Specialties in Gourmet

By RUTH KING

New Guise For Spinach

Outdoor meals are enjoyable events on warm evenings. Make them even more pleasant by complementing foods cooked over the charcoal grill with one dish brought piping hot from the kitchen.

Gourmet Baked Spinach is a delightful accompaniment to grilled ham steaks or barbecued chicken. This elegant spinach casserole blends hard-cooked eggs with the spinach in a creamy sauce. Buttered corn flake crumbs and sharp cheese combine to complete the dish with a crisp topping.

Nice additions to this menu are crusty parsley-buttered French bread, sliced tomatoes and a fruit medley for dessert — watermelon and cantaloupe balls, blueberries and sliced peaches—served with old-fashioned sugar cookies.

Remember corn flake crumbs in all your summer cooking. The packaged crumbs save time and work for you. Try them in no-bake pie shells, as an extender in ground beef mixtures for burgers, meat balls or meat loves, and for a quick topping on any favorite casserole.

GOURMET BAKED SPINACH

- 2 10-ounce packages frozen chopped spinach
- 2 tablespoons minced onions
- 3 tablespoons butter or margarine
- 3 tablespoons flour
- 2 cups milk
- 3 hard-cooked eggs, finely chopped
- 2 teaspoons salt
- ¼ teaspoon pepper
- ⅛ teaspoon nutmeg
- 2 cups corn flakes or ½ cup corn flake crumbs
- ½ cup grated Cheddar cheese
- 2 tablespoons butter or margarine, melted
- Paprika

Cook spinach according to directions on carton; drain thoroughly. Cook onions in butter until transparent. Stir in flour. Add milk gradually, stirring constantly. Cook until thickened, stirring occasionally. Fold in spinach and eggs; season with salt, pepper and nutmeg. Spread in greased shallow baking dish. If using corn flakes, crush into fine crumbs. Combine corn flake crumbs with cheese and butter; sprinkle over spinach. Sprinkle with paprika. Bake in moderate oven (375 degrees) about 20 minutes, or until lightly browned.

Yield: 6 servings.

Note: Fresh spinach may be substituted for frozen spinach, if desired.

Sour Dough Pancakes

- 1 cup milk
- 2 tablespoons sugar
- ¾ teaspoon salt
- ¼ cup shortening
- 1 package dry granular yeast or
- 1 cake compressed yeast
- ¼ cup warm (not hot) water
- ½ cup all-bran
- 1 egg, beaten
- ¾ cup sifted flour

Scald milk. Stir in sugar, salt and shortening; cool to lukewarm. Soften yeast in water. Stir in milk mixture. Add all-bran, egg and flour and beat until smooth, about 1 minute. Cover and let rise in warm place until doubled in bulk, about 40 to 50 minutes. Stir down batter. Pour ¼ cup batter for each pancake onto moderately hot, slightly greased griddle. Bake slowly until bubbles appear on surface and edges seem dry. Turn only once. Stack on warm plate. Stir down batter occasionally as it is used. Yield: about 20 3-inch pancakes.

INSTANT CHOW

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Fairgrounds — Sat., Aug. 31

PROGRAM OF JUDGING

RING NO. 1—
9:00 A.M. 6 Pointers, 11 German Shorthaired Pointers, 1 Golden Retriever, 5 Labrador Retrievers, 2 Irish Water Spaniels
10:00 A.M. 6 English Setters, 21 Irish Setters
11:15 A.M. 3 Brittany Spaniels, 21 Black Cocker Spaniels
1:00 P.M. 15 Ascob Cockers, 16 Parti-color Cockers
2:15 P.M. 10 Springer Spaniels, 13 Weimaraners, 2 English Cockers
3:15 P.M. 19 Boston Terriers, 4 Chow Chows, 1 Lakeland Terrier, 1 Australian Terrier
4:15 P.M. 1 Skye Terrier, 1 Std. Manchester Terrier, 4 Welsh Terriers, 22 Miniature Poodles
5:30 P.M. 5 Standard Poodles

RING NO. 2—
9:00 A.M. 29 Basset Hounds
10:15 A.M. 13 Beagles (13"), 8 Beagles (13-15")
11:00 A.M. 15 Basenjis, 7 Longhaired Dachshunds, 1 Irish Wolfhound, 1 Borzoi, 2 Rhodesian Ridgebacks
1:00 P.M. 31 Afghan Hounds
2:15 P.M. 30 Smooth Dachshunds
3:15 P.M. 14 Wirehaired Dachshunds, 10 Whippets
4:15 P.M. 10 Norwegian Elkhounds, 9 Bulldogs, 2 Keeshonden, 3 Lhasa Apsos, 2 French Bulldogs, 1 Schipperke
5:30 P.M. 12 Dalmatians

RING NO. 3—
9:30 A.M. 41 German Shepherd Dogs
10:30 A.M. 36 Boxers
1:00 P.M. 30 Doberman Pinschers
2:15 P.M. 19 Great Danes, 4 Collies, 2 Old English Sheepdogs
3:15 P.M. 12 Samoyeds, 8 Shetland Sheepdogs, 5 St. Bernards
4:15 P.M. 6 Great Pyrenees, 1 Siberian Husky, 7 Std. Schnauzers, 4 Welsh Corgis, 4 Alaskan Malamutes

RING NO 4—
9:00 A.M. 2 Longcoated Chihuahuas, 4 Smooth Chihuahuas, 4 Maltese, 10 Pekingese, 4 Toy Manchester Terriers
10:00 A.M. 15 Toy Poodles, 10 Pomeranians
11:00 A.M. 12 Miniature Pinschers, 3 Brussels Griffons, 1 Italian Greyhound, 2 Papillons, 4 Yorkshire Terriers
1:00 P.M. 22 Pugs, 4 Airedale Terriers
2:00 P.M. 3 Bedlington Terriers, 3 Cairn Terriers, 10 Wire Fox Terriers, 1 Smooth Fox Terrier, 4 Kerry Blue Terriers
3:00 P.M. 4 Miniature Schnauzers, 17 Scottish Terriers, 2 West Highland White Terriers

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Working Group	Mr. Korbel
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