

Sauces Perk Up Hot Vegetables, Aid Health

The more vegetables in your menu, the more health for your family. Cabbage, carrots, onions, beet tops, leeks, turnips, cauliflower, green or wax beans, however may seem dull at times. However, here's a series of new easy vegetable sauces which begin with home-made or bottled mayonnaise or commercial salad dressing:

MUSTARD-HOLLANDAISE SAUCE

Yields 1 Cup
One-half cup mayonnaise or salad dressing, 1 teaspoon salt, 1 tablespoon prepared mustard, 1 cup milk.

Combine mayonnaise, salt, and mustard in top of double boiler. Gradually add milk, stirring after each addition until smooth. Cook over boiling water 5 minutes, stirring constantly; if overcooked, sauce will curdle. Serve at once with hot beets, cauliflower, broccoli, artichokes, or spinach; broiled or baked fish, corned beef, tongue, or baked ham.

Here are some variations: CURRY-HOLLANDAISE SAUCE

Omit mustard. Combine 1 teaspoon grated onion and salt with mayonnaise. Substitute water for milk. Cook as directed in recipe for mustard-Hollandaise sauce. Blend small amount of sauce with 1 teaspoon curry

powder. Add to remaining sauce and mix thoroughly. Serve at once over hot vegetables.

CHILI-HOLLANDAISE SAUCE

Omit mustard. Combine 1 teaspoon grated onion and salt with mayonnaise. Substitute water for milk. Cook as directed in recipe for mustard-Hollandaise sauce. Blend 1 teaspoon chili powder with small amount of sauce. Add to remaining sauce and mix thoroughly. Serve at once over hot vegetable or kidney beans.

TOMATO-HOLLANDAISE SAUCE

Omit mustard. Combine 1 teaspoon grated onion, 2 tablespoons catsup, salt, and dash of pepper with mayonnaise. Substitute water for milk. Cook as directed in recipe for mustard-Hollandaise sauce. Serve at once over hot vegetables or cooked dried beans.

MENU
BREAKFAST: Tomato and grapefruit juice, fried apples and bacon, wholewheat toast, coffee, milk.
LUNCHEON: Dried kidney beans, chili-Hollandaise sauce, cherry tart, tea, milk.

DINNER: Green peppers stuffed with round steak, parsley potatoes, boiled onions with mustard-Hollandaise sauce, criss-cross rhubarb pie, cheese, coffee, milk.

His And Hers—Smart Towel Trend



If you haven't your set of His and Hers—Mr. and Mrs. towels, it's time you started. Everyone loves them; they're so decorative and practical, too. Pattern 6701 contains a transfer pattern of 12 motifs ranging from 5 1/2 by 8 1/2 inches to 11 by 13 inches. Illustrations of stitches; materials needed.

To obtain this pattern send 10 cents in coin to The News and Herald, Household Arts Dept., Klamath Falls, Ore. Be sure to write plainly your NAME, ADDRESS and PATTERN NUMBER.

A LOT OF WOOD
According to the measurements of engineers, the Sherman big tree in Sequoia National park, in California, has an estimated volume of 600,120 board feet.

STEEL MILLS
More than half the continuous strip steel mills in use today were built and put into operation within the last five years.

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DEFENSE WORKERS EAT HEARTY!

KLAMATH FALLS HOUSEWIVES
praise wholesome, nourishing NUCOA, the modern margarine so delicious on bread... so flavorful in cooking! It helps balance your diet and your budget, too!

Every wife and mother knows it takes plenty of energy food for men to work on and children to grow on. That's where NUCOA wins!

Delicious NUCOA—made with pure vegetable oils churned in fresh pasteurized skim milk—furnishes as much food-energy as the most expensive spread for bread (3,300 calories per pound).

Precious VITAMIN A, too!
And NUCOA furnishes VITAMIN A! Over 7,500 precious VITAMIN A units are guaranteed in every pound. No wonder NUCOA is the Coast's most popular margarine! It is always SWEET AND FRESH—made here on the Coast, on order only, never held in storage.



NUCOA
The wholesome, modern "Thrift Spread" for bread
Made on the Coast for Coast tastes

WHIST PLAYED AT DORRIS PTA MEET

DORRIS—The Dorris grammar school Parent Teacher's organization gave a public card party Tuesday evening in the school auditorium. Eight tables of whist were present and late in the evening doughnuts and coffee were served.

Mrs. Genevieve Farnsworth won the prize for high score and Mrs. Margaret Woods, low score. Clarence Motschenbacher won the high score prize for the men and Mrs. Green the consolation prize.

DINOSAUR
Titanosaurus, a moderately-sized dinosaur that lived on plant life, existed during the Cretaceous period, near the close of the age of reptiles.

Trade Winds Blow Warmer Climate To Oregon, Belief

WASHINGTON, March 21 (P)—Northwest trade winds may be responsible for Oregon's warmer climate in recent years. Coast and geologic survey officials told Senator McNary (R-Ore.) yesterday that the winds have been more prevalent in the last few years, and may have driven the Japanese current closer to the Oregon coast.

They did not think the condition would be permanent, but advocated a survey.

The agency now is collecting

FAMILY STYLE DINNERS
Any Hour in the Day
Chicken or Turkey Dinners
Every Sunday
Fried Chicken—Steaks to Order
FORT KLAMATH HOTEL
Mrs. Ray Taylor
Fort Klamath, Ore.

data from lightships and light-houses along the Pacific northwest coast.
McNary asked for the information at request of Mayor Gilbert E. Gable of Port Orford.
Watch the Classified Page!

M stands for **MUSTARD**
with rich, tangy zest
Schilling's name on the tin
is the mark of the best!

Schilling
37 SPICES—19 EXTRACTS

Tarts and Cakes More Delicious With Fillings

Butterscotch cream filling makes an open-face pie or tarts which give Monday's dinner of left-overs a pleasant surprise finish. Lemon cream and plain cream filling are also excellent for Boston cream pie (cake), tarts and for serving with stewed fresh or dried fruit. Here are simple but perfect recipes for these nourishing and delicious standard fillings:

BUTTERSCOTCH CREAM FILLING

One-fourth cup flour, 1/3 cup brown sugar, packed down, 1 teaspoon salt, 2/3 cup water, 2 tablespoons butter, 1 teaspoon vanilla, 1 cup cream, whipped. Combine flour, sugar and salt in top of double boiler. Add water. Set over boiling water and cook until thickened, stirring constantly. Add butter. Cool and add vanilla and cream.

LEMON CREAM FILLING

One-fourth cup flour, 1 cup sugar, 1 teaspoon salt, 1 cup lemon juice, 1 cup water, 1 egg lightly beaten, 2 tablespoons butter, 1 teaspoon grated lemon rind. Combine flour, sugar and salt in top of double boiler; add lemon juice, water and egg. Set over boiling water and cook until thickened, stirring constantly. Add butter and lemon rind; cool.

CREAM FILLING

For cream pie, tarts, Boston cream pie (cake), cream puffs and eclairs.

Two-thirds cup sugar, 1/3 cup flour, 1 teaspoon salt, 2 cups hot milk, 1 teaspoon vanilla, 1 teaspoon lemon or almond extract, 2 eggs or egg yolks.

Mix dry ingredients. Add hot milk gradually. Cook 15 minutes in a double boiler, stirring constantly until mixture thickens, and then occasionally. Add slowly two slightly-beaten eggs and cook 3 to 5 minutes longer, cool and flavor. For a thicker filling use 1 cup flour.

MENU

BREAKFAST—Sliced oranges, oatmeal, toast, coffee, milk.

LUNCHEON—Tomato soup, left-over vegetable salad, butterscotch tarts, tea, milk.

DINNER—Roast beef hash, toasted muffins, buttered beets, apple and lettuce salad, Boston cream pie, coffee, milk.

OKLAHOMA CITY, (P)

Robert F. Wells flung his money on the table and told the crystal-gazer to go to work.

After considerable hokus pokus he was told his problem would be solved if he went to the Capitol Hill district.

Roberts obeyed. He found his car which had been stolen last week from in front of his Shawnee, Okla., home.

Nine-tenths of the population of India live in villages remote from political activities.

Orange and Pineapple Cake

Made with fresh oranges and crushed pineapple and filled with cooked orange custard; topped off with French butter cream.

Each 59c

Butterscotch Coffee Cake

A rich coffee cake filled with brown sugar, butter and walnuts.

Each 15c

Old Fashioned Potato Rolls

Dozen 18c

Fluhrer's
Klamath's Finest Bakery

Moved To The NEW FLUHRER BLDG.—722 Pine St.

Super Market Store No. 2 Store No. 3
Dial 3168 Dial 4714 Dial 4875
Prices Effective Fri., March 21 Thru Wed., March 28

MEAT SPECIALS - Sat. Only

Sliced Bacon	Swift's	Lb.	29c
Leg of Lamb	Clover Brand	Lb.	29c
Shoulder Lamb		Lb.	25c
Lamb Chops	Rib	Lb.	29c
Leg of Pork	1/4 or whole	Lb.	25c
Fresh Side Pork	Sliced or Piece	Lb.	18c
Sausage	Country Style	2 Lb.	25c

SPECIAL ON SO. 6TH

Sliced Bacon, lean, no rind	Lb.	25c
Boiling Beef	2 Lb.	25c
Pork Hocks	Lb.	10c
Ground Round	Lb.	23c

FRESH FRUITS and VEGETABLES
FRI. and SAT. ONLY

Bananas	Fancy Golden Ripe—	Lb.	6c
Beautiful Daffodils	Giant Tulips	Lb.	6c
With Fern		4 Dos.	29c
Salad Bowl	Extra fancy	2 pks.	15c
Rhubarb	Cherry variety	4 Lb.	13c
Asparagus	Small tender	3 Lb.	22c
Spinach	Fresh Green Leaves	Lb.	5c
Broccoli	Lge. Green Bunches	Bu.	10c
Lemons	Extra Large Size	Dos.	15c

Table Queen Dressing	Quart Jar	23c
Tomatoes, Rogue River Choice Grade,		
No. 2 1/2 Can		2 for 25c
Pork & Beans, Van Camp, No. 300 Tin		3 for 25c
Pink Salmon, Sacramento Brand, No. 2 1/2 Can		10c
Oysters, Tillamook, fancy small		2 cans 25c
Clams, Seaside Brand		2 cans 25c
Shrimp, Pheasant Brand		2 cans 25c
Asparagus, Del Monte, No. 2 Can		19c
Corn, Del Monte, No. 303 Can		10c
Fruit Cocktail, Sacramento Brand, Tall Can		10c
Boysenberries, Rogue River, No. 2 1/2 Can		20c
Pineapple, Dole Plantation, Large No. 1 1/4		10c

V-8 Cocktail 29c No. 1 Tall 19c
46-oz. Can 2 for

Matches 14c Searchlight 20c
Tru-American Carton Carton

Nectarines, Sealed in Brand, No. 2 1/2 Can	10c
Peaches, Sacramento Brand, Freestone	
No. 1 Tall Can	3 for 29c
Kadota Figs, Delhi Brand, in Heavy Syrup	
No. 1 Tall Can	10c
Krispy Crackers, 2 pound Box	27c
Calumet Baking Powder, 1 pound Can	17c
Swansdown Cake Flour, Large Package	19c
Churches Grape Juice, Quart Bottle	27c
Rinso, Giant Pkg.	49c Large Pkg. 18c
Lux Toilet Soap	5c
Lux Flakes, Large Package	21c
Lifebuoy Soap	5c
Waldorf Tissue	6 Rolls 25c
Flour, Drifted Snow	49-Lb. Bag \$1.39

EXTRA SPECIAL
GROCERY DEPT. FEATURE

Brookfield Cheddar Cheese Lb. 29c

Aged 2 Years—Cut it yourself
If you cut 16-oz. you get it FREE

Oh, Boy, What a Treat! Lobo, Junior and Queenie. Show Starts Wed., March 28

Store No. 3—10:30 a. m. — Store No. 2—2:30 p. m.
Summer Market — Two Shows
Afternoon 4:30 p. m. — Evening 7:30 p. m.



Oh, Boy, What a Treat! Lobo, Junior and Queenie, the world famous What Dogs will appear at Emil's Market.

Sensationally popular in a successful 76-day run at the Golden Gate International Exposition these dogs will offer for all the kids of Klamath Falls a performance that will thrill all boys and girls from six to sixty.

Trained to perform in front of the keen eye of the moving picture camera, these marvelous animals do all their stunts at the command of their trainer, Ray Courtwright, by obeying implicitly the signals he gives with only the use of his hands and fingers. No, sir, no loudly shouted commands are needed by these creatures with the almost human brain.

As these beautiful creatures go through their repertoire of dozens of spectacular stunts you will be amazed and delighted by the novelty of their performance. Lobo, Junior and Queenie have entertained hundreds of thousands of folks all over the country; demand repeat performances always follow the appearance of these wizards of dogdom. Be at Emil's Market at the time above. Be sure and bring the Kiddies. Educators say this is one attraction all children should see.

SOME HIGHLIGHTS ON LOBO, JUNIOR AND QUEENIE

1. Lobo is a pure-bred Belgian Sheep Dog. He is seven years old and the father of—
2. Junior, 85 pounds of beautiful black Belgian Sheep Dog. Junior is the clown of the trio and is the father of—
3. Queenie. This little lady's mother is a "SEEING EYE DOG," famous for their clever mind and ever faithful to their master. Queenie, although just one year old has mastered many difficult stunts.
4. Bob Ripley has featured Lobo and Junior in his famous "BELIEVE IT OR NOT" cartoons.

Also — A Pard Pet Parade
Wednesday, Starting 4:30

Super Market Only
PARD MUTT SHOW

Yoo-Hoo! SKINNAY and SALLY, too, come a runnin' and bring your very own Pooch down to Emil's Super Market on Wednesday at 4:30 p. m. You know why? Well, Emil's Super Market is going to hold one of those swell PARD MUTT SHOWS.

Now, all you kids have to do is bring your dog on leash to Emil's Super Market, at 4:30 p. m. on March 28, and Boy! what a lot of keen fun.

Why Mr. Emil Albrecht is going to give real prizes, such as Dog Collars, Dog Harness, Leashes and lots more for the dogs who win the following contests:

1. The dog with the longest tail.
2. The dog with the shortest tail.
3. The dog with the curliest hair.
4. The dog with the wiriest hair.
5. The best trick dog.
6. The best dressed dog (comical).
7. The biggest dog.
8. The smallest dog.
9. And the grand contest of all! A special prize for the homeliest pooch in Klamath Falls.

All you kids who bring your dogs on leash will win a prize of some kind. No entries without leashes. Nothing to buy. No entry blanks needed. Just bring your pooch and be at Emil's Super Market on Pine at 8th street, at 4:30 p. m. on March 28.

Judges for the PARD MUTT SHOW will be:

1. Mayor.
2. Chief of Police.
3. Chief of Fire Dept.