

# All Housewives Invited to Attend 3-day Cooking School

## Cooking School Recipes Published Each Day For Students Of Home-making

In order to better enjoy the program at the News and Herald Cooking school, it is suggested that those attending bring each day the list of recipes published the previous day in this paper.

### The Happy Kitchen Program

For Wednesday.

#### "A Simple Oven Dinner."

Veal and Pork Loaf.

Stuffed Onions Baked Potatoes

Orange-Grapefruit Muffins

Pears Frozen with Gingerale

Chocolate Bread Souffle

Tea.

Veal and Pork Loaf.

Mix together thoroughly:

1 lb. chopped veal

1 lb. chopped pork (lean)

1 cupful soft crumbs or

1 the wheat cereal

1 tablespoon onion

1 well-beaten egg

1 1/2 cupful salt, milk or to-

mato juice

1 1/2 teaspoonful salt, pepper

Poultry seasoning.

Make into a loaf, place in a

baking pan, cover with thin

slice of salt pork or bacon. Bake

about 1 hour at 350 degrees,

serve hot with gravy made

from the juices in the pan.

Stuffed Baked Onions.

Select 6 or 8 medium sized

onions, peel and parboil about

10 minutes. Hollow to this case

(as directed in class). Mix the

following stuffing and refill

cases:

Chopped onion removed from

cases

1/4 cup dry bread crumbs

3 tablespoons melted shorten-

ing

1/2 cup grated cheese

1/2 teaspoon prepared mus-

tard

Salt and pepper.

Garnish with dash of paprika

and bake about 1 hour at 350

degrees.

Pears With Frozen Gingerale.

Drain syrup from canned

pears and put pears in refriger-

ator pan. Add to pear syrup an

equal amount of ginger ale.

Pour over the pears and leave 2

hours or until mushy. Place

pears in nests of lettuce leaves,

fill center with preserved gin-

ger, chopped, or with chopped

nuts or with cream cheese and

serve with mayonnaise dressing

or omit lettuce and serve with

whipped cream.

Bran Orange Muffins.

2 cups sifted flour

2 teaspoons baking powder

2 tablespoons shortening

2-3 cup sugar

2 eggs, well beaten

1/2 cup orange juice

Grated rind 1 orange

1 cup bran.

Sift flour once, measure, add

baking powder and sift again.

Cream shortening thoroughly.

add sugar gradually, and cream together until light and fluffy. Add eggs, then flour, alternately with orange juice and rind, a small amount at a time. Beat after each addition until smooth. Fold in bran. Bake in hot, greased muffin pans in hot oven, 400 degrees, 25 minutes. Makes 25 muffins.

### Chocolate Bread Souffle.

2 cups scalded milk

1 cup bread crumbs

2 egg yolks

1/2 cup sugar

1 tablespoon melted butter

1/2 cup ground chocolate

2 egg whites

1 teaspoon vanilla

Pour milk over bread crumbs,

set aside to cool. Beat egg yolks.

Add sugar, butter and chocolate

and beat until smooth. Add va-

nisilla. Fold in stiffly beaten egg

whites. Bake 1 hour in moder-

ate oven with the baking dish

in a pan of water. Serve with

whipped cream or pudding sauce.

Jelly Making

5 cups fruit juice

1 package powdered pectin

5 cups sugar.

Bring fruit juice to a boil and

add in 1 package powdered pec-

tin until dissolved. Add sugar

and cook till it jells. Sure test

given in class.

Apricot Upside-Down Pudding

Batter:

1/2 cup shortening

1/2 cup sugar

1 egg

1 1/2 cups flour

1/2 teaspoon salt

2 teaspoons baking powder

1/2 teaspoon ginger

1/2 cup apricot juice.

Caramel:

1/2 cup butter

1/2 cup brown sugar

1/2 cup almonds or walnuts

1/2 teaspoon salt

1 cup dried apricots soaked

overnight in 5 cups water.

Blend shortening with sugar

and egg until fluffy. Add sifted

dry ingredients alternately with

1/2 cup apricot juice. Beat.

CARAMEL—Melt butter slowly

in pan. Add sugar. Stir un-

til melted. Remove from heat.

Put nut meat in hollow of each

apricot. Place apricots with

ROUND SIDES UP on caramel.

Pour in batter. Bake in moder-

ate oven (350 degrees F.) 30

minutes. While hot, turn out

upside-down on plate. Serve warm

—plain or with cream.

Broiled Ham With Sliced

Pineapple

Select slices of ham-cut about

1/2 inch thick, score fat around

edge and place in broiler oven

and broil until nicely browned.

Turn and broil other side. Then

place slices of pineapple on top

of ham sprinkled with brown

sugar and buttered bread crumbs.

Return to broiler until pineapple

is heated through and crumbs

are browned. Serve at once.

General broiling directions:

Wipe off meat with damp cloth.

Place on cold rack in broiler

directly under broiler unit. Set

regulator beyond 500 degrees

mark so that the heat does not

shut down. Leave oven door

open. Allow five minutes at

full heat for chops and eight to

ten minutes for steaks, turn

quickly. After an equal period

of time, turn off heat and re-

move broiler pan at once. Place

on hot platter, sprinkle with salt

and pepper. Dot with butter.

Always serve broiled meats at

once.

Tea Making

Have water rapidly boiling. Al-

low 1 teaspoon tea to each cup

boiling water. Steep tea 5 min-

utes. Remove leaves.

Rheumatism causes 45,000

deaths annually in Great Britain.

Furriers sometimes have to go

through as many as 300 rabbit

furs to find 20 of equal appear-

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## New Refining Methods Found



Amazing tests, undreamed of and uncalculated for in the early days of petroleum refining, are now daily routine in the laboratories of the industry's pioneer and world leader, the Socony Petroleum Corporation, and its Pacific coast subsidiary, the General Petroleum Corporation, according to R. S. King, vice president and general sales manager of the latter organization.

Since the development of the airplane and the high speed, high compression automobile engine, gasoline and oils must be refined to meet extremes of heat, cold and altitude, all sorts of speeds and a wide variety of usages, Mr. King pointed out. This means that upon the technical excellence of the brains employed in laboratory and test work depends the establishment of a product in popular favor.

"The wide range of such activity is well illustrated by the daily operations in test and laboratory work of the General

Petroleum corporation, refiners and marketers of the new general four-star gasoline," the oil official said. "This gasoline, as well as all Socony and General Petroleum oils, is tested on land and sea, in extremes of cold ranging from below sea level to as high as 25,000 feet, and in speeds ranging from almost nothing up to more than 100 miles an hour."

"One of the most rigid tests to which a motor oil was ever subjected was given Socony motor oil to establish its unusual flowing, penetrating and lubricating qualities under the most extreme conditions of heat, cold and speed. A pilot, his engine serviced with this oil and carrying two extra cans of it in his open cockpit, ascended to a height of 25,300 feet, at which altitude, with the temperature 10 degrees below zero, his companion photographed him pouring the oil freely from one can to the other. At the time, this was the highest altitude photograph ever taken."

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## KATHERINE WALTON HAS ROLE IN PLAY

Miss Katherine Walton, who plays the role of Anna Valasco in the Little Theatre Guild's production of "Captain Applejack" to be given in the high school auditorium June 12, has had considerable experience in dramatic work.

After graduation from the local high school where she was active in class productions, Miss Walton attended the College of the Pacific at Stockton, Calif., where she studied in the school of dramatic arts and music and received training under DeMarcus Brown.

Upon graduation from Pacific college, Miss Walton joined the Berkeley Players, an amateur group at Berkeley, Calif. Everett Glass, well known dramatic artist, instructor in University of California, directed the Berkeley Players which presented plays in the Women's Civic club of Oakland.

## Lakeview 20-30

### Beautifies Park

LAKEVIEW, Ore.—The Lakeview 20-30 club has resumed its task of beautifying Booth State park, which is located about 12 miles west of the city on the Klamath Falls-Lakeview highway. The 13-acre tract on the north side of the highway is being raked of pine needles, cones and trash. A sanitary barbecue pit will soon be constructed. The

club also expects to plant crested wheat grass. The tables and benches which were made a year ago have been taken out of storage and distributed through the shady spots. The park has become very popular for Sunday outings and fraternal picnics since the local club has improved it.

## MILL TO OPERATE NEAR LAKE RESORT

ROCK CREEK — Machinery and camp equipment has been taken into the saw mill near Lake o' the Woods, which is to be operated this summer by George Christy and E. B. Gruthers, Klamath Falls.

The mill located three miles from the lake on the Dead Indian road, will employ ten men and a run of three of four months is scheduled. The entire output of Idaho white pine has been contracted to the Jones Lumber company of New York. It was announced.

Mr. Christy, who has owned and operated a number of mills in this district, plans to make extensive improvements before operations begin, adding to the size of the building as well as placing new machinery.

The mill operated for thirty days last season, and the output was shipped via Klamath Falls.

For more than 10 years, Rutland, one of England's smallest countries, has had no civil cases

nor prisoners for trial as her as-

izes. The brain seldom exceeds an average weight of 1380 to 1400 grams in men, and 1140 to 1340 grams in women.

## Hester Heath



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Pelican Theatre, June 7, 8, 9th.

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