

Specialties in Gourmet

By RUTH KING

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HELPERS? — Mrs. Dayton O. Hyde, wife of a Klamath County cattleman, frequently uses hamburger in luncheon and dinner menus. One of her favorites is meat loaf, among the recipes in today's food pages. The family home is at 1420 Pacific Terrace during the school months and on the ranch on Upper Williamson River during vacations. She is ably assisted by John, 4, rear and baby Taylor, 2, in the high chair.

City Grade School Menus

Monday, April 22 Pork and Noodles Buttered or Pickled Beets Hot Buttered Homemade Rolls Fresh Apple 1/2 Pint Milk	Thursday, April 25 Turkey Casserole Buttered Peas Home Made Pumpkin Muffins and Butter Fresh or Canned Pears 1/2 Pint Milk
Tuesday, April 23 Meat Loaf Seasoned Green Beans Celery Sticks Hot Buttered Homemade Rolls Berry Cobbler 1/2 Pint Milk	Friday, April 26 Toasted Cheese Sandwich Spinach and 1/2 Egg Dish of Fruit Cookie 1/2 Pint Milk
Wednesday, April 24 Pizza Pie Buttered Corn Lettuce Wedges Tapioca Pudding Cookie 1/2 Pint Milk	Raisins give taste surprise to mashed potatoes. Add California raisins to hot mashed or whipped potatoes. Fold in raisins and finely chopped celery to taste. Your favorite gravy will bring out the succulent flavor.

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Cow Belle's Corner

By MRS. TED HYDE
Here are some favorite recipes for ground beef taken from local Cow Belle Files:

VIOLA CHEYNE'S HAMBURGER STEW
(4 to 6 servings)
1 lb. lean ground beef
1 egg
Salt and pepper
Combine and form into small meat balls, about 1/2 size of a walnut.
Let set while preparing the following:

1 No. 2 can tomatoes
1 small can tomato sauce
1/2 cup ketchup
Pinch of oregano
Salt and pepper
Combine and bring to a boil. Add meat balls to sauce slowly enough so that sauce never stops boiling. Cook about 10 minutes.

1 1/2 cups diced potatoes
3/4 cup diced carrots
1 stalk diced celery
Cook together about 20 minutes. Add to sauce and meat balls just before serving. (Other leftover vegetables may be added at this time also if you wish.)

GERDA HYDE'S MEAT LOAF
2 lbs. ground beef
1 cup dry crumbs (may be bread, cracker, cereal)
1 can condensed soup (such

as vegetable, celery, tomato, mushroom)
2 tablespoon minced or dried onions
Salt and pepper
1/2 cup brown sugar
1 egg (optional)
Mix all ingredients together. Bake at 350 degrees in large loaf or individual small loaves, or when in a hurry, in muffin tins. Large loaf will take between 1 1/2 hours, smaller ones less time. Scalloped or baked potatoes make a good accompaniment to share the oven.

ELIZABETH CAMPBELL'S TAMALE PIE
1 lb. lean ground beef
2 onions, chopped
Salt and pepper
1 No. 2 1/2 can tomato juice

Your youngsters will anticipate lunchtime eagerly when you tuck a surprise into their lunch boxes. Here's one idea: prepare white or chocolate cupcake batter. Spoon batter into paper muffin cups, filling cups 1/2 full. Into each white cupcake drop a milk chocolate candy kiss. Into the chocolate batter drop a miniature marshmallow. Then spoon on remaining batter and bake as directed. Frost tops of cupcakes, if you wish.

(or whole tomato)
1 No. 303 can whole kernel corn
1 tablespoon chili powder
1 green pepper, chopped
1 can ripe olives, pitted
1 cup yellow corn meal
Brown beef and onions; add tomato juice, corn, green pepper and chili powder and bring to a boil. Add corn meal gradually to boiling mixture, stirring well to avoid lumping. Add olives and pour all into casserole or baking dish and bake one hour at 350 degrees.

LIZ HYDE'S BEEF AND RICE
(6 servings)
1 1/2 lbs. lean ground beef
Salt and pepper
2 medium-size onions
3 carrots
1 green pepper
2 stalks celery
2 bouillon cubes, dissolved in 2 cups hot water
1 cup uncooked rice
Brown meat in any utensil which may be tightly covered later (dutch oven, electric skillet, even a large saucepan). Season. Put onions, carrots, pepper and celery through grinder. Add them and remaining ingredients to meat. Cover and cook over low heat for about 45 minutes. Serve with soy sauce for added flavor.



WORK THE FREEZER — Here are three frozen cranberry salads for the menu. Spoon the cranberry mixture into individual molds. Freeze. Unmold and wrap in transparent plastic food wrap 8x foil and return to freezer for the festive meal. (See Story on Page 2-B)

Hills Brothers COFFEE
1 and 2-Lb. Tins **49¢ lb.**

Carnation ICE CREAM
1/2 Gallon **79¢**

SEA GLORY GRATED TUNA
1/2 Tins **8¢**

Samples Friday and Saturday!

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PRIZE WINNERS:
Phyllis Bauer, 602 Pacific Terrace
Mrs. Robert Groves, 705 Doty
Mrs. W. R. Trusty, 3435 Chelsea
Nancy Herlinger, 1701 Carlson Dr.
Mrs. Mark Kochevar, 737 Pac. T.
Mrs. F. W. Hyde, 1320 Pac. Terr.
Pauline G. Offield, 513 Eldorado
Mrs. Lyle Kellstrom, 548 Conger
Helen E. Gibancy, 240 Conger
Mrs. Adolph Zamsky, 104 Wash.

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1/2 **BEEF** Cut and Double Wrapped Free **46¢ lb.**
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Beef Chicken
Chicken Noodle
Cream of Mushroom
Vegetable Beef **7 F 1.00**

Cottage Cheese Carnation Pint **25¢**
Krispy Crackers Sunshine 1-Lb. Box **25¢**

Dole Sliced **Pineapple** Flat Tins **5 F 1.00**
Flav-R-Pac Frozen **Lima Beans** Fordhooks, 10-Oz. **23¢**
Kleenex **Facial Tissues** 400's **27¢**

Kleenex **Dinner Napkins** 50's **23¢**
Kleenex Pocket Pack **Facial Tissues** 8 F 25¢
Sanitary Napkins **Fems** 12's **39¢**

M-D
Toilet Tissue
Assorted Colors Rolls **12 F 1.00**

Lipton's Instant **TEA** 3-Oz. **69¢**
Lipton's **Soup Mixes** Onion, Chicken Noodle **4 F 49¢**
Crescent Black **Pepper** 2-oz. **19¢**

Gerber's Strained - Except Meats **Baby Foods** 4 1/2-oz. **10 F 1.00**

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