

Catarrh

Whether it is of the nose, throat, stomach, bowels, or more delicate organs, catarrh is always debilitating and should never fail of attention.

It is a discharge from the mucous membrane when kept in a state of inflammation by an impure, commonly scrofulous, condition of the blood.

Hood's Sarsaparilla

Cures all forms of catarrh, radically and permanently—it removes the cause and overcomes all the effects. Get Hood's.

Information for the Young.

"Pa, what's a grain of truth?" "It's generally the thing that keeps all the women in the neighborhood saying, 'Well, I declare!' 'I never would have thought it!' 'You don't say!' 'I never did believe she was so innocent as she tried to make out!' and 'I feel sorry for her children!'"

"You seem to think a good deal of that monkey," said the little girl. "Yes," replied the organ grinder. He good monk.

"Do you think he'll go to heaven?" "No," when he monk die he go to Newport."—Chicago Tribune.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething season.

Doesn't it make you angry when folks twit you about your failure to acquire a husband?" asked the girl who was doing her first season.

"Not me," replied the philosophical spinster. It is better to be laughed at because you are not married than not to be able to laugh because you are."

Also a Cure for a remedy for coughs, colds and consumption. Try it. Price 25 cents, all druggists.

The Whysnas.

"I suppose," said Mrs. Mixer, "my reputation as a breadmaker is due to the practice I have had. I am the mother of seven boys, you know."

"Yes," replied Mrs. Catchington, "and my reputation as a matchmaker is doubtless due to the fact that I am the mother of nine daughters."

"It looks to me a good deal as if the new woman and some society women would like to be hens."

"Not very complimentary."

"But a reasonable deduction, nevertheless."

"Why do you think so?"

"Because the incubator would relieve them of so much responsibility."

"Just Wanted a Chance."

"Mister Judge," called out the colored witness, after he had been on the stand a full hour, "kin I say one word, sub?"

"Yes," replied the judge. "What it?"

"Hit's dess dis, sub. Ef you'll dess make de lawyers set down on keep still two minits, en gimme a livin' chance, I'll whirl in en tell de truth!"

Despair.

"Yes, Cholly's navet has committed suicide."

"Deah me! Now, do say, what foah?"

"Why, Cholly wanted to smoke his cigavettes foah him."

May Be Only a Pipe Dream.

Standard oil capitalists are reported to have bought Coney Island. We may yet, remarks the Chicago Record-Herald, be able to get our midway amusements through a pipe line.

Diplomacy.

"At what age do you consider women the most charming?" asked the inquisitive female of mere or less uncertain years.

"The age of the woman who asks the question," answered the man, who was a diplomat from Diplomacyville.—Chicago News.

RHEUMATISM AN INDESCRIBABLE TORTURE

Because Rheumatism sometimes comes on suddenly it doesn't prove that it is a chance disease or one due to accidental causes. It takes time for it to develop, and is at work in the system long before any symptoms are felt. The blood is the first point of attack, and the poisonous acids that cause the aches and pains are then distributed through the circulation to different parts of the system, and settle in joints, muscles and nerves; and when the system is in this condition it needs only some exciting cause like exposure to night air, damp, chilly weather, or the cold, bleak winds of winter, to arouse the slumbering poisons and bring on Rheumatism. The severity of the attack depends upon the amount of acid in the blood and the quantity of acid matter in the joints and muscles. Some people are almost helpless from the first, while others have occasional spells or are uncomfortable, restless, nervous and half sick all the time from the nagging aches and pains. Rheumatism is a disagreeable companion even in its mildest form. It grows worse as we grow older, and frequently stiffens the joints, draws the muscles out of shape and breaks down the nervous system. A disease that originates in the blood, as Rheumatism does, cannot be cured with external remedies like liniments and plasters; such things scatter the pains or drive them to some other part of the body, but do not touch the disease or improve the condition of the blood. The thin acid blood must be restored to its normal purity and strength, so that all poisonous substances may be carried out of the system, and no medicine accomplishes this in so short a time as S.S.S., which not only neutralizes the acids and counteracts the poisons, but builds up the general health at the same time.

Write for our special book on Rheumatism, and should you desire any special information or advice, our physicians will furnish it without charge. THE SWIFT SPECIFIC CO., ATLANTA, GA.



HOUSEHOLD TALKS

Bread.

Sift a quart of flour with half a teaspoonful each of salt and sugar into a bowl. Scald a cup of milk and stir it into a teaspoonful of butter, melted in a half pint of boiling water. When his is lukewarm stir it into the sifted flour, then add a third of a yeast cake that has been dissolved in a gill of blood-warm water, and mix to a soft loam. Turn upon a floured pastry board and knead for ten minutes. Set a rise in a bread pan with a perforated top, set in a warm place for six hours. At the end of this time divide the loam into two loaves, knead each of these for five minutes and put into a greased pan. Cover with a light cloth and set to rise for an hour more before baking in a steady oven.

Tomato Catsup.

Boil together a peck of ripe tomatoes and four large onions until they are soft. Pass through a colander, and then strain the liquid through a fine sieve. Put this over the fire with a dozen sprays of parsley, a couple of bay leaves, a teaspoonful each of ground cloves, mace, white pepper, sugar, salt and a very little cayenne. Tie up a teaspoonful of celery seed in a little muslin bag and drop in with the rest. Boil all together for five hours, stirring occasionally. When boiled down one-half, and quite thick, take out the bag of celery seed, add a pint of vinegar and take from the fire. When the catsup is stone cold bottle and cork, sealing the corks.

Cheese Croquettes.

Cut into small dice one pound of American cheese. Have ready one cupful of hot cream sauce in a saucepan; add the cheese and the yolks of two beaten eggs, diluted with a little cream. Stir until well blended, and let the mixture remain on the stove for a moment until the cheese gets "steady." Season with salt, red and white pepper and a little nutmeg. Set on the ice until cold, then form into croquettes and roll in fine bread crumbs. Dip in egg, then in crumbs again, and fry in deep hot fat until a delicate brown.—Good Housekeeping.

Sausage with Buckwheat Cakes.

Prick the sausages well and fry in a little bacon fat. Put them on a hot platter in a circle on the outside, leaving space for the cakes in the center. Cakes.—Mix thoroughly two cupfuls of buckwheat flour, a little salt and three teaspoonfuls of baking powder; then add milk and water of equal parts to make the batter of the right consistency. Add a little molasses, which will give them a better color. Fry on a soapstone griddle and pile neatly in the center of the ring of sausage.

Cream of Celery Soup.

Cut the celery into inch bits, cover with a quart of water and boil tender. Rub through the colander and return the liquid to the fire. Make a roux of a tablespoonful of butter and one of flour, and when it bubbles pour upon it a pint of rich milk—smooth cream, if you have it. Stir until smooth and thick, then add gradually the celery puree. Season with salt and white pepper and serve.

Oyster Pie.

Line a vegetable dish with mashed potato. Brush it over with the white of an egg, and put it in the oven to brown lightly. Take two dozen oysters, half a pint of milk, one tablespoonful of butter, pepper and salt to taste. Let it come to a boil, and thicken with a heaping teaspoonful of flour and put into the space left in the vegetable dish.—What to Eat.

A Vindictive Horse.

"How did it happen that your horse died?"

"The veterinarian's automobile broke down on the way over."



SERMONS OF THE WEEK

Polygamy.

Every time polygamy is mentioned in the Bible the sad result are shown with it.—Rev. W. H. Hays, Congregationalist, Denver, Colo.

Selfish Rulers.

Millions of men would be Christians, but they see us ruled often by selfishness, greed, jealousy and evil passions.—Rev. Ray Palmer, Baptist, Chillicothe, Mo.

The Clerical Function.

The chief function of the preacher should be to set forth the spiritual food, of which the Bible contains such exhaustless abundance.—Rev. R. F. Hubert, Methodist, Burlington, Iowa.

Universal Standard.

A universal standard at the present time seems all that is necessary for a union of all Christian forces in the conquest of the world for Christ.—Rev. J. L. Lee, Presbyterian, New York City.

Mankind.

Our personal success in work for God depends much upon our methods, for we have to deal with men as we find them and not as we would desire them to be.—Rev. Geo. Adams, Methodist, Brooklyn, N. Y.

Artificial Life.

Humanity, as it is presently constituted, is unnatural. We live an artificial life, a life in opposition to the divine, hence our environments are inauspicious.—Rev. F. E. Mason, Scientist, Brooklyn, N. Y.

Work of the Church.

If churches had not been built, jails would have multiplied. If the sanctity of the marriage tie had not been defended, the divorce courts would have been overcrowded.—Rev. W. J. White, Roman Catholic, Brooklyn, N. Y.

Practical Christianity.

If any man fancies that Christianity is not practical he reveals his ignorance of the New Testament. The religion of Jesus was as well that which is to come.—Rev. L. M. Crandall, Baptist, Chicago, Ill.

Independence.

When a man finds himself in radical disagreement from his associates he is free to assert his independence, otherwise we are living in a modified system of anarchy, and not in a republic.—Rev. A. McKenzie, Congregationalist, Cambridge, Mass.

Divorce.

Marriage is a relation which is indissoluble except for one reason. If it is a civil relation a divorce can and may be granted. If it is ordained by God no court has any right to interfere and sever the bonds.—Rev. E. L. Powell, Disciple, Louisville, Ky.

Circumstances.

The social and financial condition has little or nothing to do with one's spirituality, except as he is influenced by it. But in the sight of God we are not saved or lost by our circumstances, but by our faith or lack of it.—Rev. C. L. Palmer, German Reformed, Kingston, N. J.

Joy.

Joy is a vital and worthy element in every life. Our rugged and rushing age is so serious-minded that we have almost forgotten to be merry and ring out hearty peals of laughter. Yet no one is at his best until deeply and divinely happy.—Rev. W. P. Ferguson, Methodist, Los Angeles, Cal.

Ideals.

Every young man has a mental conception of character which is his ideal. The statesman, politician, educator, philanthropist, inventor, master mechanic, orator and writer are ideals after which young men of today mold and fashion their lives, build characters and shape their destinies.—Rev. Z. E. Bates, Disciple, Allegheny, Pa.

Speculation.

By the laws of the church, which have stood since the sixteenth century, priests are absolutely forbidden to engage in business without first obtaining the consent of the bishop of his diocese. Gambling or speculating with either his own funds or the funds of the church are included in this.—Rev. William O'Ryan, Roman Catholic, Louisville, Ky.

Increase of Crime.

While the population of the country has increased three times, the crime in the country has increased twelve times. The United States is paying more for the support of criminal institutions than for both religion and education. In addition there is the expense of protecting people from the attacks of criminals without the jails.—Rev. C. N. Howard, Baptist, Rochester, N. Y.

Future Punishment.

We want no amateurs regarding future punishment. We want an expert, whom we can trust, as the little child trusts the wise surgeon, as the traveler trusts the guide and deliverer, as the passenger trusts the captain of the great ship. Fortunately, Jesus Christ, in the great hour of His life, has spoken in words so clear, so simple, as to leave no room for doubt.—Rev. N. D. Hills, Congregationalist, Brooklyn, N. Y.

Man and Woman.

Those who seek to make men and women similar in tastes, habits, and aims seek the impossible and the unprofitable. Social, educational and religious life require for their full consummation and sympathy both the man and woman elements of mind and soul. Society will not be benefited by making men and women similar, but by keeping them dissimilar. Woman in her sphere is and has been as supreme and important in her mental and spiritual contributions as man.—Rev. R. A. White, Universalist, Chicago, Ill.

Some Large Undertakings.

"Talk about big jobs," said the Cheerful Idiot, while trying to look so serious.

"Well," said the victim wearily, "Wheeling West Virginia may be some and Lansing Michigan may be rather a big surgical undertaking, but Flushing Long Island isn't such a tiny sanitary stunt."—Baltimore American.

Perverted Pride.

"Aren't you ashamed of that last massacre?" "I don't see why I should be," answered the Sultan, "it wasn't such a very small one."—Washington Star.

Asthma advertisement with text: "One of my daughters had a terrible case of asthma. We tried almost everything, but without relief. We then tried Ayer's Cherry Pectoral, and three and one-half bottles cured her."

Ayer's Cherry Pectoral advertisement with text: "Ayer's Cherry Pectoral certainly cures many cases of asthma. And it cures bronchitis, hoarseness, weak lungs, whooping-cough, croup, winter coughs, night coughs, and hard colds."

Perrin's Pile Specific advertisement with text: "The INTERNAL REMEDY. No Case Exists It Will Not Cure. Wood Saws, Drag Saws run by steam or gas, etc."

WANTED advertisement for a man or woman to improve their business.

St. Helen's Hall advertisement for a school for girls.

Towles Waterproof Oil advertisement for various uses.

INSOMNIA advertisement for a cure.

CANDY CATHARTIC advertisement for constipation.

Dr. C. Gee Wo advertisement for a home treatment.

Washington Farmers and Stockmen Indorse Prussian Stock Food advertisement.

Washing Prussian Stock Food advertisement.

Washing Prussian Stock Food advertisement.

Washing Prussian Stock Food advertisement.

PISO'S CURE FOR CONSUMPTION advertisement.

ANCIENT QUARRY IN NEBRASKA. Was Worked by a Race of People Unknown to the Scientists.

In the great flint quarries near New-hawka, Neb., covering more than a township, a party of well-known scientists has found what they think is evidence of the existence of a lost race, hitherto unknown.

They were a race of patient plodders whose knowledge and handiwork had not been developed beyond the primitive ideas of the stone age.

Mr. Pollard, when he arranged the visit to this spot a year ago, caused a cross section to be cut in the brow of the hill and laid bare the face of the quarry.

ATHLETICS AT OUR COLLEGES. Plea in Favor of Sports in the Large Institutions.

The day is past when the whole mission of our colleges was to turn out young men of over-developed brains in under developed bodies.

Origin of Meteorology. Meteorology owes its origin to Italy, which, as Dr. H. C. Bolton notes, produced every one of the fundamental instruments now used in weather observations.

A Rapid Berry Picker. The speediest feminine picker of huckleberries in Monroe County, Pennsylvania, is Carrie Everett, a girl of 15 years.

Clever Youth. Shopper—Young man, do these goods shrink? Bright Clerk—Not so much as I would from telling you they didn't, ma'am, if they did.—Philadelphia Ledger.

GRATEFUL, HAPPY WOMEN



Miss Muriel Armitage

Female Weakness Is Pelvic Catarrh. Always Half Sick are the Women Who Have Pelvic Catarrh.

Catarrh of any organ, if allowed to progress, will affect the whole body. Catarrh without nervousness is very rare, but pelvic catarrh and nervousness go hand in hand.

No Offense Meant. Bloods—I understand, sir, that you referred to my photograph as a side-show? Slobbs—Don't get excited, old man. I merely meant that it was a profile.

I was Ever Thus. "Who lives in that little cottage down there by the lane?" "There dwells the man who wrote the poem that made Beasley's shaving soap famous."

ABSOLUTE SECURITY. Genuine Carter's Little Liver Pills.

Not Tomorrow or This Afternoon, but Now. Behne-Walker Business College.

WISE BROS., Dentists. "The Falling," Third & Washington.

Thank Pe-ru-na for Their Recovery After Years of Suffering

Miss Muriel Armitage, 36 Greenwood Ave., Detroit, Mich., District Organizer of the Royal Templars of Temperance in a recent letter, says: "I think that my woman naturally shrinks from making her troubles public, but restored health has meant so much to me that I feel for the sake of other suffering women it is my duty to tell what Peruna has done for me."

It is worse than foolish for so many women to suffer year after year with a disease that can be permanently cured. Peruna cures catarrh permanently.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

BROMO-SELTZER CURES ALL Headaches. 10 CENTS EVERYWHERE.

Dizzy? Appetite poor? Bowels constipated? Tongue coated? Head ache? It's your liver! Ayer's Pills are liver pills, all vegetable.

THE Keeley Cure. ALCOHOL, OPIUM, TOBACCO USING. WRITE FOR ILLUSTRATED CATALOGUE.

Sanders Disk Plow. Simplest and most perfect made. Before you give your order for a Disk Plow be sure to examine the standards.

WE HAVE FEELINGS AS WELL AS YOU. Dr. W. A. Wiles has found a safe and absolutely painless way of extracting teeth.