

MELON MARBLE DESSERT

Fill chilled California cantaloupe halves with alternating spoonfuls of lemon and lime sherbet; top with a sprig of fresh mint for a simple but eye-catching dessert.

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Assorted Fruit Salad

A hearty salad is an entire meal for many people. "Fruited Tuna Salad" fits that category in tasty fashion and is especially apropos as a Friday specialty.
Colorful bite - size pieces of canned fruit cocktail are tossed with tuna, chopped celery, dill and onion in a lemon-flavored sour

cream dressing to make this a bright and appetizing main-dish salad.

FRUITED TUNA SALAD

1 can (1 lb. 1 oz.) fruit cocktail
1 can (6 1/2 or 7 oz.) tuna
1 cup chopped celery
1/2 cup dairy sour cream
1/2 teaspoon dried dill
1 tablespoon instant minced onion
1/2 teaspoon salt

Drain fruit cocktail and tuna well. Combine all remaining ingredients except greens, mixing well. Toss lightly with fruit cocktail and coarsely flaked tuna. Chill about 30 minutes. Arrange salad greens on serving plates; spoon fruit-tuna mixture onto greens.

Makes 6 servings.

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HERALD AND NEWS, Klamath Falls, Oregon

Thursday, August 29, 1963



A SUNDAE KIND OF CAKE — Banana Sundae Cake is its name. You make it by sandwiching a layer of Banana Nut Cake made with a mix between two layers of Swiss Style Flavor Cake, filled with Fluffy Burnt Sugar Frosting Mix. It's quick and delicious.

Banana Sundae Cake

Summer baking sessions should be quick, easy and pleasing all around, with the quartet of new mixes now on the market.

There are three new frostings in quick mix form, Creamy Double Dutch Frosting Mix, a deep dark chocolate delight; Fluffy Burnt Sugar Frosting Mix, a pale beige frosting with a hint of Southern charm in its burnt sugar flavor; and Coconut Almond Frosting Mix.

The cake, the fourth new mix, is Swiss Style Chocolate Flavor Cake Mix and for one of the most delicious, moist confections you've tried in many a day, try the cake mix with the Coconut Almond Frosting.

We did and the family nearly swooned with delight. Really it is one of the best combinations we have baked... moist, and not too "chocolately".
Try the Banana Sundae Cake, you'll bet a rave from the family rooting section.

BANANA SUNDAE CAKE
1 package Moist Swiss Style Chocolate Flavor cake mix
1 package Grand National Banana Nut Cake Mix or 1 package Moist One-Layer Size Banana cake mix
FROSTING
1 package Fluffy Burnt Sugar frosting mix
1-3 cup boiling water
1/2 cup mashed ripe banana
Bake Swiss Style Chocolate Flavor cake in two nine - inch round layer pans as directed on package. Cool. Bake Banana Nut cake in one nine-inch round layer pan as directed on package. Cool.

Frosting: Decrease boiling water to one-third cup and blend together with frosting mix on low speed. Add mashed banana and beat on highest speed until very stiff consistency. Fill a n d frost layers with Fluffy Banana Burnt Sugar frosting, stacking layers with banana layer in center.

Enjoy Melons Now

Cantaloupes and watermelons have been plentiful this spring and summer—starting early with those from as far away as Florida, Georgia, and Mexico, and later from Arizona and California.

Two-thirds of our Oregon-grown watermelons and nearly forty percent of the cantaloupes come to market during August, and now is the time to enjoy your fill of these Oregon melons. Locally grown melons usually are well matured before picking, making for especially good eating because the sugar content of melons does not increase materially after picking.

Umatilla County is Oregon's major production area for watermelons. Klondyke is the main variety grown in the Hermiston area, and these melons are noted for sweetness, redness, small seeds, and fine crisp texture. Some melons are also grown in Morrow, Douglas, and Malheur counties. People have learned they can count on the goodness of Dillard cantaloupes from Douglas County.

How do you choose good melons?
Cantaloupe: Vine-ripened cantaloupes have a saucer-like shallow depression at the end which is formed when the melon separates from the vine. A mature cantaloupe breaks easily from the vine—less mature ones have a rough scar with a portion of stem adhering to the melon.

You have the promise of a sweet mature cantaloupe when the netting on the surface of the melon is coarse, corky, and stands out in bold relief over the entire surface.

Distinctive, pronounced cantaloupe fragrance goes along with a ripe melon. However, this is not fool-proof. If the melon is cold, you may not be able to detect much

MELON BOAT SALAD

Place boat shaped sections of cantaloupe (rind removed) on bed of salad greens. Fill boat with seasonal fruits (blueberries, peach slices, grapes, and honeydew or watermelon balls). Garnish ends of boat with sprigs of mint. Serve with a sweet French dressing, or a scoop of lemon, orange, or lime sherbet.

PACIFIC RAINBOW DESSERT

Serve generous wedges of a chilled melon (cantaloupe, honeydew, Persian, casaba or cran-shaw) each topped with three small scoops of vari-hued sherbets, lemon, lime, pineapple, or raspberry. Garnish with fresh berries or grapes and a sprig of fresh mint.

WESTERN CHICKEN SALAD

2 cups diced, cooked or canned chicken
1 cup finely chopped celery
1/4 cup chopped green pepper
2 tablespoons lemon juice
1/4 cup French dressing
1/4 cup mayonnaise
1/2 teaspoon salt
1 large cantaloupe
1-3 cup toasted, slivered almonds
Iceberg Lettuce
Combine chicken, celery, green pepper, lemon juice, dressings, and salt. Chill. Serve on rings of chilled peeled cantaloupe arranged on crisp lettuce. Sprinkle salad with almonds. Serves 4.

APRICOT-PINEAPPLE JAM

2 pounds ripe apricots, pitted (about six cups)
12 kernels from apricot seeds
1 cup crushed pineapple
3 cups sugar
1/4 cup lemon juice
1 bottle liquid fruit pectin
Wash apricots and remove seeds. Crack seeds open to remove kernels. Pour boiling water over kernels and let stand for few minutes. Remove skins from kernels. Grind apricots and 12 kernels. Combine with pineapple and sugar. Stir thoroughly. Bring to a boil, stirring constantly five minutes. Remove from heat. Stir in lemon juice and pectin. Skim and stir by turns for five minutes. Pour into sterilized glasses and cover with hot paraffin or in half-pint jars and seal according to manufacturer's directions. Yields 10 glasses.

MALIN C&E MARKET WEEKEND FOOD SPECIALS!

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