

# Specialties in Gourmet

By RUTH KING

## Use Jelly For Decor

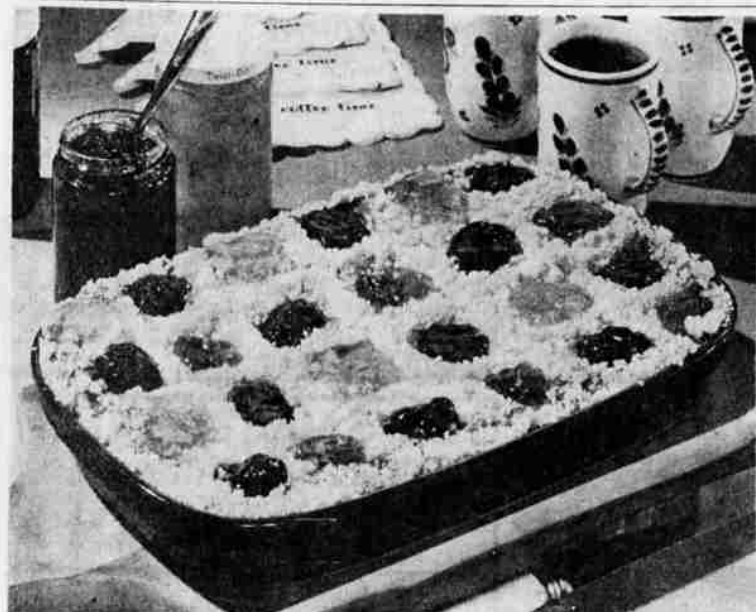
Combine the tenderness of a rich coffee cake with the slight crunchiness of a streusel topping and the melting sweetness of dots of jelly or jam, and you have a Polka Dot Coffee Cake.

Add its fragrance as you take it from the oven to the aroma of hot coffee, and you have the makings of a fine Sunday brunch or coffee klatch.

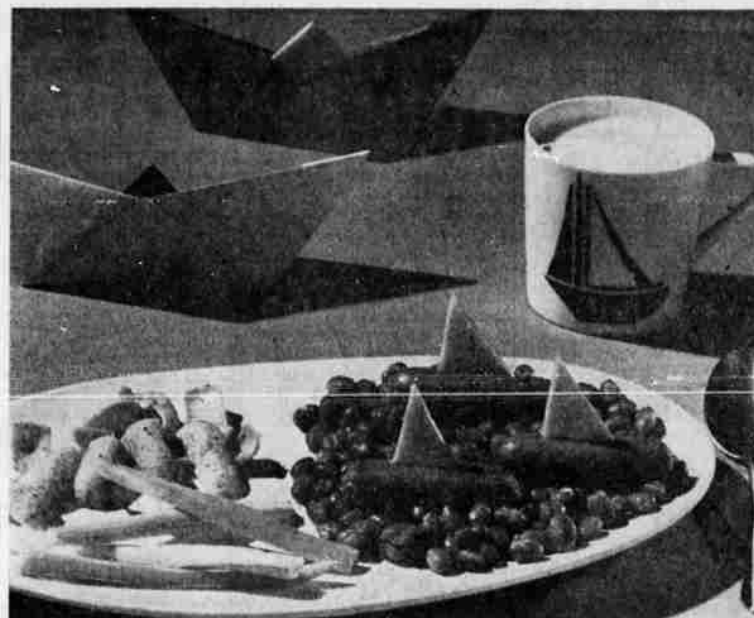
The Polka Dot Coffee Cake has an easy-to-make biscuit mix base with added flavor and richness. The jelly or jam can be any kind you like, but the cake is prettiest if you use a variety of flavors in contrasting colors. Arrange the "dots" so that there will be two different colors on each slice. Suggested light colors are peach, pineapple and apricot preserves; orange marmalade; apple, currant and quince jelly. For dark colors, use grape strawberry, raspberry, blueberry, blackberry, and black raspberry preserves or jelly. This is an excellent way to use up small amounts of a variety of jellies or jams.

**POLKA DOT COFFEE CAKE**  
2 cups prepared biscuit mix  
1 cup sugar  
1/2 cup melted butter or margarine  
1 egg  
1-3 cup milk  
2-3 cup flour  
1 jar (10 to 12 ounce) jelly, preserves or marmalade (or equivalent in several flavors)

Combine biscuit mix and 3/4 cup sugar; mix. Add 1/4 cup melted butter or margarine, egg and milk; stir until smooth. Spread evenly over bottom of 12x7-1/2 inch baking dish. Combine flour, remaining 1/4 cup sugar and 1/4



**HIGH FASHION** — Polka Dots are popular for spring, but any time of year is high time, the right time for this Polka Dot Coffee Cake.



**SPARK INTEREST** — If the small fry at your house are "difficult" at meal time, try using tricky ideas to encourage interest in food. Watch eyes brighten when these finger franks with tiny cheese sails come to the table.

## Little Tricks Please Kiddies

Sailing, sailing, what little tot hasn't done lots of sailing! It may be a plastic boat on the park lagoon or paper boats on a cardboard sea. And oh what fun to have a battery powered motor boat in the bathtub each evening.

Sailboats invade the lunch table too when Mom serves frank boats on beans. Interest in food often lags during the toddler years. However, Mom knows this

is a time of most rapid muscle growth. She also knows her toddler needs high quality protein foods. Little tricks to spark an interest in the food are often needed. Finger foods such as Jr. Franks fill the requirements of high protein and low fat and yet they are flavorful and convenient for the toddler to eat.

Frank boats are really quite easy for the busy homemaker to fix. Because the Jr. Franks are fully cooked they only require a brief heating period. When hot, cut a slit in the top of the frank and insert a cheese sail. Place the frank boats on top of baked beans. Other finger foods like celery and carrot sticks and chips complete the menu.

As a special treat decorate the toddler's milk mug with a bright sailboat. The sailboat is cut from colored tape and stuck to the mug. With the many colors of

Lamb chops will brown evenly and retain their juice if you salt them after cooking.

tape available and a variety of designs, the youngster can have a "new" mug each day.



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## Beef-Sour Cream Hungarian

1-3 cup butter  
2 pounds beef round or chuck, cut into 1/2-inch cubes  
1 cup chopped onion  
1/2 teaspoon salt  
1/2 teaspoon pepper  
1/2 clove garlic, minced  
1/2 cup water  
2 cups dairy sour cream

Melt butter in frying pan over low heat. Add beef and onions; brown slowly. Add salt, pepper,

garlic and water. Cover tightly and simmer over low heat for one hour or until meat is tender. If needed, additional water may be added during cooking. 1/2 cup at a time. When tender stir in sour cream and heat, but do not boil, stirring constantly. Makes six servings.

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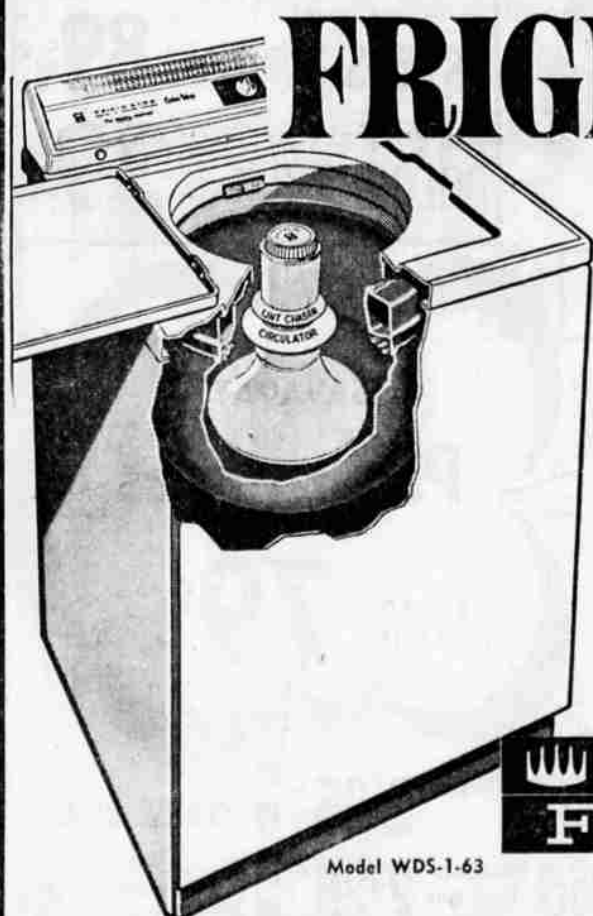


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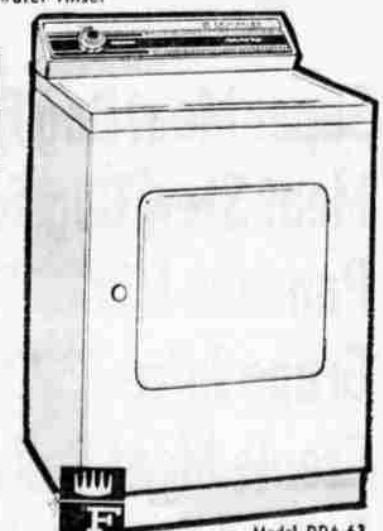
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