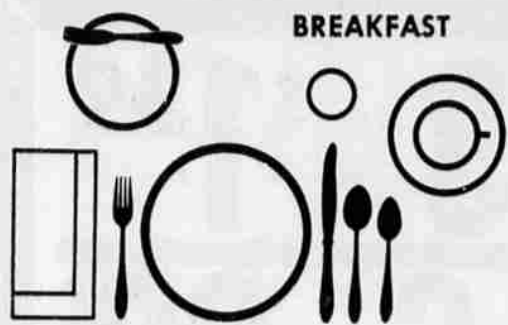
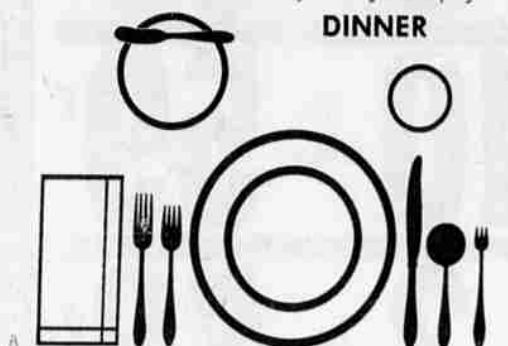




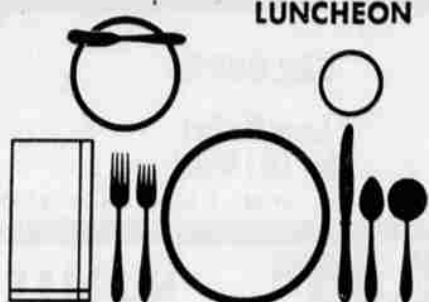
BREAKFAST

START THE DAY RIGHT — A gay table in the morning puts the family in fine fettle. Use the silver needed for the food served. If the first course is going to be grapefruit place an extra spoon. If no fork foods are included in the menu, omit the fork. Saving washing and drying.



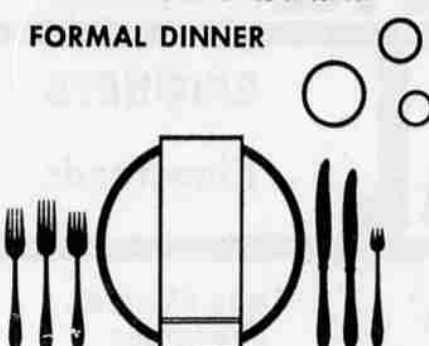
DINNER

CHOICE — If you follow the lead of many smart hostesses and start dinner with an appetizer salad, arrange the sterling with the salad fork placed first on the left. For the more traditional menu, use this diagram as your guide and add a cocktail fork if it is required.



LUNCHEON

TWO WAYS — For the informal luncheon table, use a basic six-piece place setting which may be used two ways. The teaspoon may be placed to the far right for a first-course fruit cocktail or between knife and soup spoon as in this illustration for tea or coffee.



FORMAL DINNER

FORMAL ENTERTAINING — A complete array of sterling, elegant china and glass, a fine linen cloth, this is the perfect combination for that special - occasion formal table. A cocktail fork may be added to the setting as in the diagram. Dessert silver comes in with the dessert plate and a finger bowl.

Silver — Queen Of All Metals

Have you ever pondered as you set your table about how your handsome flatware service came to be... how long silver knives and forks and spoons have been in use and about how man has progressed since the time he used his fingers to scoop food from a community utensil with other members of his cave family?

It is a fascinating story. This week Bee Bell told us a bit about it, and she gave us some illustrations to help you be sure of the proper settings for breakfast, luncheon, dinner and the formal table.

A coordinated table is a thing of beauty and beauty can be created with a bit of imagination. Your table expresses you. Nothing more thoroughly reveals your personality than the table you plan for family and friends. Your imagination, your feeling for color and balance, your style preferences—all are evident in the selection and arrangement of your table appointments. They reflect the real you, almost like a mirror. So to picture you at your best, always, you will want to develop your sense of styling. Then each and every setting will say to an admiring audience, "Here is a hostess of taste and distinction."

It simply is an all-together look. And the secret of achieving it lies in the selection of things which blend perfectly with each other to achieve that overall air of unity and harmony.

Learn to know what goes with what. Choose your silver with extreme care so that it will shine on a table set for two and still grace an anniversary table years hence.

Before going into other details in later silver stories take a look at how place settings for various meals are arranged.

Wild Rice Sauté

6-8 Servings

- Large skillet
 - 1 cup wild rice, washed and drained
 - 1 cup white rice
 - 1/2 cup (1 stick) butter
 - 1-3 cup chopped onion
 - 1/4 cup (1/2 stick) butter
 - 1/2 pound mushrooms, sliced, or
 - 1 can (4 oz.) sliced mushrooms
 - 1/4 cup minced parsley
 - 1 teaspoon salt
 - 1 teaspoon crushed marjoram
 - 1/2 teaspoon freshly ground pepper
 - 1/2 cup coarsely chopped pecans
- Cook each kind of rice (separately) according to package directions; drain well (should have about 3 cups each of cooked). In skillet melt 1/2 cup butter; add rice and onions and cook, stirring occasionally, until both are lightly browned. Add additional 1/4 cup butter. Stir in mushrooms and sauté 2-3 minutes. Add wild rice, parsley, salt, marjoram, pepper and pecans and heat, stirring occasionally, to serving temperature. Note: If not serving immediately, rice mixture may be placed in a covered casserole and held in a low to moderate oven.
- For twice as much juice, try putting a lemon in hot water for a few minutes before squeezing and add juice.

Specialties in Gourmet

By RUTH-KING

Thursday, June 27, 1963

HERALD AND NEWS, Klamath Falls, Oregon

PAGE 1-C

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Apple-Vegetable French Salad

6-8 Servings

- 1 1/2 cups sliced (1-in. pieces) celery
- 2 medium tomatoes, cut into 1-inch pieces
- 1/4 cup clear French dressing
- 2 medium red apples, cut into 1-inch pieces
- Lemon or orange juice
- 1 1/2 cups cottage cheese
- 3 tablespoons French dressing
- Romaine or leaf lettuce
- Head lettuce

Using 2 tablespoons French dressing for each, separately marinate celery and tomatoes for at least 1 hour. Sprinkle apples with lemon or orange juice to prevent darkening; chill. Meanwhile, in blender or mixer beat cottage cheese with 3 tablespoons French dressing until smooth. To serve, layer, or pass separately.



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