

Snip \$ from your food bill!

LOW, LOW PRICES PLUS

DEL RICH MARGARINE

5 lbs. **59¢**

GERBER'S STRAINED
BABY FOOD
(EXCEPT MEAT)
10¢ JAR

GOOD EATING — A wheat germ-apple coffee cake is delicious, hearty and seasonal, what with apples now adorning the fruit stalls.

Apple Coffee Cake
A Longtime Favorite

For goodness sake, let's all make a wheat germ-apple coffee cake.

There's the rhyme, and the reason for it is that apples in all their luscious goodness are now flooding the market, begging to lend their tartness to pies and cakes and tarts and crisps and cobbblers.

We've chosen this longtime German favorite, the apple coffee cake, because first of all it is a delicious and hearty piece of pastry, and also because it is a versatile dessert. It can be a breakfast feature just as a good old coffee cake, or it can be a festive dinner dessert if you want to serve it warm with whipped cream or hard sauce or lemon sauce.

The cake dough can be your own or a prepared biscuit mix (as in this recipe) but you pay attention to the nutrition with a generous allotment of wheat germ, which adds its nut-like flavor, too. Wheat germ, rich in the B vitamins and other nutrients, is also sprinkled over the apples.

WHEAT GERM APPLE

OVEN FRESH CRACKERS
2 LB. CTN. **39¢**

MIX OR MATCH
CANNED FOODS Sale

Cow Belle Corner

By MRS. TED HYDE

The 4-H Pair is over, school has started again and things are settling back into the well-known groove for the keepers of the home, whether she be in the city or on the farm.

Before the fair passes from memory, we'd like to thank again the Rotary Club and all the townspeople who take such an interest in the 4-Hers and their animals.

Many of you who bought steers your meat and will be looking forward to good eating throughout the winter.

To some it comes as a surprise how the live animal shrinks down into perhaps fewer small packages than you expected. (It is a depends partly on how big your storage space is and whether you shared a beef with others. . . . Some may be wondering where to put it all. You will at least be able to understand the reason the rancher gets so much less per pound live than it costs in the grocery store. There's a lot of hamburger and pot roasts, and not many steaks!

A few rough statistics might be in order. Average carcass yield from live weight is around 55-60 per cent. The carcass weight is

- | | | |
|--------------------|---------------------------------------|------|
| Chili Con Carne | No. 1 | 45¢ |
| Pitted Ripe Olives | Tri Mor No. 1 Tins | 45¢ |
| Applesauce | Payette Valley No. 303 | 75¢ |
| Apricots | Blue Sky Whole No. 2 1/2 | 55¢ |
| Figs | Argo No. 303 | 65¢ |
| Peaches | Del Monte No. 303 | 55¢ |
| Fruit Cocktail | Del Monte No. 303 | 55¢ |
| Peaches | Del Monte No. 2 1/2 | 35¢ |
| Pineapple | Typhoe Sliced No. 2 | 45¢ |
| Tomato Juice | Golden Poppy 46-oz. | 45¢ |
| Asparagus | Dew Drop No. 300 | 45¢ |
| Pork & Beans | Van Camps No. 2 | 55¢ |
| Pork & Beans | Cottage or Drew No. 2 1/2 | 55¢ |
| Green Beans | Valley Rose No. 303 | 85¢ |
| Peas | Cottage No. 303 | 85¢ |
| Corn | Payette Valley Cream or Whole No. 303 | 85¢ |
| Beets | Tastewell Pickled No. 1 | 85¢ |
| Spinach | Blue Sky No. 303 | 75¢ |
| Dog Food | Delight No. 1 | 135¢ |
| Tomatoes | "Delicious" No. 2 1/2 | 55¢ |
| Tomatoes | Blue Sky No. 303 | 75¢ |

DERBY TAMALES
13 1/2-oz. **4 FOR \$1.00**

BARBO-LITE CHARCOAL LIGHTER
39¢

FRESH FRYERS
GRADE A WHOLE BODIED
2 1/2 - 3 Lb. Average
29¢
CUT UP -- 35¢

SWIFT'S PREMIUM, THICK SLICED SLICED BACON 2 Lbs. **98¢**

SWIFT'S PREMIUM SKINLESS FRANKS 2 LBS. **98¢**

MORRELL'S PRIDE HAMS FULLY COOKED SHANK END
WHOLE HAMS **45¢**
BUTT HALF **49¢**

Frozen Food Festival!
TURKEY, CHICKEN, ETC.

Banquet TV Dinners 11 ounce **289¢**

MEAT PIES Chicken, Turkey, Beef **29¢**

BANQUET CREAMPIES 14-oz. **3 FOR \$1.00**

ROSEDALE 22-oz. FRUIT PIES **385¢**

ICELANDIC 8-oz. FISH STICKS **389¢**

STRAWBERRIES FUL-FLAVOR **5 FOR \$1.00**

MCP ORANGE JUICE 12-oz. **49¢**

PICTSWEEP LEMONADE 6-oz. **4 FOR 49¢**

BEST BET MACARONI OR SPAGHETTI 4 Pounds **49¢**

Noodles 24-oz. **39¢**

"DELICIOUS" Broken SHRIMP 4 1/2-oz. Cans **3 FOR \$1.00**

MILWAUKEE BEST BEER 12-oz. Cans **89¢**

SOFLIN 400 Count FACIAL TISSUE 2 BOXES **39¢**

KOPPER KETTLE PRESERVES Apricot - Apricot-Pineapple, Peach, Grape 20-oz. **49¢**

Boysenberry Blackberry Strawberry 43-oz. **89¢**

DERBY TAMALES 13 1/2-oz. **4 FOR \$1.00**

BARBO-LITE CHARCOAL LIGHTER **39¢**

POTATOES 10 Lb. Plio Bag
BAKE 'EM, FRY 'EM, EAT 'EM — ESSENTIAL

PEACHES **\$1.69**
20-LB. LUG

39¢
CONCORD GRAPES
Make Your Jelly Now!
5-LB. BASKET FANCY **59¢**

BELL PEPPERS 3 FOR 14¢
Crisp, Tasty, Garden Fresh

CAULIFLOWER HEAD **21¢**
Tight Clusters - Easy to Prepare

CUT SQUASH LB. **6¢**
Marble-Head, Thick Meated
Bake It, Boil It, Eat It

DATES Candy That Grows on Trees, Sungirl Label 1 1/2-lb. Unpitted — Plio Bag **49¢**

MELLORINE CRATER LAKE 1/2 GAL. **49¢**

EGGS LARGE AA CACKLIN' FRESH DOZEN **51¢**

PEACHES Sierra Mission - No. 2 1/2 Can **5 CANS 1.00**

SHORTENING CORNED BEEF SNOWDRIFT 3 LB. TIN **49¢**
PAMPA 12-OZ. CAN **39¢**

VARIETY VALUES-OREGON FOOD NO. 2

CHILDREN'S HOODED JACKET PILE FABRIC **\$1.98**

RUGS GENUINE RUG PILE WITH NON-SKID BACK. WASHABLE **98¢ & \$1.98**

IRONING BOARD PAD & COVER Fiberglass Pad with Scorch-Proof Silicon Cover **59¢**

DEER BAGS Reg. \$1.00 **69¢**

PLASTIC CLOTHES BASKET 98¢

GIRL'S STRETCH DENIM PANTS **\$3.98 & \$5.49**

FRUIT OF THE LOOM Men's Athletic Shirt **3 FOR \$1.45**

MEN'S Shorts, Tee-Shirts, Briefs **3 FOR \$2.05**

BEST BET - 250 COUNT FILLER PAPER **59¢**

LIVE WIRE NOTEBOOK **69¢ & 89¢**

BONANZA - 160 SHEETS PENCIL TABLET **29¢**

HOT DOGS and COFFEE

AAUW SCHOLARSHIP FUND **10¢**

Proceeds go to a Klamath County Senior Girl for College Tuition.

Sept. 20 - 21
10 A.M. TO 6 P.M.
Oregon Food Store No. 2 Only
SHASTA WAY and AVALON

PRESTO LOGS **14 FOR \$1.00**

Del Monte PEAS 303 CANS **5 FOR \$1.00**

LUNCHEON MEAT HAMLET 12-OZ. CANS **39¢**

FISHER'S 40-OZ. BISKIT MIX **3 FOR 85¢**

YAMY NO. 2 1/2 CANS YAMS **4 CANS \$1.00**



MINIATURE RAISIN BREADS
Baked in flower pots

FANCY RAISIN BREADS
BAKED IN FLOWER POTS

Miniature raisin breads baked in tiny flower pots are fun and create their own party effect. The dough has a good rich Muscat flavor, tastefully accented with candied fruits and peels. The raisins are coarsely chopped to release their full sweet goodness.

Variety stores and greenhouses are sure to have unglazed flower pots at inexpensive prices. This recipe calls for a dozen pots, about 2 1/2-inches in diameter. Grease them well for baking. Small unglazed flower pots (about 2 1/2-inches diameter, 2 1/2-inches deep). Place small circle of foil in pots to cover bottom hole. Place a c.c. dough firmly in greased pots. Cover with dampened cloth; let rise until light and double, about 1 hour. Bake in moderately hot oven (375 degrees F.) 30 to 40 minutes or until leaves test done. If tops brown too quickly, cover with strip of foil during last 10 minutes of baking. If desired, spread tops of warm loaves with powdered sugar thinned with orange juice or milk. Makes 12 small flower pot loaves.

MUSCAT RAISIN FLOWER POT LOAVES
1 cup seeded Muscat raisins
2 1/2 cups milk
1/2 cup finely chopped mixed candied fruit and peels
2 packages of cakes yeast, active dry or compressed
1/4 cup warm water
2 eggs
1 cup sugar
1 teaspoon salt
1 teaspoon vanilla
4 cups sifted flour
1 cup soft butter or margarine
Chop raisins slightly. Add milk; heat to boiling. Remove from heat.

Don't Starve To Diet
Dieting does not mean starvation. As a matter of fact, doctors and nutritionists tell us that eating a small amount of food, often, is a good way to lose weight. It is most important when controlling your calories, to get the daily requirement of vitamins, minerals and proteins. A delicious morning egg nog is recommended by Meadow Gold home economists as a nutritious yet slimming way to start your day. Any fresh fruit may be added as flavoring for your egg nog. Or, a tablespoon of honey will perk up the flavor and give you needed morning energy.

SKIPPY
TOPS IN QUALITY!
BEWARE OF IMITATIONS
LOOK FOR SKIPPY'S LITTLE DOG
LOW IN PRICE

ENERGY EGG NOG
1 cup skim milk
1 whole egg
1 tablespoon honey
(or 1/4 cup of crushed fresh fruit)
Place all ingredients in blender or blend with an egg beater.

Cleaner Clothes For Back to Campus!
WHAT'S THE BEST WAY TO CLEAN YOUR BEST DRESS?
The Norge Way
(Saves time and money, too!)
Norge coin-operated dry-cleaning is the gentlest, most thorough way to clean a fine dress (or any fine fabric). . . because it's personalized. Only Y O U clothes are in the machine with fresh filtered cleaning fluid. A dress is cleaned and ready to wear in less than an hour (we offer pressing service if needed). The savings are sizeable, too!

J. W. KERNS NORGE
LAUNDRY AND CLEANING VILLAGE
734 So. 6th Open Till 10:00 P.M. TU 4-197

Bakery Delights
FRESH DAILY WEDDING CAKES

PRUNE CAKE 8-Inch Reg. \$1.29 **\$1.19**

CHOCOLATE CAKE DOUGHNUTS Reg. 55¢ Doz. **49¢**

8 INCH — DEEP PUMPKIN PIES Reg. 65¢ **59¢**

PORTUGUESE-HAWAIIAN SWEET BREAD Reg. 35¢ Lb. Loaf **29¢**

Oregon FOOD STORES
If You're Not Shopping Here You're Spending Too Much!
We Reserve The Right To Limit
* 4480 South 6th * 1315 Oregon Ave. * Avalon and Shasta Way

Prices Effective Through Sunday Night While Quantities Last

STORE HOURS: SUNDAYS & HOLIDAYS 10 a.m. to 7 p.m. WEEKDAYS 9 a.m. to 9 p.m.