

# Ex-Students Take Up Residence In Buddhist Cave To Cut Living Cost

KABUL, Afghanistan (UPI)—Dan Bush and Tony Attenborough have an answer to the cost of living: Live in a cave for a dime a day.

After 88 days of such dwelling in an ancient Buddhist cave at Bamlyan, 150 miles from Kabul, the two rugged young men felt "healthier than when we went in."

"We brought life down to its basic ingredients: food and lodging," said Bush, a former pre-medical student at the University of Arizona. "Lodging costs nothing in a cave and food costs only as much as you are willing to spend."

In their case, food consisted of what herbs they could find nearby and the vegetables they bought in the village bazaar. Nan, the snowshooper, completed their diet.

**Seldom Ate Meat**

"Although we aren't vegetarians," Bush said, "we seldom ate meat because it is expensive. During the 40 days of Lent, however, we gave up all animal products and increased our sensitivities. However, we don't believe in this on a permanent basis because it is not

good for the development of a strong will."

Occasionally the nearby hotel keeper persuaded them to have a good hot meat dish in exchange for their services of painting signs at the hotel.

The caves—about 2,000 of them—were carved out of conglomerate stone about 1,700 years ago by Buddhist monks. The monks also carved out what is claimed to be the world's tallest statue—the "Big Buddha" which soars up to 174 feet in its own little niche carved out of the same cliff.

Further along the cave-riddled cliff is the "Little Big Buddha" which stands a scant 120 feet high.

"Somewhere with all of these caves and Buddhist art on the walls inside," said Attenborough, "we felt a tremendous spirit of religious feeling was pervading the whole valley and we knew we must stay awhile."

**Caves Are Comfortable**

Cave dwelling, one of the oldest forms of residence known to man, turned out to be very comfortable. They had their own sleeping bags and felt quite comfortable sleeping

on the soft rock bed of the cave.

The governor and commandants were kind and sympathetic, he said. "Furthermore, being religiously minded people they were more understanding of our reasons for being there."

Attenborough, a stained glass window designer from London, had come to the East to seek a firmer understanding and greater peace of mind. When he met Bush and the two discovered they had similar interests, they decided to travel together.

When the two travelers, both 24, arrived in Afghanistan with their "Smith Brothers" beards, they went directly to the Bamlyan caves, primarily to meditate.

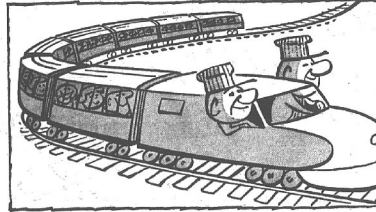
"The solitude of the caves was great for concentrating on work," said Bush, "but we didn't want to work. We wanted to meditate—and that requires you to do absolutely nothing. It's the most difficult thing I've ever tried, but it is richly rewarding."

Both of the cave dwellers felt they gained a great deal of insight into their personal lives and a better understanding of the world about them.



**CAVE DWELLERS**—Dan Bush, right, of Arizona and Tony Attenborough of England have a look at the world of people in Kabul, Afghanistan, after living for 88 days in the 1,700-year-old caves of Bamlyan. —UPI Telephone

"I don't really know what I was looking for. I found a great deal more than I was headed back to Damascus for," said Bush, "and all-looking for, if that makes any sense."

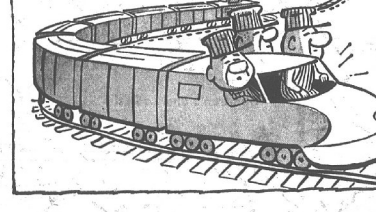


**FACT:**

In Oregon, high speed passenger trains operate safely with two men in the cab.

**A MESSAGE IN THE PUBLIC INTEREST**

about repeal of the 1913 Excess Freight Train Crew Law being considered by the 1965 Legislature.




**QUESTION:**

Why must freight trains have three men in the cab?

**ANSWER:**

**Because of Oregon's antiquated Excess Freight Train Crew Law!**



**Let Oregon compete...  
Let's get back on the track!**

**The National Arbitration Board found Fireman not required**

The National Arbitration Board, established by Congress, found that firemen are not necessary on diesel freight trains from the standpoint of either work load or safety. The Board found that the head brakeman, who also rides in the freight train cab with the engineer, performs the lookout function and can stop the train in an emergency.

**Collective bargaining agreements should settle disputes**

In recent months agreements have been reached between railroad management and labor pursuant to the National Arbitration Award. This is how such issues should be settled, yet the old Oregon law prevents such settlement in our state.

The locomotive engineers union and the trainmen's union just withdrew their opposition to repeal of crew laws in the eastern states. These unions did so after reaching agreements with 23 eastern railroads. Do you suppose those unions would

**Job security will be protected**

The railroads of Oregon have given their assurance that if the excess freight crew law is repealed by the 1965 Legislature, firemen and trainmen will have the following protection:

No fireman with more than two years' seniority on January 25, 1964, and who was regularly employed on that date, will lose his employment relationship by reason of the repeal of this Act, except through his own election.

No trainman regularly employed on January 25, 1964, will lose his employment relationship by reason of the repeal of this Act.

Jobs of protected employees will be eliminated only as such employees resign, are promoted, retire, die or leave railroad service for other reasons.

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