

Tune Self Outward To Enjoy Living

By ANN LANDERS



Dear Ann Landers: I'm 15 years old and already a flop. I have no real friends although a lot of people pretend to like me. I get invited places but only because people feel sorry for me.

I have a fair figure and my mother says I can buy all the clothes I want, but my taste is terrible. I hate to shop because the clothes I go crazy over in the store look awful when I get them home.

I can't do anything well because I'm a clumsy cow. I'm a lousy tennis player. I can't swim, and I hate to dance. My voice is so screechy the choir teacher has asked me to just move my lips and not try to sing with the others.

I always say the wrong thing and laugh at the wrong time. Please help me before I start high school in September.—MISS NOTHING

Dear Miss: Those who think too well of themselves are a pain in the neck. Your problem is the reverse and equally unattractive. It's a drag to hear people forever running themselves into the ground. Among other things it indicates that they think people are paying more attention to them than they actually are.

Get out of the habit of tuning in on yourself 100 times a day. Turn your thoughts outward—toward others. After having done your best—whether it's tennis, swimming or whatever—forget your inadequacies and concentrate on something else.

Dear Ann Landers: You might call this letter "A Warning To Widows: Stay In Your Own Home."

My husband died four months ago and my daughter and son-in-law insisted that I sell my home and come live with them. I was grief-stricken, lonely and confused when I said "yes." It was

the biggest mistake I ever made. My house is gone, my furniture is gone and I'm a guest in someone else's home. My teen-age grandchildren are disrespectful and make me feel as if I am in the way. To hear them talk I wonder how I could have lived so long and learned so little.

I was once a friendly, pleasant person but now I feel like a useless, sour old woman. I gave up everything dear to me and I really didn't have to. Please tell other widows to stay where they are—even if it's a single room. I wish I had—NOT HAPPY.

Dear Not Happy: If you feel a single room would be better why don't you find one?

Some mistakes are beyond repair but this one can be remedied and I hope you do it promptly.

Dear Ann Landers: My cousin is getting married in August and I've been asked to be an usher. Linda, the girl I'm going with, doesn't know the bride or the groom except casually. She put a lot of heat on me to get her invited to the wedding and the reception so I did.

Last night Linda asked me what I was doing the Friday before the wedding. I told her I was going to the rehearsal dinner. She got mad and said if I went without her we were finished.

Now I don't know if I should phone my cousin and try to get Linda invited to the rehearsal dinner. My mother says Linda has a lot of heat to put me on the spot this way and that I shouldn't jump through hoops for her. I like Linda a lot and don't want to lose her. Help, please.—BOSTON BLACKIE

Dear Boston: Most rehearsal dinners are for the wedding party and some out-of-town guests. Linda's demands are clearly out of line. If the friendship is going to stand or fall on this issue—I say let it fall.

Bohemian Group Seeks Members

MALIN — A membership campaign has been conducted for the ZCJF Lodge in Malin during the past week. The ZCJF, also known as the Western Bohemian Fraternal Association, is a legal reserve fraternal beneficiary association incorporated in 1897 in Iowa.

It operates as a non-profit organization for the mutual benefit of its members and the protection of their beneficiaries.

Mrs. Emily Sevek of La Mesa, Calif., ZCJF West Coast representative, conducted the drive. Assisting were the officers of the local lodge, Frank Paygr, president; Mrs. Anna Polivka, recording secretary; Frank Victorin, financial secretary; and Martha Brothman, treasurer.

Mrs. Sevek was a guest of Mrs. Josephine John while here.

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DWAYNE WYNNE

Army Recruiter Leaves; Wynne To Handle Office

M. Sgt. M. W. Buess, local Army recruiter, who has been in Klamath Falls for seven years, will be leaving the city for a new duty assignment. Buess' replacement, Dwayne Wynne, will be at the 417 Main Street recruiting office two days a week, Monday and Tuesday from a.m. to 5 p.m.

Buess will go to Ft. Lewis for reassignment after taking a 30-day leave. He wished all his friends "a fond farewell" and said he will miss the Klamath Falls area and its outdoor resources greatly.

Wynne, who has been in the Army for 14 years, also had a three-year stint in the Navy and was aboard the Hornet during World War II.

The sergeant has only been in the recruiting business for five months. Most of his Army time

was spent as a food service supervisor with the Fourth Infantry Division.

Wynne said the Klamath Falls area might have a permanent recruiter at a later date, but for the time being the area will be served two days a week.

The new recruiter serves Klamath, Lake, Jackson and Josephine counties and has one assistant in the Medford office. He is a native of North Dakota and has his home in Central Point.

Special Rodeo Prize Offered

LAKEVIEW—Saddle bronc and bareback riders in the Lakeview, Cedarville, and Susanville rodeos are offered a special \$500 prize this year by the man furnishing the riding stock for all three shows.

Dick Hemsted of Anderson, Calif., has posted the \$500 purse for the rider in the two events who piles up the most combined points in the three rodeos.

The Susanville Rodeo will be Saturday and Sunday, Aug. 17-18; the Cedarville show will be Saturday and Sunday, Aug. 24-25; and the Lake County Roundup will be at Lakeview on Saturday through Monday, Aug. 31 and Sept. 1-2.

The cash prize will be presented at the close of the Lake County Roundup, when points from all three events will be compiled and tabulated.

Student Notes Mixup In Name

Ronald Dean Bonham, 17, 229 Alameda Avenue, is not the same Ronald Bonham who was listed as being cited for "minor in possession" in the court records of the Friday edition of the Herald and News, the youth told this newspaper today.

Bonham is in the senior class and vice president of the student body at Klamath Union High School.

The person cited in court was Ronald L. Bonham.

Reserve Unit Drills Noted

Klamath Falls Army Reserve Company H arrived a week ago at Camp Roberts, Calif., for its annual two weeks of summer training. Capt. Jack Moebius, the commanding officer reports that military progress is running somewhat ahead of last year's operations.

Company H is part of the 1,000-man 104th Division (Training) of Washington and Oregon which has been assigned to instruct regular Army recruits in their actual combat training course. The trainees, from nearby Fort Ord, receive training in realistic combat conditions created by Klamath Falls reservists and other members of the "Timberwolf" Division.

First Lts. Dan Hitchcock and Wade Patterson, Sfc. William Warren, and Sp.4. Lonnie Belden are in charge of bayonet training for the troops.

Capt. Ron Pfeister, executive officer, First Lts. Harold Heaton and Al Eberlein aid in the coordination of instruction around the post.

Sgt. Francis Laquer and his staff members, Sfc. Ben Morrison, Sfc. Hugh Radspringer, Sgt. John Ellis, Sp.4. Cliff Ambers, Sp.4. Robert Wyrick and Sp.4. Carroll Luker are working in training. Subjects such as company drill, military courtesy, physical training, and general Army orientation are handled by these non-commissioned officers.

The reservists will fly back to Klamath Falls Aug. 3 to resume their weekly meetings.

Thief Halted By Witness

City police reported the arrest of an out-of-state man who admitted robbing Pete Emil Larson of the Lake Hotel, about 8:15 p.m. July 31 shortly after the men left one of the city's taverns.

Witnesses said they saw the men get out of a cab together on Cedar Street between High and Pine. Mr. and Mrs. George Williams told police they watched Lawrence Glen Weed, 39, Elkton, Md., knock Larson down, grab the victim's wallet and race down the street.

Williams pursued the culprit immediately calling for him to stop. Weed finally stopped and Williams held him until city police came. The wallet contained \$30.

Weed was arrested on a charge of robbery by force and the victim was booked for drunk.

Potluck Set

MOUNT SHASTA—Masons and Eastern Star are planning a joint potluck dinner on Aug. 7 at 6:30 p.m. in the Shasta Arcade Hall in Mount Shasta. Members are asked to bring hot dishes and salads and the lodge will furnish rolls and coffee. Any Mason or Eastern Star member visiting in the area is invited to attend.

OLDEST AGENCY

Created by the Congress of the United States in 1887, the Interstate Commerce Commission is the oldest of the federal regulatory agencies according to the Britannica Book of the Year.

Role Of Working Mother Evaluated

One out of every three married women in Oregon is working at a full or part time job and more are probably going to be spending a longer part of their lives at a job in years ahead.

Mrs. Roberta Frasier, Oregon State University family life specialist, reports some trends in number of women working and offers some considerations to wage earners who must find help in caring for children.

About a fifth of the married women working are mothers who have children under 6 years of age, says Mrs. Frasier.

If mom works, what's the effect on children in the family? Generally, studies show that the attitude the mother has toward her children will show regardless of whether she's at home taking care of them or working at another job. If she's sincerely interested in the youngsters' development, she'll try to provide the kind of care that will encourage their best growth and development.

Some studies show that mothers who work to their children do not work, create problems for themselves. They may unconsciously resent their children and have some problems in child rearing.

What should be the husband's role if his wife works? How much should he be expected to

help with housework? A study made at Florida State University shows that husbands of working wives tend to be more liberal in viewpoint in regard to all women who work than do husbands whose wives don't have jobs. Husbands of working wives also were more agreeable to helping with most household tasks, and were more likely to favor equal pay status for women on the job.

Husbands whose wives worked were more likely to be proud of their wife's abilities outside the home, more democratic in recognizing her independence, but a little reticent to think of her earning more or taking over the traditional dominant male roles in the home.

Children whose mothers worked tend to do more housework and take more responsibility around the home. If mother's objectives for working were shared a n d agreed upon as important by the husband and teen-age children, she was likely to get more support from the family in holding down a job.

Mrs. Frasier says that one of the most important tasks for families is to find adequate child care if the mother works. A baby needs his first one or two years of life with his mother or a mother substitute who can give him lots of love and a feeling of security. The younger the

child, the more important the kind of care he receives. The stimulation a baby gets in the first year of his life lays down the basis for his whole personality structure, she emphasizes.

She suggests that mothers look for qualities in a caretaker that children need — acceptance, warmth, a home that a child can feel free in, and can learn to trust. Relatives, as caretakers, should be evaluated on the kind of care they can provide. Regularity in care is important.

When a youngster is shifted from place to place, he may learn not to depend on others. If he isn't able to enter into deep relationships as a child, it may affect his relationships with others as an adult.

Before arranging for a babysitter or group care, make a personal leisurely visit to the home where the child will be cared for, advises the OSU extension specialist. Try to detect the feeling tone of the adult. Look at the setting.

Does it have the kind of equipment that encourages children to grow?

There's a limit to the number of children one adult can care for and give children attention they need. The experiences a child

has in his pre-school years are important. Special provision also needs to be made for supervision of school-age youngsters.

A total of 216,367 women were in the labor force in Oregon in 1960. Of these, 132,494 were married and living with their husbands and 24,946 of them had children under age 6.

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STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars

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ARIES	9-22-39-47	4-78-84-89
Taurus	21	2-8-21-29
GEMINI	21	53-67-69
CANCER	18-19-24-31	27-32-39-84
LEO	18-19-24-31	44-49-50
VIRGO	18-19-24-31	59-64-65
LIBRA	18-19-24-31	71-73-77
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