

Colorful Budget Meal

A good spring entree, a pork and noodle casserole, might be served with buttered soft squash, freestone peach salad and followed with fresh strawberries and cream or ice cream. Time to prepare this meal: About one hour.

PORK AND NOODLE CASSEROLE

Cook one cup each of diced celery and onion in a small amount of water until just tender. Meanwhile, brown one pound of ground pork in a heavy frying pan, separating pieces. Pour off cooking fat and add undrained vegetables, one can condensed tomato soup and 1½ cups cooked noodles. Mix and add salt to taste. Turn into a greased baking dish; top with grated cheddar crumbs. Bake in a moderate oven, 350 degrees F., for about 30 minutes. Makes four to six servings.

Spinach

2 packages frozen chopped spinach, cooked (1 cup)
¼ cup butter (½ stick)
¼ cup flour
1½ teaspoons minced onion
1 quart milk
4 chicken bouillon cubes
Salt to taste

Cook spinach, drain. Melt butter. Add onion and cook until tender, do not brown. Add flour and blend well. Add milk, stirring constantly and cook until smooth and thickened. Add bouillon cubes, and spinach puree; stir until bouillon cubes are dissolved. Season to taste. Serve garnished with a sprig of spinach or buttered croutons. Makes four servings.

JAM IDEA

Nearly everyone likes French toast for breakfast. Vary this favorite by sandwiching slices of enriched white bread with marmalade or jam. Dip the sweet sandwiches in egg and milk and fry as usual. Dust French toast sandwiches with confectioners' sugar for serving.

Special Folks Special Menu

There are three requirements for a delightful brunch party—a menu that appeals to before-noon appetites, food that is easy to serve and that will keep until the guests arrive, and plenty of time for the hostess to enjoy a leisurely meal with her guests.

Here is a menu that meets all the requirements. Start with an Orange Mist that can be kept in the freezer or refrigerator until the moment to serve. It's refreshingly tart and colorfully pretty with a fresh strawberry garnish.

For the main dish, we suggest a casserole of Creamed Eggs with Ham and Artichokes. This includes the traditional ham and eggs—but what a far cry from everyday ways of serving ham. Artichokes, mushroom soup, sherry and cheese give a subtle blend of flavors to this really gourmet dish. Since it is served in a casserole fashion, it will keep warm for some time.

Probably your guests will want coffee when they first arrive, so have plenty of quality instant coffee ready in a carafe for easy service. For an extra special after-brunch beverage, try this recipe for Arabian Coffee—it's deliciously reminiscent of the Middle East with a touch of cardamom seed and a cinnamon stick for additional flavor.

ORANGE MIST WITH FRESH STRAWBERRIES
1 cup sugar
4½ cups water
2 tablespoons lemon juice
2 cans (6 ounces each) frozen concentrated orange juice
Fresh strawberries

Mix sugar and 2 cups water in saucepan. Bring to a boil, stirring until sugar is dissolved. Cool slightly. Mix lemon juice, concentrated orange juice, and remaining 2½ cups water. Add sugar syrup and blend. Pour into refrigerator trays, setting control at coldest temperature. Freeze about 3 hours, or until mixture forms heavy crystals throughout, but is

ARABIAN COFFEE

(Made in carafe)

1-3 cup quality instant coffee
1 stick (2 inches long) cinnamon
3 cardamom seeds, cracked
4 cups water

Measure instant coffee in carafe or other coffee maker. Tie the stick cinnamon and cardamom seeds in a piece of cheesecloth; place in carafe. Pour water over coffee and spices. Stir to dissolve coffee. Cover and bring to a boil over medium heat. Remove from heat and let steep 10 to 12 minutes. Discard bag of spices. Reheat coffee before serving. Pour into demitasse cups. Serve with sugar and cream, if desired. Makes about 8 servings.

CREAMED EGGS WITH HAM AND ARTICHOKE

2 packages (9 ounces each) frozen artichoke hearts
1 bay leaf (optional)
2 cans condensed cream of mushroom soup
1 tablespoon chopped onion
¼ cup sherry
½ teaspoon salt
¼ teaspoon garlic salt
Pepper
2 cups diced cooked ham
9 hard-cooked eggs, quartered
4 slices American cheese

Cook artichoke hearts as directed on package, adding bay leaf during cooking, if desired. Drain; remove bay leaf. Combine soup, onion, sherry, salt, garlic salt, and pepper. Mix well. Arrange artichoke hearts, ham, and hard-cooked eggs in a 3-quart casserole. Add soup mixture. Top with slices of cheese. Bake in a hot oven (400 degrees) for 25 to 30 minutes, or until cheese is lightly browned. Makes 8 servings.



COMPANY BRUNCH — Creamed eggs with ham and artichokes are the main dish for a special menu when company comes. Serve with toasted English muffins and Arabian coffee, made with your favorite brand of instant coffee.

MIGHTY GOOD

For a simple, tasty dessert try salted peanuts. Alternate layers of Maple-Nut Parfaits. Use 1 pint of vanilla ice cream and maple syrup plus 4 teaspoons chopped with ice cream. Top each parfait with chopped nuts. Serve immediately or hold in freezer until vanilla ice cream and 1-3 cup maple syrup in 4 parfait glasses ending serving time. 4 servings.

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GRAVY GONE?

If you have lamb left over at the end of the gravy, you can give your family a wonderful flavor treat this way — just pour a can of tomato sauce into a skillet, season lightly with marjoram or rosemary, according to your taste, and simmer thin slices of the lamb in this delightful sauce.

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