

Casserole Bread

SPICY CASSEROLE BREAD

Nutmeg and cinnamon spice this casserole bread. Made by the quick 'n' easy batter method, its flavor will be twice as good if you use new spices — freshly grated at the last minute.

CREOLE CASSEROLE BREAD

(Makes 1 loaf)
 1 cup milk
 3 tablespoons dark brown sugar
 1 tablespoon salt
 2 tablespoons margarine
 1 cup warm water (105 degrees - 115 degrees F.)
 2 packages or cakes yeast, active dry or compressed
 1 teaspoon cinnamon
 1/2 teaspoon nutmeg
 4 cups unsifted flour

Scald milk; stir in sugar, salt, and margarine. Cool to lukewarm. Measure warm water into large warm bowl. Sprinkle or crumble in yeast; stir until dissolved. Add lukewarm milk mixture, cinnamon, nutmeg, and flour. Stir until well blended, about two minutes. Cover. Let rise in warm place, free from draft, until more than doubled in bulk, about one hour. Stir batter down. Beat vigorously, about 1/2 minute. Turn into greased 1 1/2 quart casserole. Bake immediately, uncovered, in a moderate oven (375 degrees F.) for about one hour, or until done.



FOR HOLIDAY BRUNCH — Creole Casserole Bread is subtly spiced just right. For gourmet taste, grate nutmeg and cinnamon just before adding to the batter.

THANKSGIVING IS TO THANK GOD FOR OUR ABUNDANCE ...



Thanks With Lamb

Believe it or not, there are some very patriotic Americans who don't want turkey for Thanksgiving dinner. Yes, they do have the spirit of Thanksgiving in their hearts. But they like lamb. As there is no good reason why they shouldn't like lamb, let's give it to them.

LEG OF LAMB NEAPOLITAN

(Makes 6 to 8 servings)
 5 pound leg of lamb
 2 teaspoons salt
 1 teaspoon crushed oregano
 4 medium onions, chopped
 1 medium green pepper, chopped
 1 clove garlic, crushed
 1 can (1 pound, 12 ounces) tomatoes

Sprinkle lamb with salt and oregano; place on rack in shallow roasting pan. Bake in 325-degree (slow) oven 1 1/2 hours; drain off drippings. Mix together the onions, green pepper, garlic and tomatoes. Baste lamb with some of the tomato mixture and bake, basting occasionally, one hour or until meat thermometer registers 145 degrees for medium doneness. Add water to sauce if needed during latter part of cooking time. Serve roast with sauce.

BARBECUED LOIN LAMB CHOPS PARMESAN

(Makes 4 servings)
 4 loin lamb chops, about 1 to 1 1/2 inches thick
 Onion salt
 Pepper
 3 tablespoons grated Parmesan cheese
 1/3 teaspoon garlic powder
 1/4 teaspoon oregano

The Pilgrim Fathers and their families suffered privations and hardships that would leave the modern-day citizen aghast if he could but comprehend what the Pilgrims and their families went through in their early days on our forbidding shorelines.

But, did the Pilgrim Fathers go around with their hand out, asking someone to take care of them? Of course not!

They provided for themselves and their families — the hard way.

And, meager as these provisions were, did they sit and cry that somebody owed them more? They did not!

With their wits, their pitiful resources, their stout hearts, and faith in God they fashioned the America that is so bounteous today.

We need a reawakening of the spirit that prompted our Pilgrim Fathers to hew an existence out of the raw nature they faced every day. We need a return to some of those philosophies and attitudes that made them thankful for the few blessings they enjoyed. We need to rekindle the spirit of free enterprise and individual achievement that was so vital to their progress.

And, we need a strengthening of the religious and sacred ties that prompted them to give Almighty God thanks for His support in their endeavors.

Let us give Thanks today for the principles of the Pilgrim Fathers who led the way to form the world's mightiest nation — and all that goes with it.

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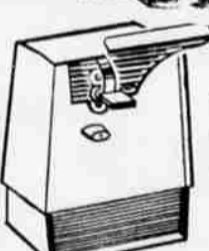
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