject. Legal matters I graduated from a college of gastron- this oil of roses were obtained. The distillers employ chiefly the damask roses, which blooms in the month of May. It is somewhat dellcate plant and a frost will destroy the whole crop. The rose bushes are grown in tall thickets, seven feet apart. In the mouth of October some of the leafy branches of the old rose bushes are laid horizontally in ditches about twelve inches in width and depth and covered with good soil. In eighteen months' time these young shrubs come into flower. The crop is gathered in between May 20 and June 15, an acre producing 3,300 pounds of roses. The pickers gather the flowers while they are in bud. These are then put into copper stills, cone-shaped, with neck for filling, and the stills are placed upon furnaces of masonry.

Twenty-two pounds of roses and nineteen gallons of water are placed in each still and the furnace is then lighted. The temperature is gradually reduced when the water begins t boil. After an hour or an hour and a derangement of the generative half about twelve quarts of liquid are taken away, and there is a second distillation for extracting from the rose water the oil it contains .--- English World Work.

## Small Increase in French Population

The French Minister of Commerc has received an official report of the last census of France, begun in 1901. It shows the population to be 38,961, 945, or a gain of only 444,613 in ter years. Comparative tables disclose that there is no other European coun try in which the population increases so slowly. The percentage of increase in Germany, Great Britain and Russia is almost a third greater than in France for the same period.

## Lacked a Lawyer's Facility.

Lawyer (to witness)-Never mind FREE MEDICAL ADVICE TO what you think, we want facts here. Tell us where you first met this man. Don't hesitate to write to Mrs. Pinkham. She will understand your case perfectly, and will treat you with kindness. Her advice Woman Witness-Can't answer it. If the court doesn't care to hear what I think, there's no use questioning me for I am not a lawyer and can't talk without thinking .- Boston Bulletin.

> Do you always keep an appointment, or just claim to?

The Kind You Have Always Bought has borne the signa ture of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one o deceive you in this. Counterfeits, Imitations and Just-as-good" are but Experiments, and endanger the health of Children-Experience against Experiment.



health of Children-Experience against Experiment. What is CASTORIA Castoria is a harmless substitute for Castor Oil, Pare-goric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic, It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea-The Mother's Friend.





HAOT carried by local grocers, write Wadhams & Co., who will advise where obtainable.



Similar but Different.

school?" asked the Chicago girl.

Many women are denied the happiness of children through organs. Mrs. Beyer advises women to use Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM : - I suffered with stomach complaint for years. I got so bad that I could not carry my children but five months, then would have a miscarriage. The last time I became pregnant, my husband got me to take Lydia E. Pinkham's Vegetable Compound. After taking the first bottle I was relieved of the sick-ness of stomach, and began to feel bet-Wise-Yes, for this reason: I have ter in every way. I continued its use noticed that a woman who is always and was enabled to carry my baby to maturity. I now have a nice baby girl, and can work better than I ever could before. I am like a new woman." - MRS. FRANK BEYER, 22 S. Second St., Meriden, Conn. - \$5000 forfeit if original of above letter proving genuineness cannot be produced.

WOMAN.

lped thousands.