



**FIT FOR A KING** — Roasted Cornish hens, canned baby carrots and "Avocado Potato Boats," with a zippy stuffing and garnish of California avocado slices make an

easily prepared dinner entree that would be tops for guests.

### Avocados Appear In New Guise

Here's a gourmet menu that's easy on the home chef!  
The topic of conversation will be "Avocado Potato Boats," a flavorful—and colorful—medley of mashed baked potato and succulent California avocado. Cornish hens roast in the oven along with the potatoes at the same temperature for approximately the same time (40 to 60 minutes at 400 degrees). Canned baby carrots heat in their own liquid with a little lemon juice and butter added, and are flecked with chopped parsley at serving time.  
Start the feast with piping hot grapefruit halves broiled with a little honey and Sherry. For dessert, pour demi-tasse cups of coffee and pass a tray of fresh fruit. Stuffed with a variety of fillings such as sharp Cheddar cheese, chopped candied ginger, salted, blanched almonds and mazel-colored fondant mints.  
Geared to four people, this menu can easily be served to any number of guests without complicated recipe adjustments. A green salad might be added on some occasions, but it isn't really needed.  
The recipe for "Avocado Potato Boats" calls for two California avocados and uses four potatoes of medium size for four servings. If large potatoes are used, split into halves, step up the other ingredients slightly, and allow half a potato for each serving. If you do this, mash all of both avocados with the potato, instead of saving half an avocado for garnish.  
Heating avocados brings out the full flavor and aroma of this semi-tropical fruit. Avocados should never be actually cooked, however. To warm the halves, place them in a baking

dish with a little water and heat for five minutes at 300 degrees; fill with creamed chicken or seafood. Or fill the avocados with a hot mixture first, then warm in a 300-degree oven for 12 to 15 minutes—no longer.  
Winter avocados from Southern California are now making their initial appearance of the season in markets. All signs point to a crop of near-record proportions and excellent quality.  
**AVOCADO POTATO BOATS**  
2 California avocados  
4 medium-size hot baked potatoes  
2 teaspoons lemon juice  
2 teaspoons seasoned salt  
1/2 teaspoon salt  
1/2 teaspoon seasoned pepper  
1/2 cup mayonnaise  
2 strips crisp bacon, crumbled  
Cut avocados lengthwise into halves; remove seeds and skin. Cut slice from top of each potato; scoop out potato and mash with 1/2 avocados. With a fork, whip lemon juice, seasonings, and mayonnaise into potato mixture; spoon into potato shells. Slice remaining avocado half. Garnish potatoes with avocado slices and bacon. Broil about six inches from heat two minutes.  
Makes four servings.

*"Many have been the blessings"*

Our blessings today are the ones our forefathers fought and bled for...to think and speak, to live and work, to give thanks to God...each in his own way.

These blessings, together with our higher standard of living, should never be taken for granted. They can be lost...if we as individuals fail to do our part in fighting against every threat to our individual freedom.

**THRIFT DEPT. WHITE ELEPHANT SALE**

All items first come, first served while they last. We need the room for new Christmas toys and gift items.

**YOUR CHOICE 9c BUYS THESE**

- 39c LIPSTICK BRUSH
- ADJUSTABLE DRAPERY HOOKS
- ODDS & ENDS KITCHEN KNIVES
- CARVING FORK
- PLASTIC FLOWERS & GREENS
- Per Pair SHOE LACES, 2 pair to card
- REGENT CRAYONS, 64 Count
- Famous Make Boxer Style MEN'S SHORTS, Mostly white. Sizes 38-44
- Attractive Set Ceramic SALT & PEPPER SHAKERS
- ASSORTED ZIPPERS over 10 inch
- 15c CARD CUP HOOKS
- QUART PLASTIC REFRIGERATOR BOTTLES
- BROWN ONLY, GRIFFIN SHOE POLISH
- TRUTEST 5 GRAIN ASPIN, 100 Count
- PLASTIC CLOTHES LINE, Nylon reinforced, 50 foot

CALIFORNIA-PACIFIC UTILITIES CO.

# BIG-Y MARKET BARGAINS FOR AFTER THANKSGIVING!

<b>Tide or Cheer</b>	Giant Size Pkg.	<b>49c</b>
<b>Big-Y Salt</b>	26-oz. Plain or Iodized None Finer Made	<b>5c</b>
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All grocery and variety prices are good through Wednesday, December 4th — Meals and produce excepted. Big-Y is closed all day today so that the entire staff may enjoy this Holiday at home with their families. Save Big-Y cash register tapes.

**PRODUCE**  
U.S. No. 2 Klamath Nettle Gem **POTATOES**  
50-lb. Bag **89c**  
Med. Size Navel **ORANGES**  
8 lbs. **1.00**

Big-Y Fresh <b>GROUND BEEF</b>	Fine Klamath Beef <b>SIRLOIN STEAK</b>	Tender Klamath Grown Beef <b>ROUND STEAK</b>
<b>39c lb.</b>	<b>79c lb.</b>	<b>79c lb.</b>

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Pilgrim 100 mg. <b>VITAMIN "V" TABS</b> Bottle of 100 <b>25c</b>	<b>SHAMPOO SPECIALS</b> Your choice <b>49c</b> White Rain Lotion, Reg. 1.00 Pompeian, Olive Oil, Reg. 79c Woodbury's Golden, Reg. 69c	All Hazel Bishop <b>COSMETICS</b> 1/2 Price 1/2 Plus Tax Good Gift Suggestions
Staley's Quality Latex <b>INDOOR PAINT</b> Reg. 4.95 gallon <b>2.66</b>	<b>ENVELOPES</b> Reg. 39c White - pkg. <b>19c</b> 65 Count Regular Size 36 Count Legal Size	<b>RUBBER BATH MATS</b> Large Reg. 3.98 <b>1.88</b> each
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Ballanoff <b>STOVE PADS</b> Assorted Sizes & Colors <b>66c</b>	6 Only - Pale Planters Reg. 9.95 <b>AQUA SNOW SLEDS</b> Reg. 14.88 Your Choice <b>4.88</b>	<b>BARBER KITS</b> Reg. 9.98 <b>6.88</b>
All Metal <b>CANISTER SET</b> White W/Copper Decorated <b>59c</b>	<b>LEATHER SHOE LACES</b> 54 Inch pr. <b>19c</b>	Classic Full Size <b>Foam Rubber Pillows</b> Molded (Not Shredded) <b>4.95</b> 88 Value <b>2</b>

**St. Nick's Christmas Figs**

Here are some figs wonderful to eat—and quick to make—for your own house or for loving gifts.

About 22 California Dried Figs  
1/2 can condensed milk  
1 1/2 teaspoons vanilla  
1/4 teaspoon salt  
About 1 pound confectioners sugar

Warm the California Dried Figs gently with the hands. Pull the little stems out straight. Make a slit in the side of each fig. Then place the condensed milk, vanilla and salt in a bowl. Stir in the sugar until the mass is stiff enough to hold its shape firmly. Work the candy with the hands, adding more sugar if needed. Now form into balls the size of small walnuts. Roll in more confectioners sugar, then insert the balls in the slits in the figs. Add a toasted almond, walnut or pecan. The candy may be flavored with chocolate, peppermint, wintergreen, maple or spice if desired.

Before he scored his first victory, jockey Eddie Arcaro rode 250 straight losers.

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Herald and News

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