



TWO WINNERS — Cooking and sewing play an important part in everyday home routines of Gail Hillman, left, and Joan Glawe. Both like to help prepare meals and both like to sew. Each is wearing a dress in this picture, made in homemaking classes at Altamont Junior High School, under Mrs. Jack Wright, homemaking instructor. Joan was presented with the Crisco Homemaking Trophy and Gail with the Daughters of the American Revolution Homemaking Medal at the close of this school year.

Homemakers Win Awards

Top awards went to two outstanding homemaking class girls at Altamont Junior High School at the end of the spring term this year. Joan Glawe, the daughter of Mr.

Meringues Glaze

1/2 teaspoon salt
1/2 teaspoon cream of tartar
3 egg whites
1 cup granulated sugar
1 teaspoon vanilla
2 teaspoons water
1 quart ice cream
Sweetened fruit or any desired sauce

Add salt and cream of tartar to egg whites and beat until foamy. Add sugar, a tablespoon at a time, beating well after each addition. Add vanilla and water; continue to beat until the mixture will hold stiff peaks. Fit heavy brown paper onto a baking sheet and form six mounds of meringue; flatten each with the back of a spoon to make a shallow indentation. Bake in a 225 degree oven for 1 to 1 1/2 hours, or until done. Remove from oven, allow to stand 2 minutes then lift from paper. Cool, fill with ice cream and serve with any desired sauce. Makes 6 servings.

QUICK PIE

Fruit pies that bake in half the usual hour's time are new to frozen food cases. The quick baking variety takes 30 to 35 minutes, retains more natural fruit flavor and color, better texture, and a better-browned, flakier crust. Because the top crust is unslit, juice can't boil over. Available in cherry, apple, peach and blueberry flavors.

Cool 'N' Colorful

Drain canned fruit cocktail and combine with orange segments and grated orange rind. Scoop orange sherbet onto slices of chiffon or angel food cake. Top with fruit mixture and whipped cream.



CURRIED LAMB-ON-A-STICK

Lamb Gaining In Popularity

More and more housewives are asking for lamb at their meat counters and are learning delicious ways to serve lamb. Here are some new ideas to try.

1 or two teaspoons curry powder
1 large onion, finely chopped
3/4 teaspoon finely chopped garlic
1 1/2 teaspoons salt
Juice of 1 large lemon
1 teaspoon honey
1 1/2 lbs. lamb, cut in 1 1/2" cubes
1 No. 2 can (1 lb. 4 1/2 oz.) Pineapple Chunks

Combine onion, garlic and seasonings with lemon juice and honey. Marinate lamb in this mixture several hours or overnight. To cook, alternate pieces of lamb with Pineapple Chunks on skewers. Barbecue about 15 minutes, turning frequently, or broil in oven. Serves 4-6.

BARBQUEED LAMB SPARERIBS
(Makes 4 Servings)
2 pounds lamb spare ribs
Salt and pepper
1/2 cup butter or margarine
1 1/2 teaspoons salt
1 teaspoon cinnamon
1 cup firmly packed brown sugar
1/2 teaspoon nutmeg

LAMB SHISH KEBAB With Pineapple Glaze
(Makes 6-8 Servings)
2 pounds lamb cubes for kebabs
Mushrooms—green peppers
1 No. 2 can (1 lb. 4 1/2 oz.) pineapple chunks or slices
1/2 cup vinegar
1/2 cup catsup
1/2 cup brown sugar
1/2 teaspoon seasoning salt
1/2 teaspoon ground ginger
2 tablespoons soy sauce
2 tablespoons cornstarch
1/2 cup water

Drain pineapple saving syrup. Combine syrup (about 1 cup) with vinegar, catsup, brown sugar, seasoning salt, ginger and soy sauce. Pour this marinade over two inch lamb cubes for kebabs. Cover and place in refrigerator for 12 hours or overnight.

Prepare other foods for kebabs, clean mushrooms, cut green peppers into squares and parboil 3 minutes. (This prevents pepper breaking when threaded on skewers.)

Remove lamb cubes from marinade and thread on skewers to partially cook. Blend cornstarch and water in a saucepan, stir in remaining marinade and cook until thick and clear. Remove meat with tongs and rethread on skewers with mushrooms, green pepper and chunks or quarter slices of pineapple. Continue grilling, brushing with glaze until cooking is completed. Total cooking time will be 15 to 20 minutes. 3 to 4 inches above glowing coals. Allow 3 or 4 two inch lamb cubes per serving.

ROLLED SHOULDER ON A SPIT
(Makes 6-8 Servings)
1 boned, rolled shoulder of lamb
Salt and pepper
1 cup currant jelly

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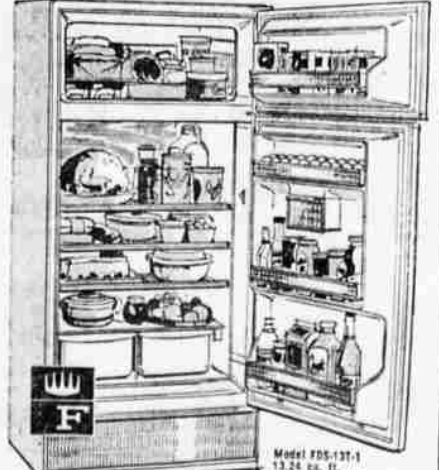
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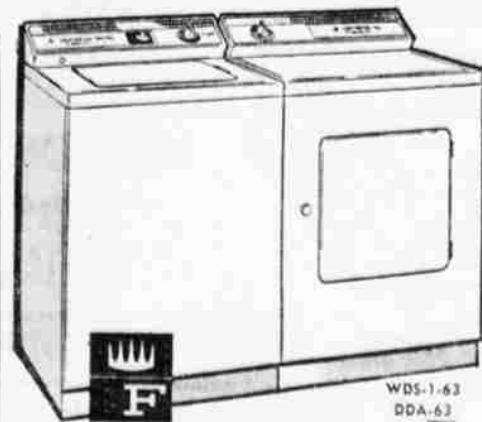
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