



A PALETTE OF GOODIES—Any kitchen artist can paint a happy lunchtime picture with these tempting sandwiches. All feature peanut butter, combined with various other ingredients.

A Real Treat At Fall Party

At fall's evening gatherings one of the most favorite snacks is doughnuts and hot apple cider. They certainly hit the spot on a brisk night!

Even more well-received among your friends would be homemade potato doughnuts, still warm from deep-fat frying. Mmm, what a treat! You can make it an exciting production, too. Let everyone have fun watching the round morsels turn a golden brown in the sizzling fat.

Making doughnuts is not difficult. You'll mix the dough in

advance and chill it in the refrigerator. When almost time to serve, just roll out the dough, cut with a doughnut cutter and fry. After draining, the doughnuts may be dipped in confectioners' or granulated sugar.

Reba Staggs, home economist, recommends lard for deep-fat frying. It's economical and easily workable over a wide range of temperatures. After each use strain through a cloth and cool. Cover and store in the refrigerator.

POTATO DOUGHNUTS

6 cups sifted enriched flour
7 teaspoons baking powder
1 teaspoon salt
1 teaspoon nutmeg
3 eggs

2 cups sugar
1½ cups warm mashed potatoes
6 tablespoons melted lard
¾ cup milk

Lard for deep-fat frying
Sift together flour, baking powder, salt and nutmeg. Beat eggs; add sugar, potatoes and lard and continue beating. Add milk and mix well. Add dry ingredients and mix only until flour disappears. Chill thoroughly. Place about one-third of the dough at a time on a lightly floured surface. Roll dough to ½ inch thickness. Cut with floured doughnut cutter. Fry until golden brown in hot deep lard (375 degrees F.). Drain on absorbent paper. Yield: 4 to 4½ dozen doughnuts.

Grilled peanut butter 'n' apple sandwich—For each sandwich spread 1 slice of bread with 2 tablespoons peanut butter. Top with 4 or 5 fresh apple slices. Cover with second slice of bread. Spread the outside of the bread with softened butter or margarine and place in a hot skillet. When toasted and brown on one side, turn to brown the other side.

Peanut Butter Ideas Spark Lunch Menus

An artistic array of peanut butter sandwiches paints a happy picture for lunchtime. Each creation has a flavor or texture that complements the peanut butter. In one, slices of red-skinned apple add a special crunch. Bacon, brown sugar, cheese and shredded carrots are among the other choices accents to intrigue the appetite.

Peanut butter, a gold mine of nutrition, is a mainstay on most cupboard shelves. It is a lunch-box favorite either between slices of bread or as an ingredient in cookies.

Snack time finds the peanut butter spread on saltines, graham crackers or toast and topped with marshmallows. A few minutes under the broiler toasts the marshmallows to a golden hue.

Handy and attractive containers of peanut butter are tailor-made for families of every size. There are 11 ounce decorated tumblers. Screw-top jars also come in convenient sizes. For the larger household, there is an economical 3 pound family size packed in a re-usable refrigerator jar.

Grilled peanut butter 'n' apple sandwich—For each sandwich spread 1 slice of bread with 2 tablespoons peanut butter. Top with 4 or 5 fresh apple slices. Cover with second slice of bread. Spread the outside of the bread with softened butter or margarine and place in a hot skillet. When toasted and brown on one side, turn to brown the other side.

Peanut butter 'n' carrot sandwich—For each sandwich spread one slice of bread with two tablespoons peanut butter. Blend together ¼ cup shredded carrot, one tablespoon mayonnaise and one teaspoon milk. Top peanut butter with carrot mixture. Cover with second slice of bread. Peanut butter, bacon, 'n' wheat

spread one slice of bread with other side.

two tablespoons peanut butter.

Crumble two slices of crisply cooked bacon and blend with 2 tablespoons brown sugar. Top peanut butter with bacon mixture. Cover with second slice of bread. Spread the outside of the bread with softened butter or margarine and place in a hot skillet. When toasted and brown

on one side, turn to brown the other side.

Peanut butter 'n' marshmallow sandwich—For each sandwich

spread one slice of bread with two tablespoons peanut butter. Cut three marshmallows into halves and arrange on top of peanut butter. Put under the broiler until the marshmallows are toasted.

Peanut butter 'n' cheese sandwich—For each sandwich spread

one slice of bread with two tablespoons peanut butter with one slice Swiss cheese. Add lettuce. Cover with second slice of bread. Peanut butter 'n' onion sandwich—For each sandwich spread one slice of bread with two tablespoons peanut butter. Top with two tablespoons onion rings. Put under the broiler until the onion rings are toasted.

Peanut butter BLT club sandwich—(Bacon, Lettuce, and Tomato). For each sandwich, toast three slices of bread. Spread one slice of toast with two tablespoons peanut butter. Top with three strips of crisply fried bacon. Cover with second slice of toast. Spread second slice of toast with two tablespoons peanut butter. Top with sliced tomato and lettuce. Cover with remaining piece of toast.

APPLE TOPPER
(6 servings)
Saucepan, two-quart.
4 cups sliced tart apples
¾ cup sugar
¾ cup water
1 tablespoon lemon juice
Butter
In a saucepan combine apples, sugar and water. Cook until apples are tender; add lemon juice. Spoon hot applesauce over waffles and top each with a pat of butter.

PAGE 8-C HERALD AND NEWS, Klamath Falls, Oregon Thursday, September 12, 1963

Here's The Big One! Vern Owens'

PRE- INVENTORY YEAR ENDER

It's the end of our fiscal year coming up and we're over stocked . . . Vern Owens' says: "I'd rather sell 'em than count 'em!" So we've cut the prices to make 'em move! Come in . . . you'll never make a better buy than right now. Ranges, refrigerators, washers, freezers, all must go!

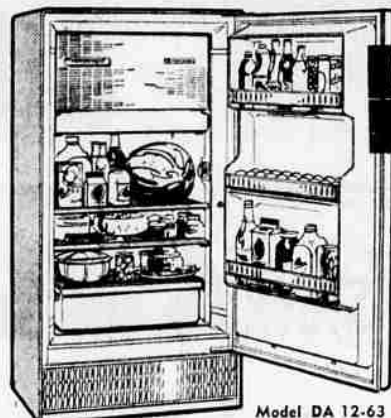
OVER STOCKED SALE FRIGIDAIRE Appliances - Sale Priced!

**Must Clear!
For Inventory—**

**Frigidaire
Dishwashers**

**Floor Demos --
Three Only**

**DRASTIC
REDUCTIONS!**



**Frigidaire
REFRIGERATOR
"Space Saver"**

**Over-
stock
Price! \$150**

and your old refrigerator, up to 10 years old, in working condition.

Only 30" wide, just under 5 ft. tall. Fits under cabinets, even in corners. Big, big freezer chest holds 63 pounds. Chill drawer, porcelain Hydrator.

It's Frigidaire **LAUNDRY WEEK** Sept. 12th to 23rd

Brand New '64 Models at Special Frigidaire Week Prices!

FRIGIDAIRE WASHERS and DRYERS

They're new! They're glamorous! They're here now!

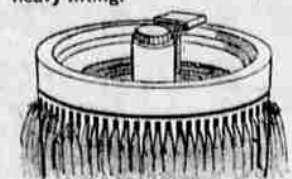
**FREE
16 PIECE
CANNON
TOWEL SET!**

LIFT THE LID AND
SEE THE BIG DIFFERENCE!
FRIGIDAIRE
underwater
ACTION ZONE
helps get all your
wash fabulously clean!

Plus features galore:

**FRESH RUNNING WATER
RINSES**—for a sweeter, cleaner
wash! Soil and scum overflow
down the drain.

SPINS YOUR CLOTHES DRY—
WONDERFULLY DRY! Saves drying
time and current. Saves you
heavy lifting!



AUTOMATIC LINT DISPOSAL—
no pans, no screens to clean,
ever. Lint's rinsed away with the
dirt—automatically!



**GIANT
12 LB.
CAPACITY!**

**STURDY FRIGIDAIRE
SOAK CYCLE WASHER
AT TRUE BUDGET PRICE!**

SOAKS AUTOMATICALLY, WASHES AUTOMATICALLY—SO CONVENIENT!

\$224⁹⁵

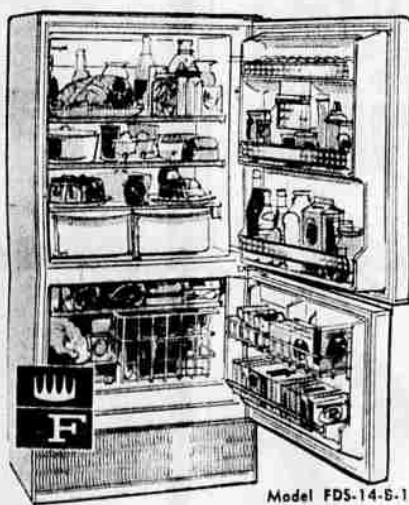
With
Trade

Matching Frigidaire Dryer - \$154 with trade
Vern Owens'

Cascade Home Furnishings

412 Main

Ph. TU 4-8365



**Freezer Below -
Priced Low!
Frigidaire 2-Door
REFRIGERATOR**

**Over-
stock
Price! \$299**

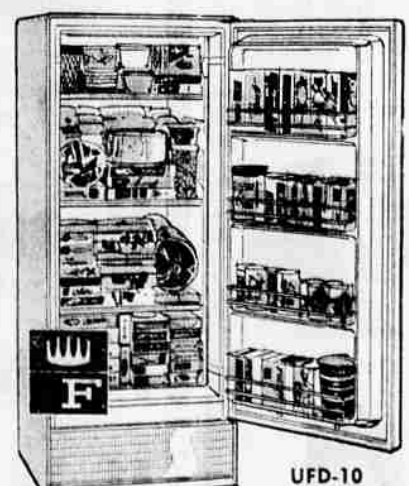
and your old refrigerator, up to 10 years old, in working condition.

Automatic defrosting in refrigerator section; big bottom freezer holds 163 pounds. Twin fruit and vegetable hydrators hold nearly ¾ bushel.

**GOOD
USED
APPLIANCES**

Bargain Priced!

Good used ranges, refrigerators, washers, dryers, all bargain priced. See these.



Frigidaire Freezer

**LOW PRICED!
Overstock Price
ONLY \$179**



**Frigidaire
30" RANGES**

While They Last!

Reg. 269.95
Only **\$179**

and your old range, up to 7 years old, in operating condition.

Overstock Price!

- Automatic cook-master oven, control
- Speed Heat surface units get red hot in seconds
- Unlimited heat settings for surface units
- Full width storage drawer

**Every Other '63 Model In
Stock Sale Priced! Come In -
Shop - Compare!**



**Proctor
'CITATION'
Steam and
Dry
IRON
\$9⁹⁵**



**BIG! 30 Cup
COFFEE URN
Makes
12 to 30
Cups —
Auto-
matically!
SPECIAL! \$9⁹⁵**



**SUNBEAM
Steam, Dry and
SPRAY
IRON
\$15⁹⁴**

Vern Owens'

Cascade Home Furnishings

412 Main

Ph. TU 4-8365