Robust Casserole

Apples, sweetpotatoes and sausages! Put them all together and they spell a hearty main dish that appeals to pepped-up nippy weather appetites.

To make the casserole, select one of the cooking apple varieties available now: Rome Beauty, Red Rome Beauty or Newtown Pippin. Here's how you go about using them:

APPLE CASSEROLE

Fry ½ pound link sausages until done. Meanwhile, pare and slice 2 medium sized sweetpotatoes and 4 medium sized apples. Combine ½ teaspoon salt, 1 tablespoon flour, 2 tablespoons sugar with ½ cup cold water. Arrange alternate layers of potatoes, apples and sausage links in a greased casserole, pouring some of the liquid over each layer. Sprinkle top with sausage drippings. If desired, arrange additional apple slices over the top. Cover casserole and bake in a hot oven, 375 degrees, about one hour, until apples and potatoes are tender. Makes 4 servings.

Bulk pork sausage, diced apples and a little onion team up to make an easy-do brunch or supper entree.

You'll need 1 pound bulk pork sausage for this. Crumble half of the meat and place in a shallow 8-inch square pan. Combine 2 cups diced apples, 2 cups bread crumbs and 1 small diced onion. Toss together lightly and spoon over meat. Crumble rest of the sausage and scatter over the apple-crumb mixture. Bake in a moderate oven, 350 degrees F. for 45-60 minutes. Bakes 6 to 8 servings.

Egg Supplies Plentiful

Egg supplies are plentiful in western markets, and wholesale prices are lower.

So take full advantage of this situation. Get the day off to a good start by serving them for breakfast; include them via sandwiches and omelets in the luncheon lineup; use them in dinnertime salads, cakes and puddings. Another way: Eggnogs for the after-school crowd. Here are some other specifics:

For breakfast — in waffles, pancakes, muffins; scrambled with chopped bacon or cooked ham; shirred on toast; poached, fried, soft-cooked.

For luncheon — creamed eggs on baked potatoes, hot cooked rice or toast; tomato or green pepper halves, filled with egg salad; seafood salad with hard-cooked egg garnish.

For dinner — buttered spinach with chopped hard-cooked egg topper; baked custard; floating island pudding, prune or applesauce whip; lemon meringue pie; banana cream pie; chocolate souffle.

Bill Requires Interest List

SALEM (UPI)—A bill which would require merchants to list the annual rate of interest, as well as the dollar amount which they must pay on installment purchases, was introduced Friday by Sen. Don Willner, D-Portland.

Present law requires the listing of only the dollar amount of time payment charges.

Willner said consumers have a right to know the interest rate.

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Prune Juice — Del Monte Full Quart — 39¢
Del Monte Juice — Pineapple-Grapefruit 29-oz. tins — 4 FOR 89¢
Argo Figs — Packed by Del Monte No. 303 Tins — 4 FOR 69¢
Knorr's Soup — All Varieties Regular Pkgs. — 2 FOR 69¢
Pard Dog Food — 1-lb. Tins Dogs Love It — 3 FOR 49¢
Swiftning Shortening — 3-lb. Tin Market Basket Price — 69¢
Allsweet Margarine — Swift 1-lb. Pkgs. — 2 FOR 59¢
B&M Baked Beans — Delicious Treat 28-oz. Tins — 35¢
Chow Mein Noodles — Chun King No. 2½ Tins — 29¢
Sanitary Napkins — Confidets 24 in Pkg. — 79¢