

Difficult Digestion

That is dyspepsia. It makes life miserable. Its sufferers eat not because they want to, but simply because they must. They know they are irritable and fretful; but they cannot be otherwise. They complain of a bad taste in the mouth, a tenderness at the pit of the stomach, an uneasy feeling of puffy fullness, headache, heartburn and what not. The effective remedy, proved by permanent cures of thousands of severe cases, is

Hood's Sarsaparilla

Hood's Pills are the best cathartic.

She Recovered.

"Mrs. Ladd used to worry terribly when her husband was away on his trips, but she's got over it." "Conquered her nervousness, I suppose?" "Oh, no; succeeded in making him have his life insured."

YOU KNOW WHAT YOU ARE TAKING When you take Hood's Sarsaparilla, because the formula is plainly printed on every bottle showing that it is simply iron and quinine in a tasteless form. No Cure, No Pay. See.

Shop Talk.

Shop talk sometimes penetrates even to the nursery. A young and successful artist was heard to exclaim with profound conviction, while he was contemplating his son and heir, 24 hours old: "There is a great deal of tone about that baby."

Our new extra heavy focusing cloth costs no more than others, but lasts twice as long. Price by mail, \$3.50 cents. At all dealers, or Kirk, Geary & Co., 330 Sutter St., San Francisco.

Reason for Economy.

Newlywed—Since I've been married my tailor bills are scarcely one fourth what they used to be.

Quizzer—Do you put what you save in the bank?

Newlywed—No; I put it on my wife.

I am sure Piso's Cure for Consumption saved my life three years ago.—Mrs. Thos. Roanoke, Maple street, Norwich, N. Y., Feb. 17, 1900.

Shirtwaist Jokes Now On.

"What do you think of shirt waists for letter carriers?" asked the observant boarder.

"Well, I never regarded shirt waists as coats of mail," replied the cross eyed boarder.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE BOOK. 60c trial bottle and treatise. Dr. J. H. Kline, Ltd., 101 Arch St., Philadelphia, Pa.

Only Half a Success.

"Your club meeting was a feast of reason."

"Yes, altogether; that committee did not get a bite of anything to eat."

E. H. Grove

This signature is on every box of the genuine **Laxative Bromo-Quinine Tablets** the remedy that cures a cold in one day.

Faint Heart.

Miss Timidity—I've thought it all over, and I believe it would be wiser for you to ask papa for my hand. Cautious Lover—Oh, I'm sure it would be a most indiscreet thing for me to do. I think we'd better have some disinterested third party approach him on the subject.

CATALOGUES WORTH HAVING.

Agricultural Implement Firm Giving Away Remarkable Books.

The new catalogues for 1901, just issued by Mitchell, Lewis & Staver Co., are very valuable books to the majority of the citizens of the Northwest. This company's headquarters are in Portland, Oregon, and it maintains branches or agencies at all principal points throughout Oregon, Washington and Idaho. The Implement Catalogue, the Vehicle Book and the Harness and Bicycle catalogues, all can be had free by anyone who will write to the firm or to any of its agents. The books not only show everything up-to-date, but are a great help to the man who is thinking of making a purchase.

Cr. in.

"Con game, eh? That is short for confidence game, I presume?"

"No; con game is so called from Connecticut, where it originated in Puritan times."

A Question of Taste.

Barber—Shall I shave you with scented or unscented soap? Customer—Use scented soap, please. It tastes nicer.

The Blood HEALTHY OR DISEASED

When there is a natural and healthy circulation of the blood, the entire quantity, estimated at one-eighth the weight of the body, passes through the heart every five minutes. This rapid flow of the blood through the system prevents the entrance of disease germs and impurities of every description. It filters out all that is not necessary or good for the growth and development of the body and nourishing and strengthening the muscles, tissues, nerves and bones. But, unfortunately, few persons can rightly claim an absolutely pure blood supply and perfect and unimpeded circulation, and in consequence are exposed to innumerable diseases. Contagious Blood Poison, the greatest enemy to mankind, enters the system through the blood, and Cancer, Scrofula, Rheumatism, Catarrh, Eczema, Salt Rheum, Psoriasis, Tetters—in fact the majority of human ailments—are caused by poisons or humors that are engendered and fostered in a sluggish and impoverished blood. Old sores, chronic ulcers and rheumatic pains are common, especially among old people, whose blood naturally grows thin and pale because of the lack of the red corpuscles that give color and strength to youthful blood. Sallow complexions and rough, oily skins evidence some constitutional or blood trouble, which salves, lotions, powders or any external treatment can cure. Diseases that originate in the blood, whether they manifest themselves as ulcers, tumors, itching eruptions, muscular or bone pains, require a tonic and blood purifier such as S. S. S., which not only antiseptics and neutralizes blood poisons and humors, but possesses health-giving tonic properties that no other blood medicine does. It goes down to the very foundation of the disease and eliminates from the system everything of a poisonous character or that obstructs and clogs the circulation. It builds up and imparts new strength and vitality to the old inauspicious blood, and when the arteries and veins are once more filled with new rich blood, the general health begins to improve, muscles grow stronger, and sores and eruptions of every kind disappear.

S. S. S. is the only guaranteed purely vegetable blood purifier, and the purest and most reliable in all blood diseases. It has been tested in thousands of cases during the past fifty years and is more popular today than ever. We will be glad to send you our book free, and if in need of medical advice write our physicians all about your case; this information will cost you nothing and comes from experienced and educated doctors. All correspondence is conducted in strictest confidence.

Polluted Blood Breeds Disease

The Blood is the Source of All Strength

THE SWIFT SPECIFIC COMPANY, ATLANTA, GA.

The Parson's Remarks.

A colored preacher at the funeral of a brother who had fallen from grace said: "I hope de good Lawd will bless de reminiscence er his family en constituents, but I got my doubts erbout it, kaze Br'er Thompson put off repentance er his dyin' hour. I dunno whether Br'er Thompson is los or not; but I k'nows one thing, en dat is, if he is los, I didn't lose him!"

Autocratic.

"Of course I am master of my own house," said Mr. Meekton, a little indignantly.

"How do you manage it?" "I tell Henrietta to do just what she pleases and she goes ahead and does it."

What Our Flag Stands For.

Wherever the American flag is raised in token of sovereignty, it stands for liberty and independence. What the flag is to the nation, Hostetter's Stomach Bitters is to the individual. It gives you freedom and protection from your ailments. When your stomach gets out of order causing dyspepsia, indigestion and biliousness, or when you are nervous and unable to sleep you should try it. It will strengthen your stomach, steady your nerves and induce sound sleep.

Explained.

Mr. Ferguson—What a fiery waist you have on! What color is it?

Mrs. Ferguson—Oxblood.

Mr. Ferguson—I begin to understand now why you told the dressmaker to put in an additional gore.

ST. VITUS' DANCE

HOW ONE LITTLE SUFFERER WAS PERMANENTLY CURED.

Words of Gratitude and Praise from Parents for the Remedy that Saved the Life of Their Child.

From the Traveler, Arkansas City, Kan.

Rapid as has been the advance of medical science along many lines, it is only in recent years that a remedy has been discovered for one of the most dreadful of nervous diseases that afflicts children—St. Vitus' dance. This and other nervous disorders that cause the pale and wan faces and peevish, irritable dispositions of so many children can now be scientifically treated by a remedy that strikes at the root of the disease by renewing the impoverished blood and strengthening the nerves.

Words of commendation for this remedy come from all parts of the civilized world. This is the interesting story told by Mr. and Mrs. Christopher Armstrong, of Jefferson, Okla.:

"Our youngest daughter was for three years afflicted with St. Vitus' dance, and we almost despaired of finding relief in medical treatment. She was so helpless that she had to be fed and would fall over at times and be unable to rise."

"We had heard and read a great deal about Dr. Williams' Pink Pills for Pale People, and, as a last resort, determined to try them. The effect was almost miraculous. From the first box there was a noticeable improvement and by the time she had taken six boxes she was almost well. Altogether she took about a dozen boxes, and by the time she was 13 years of age, was strong and healthy, weighing 114 pounds."

CHRISTOPHER ARMSTRONG, WARY ARMSTRONG.

Subscribed and sworn to before me, W. D. Kramer, Notary Public.

The power of Dr. Williams' Pink Pills for Pale People in the vast number of diseases due to impure blood or derangements of the nervous system has been demonstrated in thousands of instances as remarkable as the one related above. No one who is suffering can rightfully neglect this way to restore health. Dr. Williams' Pink Pills for Pale People are sold by all dealers, or direct from Dr. Williams' Medicine Co., Schenectady, N. Y., 50 cents per box, or six boxes for \$2.50.

An Accident.

Fred—I had a fall last night which rendered me unconscious for several hours.

Ed—You don't mean it! Where did you fall?

Fred—Fell asleep.

The Best Prescription for Malaria Chills and Fever is a bottle of Grove's Tasteless Chill Tonic. It is simply iron and quinine in a tasteless form. No Cure, No Pay. See box.

An Active Proselyte.

The Indiana preacher who allowed his boy to fight another urchin to settle a quarrel, was delighted when his boy thrashed the other boy, but when the licked boy's father licked the preacher the good man appealed to a court. Alas for the inconsistencies of human nature!

GOOD Short Stories

Here is the latest story of Judge Henry E. Howland, one of the most popular after-dinner speakers of New York: "There was a little boy who was badly puzzled over the theory of evolution. He went to his mother and asked: 'Mamma, am I descended from a monkey?' 'I don't know,' she answered; 'I never met any of your father's people.'"

Herbert A. Giles gives the following example of Chinese humor in his "History of Chinese Literature": "A man who had been condemned to wear a wooden collar was seen by some of his friends. 'What have you been doing?' they asked him, 'to deserve this?' 'Oh, nothing,' he replied; 'I only picked up an old piece of rope.' 'And you are to be punished thus severely,' they said, 'for merely picking up an end of rope?' 'Well,' answered the man, 'the fact is that there was a bullock tied to the other end.'"

In his biography of Phillips Brooks, Alexander V. G. Allen of Cambridge tells of a clergyman who was going abroad, and talked in jest of bringing back a new religion with him. "You might have some trouble in getting it through the custom house," some one remarked. "No," observed Bishop Brooks; "we may take it for granted that a new religion would have no duties attached." Another person, for the sake, no doubt, of argument, once drew attention to the fact that some men, calling themselves atheists, seemed to lead moral lives, and Brooks promptly disposed of it. "They have to," said he; "they have no God to forgive them if they don't."

An old Scotch farmer once went to have a troublesome tooth extracted. Said the dentist, after looking at the offending molar: "It is a very ugly one. I would advise you to have it out by the painless system. It is only a shilling extra." He showed the farmer the apparatus for administering gas, remarking that it would cause him to fall asleep for a minute, and before he awoke the tooth would be out. After a slight resistance the sufferer consented, proceeding to open his purse. "Oh, never mind paying just now," said the dentist, kindly. "Hoots!" answered the cautious old Scot, "A' wasn't thinking o' that; but if I'm gae'n to sleep A' thoct A' wad like to count ma siller fust."

Frederick the Great once had occasion to rebuke his cavalry for shirking their duty. According to "A History of Frederick the Great," he said: "Gentlemen, I am entirely dissatisfied with the cavalry; the regiments are completely out of hand; there is no accuracy, no order; the men ride like tailors. I beg that each of you will pay more attention to his duty. But I know how things go on. You think I am not up to your dodges, but I know them all, and will recapitulate them. When the season for riding-drill comes on, the captain sends for the sergeant major, and says: 'I have an appointment this morning at —, tell the first lieutenant to take the ride.' So the sergeant major goes to the senior subaltern and gives him the message, and the latter says: 'What! the captain will be away? Then I am off hunting; tell the second lieutenant to take the men.' And the second lieutenant, who is probably still in bed, says: 'What! both of them away? Then I will stay where I am. I was up till three this morning at a dance; tell the cornet I am ill, and he must take the ride.' Finally, the cornet remarks: 'Look here, sergeant major, what is the good of my standing out there in the cold? You know all about it much better than I do, you go and take them.' And so it goes, and what must be the end of it all? What can I hope to do with such cavalry before the enemy?"

Identifying Uncle James.

Uncle James from away out West, came to town one day recently to visit his kinsfolk, who live in 13th street, just above Iowa circle. It so happened that nobody in the family except the second daughter, Nancy, had seen Uncle James in years and years, and, as she was unable to leave her room, Johnnie, who is 12 years old and as ingenious as they make them, was told to go to the station and meet the gentleman. Uncle James alighted from the train and walked slowly toward the station entrance, looking this way and that for somebody to welcome him. He had passed through the gate and was entering the waiting room when Johnnie ran up behind him and touched him on the arm. "Lemme carry your traveling bag, Uncle James?" he said. "I'm Johnny," Uncle James was delighted. "Why, how in the world did you know me, my boy?" he asked. "I wasn't sure until I saw your back," Johnnie made answer. "Nancy told me how you looked, and as soon as I got behind you I knew it must be you. Nancy said you was a water-melon shaped man with a double chin on the back of your neck."—Washington Post.

After Addition.

One of the best instances of witty quotation is recorded by a writer in the Washington Post: An old country gentleman, the late Sir Rainald Knightley (who was the living double of Dickens' Sir Leicester Dedlock), expatiated after dinner on the glories of his pedigree. The company was getting a little restive under the recitation, when Sir William Hargrave was heard to say in an appreciative aside, "This reminds me of Addison's evening hymn: And Knightley to the listening earth Repeats the story of his birth."

Woman Trying to Be Funny.

She—Well, I must go and shell the peas for dinner.

He—Shell the peas?

She—Yes; where's the can-opener?

No Wooden Pavements for Paris.

Wooden pavements in Paris have been condemned, as they serve as a breeding place for all kinds of dangerous germs.

Our Working Girls.

Life to the most favored is not always full of sunshine, but to the average American girl or woman who is obliged to work for her living, and, perhaps to help others at home, life is often a heavy drag in consequence of illness. Women who work, especially those who are constantly on their feet, are peculiarly liable to the development of organic troubles, and should particularly heed the first manifestations, such as backache, pains in the lower limbs and lower part of the stomach, irregular and painful monthly periods,



MISS ELLA BRENNER, E. ROCHESTER, OHIO.

faintness, weakness, loss of appetite and sleep.

The young lady whose portrait we publish herewith had all these symptoms, and in addition leucorrhoea, and was cured by Lydia E. Pinkham's Vegetable Compound. First, she wrote a letter to Mrs. Pinkham's laboratory at Lynn, Mass., describing her trouble, received in reply accurate instructions what to do to get well, and now wishes her name used to convince others that they may be cured as she was.

The same helping hand, free of charge or obligation, is extended to every ailing woman in America. If you are sick you are foolish not to get this valuable advice, it costs you nothing, and she is sure to help you. Don't wait until it is too late—write to-day.

Pennsylvania and New York.

When the first census was taken in 1790 Pennsylvania's population was 94,253 greater than that of New York. By the census of 1900 New York's population leads that of Pennsylvania by 965,897.

TO CURE A COLD IN ONE DAY.

Take three Laxative Bromo-Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

A Hard Task.

Johnny Wise—Paw? Mr. Wise—Well, my son.

"Noah had two of every being on the ark, didn't he?"

"Yes, my son."

"Well, paw, it must have kept him busy herding the microbes."

ABSOLUTE SECURITY.

Genuine

Carter's Little Liver Pills.

Must Bear Signature of

W. D. Carter

See Fac-Simile Wrapper Below.

Very small and so easy to take as sugar.

CARTER'S LITTLE LIVER PILLS.

FOR HEADACHE. FOR DIZZINESS. FOR BILIOUSNESS. FOR TORPID LIVER. FOR CONSTIPATION. FOR SALLOW SKIN. FOR THE COMPLEXION.

See Fac-Simile Wrapper Below.

CURE SICK HEADACHE.

W. D. Carter

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Inopportune.

"I just saw young Widow Weeds. She looked just charming in her mourning," said the pretty woman. "I suppose," remarked her elderly husband, "that you wouldn't mind being a widow yourself if you talk that way, when you know I've got a blue silk waist that I haven't worn yet."

Data.

The scientist spoke guardedly as well became him. "There is more or less sickness in St. Louis," he said, "and much of it is caused by a bacillus having a markedly bourgeois manner; and, for all this, I am not quite convinced that the Chicago drainage canal affects the waters of the Mississippi. The lay mind, however, being less tolerant, could be led to but one conclusion from these data."

Boys in Greenland.

Greenland boys are great egg collectors. As soon as the gulls and other birds that nest in the far north appear in the spring, the work begins. No boy who has not practiced a great deal at climbing the rough mountain sides and creeping over the glaciers is allowed to venture on the perilous task. But at 15, and even before, the Greenland boy is as strong of limb as fearless of heart, and as cool of head as any steep climber.

Curious Herbarium.

The oldest and most curious herbarium in the world is in the Egyptian museum at Cairo. It consists of crowns, garlands, wreaths and bouquets of flowers, all taken from the ancient tombs of Egypt, most of the examples being in excellent condition. Nearly all the flowers have been identified. They cannot be less than 3,000 years old.

Old Horn Snuff Box.

An old horn snuff box, once belonging to Sir Francis Drake, possibly the one which he used at Plymouth Hoe during his famous game of bowls, has just been sold for \$3,100 in London. The snuff box is a quaint old relic, bearing the coat of arms of Sir Francis, with his name on the lid.

Breaks the Dough and Wins the Gold. Laxative Bromo-Quinine Tablets cure a cold in one day. No cure, No Pay. Price 25 cents.

A Division.

Biggs—What do you call your twin?

Diggs—Henrietta.

Biggs—But that's only one name.

Diggs—Yes, we divide it between them. We call the boy Henri and the girl Etta.

You need our new three fold tripod to complete your outfit. The best amateur's tripod made. Price, express prepaid, \$2.75. At dealers, or Kirk, Geary & Co., 330 Sutter St., San Francisco.

"A Hot Literary Dinner."

A Georgia paper has an account of "A hot literary dinner, after which there was a wrestling match to decide who was the best literary man in town. Mart Tompkins threw Luke Landers five times, and was afterward declared head writer and literary president."

Choice Article.

Inquisitive Neighbor—Dear little thing! How much did she weigh? Proud Young Mother—Six pounds, I believe. But we don't estimate babies by weight in this family.

PILES

"I suffered the tortures of the damned with protruding piles brought on by constipation, which I was afflicted for twenty years. I ran across your CASCARETS in the town of Newell, Ia., and never found anything to equal them. Today I am entirely free from piles and feel like a new man."

C. M. KATZ, 1411 Jones St., Sioux City, Ia.

CANDY CATHARTIC

Cascarets

TRADE MARK REGISTERED

REGULATE THE LIVER

Pleasant, Palatable, Painless, Taste Good. Do Good. Never Sickens. Weakens or Grips. 25c. Per Box. Sold Everywhere.

Stocks: New York, Chicago, St. Louis, San Francisco, Seattle, Portland, Ore., etc.

NO-TO-BAC Sold and guaranteed by all druggists to cure tobacco habit.

IN WET WEATHER A WISE MAN WEARS TOWER'S FISH BRAND OILED WATERPROOF CLOTHING.

WILL KEEP YOU DRY NOTHING ELSE WILL. TAKE NO SUBSTITUTES. CATALOGUES FREE. SHOWING FULL LINE OF GARMENTS AND HATS. A. J. TOWER CO. BOSTON, MASS. 40

Springtime Resolutions

TAKE THE **Keeley Cure**

Sure relief from liquor, opium and tobacco habits. Send for particulars to

Keeley Institute, Moved to 420 Williams Ave., East Side.

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