

No Appetite

Means loss of vitality, vigor or tone, and is often a precursor of prostrating sickness. This is why it is serious. The best thing you can do is to take the great alterative and tonic **Hood's Sarsaparilla** Which has cured thousands.

Where the Cost Comes. Philosopher—The only thing that can make any man, rich or poor, perfectly happy is love, and love costs not a penny.

Practical Man—True, but keeping the loved one in clothes costs like the Old Nick.

An American factory at Hanover supplies pneumatic brakes for the whole Prussian railway system.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

A Hebe. Sister—You have told me her name, yet I know no more than I did before. Is she beautiful? Brother—Beautiful? Why, she could make even the present fashions look artistic.

Permanently Cured. No more nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for Free Trial Bottle and Testimonial. Dr. R. M. Kline, Ltd., 515 Arch St., Philadelphia, Pa.

Heroic Treatment. Mrs. Ebony—Doctah, my husband he got the paralysis in the legs, so he can't move his feet.

Doctor Dark—Is dat so, Mrs. Ebony? Well, I'll call right away.

Mrs. Ebony—Yes, doctah, an' he suah to brung roun' him, erlong. If dat doan start his legs goin', nuthin' will.

\$100 Reward, \$100. The readers of this paper will be pleased to learn that there is at least one cure for disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address: F. J. CHENEY & CO., Toledo, O. Sold by druggists, 75c.

Hall's Family Pills are the best.

Accounting for the Growth of Fishes. Lady Visitor (who has been listening to Piscator's story)—I didn't know that trout grew as large as that.

Piscator's Wife—Oh, yes, they do, after the story has been told a few times.

Pilo's Cure is a remedy for coughs, colds and consumption. Trial Price 25 cents, at druggists.

The Cook's Carrying Capacity. "You are having trouble with your cooks?"

"Yes. The first one carried on so."

"And how about the last?"

"She carried off as I lost two vests and a hat."—Philadelphia Record.

After Venus had answered the prayers of the young girl and had sent her a husband she next worshipped Hymen. This god was adored only on the day of the marriage ceremony, never before nor after.

To Break in New Shoes. Always shake in Allen's Foot-Ease, a powder. It cures hot, swelling, aching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Send for FREE Address Allen S. Olmsted, Le Roy, N. Y.

Why Fruit Trees Fail. Country Life in America points out that the dropping off of young fruit is not due to insect pests, as it is popularly supposed. More often it is because of the fact that many varieties of fruits are self-sterile and the blossoms require the contact of the pollen of other varieties before they will mature fruit. Not getting this pollen, many fruit trees do not bear at all or very much. The same trees treated by the methods of grafting and planting will often bear large fruit and plenty of it.

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Revenge of a Waiter. Tips regarding prospective smugglers come to the customs officials in strange ways and from peculiar sources, says the New York Tribune. One of the queerest was a cable dispatch from Bermuda, received a few weeks ago. It read: "Customs, New York: Watch Green—bicycle trunk—from Bermuda." There was no signature, and the officials, utterly puzzled as to the source of the message, awaited the arrival of the next Bermuda boat with interest. Sure enough, there was a passenger named Green, and among his luggage was a bicycle trunk.

He made the usual declaration that he was bringing in nothing dutiable. "What is in this?" asked an inspector, tapping the bicycle trunk.

"My bicycle, of course."

"Suppose you open it," said the inspector.

Mr. Green was sorry, but he had lost the key. Then they broke it open and found it packed with expensive cigars, which were promptly confiscated.

The mystery of the cabled tip was cleared up by a passenger who had stopped in Hamilton at the same hotel with Green. It seemed that Green never tipped hotel servants. One of them discovered that he was packing the bicycle case with cigars and told his fellows. They chipped in enough to pay for the cable dispatch and in giving the tip had revenge for tips not given.

The Preacher's Evidence. Roland, Ill., June 27.—Diabetes has so long been looked upon as an incurable form of Kidney Disease that a cure for it must rank as one of the most valuable medical discoveries of the age. And every day brings forth fresh evidence that Dodd's Kidney Pills will cure Diabetes. Important evidence in their favor is given by Rev. Thos. B. Norman, the well known Baptist minister here. Mr. Norman says: "I had all the symptoms of a bad case of Diabetes and received so much benefit from use of Dodd's Kidney Pills that I cheerfully recommend them to anyone suffering from that dread disease. Dodd's Kidney Pills will cure the worst form of Diabetes."

Dodd's Kidney Pills always cure Diabetes, one of the final stages of Kidney Disease. All the earlier stages from Backache to Rheumatism are naturally much more easily cured by the same remedy.

Our Country's Growth. No nation on earth can show so rapid a growth in population as the United States. The recent bulletin of the Census Bureau contains the estimates of population for 1901, 1902 and 1903 for all the cities having 10,000 or more inhabitants in 1900 and for States and Territories. According to the figures presented, the total estimated population of the United States, exclusive of Alaska and the insular possessions of the United States, is 79,900,398. This is an increase of 3,905,814 since the census of 1900. The population is estimated for 438 cities having 10,000 or more inhabitants in 1900.

According to these estimates, New York is now a city of 3,716,129 inhabitants; Chicago is rapidly approaching the two million mark, having 1,573,880 inhabitants; Philadelphia has 1,397,716; St. Louis has just passed and Boston has almost reached the 600,000 mark; Baltimore has 531,313; Cleveland is now a considerable distance ahead of Cincinnati, which cities have 414,950 and 322,234. Buffalo has also considerably increased its population, being credited with 381,403 inhabitants. San Francisco and Pittsburgh are also close competitors, the former having 355,919 and the latter 345,043. Detroit, Milwaukee and New Orleans have just passed 300,000 and Washington is close to that figure.

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STRENGTH OF THE JAPANESE.

A Japanese house is one of the simplest things ever built, for it consists of little more than four posts and a roof. But such "impermanence," which is also seen in other things, is a part of the strength of the nation.

Writes Douglas Sladen in "Queer Things About Japan," for no people in the world have so few wants.

The Japanese have no bread, no beds, no fires, no boots or shoes, no trousers for the men, no petticoats for the women—for both sexes wear several dressing-gowns one over the other. In their houses they have no windows, no doors, no walls but paper shutters fixed in grooves, no ceilings, no chests of drawers, not even a washstand.

In the kitchen they have no range, no pots, no pans, no four-burners, no kitchen tables. But then they have no tables or chairs in the drawing room, and in the real native house the drawing-room itself is only a lot of bedrooms with the paper shutters taken down. There is no reason why you should find anything in a Japanese house except mats, and a charcoal stove for warming your fingers and making tea.

These and a cushion or two, and a quilt to sleep on, with an elaborate conventional politeness, constitute the furniture of a Japanese house, except the guest chamber. And the articles in the guest chamber consist of a screen, a kakemono and a flower-vase. Along with his magnificent want of wants, no to speak, the Japanese combines a capacity to get huge pleasure out of what we should regard as trifles, and after labors and sacrifices that we should think intolerable, this extraordinary patience and wholehearted enjoyment under all the rigors of his lot marks the Japanese as unique among the peoples of the world.

He lives on next to nothing, and thrives on it. He always has a smile. He works whenever he can get any work to do. They are all week-days to him. Instead of a seventh day, Sunday, he has his festival, a national holiday or a temple festival. In either case he goes a-faring to some temple, and takes his children or a friend. He is never too poor to have money to treat them.

He only gives himself a holiday when he is out of work, and his holidays are inexpensive. He just takes a hundred miles to see some famous garden in its glory; he carries his luggage in a box, wrapped in oiled paper, and gets a bed in an inn for a half-penny. His food is almost as cheap; and when the last turn in the road shows him the irises of Horikiri, or the house and cherry-trees of Yoshino, on the day of all the year, he would not change places with the King of England.

HOW MEN SHOULD REST.

What a Celebrated Specialist Has to Say.

In commenting on the well-authenticated statement that Theodore Mommensen, the famous German historian, slept only about three hours a day during the last twenty years of his life, and yet attained to the ripe old age of 86, a celebrated specialist in nervous diseases says that this remarkable record could undoubtedly be attributed to Mommensen's extraordinary intellectual development and intense absorption of his work.

"Contrary to the popular notion," the physician continued, "the more highly developed is a man's intellect the less sleep he will require. The reason is that when all of life's forces are centered in the intellect there is much less wear and tear on the body than in the case when a more animal life is led. When the body is used merely as a means to a higher end, it is not indulged for its own sake, and it will respond in an astonishing manner to the tasks that are placed upon it."

"I am not what you would call a religious man, but I can testify that it is indubitably true that behind the body is a something—call it intellect, spirit or soul, just as you please—that has a power over the body that is practically unlimited; at least, I should hesitate to place any limitation upon it. And when a man lives in his intellect, soul or spirit, his body is not only subjected to a minimum of friction and consequent minimum need of repair, but it can be used up to the maximum of its capacity."—Detroit News-Tribune.

PHYSICAL CULTURE IN JAPAN.

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