

# CAMDEN DEPARTMENT

measured by two things—cost and effect. It cannot be measured by either alone. It is greatest in that medicine that does the most for the money—that radically and permanently cures at the least expense. That medicine is

**Hood's Sarsaparilla**  
It purifies and enriches the blood, cures pimples, eczema and all eruptions, tired, languid feelings, loss of appetite and general debility.

"I have taken Hood's Sarsaparilla and found it reliable and giving perfect satisfaction. It takes away that tired feeling, gives energy and puts the blood in good condition." Miss Effie Colonna, 333 10th Street, N. W., Washington, D. C.

**Hood's Sarsaparilla promises to cure and keeps the promise.**

## Policemen in Various Cities.

The proportion of policemen to population is one to 307 in Paris; one to 408 in London, and one to 458 in New York City.

## Overworked.

"Yes," remarked the sawmill owner, "we're so busy now we have to keep our plant running day and night."

"Why," returned the visitor, "I thought this was your dull season." "Well, it is usually, but we've got a rush of orders from the breakfast food companies."—N. Y. Times.

## Serious Fun.

Comedian—The public doesn't appreciate my jokes. Isn't it funny. Soubrette—Yes, almost as funny as the jokes.—Chicago American.

## Dominion's Artillery Poor.

Lord Donaldson, head of the Canada militia force, says the artillery of the Dominion is fit only for scrap iron.

## Strength Needed.

"I don't see why officers in the army should be required to be strong. They don't have to do any lifting." "No, but they have to carry so many medals."—

## Genius Inbred.

Ila—Mabel is a genius. May—In what way? Ila—Why, she never throws anything away. When her black gloves got too old she cut them up and made beauty spots.

## No Delay.

Mamma, on hearing that her sister had received a new little girl, said to Lillian, her little daughter:

"Lillian, auntie has a new baby, and now mamma is the baby's aunt, papa is the baby's uncle, and you are her little cousin."

"Well," said Lillian, "wasn't that strange quick?"—Little Chronicle.

## Always the Mode.

"You don't care much for display?" "Not much," replied the very wealthy man.

"Yet there is some satisfaction in not being wholly out of style." "That is the point precisely. The things that money buys goes out of fashion in a very few months; but the money itself becomes more stylish every century."—Washington Star.

## Grand Welcome.

"What is all that hilarity up in the big apartment house?" "Fire."

"I don't see why the people should be hilarious over a fire." "Yes, it's the first fire they've had in the furnace since November."

## Wolves Paid for Heifer.

A ranchman in Natrona county, Wyo., had a heifer killed by wolves. To get even with the latter, he placed strychnine on the heifer's carcass. Within a few days he found eight dead wolves and one coyote beside the remains. The heifer was worth only \$25, and the wolves and coyote will return to the ranchman something like \$200 in bounty and sale of skins.

## Death Months.

"Death months" are March and April for adults, and July and August for children under five years of age, according to the statistics of the twelfth census.

## On a Golden Plate.

President Roosevelt recently received an invitation on a gold plate. It was not political, but it asked him to attend the mining congress at Lead, S. D., next September. The plate was made of gold and was worth \$100,000. It was measured by two things—cost and effect. It cannot be measured by either alone. It is greatest in that medicine that does the most for the money—that radically and permanently cures at the least expense. That medicine is

**Gold Production.**  
The estimated production of gold in 1902 was \$80,853,070 and of silver \$31,040,025.

# Weak?

"I suffered terribly and was extremely weak for 12 years. The doctors said my blood was all turning to water. At last I tried Ayer's Sarsaparilla, and was soon feeling all right again." Mrs. J. W. Fiala, Haddyme, Ct.

No matter how long you have been ill, nor how poorly you may be today, Ayer's Sarsaparilla is the best medicine you can take for purifying and enriching the blood.

Don't doubt it, put your whole trust in it, throw away everything else.

Ask your doctor what he thinks of Ayer's Sarsaparilla. He knows all about this grand old family medicine. Follow his advice and we will be satisfied. J. C. Ayer & Co., Lowell, Mass.

## Salt-Rising Bread.

Dissolve a half teaspoonful of salt in a pint of scalding water and beat in gradually enough flour to make a soft dough or stiff batter. Beat for ten minutes, cover and set in a very warm place for eight hours. Now stir a teaspoonful of salt into two cups of warm milk and add enough flour to make a very stiff batter before working it into the risen dough. Mix thoroughly, cover and set again in a warm place to rise until very light. Turn into a wooden bowl and work in enough butter to make of the consistency of ordinary bread dough. Make into loaves, set these to rise and bake when light.

## Tea Cake.

A delicious tea cake that may easily give your "five o'clocks" a deserved reputation is thus made: Reserve the white of one of six eggs, beating the yolks to a stiff froth; add five ounces of sugar and the same quantity of almonds that have been blanched and pounded fine in a mortar with three ounces of flour, the grated rind of half a lemon, one ounce of orange peel cut very fine, a dust of ground cloves and half a teaspoonful of cinnamon. Finally the single beaten white is quickly stirred in and the cake baked in small round pans.—Harper's Bazar.

## Baked Eggs.

To bake eggs, cook a dozen eggs hard, drop them into cold water and remove the shells. Arrange ten of the eggs in a shallow dish, pour Bechamel sauce over them, sprinkle the top with the yolks of the two remaining eggs, which have been powdered fine and mixed with an equal quantity of bread crumbs. Pour a little melted butter over the top, garnish with triangles of bread dipped in melted butter, and place in a quick oven. When colored a light brown, serve in the dish in which they were cooked.

## Mashed and Fried Eggplant.

Peel and slice the eggplant and soak all day in salted water. Drain, boil tender in fresh water, or until much of the water has boiled away, then mash and set aside to cool. Add a teaspoonful of baking powder to the mashed plant, stir in a beaten egg, salt and pepper and enough flour to make the mixture like cake dough. Drop by the spoonful in deep, boiling fat and fry to a good brown.

## Waffles.

Into a bowl sift a pint of flour with a teaspoonful of baking powder and one of salt. Beat the yolks and whites of three eggs separately, stir the yolks into a pint of milk with a tablespoonful of melted butter. Make a hole in the flour and pour this liquid into it. Beat all together and the stiffened whites and pour the batter into the greased waffle iron.

## Gluten Gems.

With two cups of gluten flour sift a teaspoonful of salt and two teaspoonfuls of baking powder. Beat two eggs light stir them into a pint of milk and pour this, with two teaspoonfuls of melted butter, into the sifted flour. Stir smooth, then pour into greased and heated gem pans and bake immediately in a hot oven.

## Ginger snaps.

Two cups of New Orleans molasses, one cup of butter; put these on the stove and let them come to a boil. Remove and add one teaspoonful of soda and one of ginger. Add enough flour to make a dough; roll thin and cut out.

## Peanut Butter.

Pound or grind fresh-roasted peanuts to a powder and work into two tablespoonfuls of this a heaping tablespoonful of fresh butter. Spread thin slices of bread with this paste.

## Pineapple Cream.

Hent to the boiling point one can of shredded pineapple. Strain half an ounce of gelatin, which has been dissolved in cold water, and add to the pineapple. Remove from the fire, and when it begins to chill stir in the beaten whites of three eggs and half a pint of cream. Pour into a mold and set on ice.

## Tomato Soup.

Turn the contents of a can of tomatoes into a quart of beef stock and simmer slowly for an hour. Strain out the tomatoes and return the soup to the pot. Add half-cup of rice that has been soaked in water. Cook until the rice is tender. Season with salt, pepper, onion juice and a teaspoonful of granulated sugar and serve.

## Dumplings.

Sift together a pint of flour, a teaspoonful of baking powder and half a teaspoonful of salt. Work into this a heaping tablespoonful of butter and moisten with a half pint of milk. Work quickly to a light paste and drop into the boiling gravy of the stew of whatever you are cooking. Cook for ten minutes before sending to the table.

## Brief Suggestions.

To remove paint or varnish marks on glass, rub with a little warm vinegar or with the edge of a copper coin dipped in water.

To clean embossed silver articles, dissolve an ounce of alum in two cups of strong soap suds, wash the article in it, using a soft brush for the very ornamental part. Rinse in cold water, dry on a clean cloth and polish with a camels hairbrush.

To make rice glue, mix rice flour smoothly with cold water and simmer it over a slow fire, when it will form a delicate and durable cement, not only answering all purposes of common paste, but well adapted for joining paper and cardboard ornamental work.

Nut cookies are made by creaming two tablespoonfuls butter and one cupful sugar; add three beaten eggs, one-fourth of a teaspoonful salt, three tablespoonfuls milk and two cupfuls points or walnuts, chopped fine; add just enough flour to roll out, cut shape and bake in a moderate oven.



## A Beautiful Young Society Woman's Letter.

ST. PAUL, MINN.  
Dear Sir:  
I took Peruna last summer when I was all run down, and had a headache and backache, and no ambition for anything. I now feel as well as I ever did in all my life, and all thanks is due to your excellent Peruna.—Bess F. Healy.

The symptoms of summer catarrh are quite unlike in different cases, but the most common ones are general lassitude, played-out, tired-out, used-up, run-down feelings, combined with more or less heavy, stupid, listless, mental condition. Relish for food and the ability to digest food seems to be lost.

Skin eruptions, sallow complexion, biliousness, coated tongue, fitful, irregular sleep, help to complete the picture which is so common at this season.

Peruna so exactly meets all these conditions that the demand is so great for this remedy at this season of the year that it is nearly impossible to supply it.

If you don't receive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

## Pleasure Once.

"That is a handsome couple," said the observer on the frozen lake. "Yes, they are married," remarked the modern Sherlock. "How do you know?" "I notice he frowns every time he has to buckle her skates on."

## Making a Noise.

"What do you mean by accepting a catlow youth like Jack who's just out of college? Why, he'll never make a noise in the world!" "Oh," said Mabel, "you just ought to hear him give his cat college yell and you wouldn't think so!"—Baltimore Herald.

## Not Superstitious.

"I am afraid you are superstitious." "Deed I isn't," said Mr. Erastus Pinkley; "some folks is a-sayin' of ghosts an' all kin' of cutters; but as long as I has a rabbit's paw in my pocket I feels pucky safe."—Washington Star.

## Diffident.

Mistress (sternly)—How is it, Mary, that I never hear a sound in the kitchen when you are entertaining that man?

Mary (archly)—Please, ma'am, you see, the poor fellow is that bashful for the present that he does nothing but eat.—Smart Set.

## Poor Hubby.

Husband—Where do you want to go on a vacation? Wife—Oh, anywhere that's expensive and restless.—Life.

## During Spring Flood Time.

Teacher—Can you tell me where the Mississippi river rises, Johnnie? Johnnie—Along its entire length, Ma'am.—Cleveland Plain Dealer.

## Easily Explained.

Stubb—Why is it more women can't discover the "secret of success"? Penn—Oh, because when it reaches them it is no secret.

## Away Behind the Times.

Goose quill pens and drying powders are still used in English law courts and the House of Lords and in the French Chamber of Deputies.

## No Convictions Yet.

There are arrests enough of "get rich quick" promoters of swindling schemes, but how many of these present Cagliostro and Casanova wear the stripes and serve out terms in prison which ought to be their portion?—New York Tribune.

## One of Many.

Bess—Young Callobooy is an exceptionally good talker, isn't he? Nell—Yes, he's a good talker all right enough, but he has an impediment in his thoughts.

**FITS** Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Kidney and Bladder Remedy. Dr. R. H. Kline, Ltd., 301 Arch St., Philadelphia, Pa.

## As It Should Be.

St. Valentine lost his head in the Claudian persecution, 279 A. D. Ever since then men who have lost their heads have considered St. Valentine's day a most suitable occasion upon which to tender appeals to the ladies responsible for their losses. This seems reasonable.

## Modern Warfare.

Bess—What would you do if you were in his shoes? Tess—Well, I think it would be me to go to the shoemaker and have them cut down to my size.

**You Can Get Allen's Foot Ease FREE.** Write Allen S. Olmsted, LeRoy, N. Y., for a free sample of Allen's Foot Ease. It cures chilblains, sweating, damp, swollen, aching feet. It makes new or tight shoes easy. A certain cure for Corns and Bunions. All druggists sell it. 25c. Don't accept any substitute.

## Forever at Him.

Newitt—Funny! I always associate your wife with a certain episode in my own life. There's just one thing she always reminds me of.—

Henpek—I wish I could say that. There's a lot of things she always reminds me of.—Philadelphia Press.

## A Possible Obstacle.

Clara—Of course you will be at church Easter morning? Alice—Yes, unless the cook wants to go.—Detroit Free Press.

# DISAGREEABLE REFLECTIONS

The mirror never flatters; it tells the truth, no matter how much it may hurt the pride or how humiliating and disagreeable the reflections. A red, rough skin is fatal to beauty, and blackheads, blotches and pimples are ruinous to the complexion, and no wonder such desperate efforts are made to hide these blemishes, and cover over the defects, and some never stop to consider the danger in skin foods, face lotions, soaps, salves and powders, but apply them vigorously and often without regard to consequences, and many complexions are ruined by the chemicals and poisons contained in these cosmetics.

Skin diseases are due to internal causes, to humors and poisons in the blood, and to attempt a cure by external treatment is an endless, hopeless task. Some simple wash or ointment is often beneficial when the skin is much inflamed or itches, but you can't depend upon local remedies for permanent relief, for the blood is continually throwing off impurities which irritate and clog the glands and pores of the skin, and as long as the blood remains unhealthy, just so long will the eruptions last. To effectually and permanently cure skin troubles the blood must be purified and the system thoroughly cleansed and built up, and S. S. S., the well known blood purifier and tonic, is acknowledged superior to all other remedies for this purpose. It is the only guaranteed strictly vegetable blood remedy. It never drenches the system or arsenic the digestion like Potash and Arsenic and drugs of this character, but aids in the digestion and assimilation of food and improves the appetite. Being a blood purifier and tonic combined, the humors and poisons are counteracted and the blood made rich and pure, and at the same time the general health and system is rapidly built up and good health is established, and this, after all, is the secret of a smooth, soft skin and beautiful complexion.

**SSS**  
If you have any skin trouble send for our free book, "The Skin and Its Diseases." No charge for medical advice. Write us about your case.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

# Science AND Invention

In the dry soil of Egypt Prof. G. Elliot Smith finds the brains of most non-mummified bodies of the cemeteries have been naturally preserved even from prehistoric times. The convolutions may be mapped, and an account is soon to be given of the brain structure of Egyptians of different periods.

A file specially designed for working on gun metal is being used in French machine shops. It has shallow diagonal channels, at intervals of half an inch, the teeth being on the raised portions between the channels. It is claimed that these files, clogging much less rapidly than others, increase the work done by about fifty per cent.

No white pigments have been found in feathers, and the whiteness of white feathers is ascribed to total reflection of light from their exposed surfaces. Some have supposed the reflection to be from air spaces, or bubbles, in the feather structure, but R. M. Strong, of Haverford College, says that the white effect is powdered glass, upon the small size of the structural surfaces. These have a large number of surfaces so placed for any position of the eye that there is a maximum reflection to the eye, and almost no absorption by the unpigmented feather substance.

To get the eggs of a new species of mosquito inhabiting a South Carolina swamp, Dr. W. C. Coker, of the University of North Carolina, had to borrow the aid of a horse. The horse was driven into the low ground haunted by the mosquitoes, and when he came out the insects were found drilling through his skin.

Amazing effects as a tonic and blood-former are claimed by Dr. Naugler, of Paris, for balloon ascensions. He states that an air trip of two hours gives a marked increase in the red corpuscles of the blood, this increase continuing to be noticeable for at least ten days afterward, and that five ascensions within six or seven weeks impart more benefit to an anemic person than three months in the mountains. The good results begin almost immediately, prolonged stay in the upper air being of no advantage and possibly harmful. He urges that the city should give poor people the benefits of a change of climate by providing a large balloon capable of taking fifty patients daily on an aerial outing.

A remarkable example of the power of mimicry possessed by some persons, but altogether lacking in others, was furnished by the late Professor Roberts-Austen, of England. His friend, Prof. T. E. Thorpe, recalls many interesting instances of Roberts-Austen's singular gift, which was purposely exercised only occasionally for the entertainment of his scientific confreres at a club meeting. But what lends special interest to the case was the fact that Roberts-Austen frequently exercised his power without being aware of it. "I have heard him, to my terror," says Professor Thorpe, "in the course of a conversation gradually copy the tones and inflections of a man's voice, and have seen him reproduce his manner to his very face." In such cases there was no consciousness of what was being done in the mind of the mimic, or on the part of the person imitated, and Professor Thorpe believes the origin of the unintended mimicry was sympathy alone.

**Cold Water Absorbs Poison.**  
In connection with the subject of water there is one peculiar property of that liquid with which everyone should be made acquainted, and that is its capacity for absorbing impurities, which increases proportionately to the colder it gets. Hence water that has stood in an insufficiently ventilated sleeping chamber all night is not only unpleasant, but positively injurious to drink, since it readily absorbs the poisonous gases given off by respiration and action of the skin. An ordinary pitcher of water, under such conditions, at a temperature of sixty degrees will be found to have absorbed during the night from a pint to a pint and a half of carbonic acid gas, and an increase of ammonia. Ice water is an objectionable drink at all times, but if it is indulged in, the vessel containing it should never be left uncovered in sleeping or sitting rooms, because at freezing point its capacity for absorbing these deleterious substances is nearly doubled.

**The Beating of the Heart.**  
A person who has lived seventy years has had passed through his heart about 675,920 tons of blood, the whole of the blood in the body passing through the heart in about thirty-two beats. The heart beats on an average seventy times a minute, or 33,792,000 times in the course of a year, so that the heart of an ordinary man, 80 years of age, has beaten 3,000,000,000 times. The heart beats ten strokes a minute less when one is lying down than when one is in an upright position.

**A Sacred Tree.**  
The oldest tree on earth with an authentic history is the great baobab of Burma. For twenty centuries it has been held sacred to Buddha, and no person is allowed to touch its trunk. When the leaves fall they are carried away as relics by pilgrims.

**One Thing Left.**  
"And liquid air," said the girl behind the counter on Lexington street, "has been proved after all to be of no use."

"Tis said, ain't it?" agreed the girl in the blue waist, "but hot air is still effective, dear."—Baltimore News.

Undressed kid is the favorite material for slippers, but slippers are not the favorite material with the undressed kid.

Methodist University is Planned. Bishop McCabe, of the Methodist Episcopal church, has solicited the aid of Pierpont Morgan in the erection of the proposed American university at Washington. It is said that Mr. Morgan views the project with favor.

**Alfalfa Seed from Russia.**  
G. S. Mann, of Portland, Oregon, has received from the Russian government a quantity of the famous Turkestan alfalfa seed, and expects to import more, as the farmers and stockmen of Oregon and the Northwest become acquainted with the great productiveness and splendid food value of this alfalfa. Those interested should address Mr. Mann at his Portland store, 188 Front Street.

**The Timely Duck.**  
"When to how and when not to how is the question now agitating English society, I see."

"Yes," said the pugilist, "an it's a mighty important question, too, you hear me."—Brooklyn Eagle.

**With True Feminine Aim.**  
She—I killed two birds with one stone yesterday.  
He—Indeed? I suppose you threw it at a dog?

For bronchial troubles try Pilo's Cure for Consumption. It is a good cough medicine. At druggists, price 25 cents.

**Unavailable.**  
Close Merchant—Yes, sir, I want a new bookkeeper, but you won't do.  
Applicant—May I ask why?  
Close Merchant—You are as bald as a billiard ball, sir. A man with no hair to wipe his pen on will rust out a whole box every week.—New York Weekly.

## DEAFNESS CANNOT BE CURED

By local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube gets inflamed you have a rumbling sound or impaired hearing, and when it is entirely closed deafness is the result, and this tube rest to its normal condition, hearing will be restored, and the deafness cured. Send at once for our free booklet, which is nothing but an infallible condition of the mucous lining.

Attesting effects as a tonic and blood-former are claimed by Dr. Naugler, of Paris, for balloon ascensions. He states that an air trip of two hours gives a marked increase in the red corpuscles of the blood, this increase continuing to be noticeable for at least ten days afterward, and that five ascensions within six or seven weeks impart more benefit to an anemic person than three months in the mountains. The good results begin almost immediately, prolonged stay in the upper air being of no advantage and possibly harmful. He urges that the city should give poor people the benefits of a change of climate by providing a large balloon capable of taking fifty patients daily on an aerial outing.

**Government Reserve of Reindeer.**  
The government herd of reindeer in Alaska, which is expected in the future to supply food and draft animals for the natives, numbers 10,000, and is to be increased by another thousand now contracted for in Siberia.

**REIERSON MACHINERY CO.**  
(Successors to John Foster)  
Foot of Morrison Street, Portland, Oregon.  
With us for Saw Mill and Shingle Mill Machinery, Wind Mill and Grain Pump, Etc. Cream separators, etc. All new and reliable. Spring wagons \$50. Buggy shafts \$15.00.

P. N. U. No. 21-1903.

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It makes them lay and keeps them laying. It cures Roup, Cholera and All Diseases. It strengthens young chicks, and makes them grow. Price 25c and 50c. My young chickens commenced laying, and after losing four down I purchased a box of your PRUSSIAN POULTRY FOOD, which stopped the trouble. From dying and I have constantly kept it on hand ever since. I can recommend it as just what is needed in raising poultry. Dr. H. H. Kline, Ltd., 301 Arch St., Philadelphia, Pa.

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Painful but we are called upon to perform some difficult dental operation that is the direct result of neglecting the teeth. We cannot urge too strongly the benefits and economy of consulting a dentist at the very first sign of tooth trouble. At the start these troubles are corrected easily and at small cost. Our methods are painless and our work guaranteed. Phone 300. Open evenings till 9. Sundays from 9 to 12.

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