Hood's Sarsaparilla No other medicine acts like it; no other medicine has done so much real, substantial good, no other medicine has restored health and strength at so little cost.

sprouted."-Judge.

Mrs. Bliggins.

ington Star.

In the Interest of Sleep.

those new nieghbors that they needn't

buy a new lawn mower, as you will al-

ways be glad to lend them ours?" asked

"That's one of my best ideas," answered her husband. "No one is go-

ing to have the blamed assurance to

come around at 6 o'clock in the morn-

ing to borrow a lawn mower."-Wash-

Proportion of Murders.

Mothers will find Mrs. Winslow's Sootbing syrup the best remedy to use for their children the teething season.

Relax Your Muscles.

pletely relax his muscles can obtain

more absolute rest in ten minutes than

the person who cannot relax his mus-

cles will be able to obtain in an hour.

CATARRH CANNOT BE CURED

Betzer-Why do you have iron bars

in front of your kitchen windows and

Shemster-To prevent the escape of

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nervo

Saw It Only One Way.

Tuxydo-I was thinking of proposing

to that pretty widow, but I changed

my mind. She's the most unsenti-

Tuxydo-She told me the last time I

mental article I ever struck.

Ruxton-So?

The Innocent

The world to-day is full of innocent sufferers from that most loathsome

disease, Contagious Blood Poison. People know in a general way that it is

a bad disease, but if all its horrors could be brought before them they would shun it as they do the Leprosy. Not only the person who contracts it suffers, but the awful taint is transmitted to children, and the fearful sores

and eruptions, weak eyes, Catarrh, and other evidences of poisoned blood

show these little innocents are suffering the awful consequences of some

body's sin. So highly contagious is this form of blood poison that one may

be contaminated by handling the clothing or other articles in use by a

person afflicted with this miserable disease. There is danger even in drink-

ng from the same vessel or eating out of the same tableware, as many pure

and innocent men and women have found to their sorrow. The virus of

powerful and penetrating that BLOOD POISON IS NO within a short time after the BLOOD POISON IS NO

first little sore appears the whole system is infected and every RESPECTER OF PERSONS

skin is soon covered with a red rash, ulcers break out in the mouth and

ings appear in the groins, the hair and eyebrows fall out,

ravages of the disease are checked at this stage, more agerous symptoms appear in the form of deep and offensive ored splotches, terrible pains in bones and muscles, and

S. S. S. is a specific for Contagious Blood Poison and the only remedy

that antidotes this peculiar virus and makes a radical and complete cure of

the disease. Mercury and Potash hold it in check so long as the system is

under their influence, but when the medicine is left off the poison breaks out

again as bad or worse than ever. Besides, the use of these minerals bring

on Rheumatism and stomach troubles of the worst kind, and frequently pro-

duce bleeding and sponginess of the gums and decay of the teeth. S. S. S.

cures Blood Poison in all stages and even reaches down to hereditary taints

can be taken without any injurious effects to health, and an experience of

nearly fifty years proves beyond doubt that it cures Contagious Blood Poison

which describes fully the different stages and symptoms of the disease.

and permanently. Write for our "Home Treatment Book,"

and removes all traces of the poison and

saves the victim from the pitiable conse-

quences of this monster scourge. As long

as a drop of the virus is left in the blood

it is liable to break out, and there is danger

of transmitting the disease to others.

S. S. S. is guaranteed purely vegetable and

THE SWIFT SPECIFIC CO., ATLANTA, GA.

Difficulties are only fences across your chosen path. Stenography and a business education are the muscle and skill that help you to get over the fences. Make the first jump today by writing us for our catalogue. Our graduates are all employed

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Sanders Disk Plow

Mitchell, Lewis & Staver Co.,

PORTLAND, - - - OREGON

EXTRACTING

BOISE SALEM MEDFORD

the cook .- Brooklyn Life.

A person who can sit down and com-

United States is a murder.

One death in every 112 in the

"What did you mean by telling

"I was troubled with scrofula and came near losing my eyesight. For four months l could not see to dc anything. After taking two bottles of Hood's Sarsaparilla I could see to walk, and when I had taken eight bottles I could see as well as ever." Susie A. Hairs-

Hood's Sarsaparilla promises to cure and keeps the promise.

Lost Fortune in Crap Came.

Herr Jules Block, the Swiss iron magnate, lost \$30,000 in a game of craps at Tozapah, a Colorado mining camp, last week. He merely smiled at his ill luck and the next day drew on his New York bankers for a sufficient sum to make good his losses.

"When he proposed to me I was de-lighted, of course," confessed Miss An-Teek, "but I tried not to let my face show him what my answer would be." "And did you succeed?" asked Miss Peppery.

'No; he found his answer there." "Ah! Read between the lines, I suppose."-Philadelphia Press.

Thoughtless.

"Jim," said the first tramp printer, as the freight train flew along, "we ought to have waited till tomorrow to make this trip."

"Yes; the company runs an excursion today and we're only beating it out of \$4.60."—Indianapolis Sun.

Imitation.

The hairdresser had done rather a hasty job on the raven locks of the young woman.

"Well," she said, surveying the re- Restorer. Send for Free \$2 trial bottle and treatise Dr. R. H. Kline, Ltd. 931 Arch St. Philadelphia, Pa sult in the morning, "this is a sham-poo, all right, if there is any such thing as a real 'poo.' " - Chicago Tribume.

New to Him.

Pat-How does yez loike codfish

Mike-Faith! an' I niver 'tended called on her that she had plans for a one, but it's big toimes I've had down nice home and was going to advertise at th' firemen's hop.-Lippincotts'. for proposals.-Judge.

Contagious Blood Poison is so

drop of blood in the body is

tainted with the poison, and the

DISCOURAGED

down of the system.

TRIALS OF TEACHER OF "Yes," said the traveling artist, who CHINATOWN'S CHILDREN had paused to contemplate the charm-

To Itself ing view from Mr. Meddergrass' front yard and to drink a cup or two of buttermilk; "yes, I should like to linger at Montreal, Canada, because of offl-In what it is and what it does—containing the best blood-purifying, termilk; "yes, I should like to linger in this lovely spot all summer. To me there could be nothing finer than to has been formally admitted to this has been formally admitted to this country and has rejoined her husband in New York City. She is to take charge of a mission kindergarten in Chinatown. She is a Christian, as is her husband. She was only admitted grass. "You mean you'd like to loaf



to the United States after an imperial certificate designating her as a teacher had been sent from Peking.

OUR ALPHABET FOR JAPAN.

Roman Script Is Hereafter to Be Used in the Mikado's Domain.

Japan seems to be about to take one

of the most remarkable and not least With local applications, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not'a quack medicine. It was prescribed by one of the best physicians in this country for years, and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.

F. J. CHENEY & CO., Propra., Toledo, O. Sold by druggists, price 75c.
Halls Family Pills are the best. important of all her steps toward harmonizing herself with the highest civilization of Europe and America. That is nothing less than the adoption of Roman script-our own English alphabet-pari passu with, if not as a substitute for, her own ancient system of ideography. For the last dozen years a knowledge of Roman script has been increasing in Japan among the most highly educated. But now it is proposed by the most influential educational organization in the empire to make the teaching of our alphabet and of our mode of word formation compulsory and universal in the public schools. It seems probable that the government will adopt the proposal, in which case, of course, all private schools will have to do the same, with the result that all the children of Japan will presently be learning, not necessarily the English language, but at least to write and read their own language in English fashion.

That will be a great thing for Americans and Europeans who want to learn the Japanese language. It will make that language little harder to learn than French or German and will enable people to learn it in the same way that they learn the European tongues. At present the great stumbling block in the way of mastering Japanese is the necessity of learning a multitude of different ideographs. Once Japanese words are expressed in letters like our own the task of learning will become immeasurably easier. It will then also be much easier for Suffer With The Guilty the Japanese to learn our language, for of course our alphabetically formed words seem as strange to them as their ideographs do to us. Moreover, the Japanese to learn our language, it will cause a change amounting almost to transformation in the Japanese mind, or in the linguistic functions of that mind. The Japanese will for the first time regard words not as indivisible integers of speech, but as composite things formed of letters. Perhaps we can partly realize the magnitude of that change by ourselves you ever did? trying to regard words as not formed of letters, but as indivisible units.

Nor is that all. Dual systems of did."-Town and Country. fore it is to be expected that, having adopted alphabetical script by the side of ideography, the Japanese will soon substitute the former for the latter altogether. It will be greatly to their will none the less be an extraordinary thing. For the mother tongue, in all its details, is one of the things to which men cling most tenaciously. We need, to convince ourselves of that, to recall only the language controversies in Canada, in Bohemia, in South Africa, in Malta and elsewhere, not mentioning the recent clamor about the teaching of German in New York public schools. We may also recall Bismarck's inexorable opposition to the introduction of Roman script into Germany in place of the far less legible German characters. That the Japanese should voluntarily make this revolutionary change in their national script indicates their possession of an exceptionally high ambition to place themselves abreast of the best civilization of the world-and all this emergence from savage seclusion within the memory of men not yet grown old! -New York Tribune.

Interchangeable Parts.

"My brother bought an automobile here last week," said an angry man to the salesman who stepped forward to WHEN writing to advertisers please mention this paper. greet him, "and he says you told him if anything broke you would supply a new part."

"Certainly," said the clerk, "What oes he want?" "He wants two deltoid muscles, a ouple of kneepans, one elbow and about half a yard of cuticle," said the nan, "and he wants 'em right away,"

The Feminine View.

A story told in the New York Tribune shows how vain it is for man to exercise his imagination on the subject of domestic tragedy. A young and venturous man was one day talking with the wife of a member of the Cabinet about some of the ironies of

married life. "I can't imagine anything more dreadful," said he, "than for a woman, after mending her husband's coat, to find in one of the pockets an old love letter from a former sweetheart."

"Fortunately, that could never happen," said the lady. "The woman would find the letter first, and then she would not mend the coat."

Every mother possesses information of vital value to her young daughter. That daughter is a precious legacy, and the responsibility for her future is largely in the hands of the mother. The mysterious change that develops the thoughtless girl into the thoughtful woman should find the mother on the watch day and night. As she cares for the physical well-being of her daughter, so will the woman be, and her children also.

When a young girl's thoughts become sluggish, when she experiences headaches, dizziness, faintness, and exhibits an abnormal disposi tion to sleep, pains in the back and lower limbs, eyes dim, desire for solitude, and a dislike for the society of other girls, when she is a mystery to herself and friends, then the mother should go to her aid promptly. At such a time the greatest aid to nature is Lydia E. Pinkham's Vegetable Compound. It prepares the young system for the coming change, and is the surest reliance in this hour of trial.

Case of a New York Girl of Interest to Every Mother and Daughter in the Land.

"DEAR MRS. PINKHAM: - I hope you will publish this letter, for I want all mothers to know how much good your medicine did my young daughter. Her health broke down about six months ago, and although she is large for her age, I did not understand what was wrong with her; the doctor did not, either, for he treated her for her heart, which pained her a good deal; but he did not do her any good, and we were afraid heart trouble would carry her off. Every day she kept getting whiter and thinner. She had no appetite, and she sat

around without any ambition, and was always too tired to do anything. All night long she would moan in her'sleep, as though in terrible pain.

"I felt terribly discouraged; I was spending money for doctor's bills right along, but she was receiving no help. At that time I was taking Lydia E. Pinkham's Vegetable Compound, and I read in one of your books about young girls. I decided to drop the doctor, and give her your medicine. about young girls. I decided to drop the doctor, and give her your medicine. I wish you could see the change in her, and the pink checks Lydia E. Pinkham's Vegetable Compound has given her. She had taken but half a bottle when menstruation started again and her heart trouble went away like magic. I had her continue the medicine, and now she is fat, rosy, and perfectly healthy. Menstruation is regular and painless, and I owe my thanks to you and to your wonderful medicine for her good health."-MRS. MARGARET PHELAN, 673 Tenth Avende, New York City.

SPECIAL ADVICE TO YOUNG WOMEN FREE.

From her vast experience in treating female ills, extending over 20 years, Mrs. Pinkham has gained a knowledge which is of untold value to every ailing young woman. Her advice never fails to help. If you need such help write her. Address Lynn, Mass.

A medicine that has restored so many women to health and can produce proof of the fact must be regarded with respect. This is the record of Lydia E. Pinkham's Vegetable Compound, which cannot

be equalled by any other medicine the world has ever produced. It is well to remember these facts when some druggist tries to get you to buy something which he says is "just as good." That is impossible, as no other medicine has such a record of cures as Lydia E. Pinkham's Vegetable Compound; so do not experiment with untried

es, but insist upon the one you know is lest.

\$5000 FORFEIT if we cannot forthwith produce the original letter and signature of above testimonial, which will prove its absolute genuineness.

Lydia E. Pinkham Medicine Co., Lynn, Macs.

Still Too Young.

"This is my birthday." "And I suppose you feel as young as

enough yet to feel as young as I ever

In Chicago.

"The devil does more for one's pleasadvantage so to do, and also to our ad- ure and comfort than any god," says a vantage to have them do it. But it Chicago woman. There is nothing like knowing who your friends are .- New

> PORTLAND St. Helen's Hall

Home and day school for girls. Ideal location. Spacious building. Modern equipment. Academic, College Frepar-ation and special courses. Music, Elo-cution, Art in charge of specialists. Illustrated catalogue. Easter term opens February 1, 1904. ELEANOR TEBBETTS, Principal.



FORCED SALE

No 45-1903.

Madam-No; it was your other arm "No, I don't believe I'm quite old you had in a sling yesterday .- Journal.

Not Always Thus.

Cenuine Carter's

Little Liver Pills.

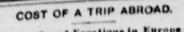
Breuks ood

Very small and as easy to take as sugar. CARTER'S FOR HEADACHE.

FOR BILLIOUSNESS.
FOR TORPID LIVER.
FOR CONSTIPATION FOR CONSTIPATION. FOR SALLOW SKIN. FOR THE COMPLEXION 18 Conts Purely Vegetable. Stentilon

CURE SICK HEADACHE.

Sick, Nervous Neuralgic Headaches QUICKLY CURED BY EMERSON'S BROMO-SELTZEK ID CENTS. **CURES ALL**



One Can Spend Vacations in Europe at Little Expense.

Every one knows that it costs him something to live in this country, no matter where he is, and every one knows that living is cheaper abroad than here. But, says Collier's Weekly, the slight effort of putting these two facts together seems to be too great for the average mind, which never fully takes in the truth that once arrived in a foreign country an American can live more cheaply there than

The cost of transportation is, of course, one item to be taken into account, but this is reduced by common sense figuring to a nominal sum. To the tired seeker after rest no beginning of a vacation could be more favorable than ten or twelve days spent on a slow, comfortable steamer of one of the smaller lines. The cost of such a passage is about \$50 a passenger. The average man would spend at least half of that sum in caring for himself if he stayed closely at home during the ten or twelve days, and he would think he was a good manager if he made a hasty business trip to Washington on the other half.

As to his expense on the other side, it is a certainty that any American can live comfortably abroad for less than what he pays here. Of course he cannot if he travels incessantly, but once wind Mill, 12-foot, \$15. Write in what he pays here. Of course he canthe haunting feeling lost that this is his first, last and only opportunity chinery Co., foot of Mo rison St., Portland, Or, there will be no necessity for such a hurry. He will see before him a vista of vacations, each spent in exploring at his leisure some small district of Europe, whence he will return with nerves calmed, with sane vision, with cool head and (this is an actual fact drawn from repeated observations) with not one penny less in the bank than he would have had had he stayed at home with the usual summer expenses. A man or woman who can afford a vacation anywhere (outside, of course, the regular two weeks' commercial vacation) can afford it in Eu-

Suppose that three concrete exam ples are taken as covering roughly the entire field of varying tastes. Take the case of the man or woman who is thoroughly tired and worn with the excitement and nervous strain of one of our terrible American winters of activity in all directions.

He has two or three months in which to recuperate before the wear and tear of an exactly similar winter begins There are a dozen German towns o the third or fourth class in population where he can live in greater comfort than in any American boarding house of moderate prices for not to exceed \$1 a day. For this price he has a good room of a quietness perfectly blissful to tired New York's ears, four meals a day of hearty, wholesome German food, his light and heat and what is almost sure to be the most quieting and restful of company. He spends his days out of doors walking or bicycling on the excellent roads through a country which, beautiful, historic and keenly interesting as it is, will make the trolley parks, plenic groves or even golf links of his usual summer resort seem tame and uninteresting.

AN INSECT THERMOMETER.

Cricket Chirps Bear a Close Relation

On an autumn evening, when the crickets are out enjoying life too, it is very interesting to be able to tell the temperature of the air by the number of chirps the cricket makes Tramp-Madam, I was not always per minute.

It seems that the rate of chirps is affected by the temperature, and the

exact relation of the temperature to the number of chirps has been estitell the temperature within one or third degrees Fallecham of any successful to \$5.00. The imments at first as he tried hard to count every chirp; the cricket within the count of the coun mated. With a little care in counting.

every chirp; the cricket stops before the minute is up; other insects' notes drown out the cricket's; the noise of passing vehicles, etc., are very apt to interrupt at the critical moment of counting. But a little patience will easily overcome such difficulties.

When one has the average number of chirps per minute, take one-fourth of that number, and add forty to that; the result will be the temperature within a degree or two of the actual temperature as read from a thermome ter hung out of doors.

Another experiment is to capture a cricket and take him into the house and see how much faster he chirps when he is warm.

To count the chirps per minute, taking one-fourth of that number and adding forty to it may seem a little complicated-but it is really very simple, and is like the game, "Think of a number, and double it," put to an interesting purpose.-St. Nicholas.

Great Britain's Seamen. One in every thirty-six of the males

over 15 years of age in Great Britain is a seaman in the mercantile marine or a fisherman. That by no means represents the proportion of Britons who go to sea in ships. For the current year the total number of officers and men, active service ratings provided by the estimates for the royal navy, is 127,000, being an increase of 4,600 over the previous year. Taking the two totals this means that one in about every twenty Britons is a sailor. which is an enormously larger percentage than that which any other nation can boast, even with the conscription which supplies the seamen of several continental countries.

Advice of a Railroad Conducter. A conductor in Kansas has prepared

the following advice for his passengers: 'Have no money transactions with strangers. Give your trunk checks to a baggageman, and nobody else. A gold brick isn't worth bring ing home. Don't get off the cars while they are in motion. When a suspiclous-looking man asks you if you have ost your pocketbook tell him you never carry one. Don't feel for it while he is looking. Have your ticket ready when the conductor comes along."

A manless baby carriage would fill long-felt want in some populous com

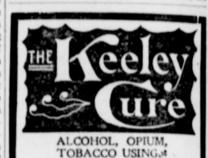
Dark Hair

I have used Ayer's Hair Vigor for a great many years, and though I am past eighty years of age, yet I have not a gray hair in

Geo. Yellott, Towson, Md. We mean all that rich, dark color your hair used to have. If it's gray now, no matter; for Ayer's Hair Vigor always restores color to gray hair.

Sometimes it makes the hair grow very heavy and long; and it stops falling of the hair, too.

\$1.00 a bottle. All druggists. If your druggist cannot supply you, send us one dollar and we will express you a bottle. Be sure and give the name of your nearest express office. Address J. C. AVER CO., Lowell, Mass.



Your Liver

WRITE FOR ILLUSTRATED CATALOGUE

First and Montgomery Sts., Portland, Ore. Telephone, Main 394.

Is it acting well? Bowels regular? Digestion good? If not, remember Ayer's Pills. The kind you have known all your life. J. C. Ayer Co., Lowell, Mana.

Want your moustache or beard a beautiful brown or rich black? Use BUCKINGHAM'S DYE



A reputation extending over sixty-six years and our every garment bearing the SIGN OF THE FISH. There are many imitations. Be sure of the name TOWER on the button

ON SALE EVERYWHERE A J TOWER CO BOSTON, MASS U.S. A.

W. L. DOUGLAS 3.50 & 3 SHOES W

You can save from \$3 to \$5 yearly wearing W. L. Douglas \$3.50 or \$3 sh



CURE CONSTIPATION. Remedy Company, Chiengo, Montreal, New York, 118

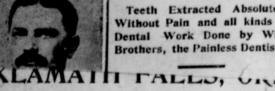
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TREATMENT This wonderfurese doctor is reat because he eople without ion that are give o die. He cure

The C. Gee Wo Chinese Medicine Co. 253 Alder St., Portland, Oregon.





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Teeth Extracted Absolutely Without Pain and all kinds of Dental Work Done by Wise Brothers, the Painless Dentists.





